

STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086
(For candidates admitted during the academic year 2016 – 2017)

SUBJECT CODE: 16PY/MC/CP55

B. Sc. DEGREE EXAMINATION, NOVEMBER 2018
PSYCHOLOGY
FIFTH SEMESTER

COURSE : MAJOR – CORE
PAPER : COUNSELLING PSYCHOLOGY - I
TIME : 3 HOURS

MAX.MARKS:100

SECTION – A

I. ANSWER ALL QUESTIONS. EACH ANSWER NOT TO EXCEED 50 WORDS.

(10X2=20)

1. Define counseling
2. What would be the ethics of counseling?
3. Define behaviorist approach in counseling.
4. What is meant by direct approach in counseling?
5. Define active listening.
6. Define problem solving
7. Define marital counseling.
8. Define behavior modification
9. Define youth counseling
10. Define career counseling

SECTION – B

II. ANSWER ANY FIVE QUESTIONS. EACH ANSWER NOT TO EXCEED 250 WORDS.

(5X8=40)

11. What are the characteristics of an effective counselor?
12. What is meant by eclectic approach?
13. Explain stage 1 model of Egan model of counseling
14. What is meant by helper skills in Egan model of counseling?
15. Explain client skill in the basis of cooperation, risk taking and acting in counseling.
16. Explain the process involved in work place counseling.
17. What are the steps involved in grief counseling?
18. Explain the concept of home work in inter personal skills.

SECTION – C

III. ANSWER ANY TWO QUESTIONS. EACH ANSWER NOT TO EXCEED 1200 WORDS.

(2X20=40)

19. Elucidate on the counseling and core conditioning of counseling.
20. Explain humanistic approach emphasizing on Roger's client centered approach.
21. Explain in detail stage 2 of Egan model of counseling.
22. Elucidate on the facilitating action, developing a new perspective and preferred scenario.
