

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**  
**General Elective Course Offered by Department of Social Work to**  
**B.Sc./B.Com./B.C.A Degree**

**SYLLABUS**

(Effective from the academic year 2015 – 2016)

**MARRIGE AND FAMILY LIFE EDUCATION**

**CODE: 15SW/GE/MF22**

**CREDITS: 2**

**LECTURE: 2**

**TOTAL TEACHING HOURS: 26**

**OBJECTIVE OF THE COURSE**

- To enable students establish a meaningful understanding of family life, marriage and responsible parenthood
- To help the students acquire the skills necessary to develop and maintain satisfying and stable relationships
- To help the students gain knowledge on the services available for the welfare of the family

**Unit 1**

**The Family**

**(9 hrs.)**

- 1.1 Definition, Characteristics and Functions of a Family, Importance of the Family for Individual, Types of Family, Changing Trends
- 1.2 Marriage: Definition, Functions and Types of Marriages, Marriage- a Relationship, Purpose of Marriage, Reasons for Marriage - Positive and Negative, Right Outlook

**Unit 2**

**Conjugal Harmony**

**(9 hrs.)**

- 2.1 Husband and Wife Relationship: Differences Between Men and Women, Accepting Differences, Mutual Adjustments, Changing Roles of Husband & Wife Today (Career Women) and Appropriate Division of Roles
- 2.2 Communication in Marriage, Importance of Communication Between Partners in Marriage, Importance of Listening in Marriage, Handling Conflicts in Marriage
- 2.3 Sexuality Definition, Determinants of Sexuality, Sex Education- Female Reproductive System, Male Reproductive System, Fear of Sex, Pregnancy and Birth. Family Planning

**Unit 3**

**Family Disorganisation**

**(8 hrs.)**

- 3.1 Factors Contributing to Family Disorganisation, Families in Difficult Situations (Harassment and Violence in Families, Addiction, Extra-Marital Affairs, Marital Rape, STD, HIV / AIDS, Separation, Divorce, Desertion, Single Parent Families)
- 3.2 Family Welfare Services  
Pre- Marital Counselling, Family Counselling Centres, Family Court, All Women's Police Station

**TEXT BOOKS**

Kapadia, K., M. *Marriage and Family in India*. Australia: Oxford University Press, 1976.

William, J., Goode. *The Family*. New Delhi: Prentice Hall of India, Pvt. Ltd., 1989.

**BOOKS FOR REFERENCE**

Betty, Carter and Monica, Mc Goldrick. *The Changing Family Life Cycle – A Framework for Family Therapy*. London: Ashgate, 1974.

Evely, Millis, Duvall. *Family Development*. London: Routledge and Kegan Paul, 1982.

Kaila, H., L. *Women, Work And Family*, New Delhi: Rawat Publications, 2005.

Klemers. *Marriage and Family Relationships*. London: Sage Publications 1995.

Marie, Mascarenhas. *Family Life Education of Value Education*. New Jersey: Prentice Hall 1999.

Pimeta, J. *Grooming you for Marriage*. Mumbai: St. Paul's Publications, 1998

**JOURNALS**

Journal of Family Issues

Journal of Marriage and Family Life

**WEB RESOURCES**

[www.familylife.com](http://www.familylife.com)

[www.focusonthefamily.com](http://www.focusonthefamily.com)

**PATTERN OF EVALUATION****No End Semester Examination****List of evaluation modes:**

Seminars

Assignments

Problem Solving Case Studies

Quiz

Open book tests

Test

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**SYLLABUS**  
(Effective from the academic year 2015 -2016)

**MIGRATION ISSUES AND HUMAN SECURITY**

**CODE: 15SW/GE/MH22**

**CREDITS : 2**

**L T P : 2 0 0**

**TOTAL TEACHING HOURS: 26**

**OBJECTIVES OF THE COURSE**

- Understand migration in the context of development and displacement
- Explore current and emerging trends on internal and International migrations
- Acquire knowledge on determinants of migration and rights of Migrants
- Understand the relationship between migration and development

**Unit 1**

**Introduction**

**(8 hrs.)**

- 1.1 Basic Concepts and Definition of Migration, Causes and Consequences of Migration, Historical Migration in India
- 1.2 Types, Issues and Challenges- Poverty, Seasonal, Displacement, Unemployment. Labour Migration in India, Brain Drain, Feminisation of Migration, Internal and International Migrants - Push and Pull Factors, Patterns and Trends, Illegal Migrants and Human Trafficking, Refugees

**Unit 2**

**International Migration Policies**

**(10 hrs.)**

- 2.1 Globalisation and Migration; Trends in International Migration; Skill and Gender Composition of Migration Flows - India Diaspora – Remittances – Socio Cultural Implications
- 2.2 UN Convention 1990- UN International Migration Policies, Role and Functions of Ministry of Overseas Affairs, IOM (International Organisation for Migration), International Migration Law

**Unit 3**

**Migration and Human Security**

**(8 hrs.)**

- 3.1 Meaning and Concept, Need and Importance
- 3.2 Multi-Lateral Protection and Migration Issues, Colombo Process
- 3.3 Indian Emigration Policy, Indian Passport Act 2008, the Inter- State Migrant Workmen (Regulation of Employment and Conditions of Service) Act, 1979

## **TEXT BOOKS**

Amal Datta, *Human Migration. A Social Phenomenon*. India: Mittal, 2003.

Caroline B. Brettel, James F. Hollifield, *Migration Theory: Talking Across Disciplines*, Routledge, 2000.

Devesh Kapur. *Diaspora, Development, and Democracy: The Domestic Impact of International Migration from India*. India: Princeton University Press, 2010.

## **BOOKS FOR REFERENCE**

David.J.Siddle. *Migration, Mobility and Modernisation*. Liverpool: Routledge, 2012

R. Mansell Prothero and Murray Chapman. *Circulation in Third World Countries*. London: Routledge and Kegan Paul, 1983.

## **JOURNALS**

Internal Migration in India, Workshop Compendium Vol 1 & 2, UNICEF in collaboration with ICSSR, SDTT.

Ethnicity, Identity and Migration Studies, Routledge, Taylor & Francis Group.

Migration and Development, Routledge, Taylor & Francis Group.

Migration Studies is an international refereed journal, Oxford University Press.

Journal of International Migration and Integration, Population Studies, Springer

Journal of Immigrant & Refugee Studies, Routledge, Taylor & Francis Group.

Crossings: Journal of Migration and Culture, Intellect Publishers, USA

Internal Migration in India- Initiative for a better Inclusion of Internal Migration in India- Policy Briefs.

India Migration Report 2009- Past, Present and the Future Outlook, Cambridge University Press, New Delhi

## **WEB RESOURCES**

<http://www2.ohchr.org/english/bodies/cmw/cmw.html>

<http://moia.gov.in/services>

## **PATTERN OF EVALUATION**

### **No End Semester Examination**

#### **List of evaluation modes:**

Seminars

Assignments

Problem Solving Case Studies

Quiz

Open book tests

Test

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**  
**General Elective Course Offered by Department of Social Work to**  
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**SYLLABUS**

(Effective from the academic year 2015 – 2016)

**CONFLICT AND PEACE BUILDING**

**CODE: 15SW/GE/CP23**

**CREDITS: 3**

**L T P: 3 0 0**

**TOTAL TEACHING HOURS: 39**

**OBJECTIVES OF THE COURSE**

- To develop appreciation for India's multi-cultural and multi- religious traditions and sensitivity towards difference
- To need to create peace and integration among people
- To develop the capacity to understand the wide range of activities associated with capacity building, reconciliation and societal transformation

**Unit 1**

**Introduction to the problems affecting Indian Society: Meaning and Forms (7 hrs.)**

- 1.1 Criminalisation and Communalisation of Politics
- 1.2 Majority vs. Minority and Religious Fundamentalism
- 1.3 Fanaticism, Regionalism and Terrorism

**Unit 2**

**Structural violence in Indian Society and its causative factors: Brief overview (8 hrs.)**

- 2.1 Caste Violence and Communal Violence
- 2.2 State-sponsored Violence and Violence on Ethnic Groups
- 2.3 Resource-based Violence, Conflict over Land, Forest and Water

**Unit 3**

**Peace Building (8 hrs.)**

- 3.1 Working on Rights Based Approach, The Gandhian Approach, and Hizkias Assefa Approach
- 3.2 Inter- Religious and Intra- Religious Approach
- 3.3 Skills in Peace Building - Effective Communication, Dialogues, Negotiation, Empathy, Problem Solving

**Unit 4**

**Peace Interventions and Social Change (8 hrs.)**

- 4.1 The Role of Civil Society, Media, and Religious Leaders in Building Lasting Peace
- 4.2 John Paul Lederach's Model of Hierarchical Intervention Levels
- 4.3 Paul Galtung's Model Conflict Resolution
- 4.4 Ron Kraybill's Model on Conflict Resolution

## Unit 5

### National and International agencies and their Interventions (8 hrs.)

5.1 UN Initiative for Peace

5.2 Peace March, Peace Movements, and Peace Corps

### TEXT BOOKS

Raghavan V.R. *Conflict Resolution and Peace Building in Sri Lanka*, New Delhi: Tata McGraw-Hill, 2005

Shukla R.P. *Value Education and Human Rights*. New Delh: Sarup & Sons, 2004.

### BOOKS FOR REFERENCE

Arulsamy.S. *Religion for a New Society*. Delhi: ISPCK, 2000.

Dominelli Lena. *Anti-Oppressive Social Work Theory and Practice*. New York: Palgrave Macmillan, 2002.

Thomson Neil. *Anti-Discriminatory Practice*. London: Macmillan Press, 1997.

Thomson Neil. *Promoting Equality- Challenging Discrimination and Oppression*. New York: Palgrave Macmillan, 2003.

Raj Bala Mathur. *NGOs and Human Rights Movements*. Jaipur: Aadi, 2012.

Sumit Dutta. *Social Work and Social Development*. New Delhi: Wisdom Press, 2013.

### PUBLICATIONS

- *Preparing for Peace: Conflict Transformation Across Cultures*, Syracuse University Press, 1995, ISBN 0-8156-2725-4
- *Building Peace: Sustainable Reconciliation in Divided Societies*, U.S. Institute of Peace, 1997, ISBN 1-878379-73-9
- *The Journey Toward Reconciliation*, Pennsylvania: Herald Press, 1999, ISBN 0-8361-9082-3
- *A Handbook of International Peace building: Into The Eye Of The Storm*, Jossey-Bass, 2002, ISBN 0-7879-5879-4
- *The Little Book of Conflict Transformation*, Good Books, 2003, ISBN 1-56148-390-7
- *The Moral Imagination: The Art and Soul of Building Peace*, Oxford University Press, 2005, ISBN 0-19-517454

### PATTERN OF EVALUATION

#### No End Semester Examination

#### Continuous Assessment:

**Total Marks: 50**

**Duration: 90 mins**

Section A – 4 x 3 = 12 marks (All questions to be answered)

Section B – 3 x 6 = 18 marks (3 out of 5 questions to be answered)

Section C – 1 x 20 = 20 marks (1 out of 2 questions to be answered)

**Third Component:**

**List of evaluation modes:**

Seminars

Assignments

Problem Solving Case Studies

Quiz

Open book tests



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**SYLLABUS**

(Effective from the academic year 2015 – 2016)

**CORPORATE SOCIAL RESPONSIBILITY**

**CODE: 15SW/GE/CR23**

**CREDITS: 3**

**L T P: 3**

**TOTAL TEACHING HOURS: 39**

**OBJECTIVES OF THE COURSE**

- To provide knowledge on Corporate Social Responsibility and its role in the welfare and development of society
- To make the students to understand the social ethics and Corporate Social Responsibility in global scenario

**Unit 1**

**CSR - Overview of Corporate Social Responsibility (8 hrs.)**

- 1.1 Definition, Concepts, Need to be Socially Responsible
- 1.2 Corporate Social Responsibility in Indian Context and International
- 1.3 Values and Ethics in Corporate Social Responsibility
- 1.4 Companies Act 2012

**Unit 2**

**Corporate Community Participation and Introduction to CSR Project Proposal/Policy (8 hrs.)**

- 2.1 Corporate Community Perspective on Building Successful Partnership
- 2.2 Tools and Techniques in Partnership

**Unit 3**

**Implementation of Corporate Social Responsibility (7 hrs.)**

- 3.1 Pay-Roll Giving (PRG)
- 3.2 Direct Project Funding (DPF)
- 3.3 Direct Intervention Method (DIM)
- 3.4 Networking

**Unit 4**

**Case studies of Successful CSR Initiative (8 hrs.)**

- 4.1 AMM Foundation and Bajaj Auto
- 4.2 TCS and Wipro
- 4.3 HMT and MRF

**Unit 5**

**Project Proposal (8 hrs.)**

- 5.1 Introduction to Project Proposal
- 5.2 Creation of CSR Project Proposal/Policy

**TEXT BOOK**

Harsh Shrivastava and Shankar Venkateswaran. *The Business of Social Responsibility*.  
Bangalore: Books for Change, 2000.

## **BOOKS FOR REFERENCE**

Alex Nicholls. *Social Entrepreneurship: New Models of Sustainable Social Change*. Oxford University Press, 2006.

Bhatia, S. K. *International Human Resource Management*. New Delhi: Deep & Deep, 2005.

David Bornstein. *How To Change the World, Social Entrepreneurs and the Power*. Oxford University Press, 2007.

Mahmoudi. M. *Global Strategic Management*. New Delhi: Deep & Deep, 2005.

Robbins, P. *Greening the Corporations: Management Strategy and the Environmental Challenge*. London: Earthscan, 2001.

William B. Werther and David B. Chandler. *Strategic Corporate Social Responsibility: Stakeholders in a Global Environment*. India: Sage, 2005.

## **WEB RESOURCES**

[www.indiacsr.in](http://www.indiacsr.in)

[www.indianjournalofmanagement.com](http://www.indianjournalofmanagement.com)

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##### **List of evaluation modes:**

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Quiz

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**SYLLABUS**  
**(Effective from the academic year 2015 – 2016)**

**HUMAN RIGHTS AND JUSTICE ISSUES**

**CODE: 15SW/GE/HJ23**

**CREDITS: 3**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS: 39**

**OBJECTIVES OF THE COURSE**

- To develop in students an overall understanding of the Basic Human Rights and Justice issues
- To develop in students a commitment towards ensuring Human Rights with specific reference to Special Groups
- To sensitise the students on the various Human Rights and Justice Issues prevailing in the Indian Society

**Unit 1**

**Human Rights – Introduction (6 hrs.)**

- 1.1 Definition and Importance of Human Rights, Important historical milestones in the Evolution of Human Rights
- 1.2 Categories of Rights – Generational Perspective

**Unit 2**

**Introduction to International Human Rights Instrument (8 hrs.)**

- 2.1 Universal Declaration of Human Rights, 1948 International Covenant on Civil and Political Rights
- 2.3 International Covenant on Economic, Social and Cultural Rights

**Unit 3**

**Introduction to the Indian Constitution (4 hrs.)**

- 3.1 The Preamble
- 3.2 Fundamental Rights and Fundamental Duties
- 3.3 Directive Principles of State Policy

**Unit 4**

**A Brief Overview of Justice Issues Concerning: (12 hrs.)**

- 4.1 Women
- 4.2 Children
- 4.3 Dalits
- 4.4 Tribes
- 4.5 Unorganised Labourers
- 4.7 Prisoners
- 4.8 Agricultural farmers
- 4.9 Displaced people
- 4.10 Differently abled

**Unit 5**

**Introduction to Strategies for Protection of Human Rights (9 hrs.)**

- 5.1 Human Rights Education
- 5.2 Consumer rights
- 5.3 Public Interest Litigation
- 5.4 Right to Information
- 5.5 FIR, Free legal Aid
- 5.6 Key organisations working in the field of Human Rights.

**TEXT BOOKS**

Agarwal. *International Law and Human Rights*. New Delhi: Central Law, 2002.

Birch Janice. *SHR: Human Rights Training Module*. New Delhi: Human Rights Law Network, 2010.

**BOOKS FOR REFERENCE**

A World Watch Institute Report. *State of the World. Progress towards a Sustainable Society*. USA: World Watch Institute, 1998.

Bajwa, G. S. *Human Rights in India, Implementation & Violations*. New Delhi: Oscar, 1995.

Bakshi, P. M. *The Constitution of India*. Jaipur: Rawat, 2000.

Dewan, V. K. *Law Relating to Offences against Women* New Delhi: Sage, 1996.

Gupta, D. N. Chandrachur, and, Singh, *Human Rights Acts, Statutes and Constitutional Provisions*. Rajat: New Delhi, 2003.

Human Rights Watch, *Broken People – Caste Violence Against India's "Untouchables"*. UK: Human Rights Watch, 1999.

Jayshree, P. M. *Dalit Human Rights Violation*. New Delhi: Rajat, 2000

**JOURNALS**

Journal of Human Rights Practice - <http://jhrp.oxfordjournals.org/>

**WEB RESOURCES**

<http://www.ohchr.org>

(United Nations Human Rights: Office of the High Commissioner for Human Rights)

<https://www.amnesty.org>

(Amnesty International)

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Quiz

Open book tests

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**SYLLABUS**  
**(Effective from the academic year 2015 – 2016)**

**UN SYSTEMS FOR DEVELOPMENT AND SOCIAL CHANGE**

**CODE: 15SW/GE/UN23**

**CREDITS: 3**

**LECTURE: 3 0 0**

**TOTAL TEACHING HOURS: 39**

**OBJECTIVES OF THE COURSE**

- To enable students familiarise with UN systems and frameworks for development
- To familiarise students with current UN documents, treaties and policies for development
- To critically analyse the functioning and achievements of the UN Systems

**Unit 1**

**The United Nations System (8 hrs.)**

- 1.1 Main aim of the United Nations; Historical Evolution
- 1.2 UN Principal Organs
- 1.3 UN Charter
- 1.4 Membership in the UN and International Development

**Unit 2**

**Global Issues on the UN Agenda: Brief Overview (7 hrs.)**

- 2.1 Peace and Security, Women, Youth, Children, Refugees, Human Rights, Disaster relief, Disability, Food, Family, Education, Indigenous people, Water, Terrorism, Ageing, AIDS, Agriculture
- 2.2 Millennium Development Goals

**Unit 3**

**Organisations of Economic and Social Council (8 hrs.)**

- 3.1 Introduction to ECOSOC
- 3.2 The aims of the Functional Commissions: Social Development, Sustainable development, Women and Development, Population and Development
- 3.3 The aims of the five Regional Commissions: Economic Commission for Africa (ECA), Economic Commission for Europe (ECE), Economic Commission for Latin America and the Caribbean (ECLAC), Economic and Social Commission for Asia and the Pacific (ESCAP), and Economic and Social Commission for Western Asia (ESCWA)
- 3.4 United Nations Economic and Social Commission for Asia and the Pacific (ESCAP) – role and functions.

## **Unit 4**

### **Programmes of the UN – Aims and Programmes (8 hrs.)**

- 4.1 United Nations Development Programme (UNDP), UN-Women, United Nations Environment Programme (UNEP) - aims and programmes
- 4.2 United Nations Fund For Population Activities (UNFPA), Office of the United Nations High Commissioner for Refugees (UNHCR), United Nations Human Settlements Programme (UN – HABITAT) - aims and programmes
- 4.3 United Nations Children’s Fund (UNICEF), World Food Programme (WFP) - aims and programmes

## **Unit 5**

### **UN Entities and other related agencies – Aims and Programmes (8 hrs.)**

- 5.1 Office of the United Nations High Commissioner for Human Rights (OHCHR), Joint United Nations Programme on HIV/AIDS (UNAIDS); Other related agencies: International Labour Organisation (ILO)
- 5.2 Food and Agriculture Organisation (FAO), United Nations Educational, Scientific and Cultural Organisations (UNESCO), World Health Organisation (WHO)
- 5.3 World Bank (WB), International Monetary Fund (IMF), International Fund for Agricultural Development (IFAD), and United Nations Research Institute for Social Development (UNRISD)

## **TEXT BOOKS**

Durch William. J, ed., *The Evolution of UN Peace Keeping: Case Studies and Comparative Analysis*. New York: St Martin’s, 1993.

Narasimhan, C.V., *The United Nations – An Inside View*, New Delhi: Vikas 1988.

## **BOOKS FOR REFERENCE**

Basu, Rumki. *UN Structure and Function: An International Organisation*. New Delhi: Sterling, 1993.

Black, K. J. *Development in Theory and Practice- Paradigms and Paradoxes*. Jaipur: Rawat, 2007.

Boulder, Colo. *The United Nations and the Changing World Politics*. New York: West View, United Nations, 1997.

Pant, S. K. *Human Development- Concept and Issues in the Context of Globalisation*. Jaipur: Rawat, 2006.

Pawar, S. N. Ambekar, J., B., and Shrikant, D. *NGOs and Development - The Indian Scenario*. Jaipur: Rawat, 2004.

Verma, K. Manish. *Development, Displacement and Resettlement*. Jaipur: Rawat 2004.

Willets, Peter. *The Conscience of the World: The Influence of Non-Governmental Organisations in the UN Systems*. Washington DC: Brookings Institutions, 1996.

## **JOURNALS**

UN Chronicle (2007, 2008)

## **WEB RESOURCES**

Academic Council on the United Nations System: [www.brown.edu/departments/ACUNS/](http://www.brown.edu/departments/ACUNS/)

United Nations: <http://www.unitednations.org>

World Bank: <http://www.worldbank.org>

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Quiz

Open book tests