# STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086 BSW DEGREE: BACHELOR OF SOCIAL WORK

#### **SYLLABUS**

(Effective from the academic year 2015 -2016)

# LEADERSHIP, TRAINING AND DEVELOPMENT

CODE: 15SW/UI/LT23 CREDITS : 3

#### **OBJECTIVES OF THE COURSE**

- > To understand the meaning and concept of leadership, skills and management
- > Gain knowledge about the basics of training and development
- > Develop a training programme for target groups

#### Unit 1

# **Introduction to Leadership**

- 1.1 Leadership: Meaning and Definition
- 1.2 Types of leaders and Styles of Leadership
- 1.3 Characteristics and Functions of Leadership, Values and Ethics of Leadership
- 1.4 Theories of Leadership: Leader Member Exchange Theory; Contingency Theory; Path- Goal Leadership Theory; Transformational Leadership Theory, and Charismatic Theory

#### Unit 2

# Leadership

- 2.1 Team building: Definition, Steps to Team Problem Solving Brain Storming
- 2.2 Skills in Leadership: Basic and Advanced Skills in Leadership
- 2.3 Strategic Leadership: Importance and the Nature of Strategic Leadership Components of Strategic Leadership Practicum Biographical Study of Leaders

#### Unit 3

### **Understanding Training**

- 3.1 Understanding of Training Meaning and Scope, Concept of Training, Training and Education, Training and Teaching, Key Facets of Training, Participatory Training, Facilitative Training
- 3.2 Levels of Training, Modes of Training Face-to-Face Training, Distance Training, E-training, Key Roles and Responsibilities of the Trainers
- 3.3 Training Styles: Training Style, Personal Needs of Trainers, Power and Influence Factors, Increasing Effectiveness, Learner-Centered Versus Information-Centered, Key Elements of a Trainer's Style

## Unit 4

#### **Training and Development Methods**

- 4.1 Importance and Functions of Training and Development Methods
- 4.2 Training and Development Methods: Lecture, Case study, Role-play
- 4.3 Management Games, Assignments, Group Discussions, Panel Discussions

4.4 Brainstorming, Preparing and using Training Support Materials, Training through Placements

#### Unit 5

# **Evaluation of Training and Development Programmes**

- 5.1 Need and Purpose of Evaluation of Training Programmes
- 5.2 Monitoring and Improving Training during the Programme
- 5.3 Stages of Evaluation in Training Programmes Pre-training, Ongoing, End Programme and Post-training Evaluation.

#### TEXT BOOKS

Du Brin. Leadership Research Findings & Skills. Chennai: All India Publishers and Distributors, 1998.

Peter. G. Leadership: Theory and Practice. Sage Publication, New Delhi (2005).

Rolf P Lynton, Udai Pareek. *Training for Development*. 2nd Edition, Vistaar Publications, New Delhi (1990).

# **BOOKS FOR REFERENCE**

Anthony. *Training and Development*. Infinity Books, 2004. Agochiya Devendra. Ellesy *Trainer's Hand Book*. California: Sage, 2007.

Dugan Laird. Approaches to Training and Development. Jaipur: Rawat, 2007.

- Foshay, R Wellesley, Silber, H Kenneth, Stelnicki, B Michael. Writing Training Materials that Work. USA Landale: Jossey–Bass, 2003.
- Patel, Ashraf, et.al. *The Ocean in a drop: Inside out Youth Leadership.* New Delhi: Sage, 2013.
- Posner, K. Leadership Challenges (3rd Edn.) New Delhi: Wiley India Pvt Ltd., 2006.
- Rao P L. Enriching Human Capital through Training and Development. New Delhi: Excel Books, 2008.
- Robert Mai, and Allen Kakerson. *The Leader as a Communicator*. New Delhi: Prentice Hall, 2007.
- Robert F Mager HRD. Training and Development Vol 5 (Goal Analysis). Jaico, 1999.
- Sudarshan Kumar Bhatia. *Training and Development Concepts and Practices*. New Delhi: Elegant, 2009.

William J Rothwell. Beyond Training and Development. Mumbai: Jaico, 2007.

#### JOURNAL

The Leadership Quarterly, Elsevier

# WEB RESOURCES

http://changingminds.org/disciplines/leadership/theories/leadership\_theories.htm http://www.leadersdirect.com/mind.html

http://www.nwlink.com/~donclark/leaderrship/development/leadership\_development\_ model.html

http://www.see.ed.ac.uk/~gerard/MENG/ME96/index.html www.businessballs.com

# PATTERN OF EVALUATION

# **End Semester Examination:**

Total Marks: 100 Duration: 3 hours

Section A –  $10 \times 3 = 30$  marks (All questions to be answered)

Section B  $-5 \times 6 = 30$  marks (5 out of 8 questions to be answered)

Section C  $- 2 \times 20 = 40$  marks (2 out of 4 questions to be answered)