

**STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI – 86  
(For candidates admitted during the academic year 2011–2012 & thereafter)**

**SUBJECT CODE: 11SW/MC/HC64**

**B.S.W. DEGREE EXAMINATION APRIL 2016  
SOCIAL WORK  
SIXTH SEMESTER**

**COURSE : MAJOR - CORE  
PAPER : HEALTH CARE  
TIME : 3 HOURS**

**MAX. MARKS: 100**

**SECTION A**

**ANSWER ALL QUESTIONS. EACH ANSWER NOT TO EXCEED 50 WORDS**

**(10 x 3 = 30)**

1. Define health.
2. What is PEM?
3. Name three sources of minerals and carbohydrates.
4. Differentiate communicable and non-communicable diseases.
5. Define nutrition.
6. List the symptoms of Tuberculosis.
7. Give the meaning of a balanced diet.
8. What is indigenous system of health?
9. Define mental health.
10. Mention the indicators of health.

**SECTION B**

**ANSWER ANY FIVE QUESTIONS. EACH ANSWER NOT TO EXCEED 300**

**WORDS**

**(5 x 6 = 30)**

11. Brief on the functions and sources of proteins, fats and vitamins.
12. Trace the history of the concept of mental health in India.
13. Bring out the importance of physical, social and positive health.
14. What are the type of mental disorders? Explain any one.
15. Write a note on the health care services and systems.
16. Explain briefly about Naturopathy and Siddha.
17. 'Personal hygiene is essential for all', Comment.
18. Mention about the causes, symptoms and prevention of malaria and chikungunya.

**SECTION C**

**ANSWER ANY TWO QUESTIONS. EACH ANSWER NOT TO EXCEED 1200 WORDS**

**(2 x 20 = 40)**

19. Describe malnutrition, its indicators, problems, preventive and social measures.
20. What are non-communicable diseases? Brief on cancer, diabetes and cardiovascular diseases.
21. Explain the concept of level of intervention and prevention with reference to health and voluntary health agencies in India.
22. Elaborate on the National Policy on Health, Mental Health Act, 1987 and WHO.

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