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Dr. Geetha Swaminathan was teaching Chemistry and Environmental science in Stella Maris College. Dr. Geetha has also contributed a number of articles to newspapers/ magazines/ journals. She represented India to study the Sustainable Development Projects in the U.S.A., under the U.S. Government International visitors programme, in 1996.

Food adulteration has become a global threat in the recent past. Hence it is necessary that every consumer should understand about the quality of food that he is buying, the food laws and acts, the testing of the food adulterants and the health hazards of food adulteration.

This manual is focused at describing the simple tests to detect food adulteration, the scientific aspects of the tests and gives an overview of the legislative aspects pertaining to the Prevention of Food Adulteration Act, in India. The simple tests are aimed at educating the common man to detect food adulteration and popularizing the scientific background of these tests among people. Awareness among the public about the deteriorating health conditions and shift in their attitude will go a long way in eradicating the menace of food adulteration.