

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 86**  
**(For Candidates admitted during the academic year 2011 – 2012 & thereafter)**

**SUBJECT CODE: 11PY/GE/PD34**

**B.A. / B.Sc. / B.Com. / B.C.A. /B.V.A. / B.S.W. DEGREE EXAMINATION**  
**NOVEMBER 2014**

**COURSE : GENERAL ELECTIVE**

**PAPER : PERSONALITY DEVELOPMENT**

**TIME : 3 HOURS**

**MAX. MARKS: 100**

**SECTION – A**

**ANSWER ALL QUESTIONS IN NOT MORE THAN 50 WORDS**

**(20x1=20)**

1. Define Personality.
2. List the determinants of Personality
3. What is Self-image?
4. Define Communication.
5. Explain anger.
6. What is Stress?
7. Define Listening.
8. Describe conflict
9. Define emotions
10. Explain Social Perception

**SECTION – B**

**ANSWER ANY FIVE QUESTIONS. EACH ANSWER NOT TO EXCEED 300 WORDS**

**(5x8=40)**

11. Define self-esteem. How do you develop healthy self-esteem?
12. Explain Values. Why do we need to clarify values for self-development?
13. Good self-disclosure skills are fundamental to relationships. Explain.
14. Enumerate the behavior styles of conflict management. Give examples.
15. Describe the communication process.
16. Explain any three determinants of Personality.
17. To discover oneself, how does the Johari window help? Explain.
18. Explain the barriers to listening.

**SECTION – C**

**ANSWER ANY TWO QUESTIONS. EACH ANSWER NOT TO EXCEED 1200 WORDS** **(2x20=40)**

19. Explain types of communication with appropriate examples.
20. What are the characteristics of emotions?
21. What are the styles of responding? Why are they important?
22. Does a course on personality development help you to understand yourself better?

Reflect and answer.

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