

## **November 07,1975**



The Leos Club of Stella Maris College is conducting a comprehensive medical check-up of children in a nearby school. Specialist doctors examine the children and a record is kept of their weight.

## College Girls' Service Project in School

"Nightingale" is the name of the bulletin published by the first all-girls Leo Club sponsored by the Lions Club of Madras East in Stella Maris Coilege to mark the International Women's Year. The members numbering 20 carried lighted candles and gracefully walked up to the dais at the inaugural function of the Club held recently.

"Serve with love" is the motto of the Club. The Leo Club has chosen the nearby Corporation Middle School for implementing its programme in a mearingful and practical way. The broad objective of the study-cum-action project is to give the children necessary training and ultimately reach the family and the community

The Club has started the work in right earnest soon after launching the project. The Leos, with the help of the doctor-members of the Lions Club of Madras East are now conducting a comprehensive medical check-up of the school children and issuing health cards to them Major deficiencies and diseases will be detected and necessary treatment given. The Club will carry out immunisation of the children, undertake a detailed nutritional survey and plan for a practical nutrition education for a practical nutrition education programme.

Parents, teachers and the pupils are to be made health conscious are to be made health conscious by arranging training and education programmes. A detailed study of school drop-outs is proposed. A library and a savings bank in the school are the other proposals. The programme will be evaluated every three months. At the end of three years, practical guidelines will be brought out which may be useful for other schools also.

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