### STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI – 86 (For candidates admitted during the academic year 2015–2016& thereafter)

SUBJECT CODE: 15SW/PC/CN44

### M.S.W. DEGREE EXAMINATION APRIL 2019 SOCIAL WORK FOURTH SEMESTER

**COURSE : CORE** 

PAPER : COUNSELLING - THEORY AND PRACTICE

TIME : 3 HOURS MAX. MARKS: 100

#### SECTION - A

### ANSWER ALL QUESTIONS. EACH ANSWER NOT TO EXCEED 50

WORDS:  $(10 \times 2 = 20)$ 

- 1. Mention two ethical values of Counselling.
- 2. Define the Principle of Justice with an example
- 3. List any four goals of Counselling
- 4. List the types of recording in Counselling.
- 5. What do you understand by the term Burnout in Counselling?
- 6. Mention four factors responsible in moulding the personality of a person.
- 7. What is Problem Exploration?
- 8. What is group counselling?
- 9. List four attending skills required for counsellors.
- 10. Mention any four skills in Gerontological Counselling.

#### SECTION - B

# ANSWER ANY FOUR QUESTIONS. EACH ANSWER NOT TO EXCEED 600 WORDS: $(4 \times 10 = 40)$

- 11. Trace the historical development of counselling practice.
- 12. Write a brief note on the challenges faced by Counsellors. Suggest measures to overcome them.
- 13. Elaborate on the Client Centered Approach in Counselling Practice
- 14. "Counselling relationship is the foundation of the Counseling Process"-Justify
- 15. Briefly explain the practice of Neuro Linguistic Programming in Counselling Practice
- 16. Highlight the role of counsellors working with clients in Deaddiction settings.

#### SECTION - C

# ANSWER ANY TWO QUESTIONS. EACH ANSWER NOT TO EXCEED 1200 WORDS: $(2 \times 20 = 40)$

- 17. Examine Egan's Model of Counselling Process using field examples.
- 18. Explain the theory and practice of Family Counselling to address current family problems.
- 19. Develop a case plan using storytelling and art therapy to address the behavioral problems of children in School.
- 20. Examine the role and functions of Counsellors dealing with clients having suicidal ideation.