

STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086
(For candidates admitted during the academic year 2007 – 08 & thereafter)

SUBJECT CODE: SW/PC/CN33
M.S.W. DEGREE EXAMINATION, NOVEMBER 2009
SOCIAL WORK
THIRD SEMESTER

COURSE : CORE
PAPER : COUNSELLING: THEORY AND PRACTICE
TIME : 3 HOURS **MAX. MARKS: 100**

SECTION – A

ANSWER ALL QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 50 WORDS: **(10 x 2 = 20)**

1. Define counseling.
2. Write on Empathy.
3. List few characteristics of a helper.
4. Who is a self-actualized counselor?
5. Define Group counseling.
6. What is concreteness in counseling?
7. Why does acceptance play an important role in counseling?
8. Explain positive regard its importance in counseling.
9. What is Genuineness? How is it shown in counseling.
10. List out the various approaches to counseling.

SECTION – B

ANSWER ANY FOUR QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 600 WORDS: **(4 x 10 = 40)**

11. Write the portrait of a helper.
12. Explain community counseling.
13. What are the processes involved in the client centered approach to counseling?
14. Write briefly on the first stage of the Egan model.
15. Explain the importance of listening in counseling.
16. What is the cognitive approach to counseling?

SECTION – C

ANSWER ANY TWO QUESTIONS. EACH ANSWER SHOULD NOT EXCEED

1200 WORDS:

(2 x 20 = 40)

17. Explain the Egan’s model of counseling. Discuss its relevance to Social Work practice.
18. Describe the Behavioral approach to counseling?

Case Study

19. Y is a First year student. She has many friends; the problem that she faces now is that her friends want her to indulge in activities (that go against her values and beliefs) that she knows is very wrong but she is also faced with a dilemma that if she does not involve herself in these activities her friends may call her a “stuck-up” and not want to be friends with her. She is a very troubled young lady. Explain what approach of counseling you will use to help this client. Why?
20. Define group counseling. Explain the process of group counseling?
