STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086 (For candidates admitted during the academic year 2010 –2011)

SUBJECT CODE: SW/PE/PD13

M.A./M.Sc. DEGREE EXAMINATION, NOVEMBER 2010 FIRST SEMESTER

COURSE : ELECTIVE

PAPER : PERSONAL DISTINCTIVENESS

TIME : 3 HOURS MAX. MARKS: 100

SECTION - A

ANSWER ALL QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 50 WORDS:

 $(10 \times 2 = 20)$

- 1. Explain the meaning of values with an example.
- 2. How does self concept differ from self esteem?
- 3. Define social facility.
- 4. Explain the importance of social intelligence.
- 5. What do you mean by non verbal communication?
- 6. Explain small group communication.
- 7. What are life scripts?
- 8. Give an example of a crossed transaction.
- 9. What are psychological games?
- 10. What are conflicts?

SECTION - B

ANSWER ANY FOUR QUESTIONS. EACH ANSWER SHOULD NOT

EXCEED 600 WORDS:

 $(4 \times 10 = 40)$

- 11. Explain the principles of social perception.
- 12. Describe the concept of egostates with appropriate examples.
- 13. What are the causes of frustration?
- 14. What are the dynamics of stress and its consequences?
- 15. Describe the concept of life positions.
- 16. Explain group dynamics and its importance.

SECTION - C

ANSWER ANY TWO QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 1200 WORDS: $(2 \times 20 = 40)$

- 17. Explain the basic emotional competencies.
- 18. Describe the elements and levels of communication.
- 19. Explain the aspects of adjustment.
- 20. Give an account of the coping strategies employed in dealing with stress.
