

Fruit and Vegetable Salad (Kebabs and Tikkis)

by Tarla Dalal



Ingredients

- 1 cup **orange segments**
- 1 cup **apple** slices
- 1/2 cup **bananas** slices
- 1/2 cup **pineapple cubes**
- 1/2 cup **sweet lime (mosambi) segments**
- 2 **beetroots , chopped or sliced**
- 1/2 cup **lettuce** , torn into pieces
- 2 tbsp **pomegranate (anar)**
- 2 tbsp **roasted and crushed peanuts**

To Be Mixed Into A Dressing (in A Bottle)

- 2 tbsp **salad oil**
- 1 tbsp **vinegar**
- 2 1/2 tsp **orange squash**
- salt** and **freshly ground black pepper (kalimirch) powder** to taste

Method

1. Combine all the ingredients in a bowl, add the dressing and toss well.
2. Serve immediately