

STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI -600 086
B.A/B.Sc/B.Com./B.C.A/B.S.W/B.V.A. DEGREE COURSE
FOUNDATION COURSE-SANSKRIT

SYLLABUS

(Effective from the academic year 2015-2016)

VYAKARANA AND KATHA

CODE: 15SN/FC/VK13

CREDITS: 3

L T P: 3 1 0

TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

- To encourage and motivate students to practice the pragmatic moral and ethical codes embedded in Katha (Fable) forms of literature in Sanskrit Language.

Unit 1 (7 hrs.)

BASICS OF SANSKRIT

- 1.1 Introduction to Language
- 1.2 Introduction to Alphabets of Sanskrit
- 1.3 Swaritavali, Linga, Vacana
- 1.4 Sankhya, Nouns, Verbs

Unit 2 (15 hrs.)

VYAKARANA

- 2.1 Vyakarana Pravesa-2 &3 Letter Words,
- 2.2 Noun Declension
- 2.3 Verb Conjugation in {Past, Present, Future Tense}
- 2.4 Sandhi, Simple Sentence Constructions,
- 2.5 Introduction to Different Types of Compounds

Unit 3 (10 hrs.)

HISTORY OF SANSKRIT LITERATURE

- 3.1 Introduction to Sanskrit Literature,
- 3.2 Classification of Literature
- 3.3 Important Works of Sanskrit Katha / Fables
- 3.4 Kathasaritsagara, Brhatkatha, Pancatantra, Hitopadesa

Unit 4 (10 hrs.)

FABLES

- 4.1 Introduction Vishnu sarma
- 4.2 Introduction to Pancatantra
 - 4.2.1 Story from Mitrabhedha- Dharmabuddhi & Papabuddhi

Unit 5

(10 hrs.)

FABLES

5.1 Introduction Narayana pandita

5.2 Introduction to Hitopadesa

5.2.1 Story from Mitralabha-Jaradgava

BOOKS FOR STUDY

Subasri. R. *Vyakaranapravesa*. Chennai: Vignasha, 2015.

Subasri. R. *Gyanabindu I*. Chennai: Vignasha, 2015.

BOOKS FOR REFERENCE

Ramaratnam. *Sanskrit for Beginners*. Chennai: N. R. Publication, 2001

SamsktaSri (Part 1-3). *Sanskrit Education Society*, Bangalore: 2000.

Vishnugarman. *Pancatantra*. New Delhi: MLBD, 1999.

NarayanaPandita. *Hitopadesa*. New Delhi: J P Publishing, 2005.

Aiyar Ramachandra, T K. *A Short History of Sanskrit Literature*. Palghat: R.S.Vadhyar&Sons, 2011.

Macdonell A A. *History of Sanskrit Literature*. London: Penguin Books, 1989.

WEB RESOURCES

www.learnsanskrit.org

www.sanskrit.samkrtam.com

<http://shastranethralaya.org>

www.forum.shastranethralaya.org

www.sanskritebooks.org

<https://grammarofsanskrit.wordpress.com/>

PATTERN OF EVALUATION

Continuous Assessment

Total Marks: 50

Duration: 90 mins.

SECTION A - 5x3=15 All questions to be answered, all questions are based on Grammar

SECTION B - 3x5=15 Any three out of five questions to be answered

Annotate and explain - two questions are choice based

Three text based questions on Fables

SECTION C - 2x10=20. Any two questions to be answered out of three. Questions based on Grammar, Fable and History of Sanskrit Literature

Third Component

Assignment - 20 Marks

Flash cards - 10Marks

Test -20 Marks

End Semester Examination

Total Marks: 100

Duration: 3 Hours

SECTION A – 10 x 3=30. Answer any 10 questions out of 12. Questions 1-4 based on Katha
Question 5 on Give the meanings {simple words from the text} in English

Questions 6-10 based on History of Sanskrit Literature.

Questions 11 & 12 based on Grammar .

SECTION-B – 5 x 8=40. Answer any 5 questions out of 8. Questions 13 – 15 based on Text
Questions 16 –18 based on History of Sanskrit Literature.
Question No: 19 &20 based on Grammar

SECTION-C - 3x10=30. Answer any 3 questions out of 5. Questions 21 & 22 on texts based on Katha
Questions 23 & 24 on History of Sanskrit Literature
Question 25 based on Grammar.

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SYLLABUS

(Effective from the academic year 2015-2016)

KHANDAKAVYA AND MAHABHARATA

CODE: 15SN/FC/KM23

CREDITS :3

L T P: 3 1 0

TOTAL TEACHING HOURS : 52

OBJECTIVES OF THE COURSE

- To acquaint the students with the rich treasures of Sanskrit Literature through short lyrical verses of Sataka and Classical Indian Epic- Mahabharata.

Unit 1 (12 hrs.)

VYAKARANA

- 1.1 Demonstrative Pronoun Declension,
- 1.2 Verb Conjugation In {Imperative, Potential Mood}
- 1.3 Avyayas, Upasargas,
- 1.4 Krdanta Pratyayas (Ktva, Lyap, Tumun Etc),
- 1.5 Adjectives,
- 1.6 Simple Sentence Construction
- 1.7 Simple Translation Exercises

Unit 2 (10 hrs.)

KHANDAKAVYAS

- 2.1 Introduction to Khandakavyas
- 2.2 Introduction to Sandesa Kavyas,
- 2.3 Introduction to Devotional literature
- 2.4 Introduction to Sataka Literature.

Unit 3 (15 hrs.)

SABHARANJANASATAKA

- 3.1 Introduction to Nilakanta Dikshita and his works
- 3.2 Sabharanjanasataka [selected 25 verses]

Unit 4 (5 hrs.)

MAHABHARATA

- 4.1 Introduction to Mahabharata
- 4.2 Influence of Mahabharata in later Sanskrit literary works.

Unit 5 (10 hrs.)

VIDURANITI

- 5.1 Viduraniti- selected (10) verses

BOOKS FOR STUDY

Subasri. R. *Vyakaranapravesa*. Chennai: Vignasha, 2015.

Subasri. R. *Gyanabindu I*. Chennai: Vignasha, 2015.

BOOKS FOR REFERENCE

Ramaratnam. *Sanskrit for Beginners*. Chennai: N. R. Publication, 2001

SamsktaSri (Part 1-3). *Sanskrit Education Society*, Bangalore: 2000.

Aiyar Ramachandra, T K. *A Short History of Sanskrit Literature*. Palghat: R.S.Vadhyar&Sons, 2011.

Macdonell A A. *History of Sanskrit Literature*. London: Penguin Books, 1989

Dikshita Nilakanta. *Sabharanjanasatakam*. Varanasi: Chaukambha Publishers, 2006

ViduraNiti, Varanasi: Chaukambha Publishers, 1997

Brough John. *Poems from the Sanskrit*. London: Penguin Publication, 1977

WEB RESOURCES

www.learnsanskrit.org

www.sanskrit.samkrtam.com

<http://shastranethralaya.org>

www.forum.shastranethralaya.org

www.sanskritebooks.org

<https://grammarofsanskrit.wordpress.com>

PATTERN OF EVALUATION

Continuous Assessment

Total Marks: 50

Duration: 90 mins.

SECTION A - 5x3=15. All questions to be answered. All questions are based on Grammar

SECTION B - 3x5=15 Any three out of five questions to be answered

Annotate and explain - two questions are choice based

Three text based questions on Khandakavyas

SECTION C - 2x10=20. Any two questions to be answered out of three. Each based on

Grammar, Satakas and History of Sanskrit literature

Third Component:

Assignment - 20 Marks

Recitation - 10 Marks

Test -20 Marks

End Semester Examination

Total Marks: 100

Duration: 3 Hours

SECTION A -10 x 3=30. Answer any 10 questions out of 12. Questions 1-4 based on Sabharanjanasataka
Question 5 on Give the meanings {simple words from the text} in English
Questions 6-10 based on History of Sanskrit Literature.
Questions 11 & 12 based on Grammar

SECTION B - 5 x 8=40. Answer any 5 questions out of 8. Questions 13 – 15 based on Text Viduraniti and Sabaranjanasataka
Questions 16 –18 based on History of Sanskrit Literature.
Question No: 19 &20 based on Grammar

SECTION C - 3 x 10=30. Answer any 3 questions out of 5. Questions 21 & 22 on texts based on Sataka literature
Questions 23 & 24 on History of Sanskrit Literature
Question 25 based on Grammar.

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SYLLABUS

(Effective from the academic year 2015-2016)

MAHAKAVYA AND RAMAYANA

CODE: 15SN/FC/ MR33

CREDITS :3

L T P: 3 1 0

TOTAL TEACHING HOURS : 52

OBJECTIVES OF THE COURSE

- To facilitate the students to read and appreciate the Sanskrit Poetry and its aspects through Mahakavyas (Major Epic Poetry) and Classical Indian Epic- Ramayana

Unit 1 (12 hrs.)

VYAKARANA

- 1.1 Declension of Interrogative pronouns,
- 1.2 4th type Conjugations of selected verbs,
- 1.3 Taddhita pratyayas { matup, tarap, mayat etc }
- 1.4 Sentences with pratyayas
- 1.5 10th type Conjugations of selected verbs

Unit 2 (10 hrs.)

MAHAKAVYAS

- 2.1 Introduction to Mahakavyas
- 2.2 Characteristic feature of A Mahakavya,
- 2.3 Introduction to Pancamahakavyas
- 2.4 Important Mahakavyas.

Unit 3 (12 hrs.)

RAGHUVAMSA

- 3.1 Raghuvamsa Mahakavya (Canto XII) Selected verses

Unit 4 (10 hrs.)

RAMAYANA

- 4.1 Raghuvamsa Mahakavya (Canto XII) Selected verses
- 4.2 Introduction to Ramayana
- 4.3 Influence of Ramayana in later Sanskrit Literature.

Unit 5 (8 hrs.)

ALANKARAS

- 5.1 Alankaras from Kuvalayananda
- 5.2 Upama, Rupaka
- 5.3 Svabhavokti and Ullekha
- 5.4 Vyatireka,

- 5.5 Vyajastuti and Ananvaya,
5.6 Arthantaranyasa,

BOOKS FOR STUDY

Subasri. R. *Vyakaranapravesa*. Chennai: Vignasha, 2015.

Subasri. R. *Gyanabindu III*. Chennai: Vignasha, 2015.

BOOKS FOR REFERENCE

Ramaratnam. *Sanskrit for Beginners*. Chennai: N. R. Publication, 2001

SamsktaSri (Part 1-3). *Sanskrit Education Society*, Bangalore: 2000.

Aiyar Ramachandra, T K. *A Short History of Sanskrit Literature*. Palghat: R.S.Vadhyar and Sons, 2011.

Macdonell A A. *History of Sanskrit Literature*. London: Penguin Books, 1989

RaghuvamsaMahakavya (Canto XII), Palghat: R.S.Vadhyar and Sons, 1985.

Kale M R. *RaghuvamsaMahakavya*. New Delhi: MLBD, 2000.

Dikshita Appayya. *Kuvalayanandam*., Palghat: R.S.Vadhyar and Sons, 1992

WEB RESOURCES

www.learnsanskrit.org

www.sanskrit.samkrtam.com

<http://shastranethralaya.org>

www.forum.shastranethralaya.org

www.sanskritebooks.org

<https://grammarofsanskrit.wordpress.com>

www.vedicbooks.com

PATTERN OF EVALUATION

Continuous Assessment

Total Marks: 50

Duration: 90 mins.

SECTION A - 5 x 3 = 15. All questions to be answered. All questions are based on Grammar

SECTION B - 3 x 5 = 15. Any three out of five questions to be answered. Annotate and

explain - two questions are choice based

Two text based questions on Raghuvamsa

One based on Alankara

SECTION C - 2 x 10 = 20. Any two questions to be answered out of three. Questions based on Grammar, Mahakavyas and Ramayana

Third Component:

Assignment - 20 Marks
Recitation - 10 Marks
Test -20 Marks

End Semester Examination

Total Marks: 100

Duration: 3 Hours

SECTION A – 10 x 3 = 30. Answer any 10 questions out of 12. Questions 1-4 based on Raghuvamsa
Question 5 on Give the meanings {simple words from the text} in English
Questions 6-10 based on History of Sanskrit Literature.
Questions 11 & 12 based on Grammar

SECTION-B – 5 x 8 = 40. Answer any 5 questions out of 8. Questions 13 & 14 based on Raghuvamsa
Questions 15&16 based on Alankaras
Questions 17 & 18 based on History of Sanskrit Literature.
Questions 19 &20 based on Grammar

SECTION-C - 3x10=30. Answer any 3 questions out of 5. Questions 21 & 22 on texts based on Raghuvamsa
Questions 23 & 24 on History of Sanskrit Literature
Question 25 based on Grammar.

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SYLLABUS

(Effective from the academic year 2015 - 2016)

RUPAKA AND GADYA

CODE: 15SN/FC/RG43

CREDITS: 3

L T P: 3 1 0

TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

- To enable the students to appreciate the Sanskrit Natakas (Indian Theatre art) and Prose works of Sanskrit literature.

Unit 1 (12 hrs.)

VYAKARANA

- 1.1 'A', 'E' 'U' ending masculine Noun
- 1.2 'A', 'E' Feminine Noun Declensions
- 1.3 Upapada Vibhakti,
- 1.4 Non-Textual Translations,
- 1.5 Prose order for Simple Verses,
- 1.6 Simple Comprehension
- 1.7 Simple Sentences to complete the conversations.

Unit 2 (10hrs.)

DASRUPAKA

- 2.1 Introduction To Dramas- Dasrupaka,
- 2.2 Origin And Development,
- 2.3 Types of Sanskrit Dramas,
- 2.4 Characteristics of Nataka,
- 2.5 Some Important Dramas,
- 2.6 Allegorical Plays,
- 2.7 Bhasa's 13 Plays
2.7.1 Authorship and Divisions of Bhasa's Plays

Unit 3 (15hrs.)

DUTAVAKYA

- 3.1 One Act Play – Bhasa's Dutavakyam (edited)

Unit 4 (8 hrs.)

GADYA LITERATURE

- 4.1 Introduction to Prose Literature
- 4.2 Origin and Development of Prose

Unit 5

(7hrs.)

GADYA

5.1 Selected Prose Passage - Chandrapida Charitam

5.2 Prose Literature

5.3 Bhana and Dandin.

BOOKS FOR STUDY

Subasri. R. *Vyakaranapravesa*. Chennai: Vignasha, 2015.

Subasri. R. *Gyanabindu IV*. Chennai: Vignasha, 2015.

BOOKS FOR REFERENCE

Ramaratnam. *Sanskrit for Beginners*. Chennai: N. R. Publication, 2001

SamsktaSri (Part 1-3). *Sanskrit Education Society*, Bangalore: 2000.

Aiyar Ramachandra, T K. *A Short History of Sanskrit Literature*. Palghat: R.S.Vadhyar&Sons, 2011.

Macdonell A A. *History of Sanskrit Literature*. London: Penguin Books, 1989

Bhasa. *Dutavakyam Bhasanatakachakram*. New Delhi: MLBD, 2000.

Chandrapida Charitam. Palghat: R S Vadhyar and Sons, 2011.

Bana. *Kadambari*. Varanasi: Chowkambha Publications, 1999.

Woolner A C. *Bhasa Natakachakra. Translations and Notes*. London: Penguin Books, 1998.

WEB RESOURCES

www.learnsanskrit.org

www.sanskrit.samkrtam.com

<http://shastranethralaya.org>

www.forum.shastranethralaya.org

www.sanskritebooks.org

<https://grammarofsanskrit.wordpress.com>

www.vedicbooks.com

PATTERN OF EVALUATION

Continuous Assessment

Total Marks: 50

Duration: 90mins.

SECTION A – 5 x 3 = 15. All questions to be answered. All questions are based on Grammar

SECTION B - 3 x 5 = 15. Any three out of five questions to be answered

Annotate and explain - two questions are choice based from text

Two text based questions on Dutavakyam

One based on Prose literature

SECTION C - 2 x 10 = 20. Any two questions to be answered out of three. Questions based on Grammar, Dutavakyam and Chandrapida charitam

Third Component:

Assignment - 20 Marks

Prose reading - 10 Marks

Test -20 Marks

End Semester Examination

Total Marks: 100

Duration: 3 Hours

SECTION A – 10 x 3 = 30. Answer any 10 questions out of 12. Questions 1-4 based on Dutavakyam

Question 5 on Give the meanings {simple words from the text} in English

Questions 6-10 based on History of Sanskrit Literature.

Questions 11 & 12 based on Grammar

SECTION B – 5 x 8 = 40. Answer any 5 questions out of 8. Questions 13 & 14 based on Dutavakyam

Questions 15&16 based on Chandrapidacaritam

Questions 17 & 18 based on History of Sanskrit Literature.

Questions 19 &20 based on Grammar

SECTION C – 3 x 10 = 30. Answer any 3 questions out of 5. Questions 21 & 22 on texts based on Dutavakyam

Questions 23 & 24 on Prose selection (textual) and History of Sanskrit Literature

Question 25 based on Grammar.

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General Elective course offered by the Department of Sanskrit to
B.A/B.Sc/B.Com./B.C.A/B.S.W/B.V.A. Degree

SYLLABUS

(Effective from the academic year 2015-2016)

SPOKEN SANSKRIT

CODE: 15 SN/GE/SS22

CREDITS : 2

LTP : 2 0 0

TOTAL TEACHING HOURS:26

OBJECTIVES OF THE COURSE

- Practical applicability of the Language is encouraged
- Opportunity to speak the language fluently.

Unit 1 (11hrs.)

- 1.1 Introduction to language Sanskrit
- 1.2 Introduction to Alphabets, Verbs, Nouns

Unit 2 (10 hrs.)

- 2.1 Introducing two letter words
- 2.2 Three letter words
- 2.3 Samasa(compound words)
- 2.4 Tense and Moods
- 2.5 Noun declension
- 2.6 Sentence translations

Unit 3 (5 hrs.)

- 3.1 Exercises from unknown passages for translation.

BOOKS FOR STUDY

Janaki S S. *Spoken Sanskrit*. Chennai: KSRI Publication, 2000.

BOOKS FOR REFERENCE

Ramaratnam. *Sanskrit for Beginners*. Chennai: N. R. Publication, 2001

SamsktaSri (Part 1-3). Sanskrit Education Society, Bangalore: 2000.

SamsktaSri (Part 4-6). Sanskrit Education Society, Bangalore: 2000.

WEB RESOURCES

www.learnsanskrit.org

www.sanskrit.samkrtam.com

Pattern of Evaluation (Totally Internal)

Evaluation is divided into three parts

Situational conversation (25 Marks)

A presentation about themselves (10 Marks)

My favorite Location/Holiday trip etc (15 Marks)

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SYLLABUS

(Effective from the academic year 2015-2016)

STRESS MANAGEMENT IN SANSKRIT LITERATURE

CODE: 15 SN/GE/SM23

CREDITS : 3

LTP : 3 0 0

TOTAL TEACHING HOURS:39

OBJECTIVES OF THE COURSE

- To adapt Ayurveda methods of good health to suit the modern living
- To practice the simple steps prescribed in Sanskrit texts for stress management.

Unit 1		(7 hrs.)
1.1 Introduction		
1.2 Modern life style		
1.3 Causes of stress		
Unit 2		(10 hrs.)
2.1 Role of Mind		
2.2 Mind control references from Yoga sutra texts		
2.3 Mind control references from Bhagavad Gita and Upanishads.		
2.4 Energy chakras and Yoga asanas.		
Unit 3		(10 hrs.)
3.1 Sthitaprajnalakshana from Bhagavad-Gita		
3.2 How to attain Physical, Mental and Spiritual Health – references from Major Upanishad, Control of Anger and other Shaddoshas.		
3.4 Ayurvedic references on food (Vata, Pitta and Kapha) and control of stress.		
Unit 4		(6 hrs.)
4.1 Practical sessions on Asanas		
Unit 5		(6 hrs)
5.1 Practical sessions on Pranayama		

BOOK FOR STUDY

Bhagavad Gita. Varanasi: Shri Bhavans Publications, 1998.

108 Upanishads. Varanasi: Shri Bhavans Publications, 1998.

BOOKS FOR REFERENCE

Frawley David. *Yoga and Ayurveda*. New Delhi: MLBD, 1999.

Witz, Klaus.G. *The supreme Wisdom of the Upanishads*, New Delhi: MLBD, 1993.

Joshi Kireet. *Bhagavad gita and Contemporary Crisis*. New Delhi: Nag publishers, 1993.

WEB RESOURCES

www.indiaheritage.org

www.sanskritdocuments.org

www.vedpradip.com

Pattern of Evaluation (Totally Internal)

No End Semester Examination

Evaluation is divided into two parts

Yoga Asanas practical demo of Asanas (25 Marks)

MCQs test on Stress management (25Marks)