

# DECCAN Chronicle

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## NEW COUNSELLING COURSE AT STELLA MARIS COLLEGE

DC CORRESPONDENT  
CHENNAI JULY 6

Stella Maris Centre for Development of Resources for Inclusion and Vocational Enrichment (SMCDRIVE) will offer a certificate course in Lay Counseling with the collaboration of The Banyan from the second week of July.

"The volunteers will be trained to provide emotional support and counselling for distressed individuals under the supervision of trained mental health professionals like psychiatrists and psychologists," said Princy Mathew, social worker, SMCDRIVE.

"We are mainly focusing on the working people. The classes will be held at the evening 5 pm to 7 pm twice a week," she said.

The trained volunteers can either work in the community or come to a central location at Stella Maris College for providing counselling inputs to distressed individuals.

Any person who is completed ten years of schooling is eligible to apply for the course. He or she should have communication skills in the local language.

The classes will be held at Stella Maris College and for registration contact 044-28116831/8939125854.