

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2019-2020)

ALTERNATIVE MEDIA SKILLS WORKSHOP

CODE:19SW/PA/AM11

CREDIT:1

LTP:0 0 2

TOTAL TEACHING HOURS:26

OBJECTIVES OF THE COURSE

- To develop in students Alternative Media Skills through an understanding of theory and skills practice sessions
- To integrate Alternative Media Skills in Social Work practice
- To learn the different forms of folk art
- To learn the preparation and application of print, electronic, social media

COURSE LEARNING OUTCOMES

On successful completion of the course, students will be able to

- Explore their potential through creative expression of self
- Appreciate and use the various forms of alternative media to effect social change
- Understand various techniques and skills for use of the various media
- Enhance confidence through stage and public performances, develop leadership and team skills using alternate media skills acquired.

Unit 1 (4 Hours)

Alternative Media Skills

- 1.1 Critic of Mainstream Media
- 1.2 Introduction to Alternative Media Skills
- 1.3 The Importance of Alternative Media Skills in Social Work Practice

Unit 2 (12 Hours)

Different forms of folk art

- 2.1 Street Theatre
- 2.2 Folk Songs
- 2.3 Folk Dances
- 2.4 Puppetry

Unit 3 (8 Hours)

Overview and Presentations

- 3.1 Print Media : News Letter, Posters, Flip Charts
- 3.2 Electronic Media: Documentary Films and Community Radio
- 3.3 Human Media: Inter personal Communication and Intra Personal Communication
- 3.4 Digital and Social Media : Digital Videography, Websites, Digital Audio and e-books, Twitter, whatsapp, Instagram, facebook
- 3.5 Analysing Media Ethics

Unit 4

(2 Hours)

Final performance in the Community

PATTERN OF ASSESSMENT

Internal Assessment

Participation and Performance-50 marks

End-Semester Examination Not applicable

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MASTER OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2019-2020)

FIELD WORK I

CODE:19SW/PC/FW14

CREDITS:4

OBJECTIVES OF THE COURSE

- To develop self as a professional through acquiring knowledge, skills, attitudes and values appropriate for Social Work practice
- To enhance understanding of the socio-economic-cultural –rural realities
- To be oriented to rural life, enhance group living and leadership through planning and organisation of the rural camp
- Understand the agency as a system –agency philosophy, thrust, objectives, structure and management of service/programmes
- To analyse the social system and its impact on individuals, groups, family, community and understand the role and functioning of organisations- Governmental and Non-Governmental

COURSE LEARNING OUTCOMES

On successful completion of the course, students will be able to

- Acquire knowledge, attitude and values for professional practice.
- Begin to develop skills to analyse socio –economic-cultural-rural realities and their impact on individuals, families, groups and communities
- Be initiated to acquiring skills in systematic observation, critical analysis, develop a spirit of inquiry and document learning through preparation of family and community profile/reports
- Understand the role of a Social Worker in an agency and in the community
- Enhance their ability to plan, organise programmes and contribute as a team member
- Develop a commitment to the profession, its ethics and be inspired to work for social change

Lab sessions

Lab sessions are conducted on Social Work related themes. The sessions are designed to encourage participation and exploration of self. Students begin to internalise values and principles through sessions on self- awareness, communication, societal analysis, professional behaviour and reflective practice which is developed in the process.

Observation Visits

Observation visits are arranged for students to select social service organisations – governmental and non-governmental providing services to children, the elderly, persons with mental illness and communities. At these agencies, students are provided an orientation to the

organisation, study application of Social Work methods, agency programmes and have an opportunity to interact with the beneficiaries and the staff.

Rural Camp

The objective of the camp is to sensitize students to rural realities and understand the issues and concerns of those living in the rural areas. Through community visits and interaction, students enhance skills and learn to use techniques for understanding various resources and systems in the rural area.

Visits are organised to Governmental and Non- Governmental organisations working in the rural areas, to enable students understand the role, functions and intervention of these organisations in rural development.

Through week long stay together, students learn to appreciate and adjust in a larger group and enhance interpersonal relationships.

By working together and organising a rural camp, students acquire skills in planning, managing and implementing day to day activities thereby enhancing leadership and organizational skills.

Concurrent Field Work

Objective of Concurrent Field Work I is to understand the placement agency, its philosophy and goals. The students identify the agency's geographical area(s) of intervention, prepare a profile of the community and analyse its problems through need based strategies. Interview schedules are circulated for students to study thirty families and prepare a family study report. In the course of work, they study the groups in existence in the area in preparation for group formation and intervention in the forthcoming semester.

Duration – 30 days

PATTERN OF ASSESSMENT

Continuous Assessment:

Total Marks – 50

Regular submission of weekly reports and weekly conference with faculty supervisor and field supervisor to plan and fulfil requirements of concurrent field work.

Oral and written evaluation by faculty and field supervisor of tasks accomplished in field work.

At the end of semester, individual oral presentation of work completed in the field in classroom.

Submission of completed records of work and consolidated report for evaluation

End-Semester Examination:

Total Marks - 50

Viva Voce examination by two external examiners

STELLA MARIS COLLEGE (AUTOOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2019-2020)

SOCIAL WORK PROFESSION

CODE:19SW/PC/SP14

CREDITS:4

L T P:4 0 0

TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

- To acquire knowledge on the evolution of Social Work and its emergence as a profession
- To comprehend its underlying Ideologies, Philosophy, Theories and Approaches
- To gain an understanding of current trends in Social Work Education and Practice

COURSE LEARNING OUTCOMES

On successful completion of the course, students will be able to

- Become aware of the emergence, growth and development of Social Work as a Profession
- Consciously use Social Work knowledge and demonstrate professionalism as a trainee
- Gain wider knowledge on diverse approaches and be able to appropriately use theories and approaches in her field work placements
- Practice Social Work in an International context

Unit 1 (10 Hours)

Social Work Profession, History and Growth

- 1.1 Social Work Profession: Meaning and Definition; Goals, Functions, Methods, Fields, International and National Social Work Bodies/ Forums
- 1.2 Basic Concepts: Social welfare, Social Service, Social Services, Social development, Social Change, Social Action, Human Rights, Social Exclusion (marginalization, exploitation, oppression), Empowerment
- 1.3 History and Growth of Social Work: UK, USA., Evolution of Social Work Education, Levels of Training, Domains (core, supportive, elective and inter-disciplinary). Origin and growth in India, Scope, Challenges and current status. Field Work and importance of Supervision, Global Standards for Social Work Education
- 1.4 Socio-cultural and Religious Foundations influencing Social Work: Constitutional Safeguards, Reform Movements in India, Contributions of Hinduism, Buddhism, Jainism, Islam, Christianity and Christian Missions

Unit 2 (10 Hours)

Ideologies Influencing Social Work

- 2.1 Philanthropy, Humanitarianism, Welfarism, Socialism, Democracy, Marxism
- 2.2 Human Rights , Social Justice and Equality
- 2.3 Gandhian, Nehruvian and Periyar's Philosophies relevant to Social Work

Unit 3 (12 Hours)
Social Work Philosophy

- 3.1 Values and Beliefs: Respect for the Person, respect for Differences, Self-Determination and expression, Respect for Democratic Values and Diversity, equality, Dignity of the Human Being, Uniqueness of Individuals, Groups and Community, Individual's Right to Fulfilment and Self-Actualization, Reciprocal Rights and Responsibilities of Individuals and Society, Capacity of Individuals and Communities to Change
- 3.2 Principles: Acceptance, Individualization, Confidentiality, Client Participation, Non-Judgemental Attitude, Controlled Emotional Involvement
- 3.3 Code of Ethics: Evolution of Code of Ethics, Declaration of Ethics for Social Workers (SWEF -1997). Ethics in Social Work, Statement of Principles (IFSW & IASSW-2004)

Unit 4 (10 Hours)
Theoretical Approaches to Social Work Practice

- 4.1 Social Work Theory: Definition, Need and Importance for Professional Practice. Important Theories that inform practice-Psychosocial, Psychodynamic, Eco-systems, Empowerment theories
- 4.2 Practice Approaches: Remedial, Rehabilitative, Preventive and Promotive Approaches, Rights Based, Participatory, Indigenous and Advocacy Approaches
- 4.3 Analysis of Social Work Practice: From Welfare and Development approaches to Rights Based and People Centred approaches

Unit 5 (10 Hours)
International Social Work

- 5.1 Definition and Meaning, Global Issues and Need for International Practice, Basic Concepts, Principles and Assumptions; Values, Beliefs and Goals; Practice Levels and Sectors; Global Forces Influencing International Practice
- 5.2 Approaches: Personal, Social, Developmental, Global; Multicultural, International and Transnational Practice Models; Global Agenda; Global Standards
- 5.3 Role of International Agencies: UN Agencies, INGOs and Human Rights Organisations; International Service-Delivery Programmes; Skills for International Practice; Dilemmas in International Practice; Role and function of International/National Bodies and Forums

BOOKS FOR STUDY

Dean, Hepworth. *Direct Social Work Practice: Theory And Skills*. Boston: Cengage Publications, 2018.

Singh, Ram Shankar. *Professional Social Work: Best Practices and Innovations*. Rajasthan: ABD Publishers, 2017.

BOOKS FOR REFERENCE

Bhattacharya, Sanjay. *Social Work Interventions and Management*. New Delhi: Deep & Deep Publications, 2008.

Cox David, Manohar Pawar, *International Social Work; Issues, Strategies and Programmes*. New Delhi; Vistaar. 2006.

Cree Vivienne. E., (Ed) *Social Work – A Reader*. New York. Routledge. 2011

Francis, Nicholas. *Handbook for Professional Practice and Career Development in Social Work*, Madurai: Francis, 2015

Healy, Lynne M. *Handbook of International Social Work*. United Kingdom : Oxford Publications , 2012.

Hugman, Richard. *Understanding International Social Work*. Los Angeles : Palgrave Macmillan, 2010.

Patel, Chhaya. *Social Work Practice*. Jaipur: Rawat Publications, 1999.

Long, Dennis D. *Macro Social Work Practice*. United States: Cengage Learning, 2011.

NASW & Oxford University Press, *Encyclopaedia of Social Work*, London: Co-published by the NASW Press and Oxford University Press, 2008.

Payne, M., *Social Work Education: International Standards*. In Hessle, S. (Ed.), *International Standard Setting of Higher Social Work Education*, Stockholm University; Stockholm Studies of Social Work, 2001.

Roy Sanjoy., *Social Work in a Globalizing World – Professional Challenges and Practices*, Jaipur, Rawat Publications, 2018.

Trevithick, Pamela. *Social Work Skills and Knowledge*. Rawat publications, 2012.

University Grants Commission, *I and II Review Commission on Social Work Education*. New Delhi: University Grants Commission, 1992.

JOURNALS

Indian Journal of Social Work, Tata Institute of Social Sciences, Mumbai, India

Asia-Pacific Journal of Social Work and Development, National University of Singapore. Dept. of Social Work and Psychology, Singapore

International Social Work, Sage Publications, www.sagepub.com

WEB RESOURCES

isw.sagepub.com/content/51/6/847.citation

www.unv.org

www.un.org

www.worldbank.org

www.iassw-aiets.org: International Association of Schools of Social Work

www.icsd.info: International Consortium for Social Development

www.icsw.org: International Council on Social Welfare

www.ifsw.org: International Federation of Social Workers

PATTERN OF ASSESSMENT

Continuous Assessment Test:

Total Marks: 50

Duration: 90 minutes

Section – A 5 x 2 = 10 marks

(All questions to be answered in 50 words each)

Section – B 2 x 10 = 20 marks

(2 out of 3 questions to be answered in 600 words each)

Section – C 1 x 20 = 20 marks

(1 out of 2 questions to be answered in 1200 words each)

One Compulsory Continuous Assessment Test will be conducted.

Other Components:

Total Marks: 50

Two components will be conducted for 50 marks (25 marks each) – of which 1 field based Assignment will be given which is compulsory

The second component will be a Seminar Presentation/ case study/ group presentation etc.

End-Semester Examination:

Total Marks: 100

Duration: 3 hours

Section – A 10 x 2 = 20 marks

(All questions to be answered in 50 words each)

Section – B 4 x 10 = 40 marks

(4 out of 6 questions to be answered in 600 words each)

Section – C 2 x 20 = 40 marks

(2 out of 4 questions to be answered in 1200 words each)

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MASTER OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2019–2020)

SOCIAL WORK WITH GROUPS

CODE:19SW/PC/WG14

CREDITS:4

L T P:4 0 0

TOTAL TEACHING HOURS:52

OBJECTIVES OF THE COURSE

- To understand Social Group Work as a method of Social Work and to develop skills in Social Work practice
- To comprehend theory and models and apply them in direct practice with groups
- To become aware of the scope of using the method in various settings

COURSE LEARNING OUTCOMES

On successful completion of this course, students will be able to

- Acquire knowledge, skills and values in practicing Social Work with Groups
- Plan interventions based on appropriate Group Work models
- Demonstrate skills in applying Social Group Work in different settings.
- Acquire skills in recording and documentation

Unit 1

(10 Hours)

Introduction to Group Work

- 1.1 Historical Development of Social Group Work as a Method
- 1.2 Definition and Meaning of Social Group Work
 - 1.2.1 Purpose, Objectives of Social Group Work
 - 1.2.2 Values, Skills of Social Group Work
- 1.3 Principles of Social Group Work
- 1.4 The Use of Groups in Social Work

Unit 2

(10 Hours)

Types of Groups

- 2.1 Definition and Characteristics of Groups
- 2.2 Importance of Groups in Human Life
 - 2.2.1 Primary and Secondary Groups
 - 2.2.2 Formal and Informal Groups
 - 2.2.3 Open and Closed Groups
 - 2.2.4 Voluntary and Involuntary Groups
 - 2.2.4 Reference Groups
- 2.3 Treatment Groups: Educational, Growth, Remedial, T Groups, Group Psychotherapy, Group Counselling
- 2.4 Task Groups: Council, Committee and Team

2.5 Developmental Groups: Self-Help Groups, Support Groups

Unit 3 (12 Hours)

Group Processes and Dynamics

- 3.1 Stages of Group Development: Tuckman (1963) Trecker (1972), Klien (1972), Northern & Kurland (2001) Model
- 3.2 The Influence of New Comers on Group Processes, Isolation, Rejection in Groups
- 3.3 Group-Bond, Sub Groups, Clique, Gang, Dyad, Triad, Group Norms
- 3.4 Group Membership, Group Cohesiveness, Group Pressure, Group Morale
- 3.5 Leadership, Team Building, Decision Making, Problem Solving, Conflict Management
- 3.6 Communication in a Group, Role Clarity in a Group, use of Sociometry

Unit 4 (12 Hours)

Phases of Group Work Process

- 4.1 The Planning Phase: Establishing Group Purpose, Assessing the Potential Membership of the Group, Recruiting Members, Composing the Group, Orienting Members to the Group, Contracting, Preparing the Group Environment
- 4.2 The Beginning Phase: Introduction, Motivation, Member Feedback, Defining the Purpose, Objectives, Goal Setting, Assessment Process
- 4.3 The Middle Phase: Preparing for Group Meetings, Structuring the Group Work, Intervention Strategies in Groups-Programme Planning and Implementation – Meaning and Principles of Programme Planning. Monitoring and Evaluating the Group Process
- 4.4 The Ending Phase: Preparing for Termination; Evaluation and Feedback

Unit 5 (8 Hours)

Group Work Models and Practice in different settings

- 5.1 Social Goals Model, Remedial Model, Reciprocal Model
- 5.2 Social Work Practice with Groups in different settings: Hospital, School Community, Industry and Institutional Setting
- 5.4 Recording in Group Work: Principles of Recording Importance of Recording, Skills required for Recording in Group Work, Types of Recording in Group Work

BOOKS FOR STUDY

- Charles D. Gravin, Lorraine M. Gutierrez, Maeda J Galinsky. *Handbook of Social Work with Groups*: Rawat Publications, 2004
- Siddiqui. H. Y. *Group Work: Theories and Practices*: Rawat, Publications, 2008

BOOKS FOR REFERENCE

- Corey, Schneider Marianne. Corey, Gerald. *Groups -Processes and Practice*. Brooks/Cole Thomson, 2002
- Johnson & Johnson. *Joining Together: Group Theory and Group Skills*. New Delhi: Premier, 1982
- Konopka, G. *Social Group Work: A Helping Process*: Eaglewood Cliffs: Prentice, 1963
- Toseland, R.W & Rivas, R. *An Introduction to Group Work Practice*. New York: MacMillian, 1984
- Trecker, H.B. *Social Group Work: Principles and Practice*. New York: Association Press, 1972

JOURNALS

The Journal for Specialists in Group Work <https://www.tandfonline.com/loi/usgw20>

Group Work Journals <https://www.iaswg.org/group-work-journals>

WEB RESOURCES

<http://www.yourarticlelibrary.com/society/social-groups-the-meaning-characteristics-classification-and-other-details>

<https://study.com/academy/lesson/stages-of-group-development-forming-storming-forming-performing-adjourning.html>

PATTERN OF ASSESSMENT

Continuous Assessment Test:

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MASTER OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2019–2020)

SOCIAL WORK WITH INDIVIDUALS

CODE:19SW/PC/WI14

CREDITS:4

L T P:4 0 0

TOTAL TEACHING HOURS:52

OBJECTIVES OF THE COURSE

- To understand Social Case Work as a method of Social Work and develop skills in Social Work practice
- To comprehend theory, models and approaches of Social Case Work
- To develop competencies and apply them in direct practice with Individuals and families
- To become aware of the scope of using the method in various settings

COURSE LEARNING OUTCOMES

On successful completion of this course, students will be able to

- Appreciate and practice the basic philosophy, principles and values of Social Case Work as a method of Social Work
- Learn the application of the theories and models in addressing the problems of individuals
- Demonstrate application of tools and techniques in enhancing practice in Social Work with individuals
- Acquire skills in recording and reflecting on work to grow professionally
- Understand the scope of Social Case Work in different settings

Unit 1 (12 Hours)

Introduction to Social Casework

1.1 Historical Development of Social Case Work as a Method of Social Work

Practice – UK, USA and India, Concept and Definitions

1.2 Philosophy, Values, Principles, Skills, Components of Social Case Work

1.3 Indian Philosophical concepts of duty and Karma in Casework

1.4 Case Work Relationship: Empathy, Skills in Building Relationship, Transference and Counter Transference

1.5 Difference between Casework, Counselling and Psychotherapy

Unit 2 (10 Hours)

The Helping Process

2.1 Phase I- Psychosocial Study, Psychosocial Assessment

2.2 Phase II- Intervention Plan and Goal Setting, Intervention

2.3 Phase III- Termination, Evaluation and Follow up

Unit 3 (12 Hours)

Introduction to Models and Therapeutic Approaches of Case Work Practice

- 3.1 Psychoanalytic Approach, Psychosocial, Functional, Client Centred, Cognitive Behaviour Therapy, Transactional Analysis
- 3.2 Life Model, Task Centred, Family Centred Approach, Systems Approach, Strength Based, Evidence Based Approach. Use of Eclectic Approach in Practice

Unit 4 (10 Hours)

Tools and Techniques in Working with Individuals

- 4.1 Observation, Interviews, Home Visits, Collateral Contacts,
- 4.2 Resource Mobilization, Referrals, Environment Modification, Communication

Unit 5 (8 Hours)

Recording in Case Work

- 5.1 Uses and Types-Verbatim, Narrative, Condensed, Analytical, Topical, Summary Recording
- 5.2 Social Work Practice with Individuals in Different Settings and Limitations in Practice
- 5.3 Role of Casework in Hospital, School, Community, Institutional Setting and Workplace

BOOKS FOR STUDY

- Upadhyay, R. K., *Social Case Work*. Rawat, 2003.
Vyas, A.A. *New Directions in Social Work- Social Work Competencies - Core Knowledge, Values and Skills*. Delhi: Sage, 1996.

BOOKS FOR REFERENCE

- Banerjee, G.R. *Papers on Social Work*, Mumbai. TISS, 1986
Bhattacharya, Sanjay. *Social Work, An Integrated Approach*. Deep & Deep, 2004.
Datar Sudha, Ruma, Bawikar et al. *Skill Training for Social Workers- A Manual*. New Delhi: Sage, 2010.
Hamilton, Gordon, *Theory & Practice of Social Case Work 2nd Edition*. Jaipur: Rawat, Indian Reprint, 2013.
Hepworth, D.H., Rooney, Rooney, Strom-Gotterfried & J.A. Larsen. *Theory and Skills in Social Work*. Cengage Learning India Pvt Limited, New Delhi, 2010.
Holosko, Michael J. Dulmus, Catherine C. and Sowers, M. Karen. (Ed.) *Social Work Practice with Individuals and Families – Evidence Informed Assessments and Intervention*. John Wiley and Sons, 2013.
Mathew, Grace. *An Introduction to Social Casework*. Mumbai TISS, 1992.
Misra, P.D. & Beena Misra. *Social Work Profession in India*. Lucknow: New Royal Book, 2004.
Trevithick, Pamela. *Social Work Skills – A Practice Handbook*. 2nd Edition. Jaipur: Rawat, 2009.

JOURNALS

Families in Society. Journal of Contemporary Social Services <https://us.sagepub.com/en-us/nam>

[Journal of Social Work Values & Ethics](#) Open access journal published by White Hat

Communications

Social Work. <http://www.oxfordjournals.org>

The Social ION. www.indianjournals.com

WEB RESOURCES

<https://archive.org/details/whatissocialcase00mary>

www.socialworkers.org/practice/CaseManagementStandards2013.pdf

www.routledgesw.com/caseStudies

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