

July 17, 2017



How to counsel

Mental health NGO The Banyan offers a basic certificate course in lay counselling, in collaboration with the Stella Maris Centre for Development of Resources for Inclusion and Vocational Enrichment (SMCDRIVE).

The course will extend over a period of six months, with classes being held twice every week. Everyone who has completed 10 years of schooling, can communicate in the local language, and is willing to work with distressed people, is eligible. The course includes post-training volunteering work, over and above the four hours of classes and training of the main course. The trained counsellors can work at a centralised counselling centre within the Stella Maris College campus, if not within communities. To register, get in touch with SMCDRIVE, call 8939125854 or 28116831.