

STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI – 86
(For candidates admitted during the academic year 2015 –2016& thereafter)

SUBJECT CODE: 15SW/AE/FN45
B.C.A./ B.Com./ B.Sc./B.B.A. DEGREE EXAMINATION APRIL 2019
FOURTH SEMESTER

COURSE : ALLIED - ELECTIVE
PAPER : FOOD AND NUTRITION
TIME : 3 HOURS

MAX. MARKS: 100

SECTION – A

ANSWER ALL THE QUESTIONS. EACH ANSWER NOT TO EXCEED 50 WORDS:
(10x3=30)

1. Define health.
2. What is meant by Nutrition?
3. Name the fat soluble vitamins.
4. State two importance of exercise.
5. Expand PEM.
6. What is adulteration?
7. Give the meaning for putrefaction.
8. Name three national organizations working for health.
9. What is meant by Agricultural liberalization?
10. Define food security.

SECTION – B

ANSWER ANY 5 QUESTIONS. EACH ANSWER NOT TO EXCEED 300 WORDS:
(5x6=30)

11. Brief on the functions and sources of proteins.
12. Write a note on water soluble vitamins.
13. What are the factors influencing health and wellbeing?
14. Briefly explain the indicators and measures of malnutrition.
15. Briefly explain the permitted and non-permitted flavoring principles in different foods.
16. Highlight the functions of NIN, AFPRO and CARE.
17. Bring out the different sources of contamination of food.
18. How does Right to food and National Food Security Act 2013 help in Food Security?

SECTION – C

ANSWER ANY 2 QUESTIONS. EACH ANSWER NOT TO EXCEED 1200 WORDS:
(2x20=40)

19. Describe in detail the classification of food with examples.
20. Elaborate on the nutrition guidelines for maintenance of health and fitness.
21. Explain in detail about Supplementary Feeding Programme, ICDS, CSWB, UNICEF and World Bank in combating malnutrition.
22. Describe about World Food Problems and Agricultural Liberalisation with reference to Food Security.
