

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2015- 2016)**

**FUNDAMENTALS OF SOCIOLOGY**

**CODE: 15SW/PE/SY14**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES OF THE COURSE**

- To gain an understanding of the basic sociological and economic concepts relevant to Social Work practice
- To develop analytical skills to social issues and concerns
- To sensitize students to the role played by the socio-economic political systems in reinforcing discrimination and marginalization of vulnerable groups
- To develop the capacity for application of these concepts to the Indian situation

**Unit 1**

**Society**

**(10 hrs.)**

- 1.1 Elements of Society: Internal Strength of Society – Unity in Diversity, Democracy, Groups, Types of Groups, Associations and Institutions, Socialization., Social Processes
- 1.2 Culture-Concept, Material and Non- Material Culture, Culture, Cultural Lag- Application to the Indian Setting
- 1.3 Social Structural: Approaches to the Study of Society: an Introduction to Structural/Functionalist Perspective, Conflict Perspective

**Unit 2**

**Social Inequality and Exclusion**

**(12 hrs.)**

- 2.1 Meaning of Social Inequality and its Forms: Social Differentiation, Social Stratification, Social Hierarchy and Social Exclusion and Inclusion
- 2.2 Institutional Basis of Social Inequality
- 2.3 Theoretical Perspective: Social Inequality or Social Stratification: Marxist, Weberian and Functionalist Perspectives

**Unit 3**

**Social Stratification**

**(9 hrs.)**

- 3.1 Understanding the Concept of Caste: Hierarchy and Differences in Caste Inequality and Exploitation, Dominant Caste
- 3.2 Historical Evolution of Caste System – Critical Analysis
- 3.3 Class-and Related Processes, Class as Power

#### **Unit 4**

##### **Social Change (9 hrs.)**

- 4.1 Concept, Theories, Agents of Social Change, Factors and Processes of Social Change
- 4.2 Urbanization, Industrialization, Modernisation, Westernisation, Sanskritisation and Secularisation - Analysis of Their Impact on Indian Society
- 4.3 Social Control and Agents of Social Control
- 4.4 Social Organisation and Disorganisation

#### **Unit 5**

##### **Development (12 hrs.)**

- 5.1 Characteristics of Indian Economy, India as the Developing Economy
- 5.2 Amartya Sen's Concepts of Development
- 5.3 Issues of Pre and Post Millennium Development Goals
- 5.4 Globalisation, Liberalisation, and Privatisation - its Impact on the Indian Society

#### **BOOKS FOR STUDY**

Chris Yuill. *Sociology for Social Work*. New Delhi: Sage, 2011

Lena, Dominelli. *Sociology for Social Work*. Palgrave, 1977

Channa, Subhatra. *Understanding Society, Culture and Change*, New Delhi: Blaze, 1993

Conklin, John E. *Sociology- An Introduction*. New York: Macmillan, 1984

Datt, Rudder, Sundaram. *Indian Economy*. 39<sup>th</sup> edition, Delhi: S.Chand, 1998.

#### **BOOKS FOR REFERENCE**

Ahuja, Ram. *Indian Social System*. New Delhi: Rawat, 1993.

Anderson, Parker. *Society- its Organization & Operation*. East West, 1966.

Anthuvan, Victor Louis M. *Global Debt Crisis-A Perspective for the Third Millennium*  
New Delhi: CBCI and Labour Commission, 1999.

Basu, Amrita, Kohli, Atul. *Community Conflicts and the State in India*. New Delhi:  
Oxford University Press, 1998.

Dalva A.K, *Environmental Impact of Large Reservoir Projects on Human Settlements*, New Delhi: Ashish, 1993.

Horton, Hunt. *Sociology*. 5<sup>th</sup> Edition, International student edition, Tokyo: McGraw Hill, 1980.

Karpagam M. *Environmental Economic- A Text book*, New Delhi: Sterling.

Mac Iver, Page C.H. *Society: An Introduction Analysis*. Madras: Macmillan, 1990.

## **JOURNAL**

Social Change – Quarterly

## **WEB RESOURCES**

<http://www.amazon.co.uk/Sociology-Social-Work-An-Introduction/dp/1848606516>

## **PATTERN OF EVALUATION**

### **Continuous Assessment**

**Total Marks - 50**

**Duration - 90 mins.**

Section – A 5 x 2 = 10 marks (All questions to be answered in 50 words each)  
Section – B 2 x 10 = 20 marks (2 out of 3 questions to be answered in 600 words each)  
Section – C 1 x 20 = 20 marks (1 out of 2 questions to be answered in 1200 words each)

1 Compulsory Continuous Assessment Test will be conducted.

1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

### **End Semester Examination**

**Total Marks - 100**

**Duration - 3 Hours**

Section – A 10 x 2 = 20 marks (All questions to be answered in 50 words each)  
Section – B 4 x 10 = 40 marks (4 out of 6 questions to be answered in 600 words each)  
Section – C 2 x 20 = 40 marks (2 out of 4 questions to be answered in 1200 words each)

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2015 -2016)**

**FUNDAMENTALS OF PSYCHOLOGY**

**CODE: 15SW/PE/PY14**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES OF THE COURSE**

- To understand concepts of Psychology relevant for Social Work practice
- To develop a holistic understanding of human growth and development in the life span using the systems approach
- To develop an understanding of personality theories in the psycho social context
- To sensitise students on the impact of life events on an individual during the lifespan and understand the concept of mental health

**Unit 1**

**Introduction to Psychology (5 hrs.)**

- 1.1 Definition of Psychology
- 1.2 Fields of Psychology- General, Developmental, Abnormal, Social, Counselling, Community Psychology
- 1.3 Relevance of Psychology for Social Work Practice

**Unit 2**

**Human Growth and Development (15 hrs.)**

- 2.1 Life Span Perspective (Conception to Old Age) Using the Systems Approach: – Needs, Tasks, Challenges, and Hazards in the Life Span
- 2.2 Role of Various Systems – Family, Significant Others, Neighbours, Peers, School, Community, Society in Influencing Behaviour
- 2.3 Biological, Psychological and Environmental Determinism

**Unit 3**

**Personality (12 hrs.)**

- 3.1 Definition. Personality Traits and Dimensions to Describe Personality
- 3.2 Theories Related to Structure and Development of Personality. Psychoanalytic (Freud), Cognitive Development (Piaget), Psychosocial Development (Erickson), Moral Development (Kohlberg), Social Learning (Bandura), Humanistic (Rogers)

- Unit 4** (10 hrs.)  
**Psychological Processes for Understanding Behaviour**
- 4.1 Sensation, Perception and Learning (Classic and Operant Learning Theories)
  - 4.2 Motivation- Motivation Process, Human Needs, Maslow's theory- Hierarchy of Needs
  - 4.3 Emotions- Common Emotions
  - 4.4 Attitude- Attitude Formation, Attitude Change, Prejudice and Discrimination
  - 4.5 Intelligence, Commonly Used Tests for Measurement of Intelligence  
(Overview) Mental Retardation- Definition, Causes, Rehabilitation, Prevention

- Unit 5** (10 hrs.)  
**Life Events During the Lifespan and their Impact on Behaviour**
- 5.1 Life Events, Stress, Stressors, Conflicts, Frustrations and Coping
  - 5.2 Concept of Mental Health, Common Mental Disorders (Overview)

### **BOOKS FOR STUDY**

Bee, Helen. Mitchell, Sandra. *The Developing Person-A Life Span Approach*. Ed2, New York Harper and Row, 1984.

Engler, Barbara, *Personality Theories-An Introduction*. Ed3, Boston: Brooks Cole Learning, 1991.

Mangal, S K., *General Psychology*. New Delhi: Sterling, 2010

Spect, Riva. Craig, Grace J., *Human Development-A Social Work Perspective*. New Jersey: Prentice Hall, 1982

Vankhede, A N., *Handbook of Psychology*. New Delhi: Wisdom Press, 2012

### **BOOKS FOR REFERENCE**

Coleman, James, *Abnormal Psychology and Modern Life*. Ed 5, Mumbai: D.B Taraporewala & Sons, 1976.

Compton, Beulah. Galaway, Cournoyer, *Social Work Processes*. Ed 7, USA: Brooks Cole Learning, 2005

Corner Ronald, J ., *Abnormal Psychology*. New Delhi: Wisdom Press, 2012

Hurlock, Elizabeth, *Child Development*. Ed 6, USA: Tate McGraw Hill, 1989.

Hurlock, Elizabeth, *Developmental Psychology-A Life Span Approach*. Ed 5, New Delhi: Tata McGraw Hill, 1995.

Morgan, Clifford T., King, A., Richard Weisz., John .R. and Schopler, *Introduction to Psychology*.New York: Tata McGraw Hill, 1986

## **JOURNALS**

Journal of Applied Psychology

Journal of Personality and Social Psychology

Child and Adolescent Social Work Journal

Indian Journal of Social Work

## **WEB RESOURCES**

Josh Gerow(2012). Basic Psychology. 3 ed. Boston: Pearson Learning Solutions.  
[http://opus.ipfw.edu/psych\\_facpubs/215](http://opus.ipfw.edu/psych_facpubs/215)

[http://dbjz9dclly1fbw.cloudfront.net/1z9wr8\\_study-guide-for-morgan-and-king-introduction-to-psychology-fifth-edition.pdf](http://dbjz9dclly1fbw.cloudfront.net/1z9wr8_study-guide-for-morgan-and-king-introduction-to-psychology-fifth-edition.pdf)

## **PATTERN OF EVALUATION**

### **Continuous Assessment**

**Total Marks - 50**

**Duration - 90 mins.**

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### **End Semester Examination**

**Total Marks - 100**

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**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2015 -2016)**

**CHILD RIGHTS AND SOCIAL WORK**

**CODE: 15SW/PE/CR34**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES OF THE COURSE**

- To create awareness on the situation of children in India
- To understand the legal provisions and rights of children
- To acquire knowledge of the services and programmes for the rights of children
- To acquire skills and methods to work with children

**Unit 1**

**Understanding Children in India**

**(10 hrs.)**

- 1.1 Demographic Profile of Children in India
- 1.2 Situational Analysis of the Rights of Children in India – Survival, Health, Nutrition, Education and with Specific Reference to the Girl Child
- 1.3 Constitutional Safeguards Assuring the Rights of Children in India
- 1.4 UNCRC, Millennium Development Goals, Post 2015 Development Agenda
- 1.5 Changing Context of Work with Children – Charity to Rights Approach

**Unit 2**

**Overview of Problems of Children**

**(10 hrs.)**

- 2.1 Children in Special Circumstances
  - 2.1.1 Children in Conflict with Law
  - 2.1.2 Children in Need of Care and Protection: Street Children – Definition Causes, Effects, Services and Prevention
  - 2.1.3 Child Labour, Child Beggary, Child Abuse, Child Trafficking
  - 2.1.4 Child Prostitution – Definition, Nature/Characteristics, Causes, Effects, Services, Prevention
- 2.2 Children in Need of Special Care
  - 2.2.1 Differently Abled (Physically and Mentally Challenged), Emotionally Disturbed, Learning Disabled
  - 2.2.2 Children Living with HIV/AIDS, Children of Prisoners
  - 2.2.3 Problems of Children in Disaster Situations and Conflicts

### **Unit 3**

#### **Legislations and Services for Children (12 hrs.)**

- 3.1 Pre- conception and Pre-natal Diagnostic Techniques Act, 1994
- 3.2 Persons with Disabilities (Equal Protection and Participation) Act, 2000
- 3.3 Child Labour (Prohibition and Regulation ) Act, 1986
- 3.4 The Juvenile Justice (Care and Protection of Children) Act, 2000
- 3.5 The Commissions for Protection of Child Rights Act, 2005
- 3.6 The Child Marriage Restraint Act, 2006
- 3.7 The Right of Children to Free and Compulsory Education, Act, 2009
- 3.8 The Protection of Children from Sexual Offences Act, 2012 (POCSO)

### **Unit 4**

#### **Child Protection Services (10 hrs.)**

- 4.1 Mechanisms
  - 4.1.1 National Commission for Protection of Child Rights/ State Commission for Protection of Child Rights Act
  - 4.1.2 District Child Protection Unit, Child Welfare Committee, Juvenile Justice Board
- 4.2 Structure and Function of Government Programmes
  - 4.2.1 Programmes: Child Survival, ICDS Programme, School Health Programme, Health and Nutrition Programmes, Sarva Shiksha Abhiyan, Integrated Child Protection Scheme
  - 4.2.2 Beti Bachao Beti Padhao, Dr. Muthulakshmi Reddy Maternity Benefit Scheme
  - 4.2.3 National Policy for Children 2013, Optional Protocols
- 4.3 Initiatives by GOs, NGOs and INGOs in Promotion of Child Rights
  - 4.3.1 Ministry of Women and Child Development, National Institute of Public Cooperation for Child Development (NIPCCD)
  - 4.3.2 UNICEF, CRY, Action Aid, Christian Children's Fund of Canada Childline 1098, ICCW, WHO, Plan International, BBA (Bachpan Bachao Andolan)

### **Unit 5**

#### **Social Work with Children (10 hrs.)**

- 5.1 Approaches to Working with Children – Institutional Settings, SOS Children's Villages
- 5.2 Non-Institutional Settings: Adoption –In Country and Inter-Country Adoption, Sponsorship and Foster Care
- 5.3 Multi-Disciplinary Approach – Sustainable/Developmental Approach
- 5.4 Participatory Approach, Preventive Model, Rehabilitative Models, Convergence Approach



- 5.5 Rights Based Approach in Working with Children, Networking and Advocacy for Child Rights
- 5.6 Role of Social Work with Children in Special Circumstances, Sexually Exploited and Oppressed Children. Children in Need of Special Care and in Disasters and Conflict Situations
- 5.7 Research, Training and Documentation on Child Issues and Rights, Child Budgeting

## **BOOKS FOR STUDY**

Bhatia, Vinita. *Social Laws & Child Rights*. New Delhi: Alfa, 2011.

Devi, Laxmi. *Child and Family Welfare*. New Delhi: Anmol, 1998.

Fernandez. B., Alex. *Social Work for Women and Children*. New Delhi: Pacific Books International, 2014.

Kennison, Peter. *Children as Victims*. Learning Matters, 2008.

## **BOOKS FOR REFERENCE**

Bajpai, Asha. *Child Rights in India: Law, Policy, and Practice*. India: Oxford, 2006.

Sarada, D., Rajini. N. *Child Rights and Young Lives: Theoretical Issues & Empirical Studies*. India: Discovery, 2009.

Tandon, R.K. & Sudarshan, K.N. *Directory & Handbook on Children*. New Delhi: Ashish, 1998.

Theis, Joachim. *Promoting Rights – Based Approaches, Experiences and Ideas from Asia and the Pacific*. Sweden: Save The Children, 2004.

Wal, S. *International Encyclopaedia of Child Development Priorities for 21 Century*. Vol., I – V. New Delhi: Sarup and Sons, 1999.

## **JOURNALS**

The International Journal of Human Rights, Vol 19, 2015

Early Child Development and Care, Vol 185, 2015

Situation of Children in India – A Profile (May 2011) UNICEF, New Delhi

## WEB RESOURCES

[www.wcd.nic.in](http://www.wcd.nic.in)

[www.unicef.org](http://www.unicef.org)

www.tn.gov.in [www.unicef.org/sitan/files/SitAn India May 2011.pdf](http://www.unicef.org/sitan/files/SitAn_India_May_2011.pdf)

[www.ncpcr.gov.in](http://www.ncpcr.gov.in)

www.childlineindia.org.in/rights.htm

## PATTERN OF EVALUATION

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**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2015 -2016)**

**MEDICAL SOCIAL WORK**

**CODE: 15SW/PE/MS34**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES OF THE COURSE**

- To trace the history and development of Medical Social Work and understand its current status
- To develop a holistic and integrated approach to Social Work practice in the field of health
- To have an understanding of common diseases and associated psychosocial and economic problems
- To apply knowledge of Social Work in the field of health

**Unit 1**

**Concepts of Health (10 hrs.)**

- 1.1 Concepts - Health, Hygiene, Disease, Illness and Disability  
Health Indicators, Determinants of Health
- 1.2 Medicine through the Ages; Changing Concept of Health; Concept of Patient as a Whole
- 1.3 Historical Development of Medical Social Work in the West and in India

**Unit 2**

**Changing Phase of Health Care (10 hrs.)**

- 2.1 Levels of Health Care, Models of Health Care- Medical, Health Prevention and Promotion Model, Integrative Model and Developmental Model
- 2.2 Holistic Approach to Health; Indigenous Systems of Health – Ayurveda, Siddha, Unani, Homeopathy. Alternative Systems of Health – Yoga, Naturopathy
- 2.3 Concept of Stem Cell Therapy

**Unit 3**

**Organisation and Administration of Medical Social Work in Hospitals (10 hrs.)**

- 3.1 Multi Disciplinary Approach and Team Work
- 3.2 Medical Ethics

- 3.3 Patient's Rights in Health Care – PNDT Act, MTP Act, COPRA, Organ Transplantation Act, Persons with Disability Act (1995), Euthanasia, ESI Scheme, Health Insurance
- 3.4 Public Relations in Hospitals

#### **Unit 4**

##### **Clinical Manifestations and Psycho- Socio and Economic Problems (12hrs.)**

- 4.1 Major Communicable Diseases – Tuberculosis, STD/ HIV/AIDS, Malaria, Dengue, Cholera, Typhoid, Leprosy, Leptospirosis, Influenza
- 4.2 Major Non-Communicable Diseases – Diabetes, Hypertension, Cardiac Disorders, Neurological Disorders, Asthma, Cancer
- 4.3 Problems of Individuals and Family during Hospitalisation
- 4.4 Problems of Patients Undergoing Surgery

#### **Unit 5**

##### **Medical Social Work Practice in Different Settings (10hrs.)**

- 5.1 Hospitals, Out-Patient Departments, Emergency / Crisis Intervention and Care, Special Clinics. Convalescent Care, Acute Health Care Settings, Restorative Health Care Settings, Long Term Health Care, Palliative Care
- 5.2 Application of Social Work Methods in the Field of Health
- 5.3 Discharge Planning
- 5.4 Documentation and Record Keeping in Health Care
- 5.5 Role, Functions and Skills of Medical Social Workers. Challenges of Medical Social Workers in the field

#### **BOOKS FOR STUDY**

- Bajpai, P.K. (Ed). *Social Work Perspectives in Health*. New Delhi: Rawat, 1997
- Bhattacharya S. *Social Work: Psychosocial Health Aspects*. New Delhi: Deep & Deep, 2008.
- Pathak, S.H. *Medical Social Work in India*. New Delhi: DSSW, 1995.
- Singh G P & Sharma S . *Multiple Choices In Preventive & Social Medicine*. New Delhi: Elsevier, 2008.

#### **BOOKS FOR REFERENCE**

- Anderson R & Bury M. (Eds). *Living with Chronic Illness- The Experience of Patients and Their Families*. London: Un-win Hyman, 1988.
- Bajpai, P.K. (Ed). *Social Work Perspectives in Health*. New Delhi: Rawat, 1997.
- Dhaar G.M. I Robboni. *Foundation of Community Medicine*. New Delhi: Elsevier, 2006.

Field, M. *Patients Are People- A Medico- Social Approach to Prolonged Illness*. New York: Columbia University Press, 1963.

Goldstein, D. *Expanding Horizons in Medical Social Work*. Chicago: University of Chicago, 1955.

Pokarno, K.L. *Social Beliefs, Cultural Practices in Health and Disease*. New Delhi: Rawat, 1995.

Reisch M. & Gambill E. *Social Work in the 21<sup>st</sup> Century*. New Delhi: Pine Forge Press, 1997.

## **JOURNALS**

The British Medical Journal

## **WEB RESOURCES**

[www.planningcommission.nic.in/reports/genrep/.../26\\_bg2020.doc](http://www.planningcommission.nic.in/reports/genrep/.../26_bg2020.doc)

## **PATTERN OF EVALUATION**

### **Continuous Assessment**

**Total Marks - 50**

**Duration - 90 mins.**

Section – A 5 x 2 = 10 marks (All questions to be answered in 50 words each)  
Section – B 2 x 10 = 20 marks (2 out of 3 questions to be answered in 600 words each)  
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1 Compulsory Continuous Assessment Test will be conducted.

1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

### **End Semester Examination**

**Total Marks - 100**

**Duration - 3 Hours**

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**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2015 -2016)**

**DEVELOPMENT PLANNING AND ADMINISTRATION**

**CODE: 15SW/PE/DP34**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES OF THE COURSE**

- To enable students gain an understanding of the administrative machinery involved in development
- To provide knowledge on various methods, strategies, development policies and programmes
- To equip the students with the skills for application in the field

**Unit 1**

**Planning and Development**

**(8 hrs.)**

- 1.1 Planning: Concept, Types of Planning
- 1.2 Planning Process and Importance of Planning for Development
- 1.3 Development: Concept, Indicators, Human Development Index, Physical Quality of Life Index, Human Poverty Index
- 1.4 Development Paradigm: from Conventional to People Centered Development
- 1.5 Development Strategies with reference to Balanced and Unbalanced Approach to Development
- 1.6 Models of Development with specific reference to Nehru, LPG and PURA Model
- 1.7 Concept: Social Development and Sustainable Development
- 1.8 Millennium Development Goals and Post – 2015 Millennium Agenda

**Unit 2**

**Participatory Planning**

**(10 hrs.)**

- 2.1 Peoples Participation, Concept of Participation
- 2.2 Factors Promoting and Hindering People's Participation

**Unit 3**

**Overview of Rural, Urban and Tribal Policy**

**(10 hrs.)**

- 3.1 Related Policies of Rural, Tribal, Urban and Development Policies
- 3.2 Implications of 73<sup>rd</sup> and 74<sup>th</sup> Amendment Act
- 3.3 Development Planning in India: Local Self Governance; Structures and Levels of Administration and Planning

- 3.4 Changing Trends in Social Work Practice. Application of Social Work Methods in Development Practice

**Unit 4**

**Government Programmes for Development (12 hrs.)**

- 4.1 Rural Community Development Programmes: NABARD, MGNREGA, NRLM, RKVY, Vazhundhu Kaatuvom, NRHM, IAY  
4.2 Urban Community Development Programmes: RSBY, RAY, JNNURM, UIDSSMT, AUWSP  
4.3 Tribal Community Development Programmes: NSTFDC, STFDCs, VKJ, ITDP, TRIFED

**Unit 5**

**Tools and Techniques for Development Practice (12 hrs.)**

- 5.1 Participatory Monitoring and Evaluation–Concept, Purpose  
5.2 Process and Organization of Evaluations, Key Principles of Monitoring and Evaluation  
5.3 Tool One-Logical Framework Analysis: Social Analysis and Assessments, Stakeholder Analysis, Project Matrix  
5.4 Tool Two -Appreciative Inquiry: Definitions, Need, Importance, Processes and Its Appropriate Usages  
5.5 Tool Three- Social Audit; Significance of People’s Participation in Development  
5.6 Evaluation Report and Using Evaluation for Further Development

**BOOKS FOR STUDY**

- Agarwal, A.N. *India Economy: Nature, Problem & Progress*. New Delhi: Vikas, 1998.  
Dubhashi ,P.R. *Rural Development-Administration in India*. Bombay: Popular Press, 1994.  
Fernandes, Walter. *Development, Displacement and Rehabilitation*. New Delhi: ISI, 1989.  
Saxena, D.P. *Rural Urban Migration in India*. Bombay: Popular Prakashan, 1977.

**BOOKS FOR REFERENCE**

- Bhat, Anil. *Development & Social Justice: Micro Action by Weaker Sections*, New Delhi: Sage, 2001.  
Bosco, B.C. *Introduction to Disaster Management*. New Delhi: Rajat, 2007.  
Datt & Sundaram K.P.M. 54<sup>th</sup> Ed. *Indian Economy*. New Delhi: S. Chand, 2007.  
Desai ,A.R. *Rural Sociology*. Bombay: Popular, 1978.

- Desai, Vasanth. *Rural Development, Vol. 1 & 2*. New Delhi: Himalaya, 1998.
- Dhingra C.Ishwari. *The Indian Economy*. New Delhi: S. Chand ,1988.
- Fritz C.E, “Disaster”; Sills, D. (Ed) International Encyclopaedia of Social Science, Vol. 4, U.S.A.: The MacMillan Company and the Free Press,,202-208.
- Gangrade, K.D. & Dhadde. S.*Challenge and Response*. Delhi: Rachna, 1973.
- Goel, S.L. *Disaster Management*. New Delhi: Deep and Deep, 2001.
- Indian Journal of Social Work Vol. 12, 1999.*
- Jain L.C. *Grass without Roots: Rural Development under Government Auspices*. New Delhi: Rawat, 1985.
- Jain S.C. *Community Development & Panchayati Raj in India*. Chennai: Allied, 1985.
- Jain S.C. *Rural Development Institutions & Strategies*. Jaipur: Rawat, 1985.
- Joint Assistant Centre *Natural Disaster*; New Delhi: Adhyatma Sadhana Kendra, 1980.
- Kapila Uma. *India’s Economic Development since 1947*. New Delhi: Academic Foundation, 2007.
- Puri V.K. & Misra S.K. *Indian Economy Himalayan*. New Delhi: Himalaya, 1988.
- Schenk-Sandbergen Loes. *Women and Seasonal Labour Migration*. New Delhi: Sage,1995.
- Sharma, Kampa Prasad. *Participation Planning at the Grass Roots*. New Delhi: Sterling, 1993.
- Sudarsen V. *The Uprooted Displacement Resettlement Development*. New Delhi: Gian,1991.

## **JOURNALS**

**[SAGE: Journal of Developing Societies:](#)**

Journal of South Asian Development

## **WEB RESOURCES**

**<http://planningcommission.nic.in/>**

**<http://www.historydiscussion.net>**



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### **Continuous Assessment**

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**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2015-2016)**

**FAMILY SOCIAL WORK**

**CODE: 15SW/PE/FS34**

**CREDITS : 4**

**LTP : 4 0 0**

**TOTAL TEACHING HOURS : 52**

**OBJECTIVES OF THE COURSE**

- To develop an understanding on marriage and family as social institutions
- To comprehend emerging forms of marriage and families in society
- To gain knowledge and skills in applying theoretical frameworks for working with families
- To recognise the growing need to work with senior citizens in society
- To gain an understanding of policies and programmes for family development

**Unit 1**

**Families in Society**

**(12 hrs.)**

- 1.1 Family as a Social Institution, Concept of Family, Characteristics, Types, Functions, Family Ecology, Family Members and Households; Norms, Family Dynamics; Interaction Patterns: Myths about Families; Patriarchy; Changing Features of the Modern Family
- 1.2 Understanding the Family-Global and Indian Perspectives; Analysis of Structural and Functional Changes and Challenges Affecting the Family
- 1.3 Emerging Family Patterns - Single Parent Families, Female Headed Households, Dual Earner Families, Reconstituted Families and Parenthood through Surrogacy

**Unit 2**

**Marriage and Family Life**

**(13 hrs.)**

- 2.1 Concept and Definition of Marriage, Forms of Marriages, Functions, Changing Situations in Marriages and Marital Relationships, Live-In Relationships; Gay, Lesbian and Bisexual, Transgender and Queer Relationships
- 2.2 Challenges in Marriage and Family Life; Marital Discord, Impact of Migration, Industrialisation, Urbanisation on Family Life – Changing Functions, Values, and Relationships; Equity and Equality in Family Functions and Relationships, Dowry as a Social Issue, Separation and Divorce
- 2.3 Family Life Education; Positive Parenting, Family Communication, Sex and Sexuality Education, Reproductive Health and Family Planning

### Unit 3

#### **Theoretical Frameworks and Laws for Working with Families (9 hrs.)**

- 3.1 Life Span Approach: Characteristics, Goals, Needs, Tasks and Problems of each Stage in the Family Lifecycle, Family Therapy, Rehabilitation, Crisis Intervention; Systems/ Ecological Perspectives; Strengths Based, Solution Focused, Structural, Strategic, Evidence Based, Family Resilience and Communication Theory
- 3.2 Assessment of Family Needs: Steps in Problem Assessment and Goal Setting for Intervention; Tools for Assessment
- 3.3 Legislations and Laws on Family and Marriage, Family Courts Act 1984; Mediation and Conciliation, Lok Adalats

### Unit 4

#### **Social Work and Senior Care (9 hrs.)**

- 4.1 Meaning and Definition; Demography of Aging; Longevity of Life, Ageing Differentials; Challenges of Senior Citizens in Family and Society, Issues of Neglect, Abandonment, Violence and Abuse, Financial Exploitation
- 4.2 Special Needs of Senior Citizens; Intergenerational Relationships, Life Transition Needs – Living Arrangements, Employment, Social Relations, Retirement, Monetary Needs, Social Security, Recreation and Leisure Time
- 4.3 Disorders, Diseases and Disabilities Associated with Senior Citizens; Coping with Loss of Partner and other Crisis Events, Grief Counselling and Preparation for Death

### Unit 5

(9 hrs.)

#### **Role of Government and NGOs in Family Development and Senior Care**

- 5.1 Ministry of Health and Family Welfare: Family Welfare Programmes: RCH Programme under NRHM, All India Post-Partum Programme, Janani Suraksha Yojana (JSY), Socio Economic and Welfare Programmes of the Central and State Social Welfare Board
- 5.2 International and National Policies on Aging: Madrid International Plan of Action on Aging-2002; National Policy on Older Persons-1999, Senior Citizen Act,2007; National Council for Senior Citizens; Concessions, Facilities and Programmes for Senior Citizens
- 5.3 Role and Contributions of NGOs, Self Help and Support Groups, Family Counselling Centres, Changing Concept of Institutionalisation; Assisted Living Centres and Communities for Senior Care

### **BOOKS FOR STUDY**

Carter, B. McGoldricke. M., *The Changing Family Life Cycle-A Framework for Family Therapy* London: Allyn & Bacon, 1989.

Duvall, Evelyn M. *Family Development*. ed 3, New York: J.B. Lipincott Company, 1989.

Hurlock, E. *Developmental Psychology - A Life Span Approach*. ed 5. New Delhi: Tata McGraw Hill, 1995.

Saleebey, Dennis, *The Strengths Perspective in Social Work Practice*. ed 4, New York: Pearson Education, 2006.

Tata Institute of Social Sciences. *Family Intervention - Case Studies*, Mumbai: TISS, 1994.

## **BOOKS FOR REFERENCE**

Ambrosino, R. Hefferman, J. and Shuttlesworth, G. *Social Work and Social Welfare- An Introduction*, ed. 5, New York: Brooks /Cole Thomson Learning, 2005.

Bhatlavande, P. Gangakhedkar, R. *On the Horizon of Adulthood*, India: UNICEF, 2001.

Bhumali, Anil, *Ageing Population and Social Security System*, New Delhi: Serials, 2011.

Cocker, Christine. *Advanced Social Work with Children and Families*, New Delhi: Learning Matters, 2011.

Compton, Beulah R. Galaway, B. Cournoyer, Barry R. *Social Work Processes*, ed 7, New York: Brooks / Cole Thompson Learning, 2005.

Desai, M. (ed), *Family & Interventions- Course Compendium*, Mumbai: TISS,1994.

Goode, William J. *The Family*, New Delhi: Prentice Hall,1965.

Indira T Rani, *Adjustment of Senior Citizens*, New Delhi: Discovery, 2010.

Margaret, A., Schvaneveldt. M.J. *Handbook of Family Life Education- The Practice of Family Life Education*, New Delhi: Sage,1993.

Mckie Linda, *Understanding Families*, London: Sage, 2012.

Pachauri, S., *A Reproductive Health Package for India*, New Delhi: Population Council, 1995.

Rath Sangeeta, *Work and Family*, Delhi: Manglam, 2009.

Suneetha K, *Social Support for the Elderly*, New Delhi: Sonali, 2010.

Timonen Virpi, *Ageing Societies*, New York: Tata Mc Graw Hill, 2008.

## **WEB RESOURCES**

[www.nw.nic.in](http://www.nw.nic.in)

[www.socialjustice.nic.in/](http://www.socialjustice.nic.in/)

[www.socialjustice.nic.in/ddrstn.php](http://www.socialjustice.nic.in/ddrstn.php)

www.familyserfac.org  
www.tnhealth.org  
www.tn.gov.in/adoption/

www.census.tn.nic.in  
[www.censusindia.gov.in/](http://www.censusindia.gov.in/)

## **PATTERN OF EVALUATION**

### **Continuous Assessment**

**Total Marks - 50**

**Duration - 90 mins.**

Section – A 5 x 2 = 10 marks (All questions to be answered in 50 words each)  
Section – B 2 x 10 = 20 marks (2 out of 3 questions to be answered in 600 words each)  
Section – C 1 x 20 = 20 marks (1 out of 2 questions to be answered in 1200 words each)

1 Compulsory Continuous Assessment Test will be conducted.

1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

### **End Semester Examination**

**Total Marks - 100**

**Duration - 3 Hours**

Section – A 10 x 2 = 20 marks (All questions to be answered in 50 words each)  
Section – B 4 x 10 = 40 marks (4 out of 6 questions to be answered in 600 words each)  
Section – C 2 x 20 = 40 marks (2 out of 4 questions to be answered in 1200 words each)

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2015-2016)**

**MENTAL HEALTH AND SOCIAL WORK**

**CODE: 15SW/PE/MH34**

**CREDITS: 4**

**L T P: 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES OF THE COURSE**

- To understand Psychiatric Social Work in the context of changing trends in health care
- To understand the concept of mental health, acquire knowledge of mental disorders and their management
- To develop skills in identifying and managing mental disorders in health settings and the community

**Unit 1**

**Concept of Mental Health and Mental Illness (8 hrs.)**

- 1.1 Changing Perspectives from Illness to Well-Being
- 1.2 Changing Trends in Mental Health Care
- 1.3 Indian View of Mental Health and Well Being
- 1.4 Psychiatric Social Work: Definition, History and Scope
- 1.5 Changing Perspective of Psychiatric Social Work

**Unit 2**

**Common Mental Disorders and their Treatment Modalities (12 hrs.)**

- 2.1 Classification of Mental Disorders – ICD 10, ICF, DSM (Overview)
- 2.2 Clinical Signs and Symptoms of Mental Disorders
- 2.3 Organic Mental Disorders
- 2.4 Mental and Behavioural Disorders due to Psychoactive Substance Use
- 2.5 Schizophrenia
- 2.6 Delusional Disorders
- 2.7 Mood Disorders

**Unit 3**

**Neurotic, Stress-related and Somatoform Disorders (12 hrs.)**

- 3.1 Behavioural Syndromes Associated with Physiological Disturbances,
- 3.2 Disorder of Psychological Development, Behaviour and Emotional Disorders -Onset in Childhood and Adolescence.
- 3.3. Disorders of Adults- Personality Disorders and Behaviour
- 3.4 Sexual Disorders

- 3.5 Mental Retardation
- 3.6 Suicide

#### **Unit 4**

##### **Psychiatric Assessment**

**(10 hrs.)**

- 4.1 History Taking and Mental Status Examination, Psychosocial and Multidimensional Assessment of Persons with Mental Disorders in Psychiatry from a Clinical and Strengths Based Perspective
- 4.2 Assessment of Family as a System
- 4.3 Use of Mental Health Scales in Assessment and Intervention
- 4.4 Legislations with Regard to the Mentally Ill – Mental Health Act 1987, Narcotics Drugs and Psychotropic Substances Act 1987
- 4.5 Rights of the Mentally Ill and Advocacy

#### **Unit 5**

##### **Practice of Psychiatric Social Work in the Mental Health Field (10 hrs.)**

- 5.1 Psychiatric Settings: Child and Adolescent Mental Health Act, Gender and Mental Health, De-Addiction, Industry, Emergency Settings
- 5.2 Non-Psychiatric Settings: Non-Institutional Models of Mental Health Care
- 5.3 Role of National and International Organisations in Mental Health

#### **BOOKS FOR STUDY**

Ahuja, Niraj. A. *Short Textbook of Psychiatry*. 5<sup>th</sup> Edition. New Delhi: Jaypee Brothers, 2002.

Mane P. & Gandevia K. (Eds.) *Mental Health in India Issues and Concerns*, Mumbai: Tata Institute of Social Sciences, 1993.

Pritchard, Colin. *Mental Health Social Work*. London: Routledge, 2006.

Sekar, K. Parthasarathy, R. Muralidhar, D. Chandrasekhar Rao. *Handbook of Psychiatric Social Work*. Bangalore: NIMHANS, 2007.

#### **BOOKS FOR REFERENCE**

Bhattacharya, Sanjay. *Social Work Interventions and Management*, New Delhi: Deep & Deep, 2008.

Francis, Abraham P. (Ed.) *Social Work in Mental Health – Areas of Practice, Challenges & Way Forward*. New Delhi: Sage, 2014.

Francis, Abraham P. (Ed.) *Social Work in Mental Health – Contexts & Theories for Practice*. New Delhi: Sage, 2014.

Herman, Helen. Saxena, Shekhar. Moodie, Rob. (Eds.) *Promoting Mental Health – Concepts – Emerging Evidence – Practice*, Geneva:WHO, 2005.

Hicks, James Whitney. *50 Signs of Mental Illness – A Guide to Understanding Mental Health*. New Delhi: Word Books, 2008.

Kaplan, H.I., Freedman A.M., & Sadock B.J. *Comprehensive Text Book of Psychiatry*, (Third Ed.) Vols. 1, 2&3 London: Williams & Wilkins, 1980.

Roberts, Albert R. & Greene, Gilbert J. *Social Workers' Desk Reference*. New York: Oxford University, 2001.

Srinivasa Murthy & Burns B. (Eds). *Community Mental Health – Proceedings of the Indo-US Symposium*. Bangalore: NIMHANS, 1992.

Verma, Ratna. *Psychiatric Social Work in India*. New Delhi: Sage, 1991.

World Health Organisation. *The International Classification of Functioning, Health*. Geneva: 2002.

World Health Organisation. *The ICD 10 Classification of Mental and Behavioural Disorders. Clinical Description and Diagnostic Guidelines*. Geneva: Oxford University Press, 1992.

## **JOURNALS**

Health & Social Work

[International Journal of Mental Health Systems](#)

Indian Journal of Social Work

Indian Journal of Psychiatry

[BioMed Central Journals](#)

## **WEB RESOURCES**

[nursingplanet.com/pn](http://nursingplanet.com/pn)

<http://www.casw-acts.ca/en/role-social-work-mental-health>

<http://www.communitycare.co.uk/mental-health/>

[http://www.who.int/features/factfiles/mental\\_health/mental\\_health\\_facts/en](http://www.who.int/features/factfiles/mental_health/mental_health_facts/en)

[http://www.medicinenet.com/mental\\_health\\_psychology/article.htm](http://www.medicinenet.com/mental_health_psychology/article.htm)



## **PATTERN OF EVALUATION**

### **Continuous Assessment**

**Total Marks - 50**

**Duration - 90 mins.**

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Section – C 1 x 20 = 20 marks (1 out of 2 questions to be answered in 1200 words each)
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1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

### **End Semester Examination**

**Total Marks - 100**

**Duration - 3 Hours**

- Section – A 10 x 2 = 20 marks (All questions to be answered in 50 words each)  
Section – B 4 x 10 = 40 marks (4 out of 6 questions to be answered in 600 words each)  
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**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2015- 2016)**

**SOCIAL ENTREPRENEURSHIP**

**CODE: 15SW/PE/SE34**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES OF THE COURSE**

- To acquire knowledge and understanding of the basic concept of Social Entrepreneurship
- To promote entrepreneurial skills to develop innovative responses to social problems
- To recognise opportunities, explore innovative approaches and mobilise resources to manage risks and build viable social enterprises
- To apply Social Entrepreneurship to both profit and non-profit firms

**Unit 1**

**Introduction to Social Enterprises (8 hrs.)**

- 1.1 History, Concept of Entrepreneurship and Social Entrepreneurship and Enterprises
- 1.2 Need and Importance, Relevance of Social Enterprise
- 1.3 Issues and Concerns; Voluntarism vs. Privatisation, Partnership vs. Individualism, Internal sourcing vs. Outsourcing, Centralisation vs. Decentralisation, Conflict vs. Consensus, Intimidation vs. Inquisitiveness

**Unit 2**

**Entrepreneurship Skills (10 hrs.)**

- 2.1 Entrepreneurial Traits: Assessment of Entrepreneurial Traits
- 2.2 Entrepreneurial Decision Making Process
- 2.3 Entrepreneurial Motivation: Achievement and Motivation Process (AMT)  
Development of Entrepreneurial Competencies

**Unit 3**

**Models of Social Enterprises (12 hrs.)**

- 3.1 Entrepreneur Support Model, Market Intermediary Model, Employment Model, Market Linkage Model
- 3.2 Fee-for-Service Model, Low-Income Client as Market, Service Subsidization Model
- 3.3 Cooperative Model, Organisational Support Model, Empowerment Model, Networking Model

#### **Unit 4**

##### **Assessment and Market Survey**

**(15 hrs.)**

- 4.1 Needs Assessment, Market Study and Analysis, Idea Generation and Market Survey -Demand
- 4.2 Marketing Management an Overview: 4 “P” s of Marketing – People, Product, Pricing, Distribution and Promotion
- 4.3 Market Segmentation/Opportunity Identification

#### **Unit 5**

##### **Preparation of Business Plan**

**(7 hrs.)**

- 5.1 Guidelines for Preparation of Business Plan
- 5.2 Model Business Plan Presentation
- 5.3 Support Institution to Help in the Preparation of Business Plan
- 5.4 Financial Management and Book Keeping

#### **BOOKS FOR STUDY**

Batra,G.S. *Development of Entrepreneurship*. New Delhi: Deep & Deep, 2002 .

Desai,Vasant. *Entrepreneurial Development*. Vol.1 Entrepreneur, Entrepreneurship and Development, Principles,Program. New Delhi: Himalaya, 1991.

Kanungo, Rabindra. *Entrepreneurship and Innovation. Models for Development*, New Delhi: Kanishka Prakashan, 1998 .

Shanta, Kohli Chandra. *Development of Women Entrepreneurship in India. A Study of Public and Programmes*, New Delhi: Mittal, 1991.

#### **BOOKS FOR REFERENCE**

Yadav C.P. *Encyclopaedia of Entrepreneurship Development. Vol.1 Entrepreneurship : Theory and Practice*, New Delhi: Anmol, 2000.

Yadav C.P. *Encyclopaedia of Entrepreneurship Development. Vol.2 Entrepreneurship : Theory and Practice*, New Delhi: Anmol, New Delhi, 2000.

Yadav C.P. *Encyclopaedia of Entrepreneurship Development. Vol.3 Entrepreneurship : Theory and Practice*, New Delhi: Anmol, 2000.

Yadav C.P *Encyclopaedia of Entrepreneurship Development. Vol.4 Entrepreneurship : Theory and Practice*, New Delhi: Anmol, 2000.

## **JOURNAL**

Monthly Journal Entrepreneurship 12 issues per year

## **WEB RESOURCES**

<http://www.pbs.org/opb/thenewheroes/whatis/>

[https://www.ashoka.org/social\\_entrepreneur](https://www.ashoka.org/social_entrepreneur)

## **PATTERN OF EVALUATION**

### **Continuous Assessment**

**Total Marks - 50**

**Duration - 90 mins.**

Section – A 5 x 2 = 10 marks (All questions to be answered in 50 words each)  
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1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

### **End Semester Examination**

**Total Marks - 100**

**Duration - 3 Hours**

Section – A 10 x 2 = 20 marks (All questions to be answered in 50 words each)  
Section – B 4 x 10 = 40 marks (4 out of 6 questions to be answered in 600 words each)  
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**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2015 -2016)**

**YOUTH DEVELOPMENT**

**CODE: 15SW/PE/YD44**

**CREDITS: 4**

**L T P: 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES OF THE COURSE**

- To acquire knowledge of the concept of Youth Development, the need and importance of working with youth
- To develop the ability to understand the issues confronting youth in the changing socio-economic, political and cultural scenario
- To gain an understanding of different governmental/nongovernmental programmes working for the development of youth
- To develop an understanding of the different methods of working with youth groups

**Unit 1**

**Introduction**

**(8 hrs.)**

- 1.1 Youth Development: Concept, Definition, Aims and Objectives
- 1.2 Demographic Profile of the Youth in Rural, Tribal and Urban India
- 1.3 Status of Youth – Global Situation. National Youth Policy – 2014

**Unit 2**

**Needs of Youth**

**(13 hrs.)**

- 2.1 Physical, Intellectual, Emotional, Social and Religious Needs of Youth  
Socialization of Youth
  - 2.1.1 Influence of Family, Peer, Neighbourhood, Reference Groups, Religion and Media
- 2.2.2 Impact of Westernisation, Modernisation, Urbanisation and Globalisation  
Socio-Economic, Political and Cultural Challenges faced by Youth, Youth and Poverty

**Unit 3**

**Specific Problems of Youth**

**(9 hrs.)**

- 3.1 Behavioural Problems
  - 3.1.1 Substance Abuse, Sexually Transmitted Diseases, HIV/AIDS, Sexual Problems, Eating Disorders and Obesity.
- 3.2 Emotional Problems

- 3.2.1 Identity Crisis, Alienation, Low Self-esteem and Suicide, Career Conflict, Conflicts in Selecting a Partner

**Unit 4**

**Youth and Social Development (18 hrs.)**

- 4.1 Involvement of Youth in Social Development
- 4.1.1 Initiating Youth in Politics, Youth in Conflict Situations, Youth and Terrorism, Youth and Millennium Development Goals Post 2015 Development Agenda
  - 4.1.2 Social Entrepreneurship - Meaning, Definition, Competencies and Characteristics of an Entrepreneur, Youth for Leadership
- 4.2 Welfare Programmes for Rural/Urban Youth
- 4.2.1 National Programmes - NCC, NSS, Scouts and Guides, Sports, Youth Festivals, Career Counselling.
- 4.3 Youth Organisations and Movements in India
- 4.3.1 Rajiv Gandhi National Institute for Youth Development
  - 4.3.2 Nehru Yuva Kendra Sangathan, Vishwa Yuva Kendra
  - 4.3.3 Students Federation of India, National Students Union of India, Democratic Youth Federation of India, All India Catholic Universities Federation

**Unit 5**

**Training and Application of Social Work Methods in Working with Youth and Youth Groups (4 hrs.)**

- 5.1 Training, Capacity Building, Research, Networking, Volunteering, Peer Counselling and Advocacy
- 5.2 Designing and Implementing Community Based Youth Development Programmes/Projects

**BOOKS FOR STUDY**

Ahuja, Ram. *Indian Social Problems*. New Delhi: Rawat , 1993.

Dugan, Laird. *Approaches to Training and Development*. Jaipur.: Rawat , 2007

Kuriakose P.T Vishwa. *Youth Work in India: Scope and Strategy* New Delhi: Vishwa Yuva Kendra, 1985.

Ruhela. S.P. *Sociology of the Youth Culture in India*. Delhi: Indian, 2001.

## **BOOKS FOR REFERENCE**

Kehily Jane Mary (Ed.). *Understanding Youth: Perspectives, Identities and Practices*. London: Sage, 2009.

Rajendran Vasanthi & David Paul. *Youth and Globalisation, Proceedings of the Workshop on Youth and Globalisation*. Mumbai: Rajiv Gandhi National Institute of Youth Development, Sriperumbudur and Tata Institute of Social Sciences, 2006.

## **JOURNALS**

Endeavour, Journal of Youth Development, Vol.1, No.1 July-December, 2005. Rajiv Gandhi National Institute of Youth Development

Nehru Yuva Sandesh – Monthly Newsletter, Nehru Yuva Kendra Sangathan

Solution to Youth's Problem, Adam Publishers & Distributors. 2006.

AICUF Student Movement in India, AICUF Publications, 1990.

United Nations. World Youth Report. 2013.

## **WEB RESOURCES**

[www.yas.nic.in](http://www.yas.nic.in),

[www.rgniyd.gov.in](http://www.rgniyd.gov.in)

[www.tn.gov.in](http://www.tn.gov.in) - Youth Welfare and Sports Department

[www.nyks.org](http://www.nyks.org)

[www.un.org/youth](http://www.un.org/youth)

## **PATTERN OF EVALUATION**

### **Continuous Assessment**

**Total Marks - 50**

**Duration - 90 mins.**

Section – A 5 x 2 = 10 marks (All questions to be answered in 50 words each)

Section – B 2 x 10 = 20 marks (2 out of 3 questions to be answered in 600 words each)

Section – C 1 x 20 = 20 marks (1 out of 2 questions to be answered in 1200 words each)

1 Compulsory Continuous Assessment Test will be conducted.

1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

### **End Semester Examination**

**Total Marks - 100**

**Duration - 3 Hours**

Section – A 10 x 2 = 20 marks (All questions to be answered in 50 words each)

Section – B 4 x 10 = 40 marks (4 out of 6 questions to be answered in 600 words each)

Section – C 2 x 20 = 40 marks (2 out of 4 questions to be answered in 1200 words each)

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2015 -2016)**

**COMMUNITY HEALTH**

**CODE: 15SW/PE/CH44**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES OF THE COURSE**

- To develop an understanding of the Community Health and Public Health situation at the regional, national and global level
- To create an awareness of the existing programmes and services at local, national and international levels and the need for a preventive, promotive and developmental approach
- To develop skills in programme planning and education for different target groups
- To develop a holistic and integrated approach to Social Work practice in the field of Community Health

**Unit 1**

**Community Health**

**(10 hrs.)**

- 1.1 Concept- Community Health, Community Mental Health
- 1.2 Public Health– Definition, Changing Concept and Development in India. Health Planning Cycle
- 1.3 Community Paediatrics, Community Geriatrics as Emerging Avenues for Health Promotion
- 1.4 Primary Health Care, Principles of Primary Health Care. Community Based Rehabilitation

**Unit 2**

**Situational Analysis of Community Health**

**(12 hrs.)**

- 2.1 Community Health Status at the National Levels, State and Regional Levels. Community Health Problems, Training of Community Health Workers
- 2.2 Impact of Globalisation, Privatisation and Liberalisation on Health. Trade and Intellectual Property Rights, Medical Tourism. Commercialization of Health Care
- 2.3 Environmental Health - Impact of War, Disasters and Displacement on Health
- 2.4 Right to Health, Right to Health Care and Access to Essential Medicines. Current Challenges in Attaining Health for All. Role of People's Health Movement



**Unit 3**

**Health Policy and Legislation (8 hrs.)**

- 3.1 National Health Policy (2002)
- 3.2 Rehabilitation Council of India Act, National Trust for Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities Act (1999)
- 3.3 Health in Disaster Situations

**Unit 4**

**National Health Programmes and National Institutions (12 hrs.)**

- 4.1 National Health Programmes- Overview
- 4.2 Health Sector Reforms - National Rural Health Mission (NRHM), Indian Public Health Standards (IPHS)
- 4.3 Institutions- Role, Structure and Functions  
[Ministry of Social Justice & Empowerment, Govt. of India](#), State Commission for the Disabled, Rehabilitation Council of India, National Institute for Mental Health and Neuro Sciences
- 4.4 National Institute for Mental Disabilities, National Institute for the Visually Handicapped, National Institute for the Orthopaedically Handicapped, [Ali Yavar Jung National Institute for the Hearing Handicapped](#), [National Institute for the Mentally Handicapped](#) and National Institute for Empowerment of Persons with Multiple Disabilities

**Unit 5**

**Clinical and Non Clinical skills for Community Health and Mental Health Practice (10 hrs.)**

- 5.1 Approaches for Promotion of Health at All Levels – Pro-Active, Preventive, Developmental and Remedial Approaches
- 5.2 Basic Epidemiology and Vital Statistics
- 5.3 ICMR in Health Research, Clinical Trials

**BOOKS FOR STUDY**

Dhaar, G.M. & Robbani, I. *Foundations of Community Medicine*, New Delhi: Elsevier, 2006.

Garrett Martha, J. *Health Futures: A Handbook for Health Professionals*, Geneva: WHO, 2000.

Park, K., *Preventive and Social Medicine*, Jabalpur: Banarasidas, 1997.

Pritchard, Colin. *Mental Health Social Work – Evidence – Based Practice*, Routledge: Taylor and Francis Group, 2006.

**BOOKS FOR REFERENCE**

Antia, N H., Dutta, G.P., & Kasbekar, A.B., *Health and Medical Care- A People's Movement*, Pune: FRCH, 2000.

Bhattacharya, Sanjay. *Social Work Interventions and Management*, New Delhi: Deep & Deep, 2008.

Devitt, Stella Jones, Smith. *Critical Thinking in Health & Social Care*, New Delhi: Sage, 2005.

## **JOURNALS**

Indian Journal of Community Health

<http://www.iapsmupuk.org/journal/index.php/IJCH/index>

## **WEB RESOURCES**

Ministry of Health and Family Welfare

<http://india.gov.in/ministry-health-and-family-welfare>

NHM Health Statistics Information Portal

<https://nrhm-mis.nic.in/SitePages/Home.aspx>

Department of Health Research (DHR)

<http://www.dhr.gov.in/#>

[www.planningcommission.nic.in/reports/genrep/.../26\\_bg2020.doc](http://www.planningcommission.nic.in/reports/genrep/.../26_bg2020.doc)

## **PATTERN OF EVALUATION**

### **Continuous Assessment**

**Total Marks - 50**

**Duration - 90 mins.**

Section – A 5 x 2 = 10 marks

(All questions to be answered in 50 words each)

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### **End Semester Examination**

**Total Marks - 100**

**Duration - 3 Hours**

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(2 out of 4 questions to be answered in 1200 words each)

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2015- 2016)**

**DEVELOPMENT PRACTICE – URBAN AND RURAL**

**CODE: 15SW/PE/UR44**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES OF THE COURSE**

- To understand and critically analyze rural, urban and tribal communities and the importance of development of these communities
- To enhance critical understanding of the models and strategies for Community Development practice
- To enable the students to understand development related issues

**Unit 1**

**Rural Community Development (10 hrs.)**

- 1.1 Definition, Concept and Characteristics of Rural Community: Rural Socio-Economic Structure - Family, Caste, Class, Power Structure
- 1.2 Historical Review of Rural Community Development and Nature and Scope of Rural Community Development
- 1.3 Rural Issues and Challenges: Poverty, Causes and Consequences of Poverty, Rural Backwardness, Casteism, Illiteracy, Unemployment, and Agrarian Crisis, Specific Problems of Dalits, Women and Children

**Unit 2**

**Urban Community Development (10 hrs.)**

- 2.1 Urban, Urbanism, Over-Urbanization, Urban Decay, Displacement, Urban Growth, Urbanisation Trends, Causes and Consequences, Urban Renewal, Urban Re – Location, Urban Ecology – Definition, Urban Ecological Processes; Classification of Urban Areas according to the Census of India
- 2.2 Historical Overview of Urban Community Development in India – Origin, Aims, Objectives, Organisation Structures – Pioneering Projects (Delhi, Baroda, Hyderabad)
- 2.3 Urban Issues and Challenges:Poverty-Size, Causes, Consequences, Urban Poverty Measures, Trends in Urban Poverty, Manifestation of Urban Poverty- Specific Problems Encountered by Urban Poor due to Displacement – Housing Infrastructure and Livelihood Problems- Homelessness, Quality of Life of Slum Dwellers, Population, Overcrowding, Social Exclusion, Migration and Increasing

Growth of Informal Sectors, Trafficking, Eviction, Displacement, Unemployment and Crime

**Unit 3**

**Tribal Community Development (10hrs.)**

- 3.1 Definition and Concepts; Tribal Socio-Economic Structure; Family System, Rituals and Rites, Tribal Economy, Society and Polity, Kinship Patterns, Animism and Tribal Culture
- 3.2 Tribal Community Development: Historical Over view of Tribal Development and Approaches to Tribal Development
- 3.3. Issues, Challenges and Problems of Tribal Communities: Alienation, Land Acquisition, Oppression, Deprivation, Bonded Labour, Exploitation, Tribal Dislocation and Resettlement, Lack of Basic Amenities; Displacement

**Unit 4**

**Disaster Management and Displacement (10 hrs.)**

- 4.1 Disaster Management - Concept, Definition, Types of Disasters  
Stages in Disaster - Pre, During and Post Disaster; Psycho Social Aspects of Disasters. Problem Areas - Mitigation Measures, Risk Management, Vulnerability Analysis, Cost-Effective Analysis, Risk Reducing Measures
- 4.2 Types of Displacement - Development Induced, Disaster Induced, Man-Made, Rural and Urban, Internal and International, Forced Evictions. Development Induced Displacement, Economic Migrant, Immigrant, Voluntary and Involuntary Displacements; International Displacement

**Unit 5**

**Models of Community Development (12 hrs.)**

- 5.1 Asset Based Community Development (ABCD)
- 5.2 Result Based Accountability Model (RBA)
- 5.3 Appreciative Enquiry approach for Community Development (AE)
- 5.4 Participatory Planning for Sustainable Community Development (PPSCD)
- 5.5 Cooperative and Sustainable Community Development

**BOOKS FOR STUDY**

Bhatia, B.S. *Rural Development Management*, New Delhi: Deep & Deep, 2003.

Kumar, A. *Tribal Development in India*, New Delhi: Sarup & Sons, 2002.

Jacob Z. Thud Para, *Urban Community Development*, New Delhi: Rawat, 1993.

Rengasamy, S. *Introduction to Rural Community Development*, Madurai: Institute of Social Sciences, 2010

Rengasamy, S. *Introduction to Urban Community Development*, Madurai: Institute of Social Sciences, 2010

## **BOOKS FOR REFERENCE**

Arya, R. P. *Training for Social Work and Rural Development*, Chennai: Manglam: 2007.

Behera M .C . *Globalisaing Rural Development*, New Delhi: International Development Research Centre, 2006.

David, Atchoarena , *Education for Rural Development*, Rajasthan: Rawat, 2003.

Gupta,K.R. *Rural Development in India*. Vol.1, New Delhi: Sarup & Sons, 2003.

Jain, Rashmi . *Communicating Rural Development*, Jaipur: Rawat, 2003.

Lalitha, N. *Self Help Groups in Rural Development*, New Delhi: Atlantic, 2003.

Narayan, Sachindra. *The Dynamics of Tribal Development. Issues and Challenges*, New Delhi: Gyan, 2002.

Patnaik, N. *Tribes and their Development: A study of Two Tribal Development Blocks in Orissa*, Hyderabad: National Institute of Community Development, 1977.

Prasad, B.K. *Rural Development : Concept, Approach and Strategy*, New Delhi: Sarup & Sons, 2003.

Reddy, Sateesh K. *Multi-faceted Rural Development Dominant*, New Delhi: 2002.

Sathyanarayana G. *Voluntary Effort and Rural Development*, Rajasthan: Rawat, 2007.

Sharma, A.N. *Tribal Development in Andaman Islands*, New Delhi: Sarup & Sons, 2003.

Soni, Jasprit Kaur. *Introspection of Tribal Development*, New Delhi: Sonali, 2004.

Thakur Ashutosh, *Tribal Development and its Paradoxes*, Calcutta: Authors , 2001.

## **JOURNALS**

Development – Quarterly

Yojana – Monthly

## **WEB RESOURCES**

<http://www.tn.gov.in/departement/15>

<http://rsamuel.webnode.com/urban-community-development/>

<http://ageconsearch.umn.edu/bitstream/132204/2/2001-2-8.pdf>

<http://www.ifad.org/english/cdd/pub/decisiontools.pdf>

## **PATTERN OF EVALUATION**

### **Continuous Assessment**

**Total Marks - 50**

**Duration - 90 mins.**

Section – A 5 x 2 = 10 marks (All questions to be answered in 50 words each)  
Section – B 2 x 10 = 20 marks (2 out of 3 questions to be answered in 600 words each)  
Section – C 1 x 20 = 20 marks (1 out of 2 questions to be answered in 1200 words each)  
1 Compulsory Continuous Assessment Test will be conducted.  
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

### **End Semester Examination**

**Total Marks - 100**

**Duration - 3 Hours**

Section – A 10 x 2 = 20 marks (All questions to be answered in 50 words each)  
Section – B 4 x 10 = 40 marks (4 out of 6 questions to be answered in 600 words each)  
Section – C 2 x 20 = 40 marks (2 out of 4 questions to be answered in 1200 words each)

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086  
MASTERS OF SOCIAL WORK**

**SYLLABUS  
(Effective from the academic year 2015 – 2016)**

**DISASTER MANAGEMENT**

**CODE: 15SW/PI/DM24**

**CREDITS: 4**

**OBJECTIVES OF THE COURSE**

- To develop an understanding of eco system equilibrium and disequilibrium
- To develop skills to analyze the factors leading to disaster
- To develop an understanding of the process of Disaster Management
- To understand the role of the Social Worker in Disaster Management

**Unit 1**

**Disasters – An Introduction**

- 1.1 Concept: Definition; Basic Disaster Aspects, Types of Disasters-Natural, Instantaneous, Creeping, Technological Disasters and Their Interaction
- 1.1 Refugees/Repatriates

**Unit 2**

**Disaster Management Cycle**

- 2.1 Disaster Management Cycle: Prevention, Mitigation, Preparedness, Response, Recovery and Rehabilitation.
- 2.2 Stages in Disaster-Pre, During and Post Disaster
- 2.3 Psychosocial Aspects of Disaster

**Unit 3**

**Disaster Mitigation**

- 3.1 Mitigation-Guiding Principles of Mitigation
- 3.2 Problem Area-Mitigation Measures, Risk Management, Vulnerability Analysis, Cost- Effective Analysis, Risk Reducing Measures
- 3.3 Formulation and Implementation of Mitigation Programmes

**Unit 4**

**Interventions in Disasters**

- 4.1 Management Policy/Legislation, Relief, Recovery (Rehabilitation Management Policy, Legislation)
- 4.2 National /International Resources (Funding Agencies)

## Unit 5

### Role of Social Work in Disasters

- 5.1 Role of the Social Worker in Disaster Management
- 5.2 Utilisation of Resources/Training and Public Awareness

### BOOKS FOR REFERENCE

- Bose, B., C. *Disaster Management in India*. New Delhi :Rajat, 2007.
- Bose, B., C. *Disaster Management in 21<sup>st</sup> Century*. New Delhi: Rajat, 2007.
- Goel, S., L. *Encyclopedia of Disaster Management*. New Delhi: Deep & Deep, 2007.
- Goel, S., L. *Disaster Management Organisations and Management, Health Management of Human Being and Animals*. New Delhi: Deep & Deep, 2001.
- Newburn, Tim. *Disaster & After*. London: Jessica Kingsley, 1993.
- Prabhas, Chandra, Sinha. *Disaster Management Process, Law, Policy & Strategy*. New Delhi: SBS, 2006.
- Prabhas, Chandra, Sinha. *Disaster Relief, Rehabilitation & Emergency Humanitarian Assistance*. New Delhi: SBS, 2006.
- Prabhas, Chandra, Sinha. *Disaster Vulnerabilities & Risks*. New Delhi: SBS, 2006.
- Prabhas, Chandra, Sinha. *Disaster Mitigation, Preparedness, Recovery & Response*. New Delhi: SBS, 2006.
- Sanjay, K., Roy. *Refugees and Human Rights*. Jaipur: Rawat, 2001.
- Smita. *Locked Homes Empty Schools*. New Delhi: Zubaan, 2007.
- Singh, R., B. *Disaster Management*. Jaipur: Rawat, 2000.
- Verma, K. Manish. *Development, Displacement and Resettlement*. Jaipur: Rawat, 2004.

### WEB RESOURCES

[www.disasterready.org/](http://www.disasterready.org/)

<http://preventionweb.net/go/9640>

[https://iwhw.boku.ac.at/.../references/.../E\\_risk-management-applications\\_8062.pdf](https://iwhw.boku.ac.at/.../references/.../E_risk-management-applications_8062.pdf)



## **PATTERN OF EVALUATION**

### **End Semester Examination**

#### **Total Marks - 100**

Section – A 10 x 2 = 20 marks

Section – B 4 x 10 = 40 marks

Section – C 2 x 20 = 40 marks

#### **Duration - 3 Hours**

(All questions to be answered in 50 words each)

(4 out of 6 questions to be answered in 600 words each)

(2 out of 4 questions to be answered in 1200 words each)

**STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2015-2016)**

**SOFT SKILLS**

**CODE: 15SW/PK/SS22**

**CREDITS : 2**

**L T P : 2 0 0**

**TOTAL TEACHING HOURS: 26**

**OBJECTIVES OF THE COURSE**

- To provide an opportunity for self- development
- To imbibe key principles that empower students to enhance personal potential
- To enhance professional competencies

The course will be conducted through experiential learning based on activities

**Unit 1**

**Enhancing Competency**

**(6 hrs.)**

- 1.1 Lateral, Creative and Critical Thinking
- 1.2 Leadership Skills, Advocacy Skills
- 1.3 Documentation Skills

**Unit 2**

**Team Building Skills**

**(6 hrs.)**

- 2.1 Concept of Team Building, Objectives, Goals
- 2.2 Team Building Process and Tasks, Effective Teams, Barriers to Team Building
- 2.3 Collaborative and Networking Skills

**Unit 3**

**Conflict Resolution Skills**

**(6 hrs.)**

- 3.1 Reasons for Conflicts
- 3.2 Solving Conflicts
- 3.3 Negotiation Skills

**Unit 4**

**Career Mapping Skills**

**(8 hrs.)**

- 4.1 Identifying Personal and Professional Competencies
- 4.2 Identifying Career Path
- 4.3 Building a Resume, Facing an Interview, Group Discussion

**BOOKS FOR REFERENCE**

Bishop Sue, David Taylor, *Training for Change*. New Delhi: Viva Books. 2002.

## **PATTERN OF EVALUATION**

### **Continuous Assessment**

#### **Total Marks – 50**

Classroom exercises in self development	- 20 marks
Assignment	- 20 marks
Participation and Communication in classroom	- 10 marks

#### **End Semester Examination- Not Applicable**

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