STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI – 86 (For candidates admitted during the academic year 2015 –2016 & thereafter)

SUBJECT CODE: 15SW/AC/PY25

B.S.W. DEGREE EXAMINATION APRIL 2019 SOCIAL WORK SECOND SEMESTER

COURSE: ALLIED - CORE

PAPER : INTRODUCTION TO PSYCHOLOGY

TIME : 3 HOURS MAX. MARKS: 100

SECTION - A

ANSWER ALL THE QUESTIONS. EACH ANSWER NOT TO EXCEED 50 WORDS: (10x3=30)

1. Define Psychology

- 2. What are developmental tasks? Give an example
- 3. What do you understand by the term 'Personality'?
- 4. Match the following:
 - a) Psychoanalytic Approach
 b) Behaviorist Approach
 c) Psycho-Social Approach
 d) Humanistic Approach
 i) Eric Erickson
 ii) Sigmund Freud
 ii) Carl Rogers
 iv) B.F. Skinner
- 5. Mention any two importance of cognitive development.
- 6. Suggest practical ways to prevent female infanticide.
- 7. Mention four major physical changes of the adolescent phase.
- 8. List two major challenges of late adulthood for women.
- 9. Give four healthy habits to reduce stress.
- 10. What is maladjustment?

SECTION - B

ANSWER ANY FIVE QUESTIONS. EACH ANSWER NOT TO EXCEED 300 WORDS: (5x6=30)

- 11. Brief the nature of psychology.
- 12. What are the essential developmental tasks of infancy?
- 13. Summarize the major concepts of Humanistic approach.
- 14. Explain the behaviourist approach to personality development.
- 15. Why and How important is self-identity for a person?
- 16. What is frustration and what are the causes for it?
- 17. What are the various factors related to adjustment?
- 18. Discuss the pros and cons of stress.

SECTION - C

ANSWER TWO QUESTIONS. EACH ANSWER NOT TO EXCEED 1200 WORDS

(2x20=40)

- 19. Write an essay on the principles of development.
- 20. Explain the formation of personality during the various stages of psycho-social development.
- 21. Elaborate the emotional, cognitive and social developmental challenges of adolescents.
- 22. Elucidate the types of conflicts and the various strategies to address the same.
