

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 86**  
**MASTER OF SOCIAL WORK**  
**COURSES OF STUDY**  
(Effective from the academic year 2009 - 2010)  
**CHOICE BASED CREDIT SYSTEM**

Subject Code	Title of Course	Credits	Total Teaching Hours			Exam Hours	Continuous Assessment	End Semester	Maximum Marks
			Lecture Hours	Tutorial Hours	Practical Hours / Self Learning				
<b>Semester - I</b>									
SW/PC/SP 14	Social Work Profession - History and Philosophy	4	4	0	0	3	50	50	100
SW/PC/IG 14	Social Work with Individuals and Groups	4	4	0	0	3	50	50	100
SW/PC/CO 14	Community Organization and Social Action	4	4	0	0	3	50	50	100
SW/PC/SW 14	Social Work Practice - I	4	0	0	5	-	100	-	100
SW/PE/IS 13	Concepts and Issues in Indian Society	3	3	0	0	3	50	50	100
SW/PE/HB 13	Understanding Human Behaviour	3	3	0	0	3	50	50	100
SW/SK/HE 12	Health Information, Education and Communication	2	0	0	2	-	100	-	100
<b>Semester - II</b>									
SW/PC/RS 24	Social Work Research	4	4	0	0	3	50	50	100
SW/PC/SS 24	Statistics and Data Processing in Social Work	4	4	0	0	3	50	50	100
SW/PC/SW24	Social Work Practice - II	4	0	0	5	-	100	-	100
SW/PE/HR 23	Human Rights and Social Work	3	3	0	0	3	50	50	100
SW/PE/IP 23	Integrated Social Work Practice	3	3	0	0	3	50	50	100
SW/SK/LS 22	Life Skills	2	0	0	2	-	100	-	100
<b>Semester - III</b>									
SW/PC/MO34	Management for Non Profit Organizations	4	4	0	0	3	50	50	100
SW/PC/CR 34	Child Rights	4	4	0	0	3	50	50	100
OR									
SW/PC/MS 34	Medical Social Work	4	4	0	0	3	50	50	100
OR									
SW/PC/DP 34	Development Planning and Administration	4	4	0	0	3	50	50	100
SW/PC/FS 34	Family Social Work	4	4	0	0	3	50	50	100
OR									
SW/PC/MH 34	Mental Health and Social Work	4	4	0	0	3	50	50	100
OR									
SW/PC/RT 34	Rural and Tribal Community Development	4	4	0	0	3	50	50	100

SW/PE/SI 33	Social Work Intervention in Prevention Control and Care of PLWHA	3	3	0	0	3	50	50	100
OR									
SW/PE/SA 33	Social Work Intervention in Substance Abuse	3	3	0	0	3	50	50	100
OR									
SW/PE/PP 33	Social Policy and Planning	3	3	0	0	3	50	50	100
OR									
SW/PE/AH33	Adolescent Health and Development	3	3	0	0	3	50	50	100
SW/SK/CN 32	Conunselling - Theory and Practice	2	2	0	0	-	100	-	100
SW/PC/SW34	Social Work Practice - III	4	0	0	5	-	100	-	100
<b>Semester - IV</b>									
SW/PC/YD 44	Youth Development	4	4	0	0	3	50	50	100
OR									
SW/PC/CH 44	Community Health	4	4	0	0	3	50	50	100
OR									
SW/PC/UD 44	Urban Community Development	4	4	0	0	3	50	50	100
SW/PC/GD 44	Gender and Development	4	4	0	0	3	50	50	100
SW/PC/SW 44	Social Work Practice - IV	4	0	0	5	-	100	-	100
SW/PC/DI 44	Dissertation	4	4	0	0	3	50	50	100
SW/PE/GS 43	Gerontological Social Work	3	3	0	0	3	50	50	100
OR									
SW/PE/HM43	Health Services Management	3	3	0	0	3	50	50	100
OR									
SW/PE/DS 43	Displacement and Social Work Practice	3	3	0	0	3	50	50	100
SW/PE/DM 43	Disaster Management	3	3	0	0	3	50	50	100
SW/PN/BP 42	Block Placement	2	0	0	2	-	100	-	100
SW/SK/PB 42	Peace Building Strategies	2	0	0	2	-	100	-	100

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2009-2010)**

**HEALTH INFORMATION, EDUCATION AND COMMUNICATION**

**CODE: SW/SK/HE12**

**CREDIT : 2**

**L T P: 0 0 2**

**TOTAL TEACHING HOURS: 26**

**OBJECTIVES**

- To critically reflect, action in relation to health problems.
- To understand the need for communication in health education
- To create scientific attitude to health conditions.
- To enhance skill demonstration in health education.

**Unit 1**

**(9 Hrs)**

Concept of health, illness, hygiene, disability and handicap.

Symptoms, causes, prevention, treatment and control of the following diseases:

Major communicable diseases – leprosy, TB, STD, Poliomyelitis, Malaria, Cholera, Typhoid, Diarrhea and AIDS

Major non communicable diseases-Cancer, Diabetes, Hypertension and Cardiac disorder.

Physical disabilities – visual impairment, hearing impairment, speech impairment and locomotor handicap.

Clinical manifestation of psychoses, neuroses, psychosomatic disorders, mental retardation, epilepsy, alcoholism and drug addiction

Clinical manifestations of malnutrition: deficiency, disorders.

**Unit 2**

**(2 Hrs)**

Health Education: Concept, Principles of Health Education.

Models and Methods of Health Education.

Objectives, Approaches, and Content of Health Education.

Functions of Health Education

Role of Health Educator- Social Action, Social Planning, Empowerment, Lobbying and Advocacy.

Planning, Implementing, Evaluating, and Promoting Health Education Programmes.

**Unit 3**

**(2 Hrs)**

Communication in Health Education:

Concept of Health Communication as a Process.

Principles, and Barriers of Communication.  
Models of Health Communication  
Concept of Health Promotion and Health Education and its Need in the Indian Context.  
Individual, Group and Mass Communication  
Settings for Health Communication -Formal, Informal, Structured and Unstructured.  
Behaviour Change Communication and IEC.

**Unit 4** **(13 Hrs)**

Preparation and Use of Educational Aids:

- a. Audio Aids – Megaphone.
- b. Visual Aids – 1. Unprojected – Blackboard, Pictures, Cartoons, Photographs, Posters, Charts, Flashcards, Flannel Boards, Printed Materials – Books, Booklets, Pamphlets, and Folders.  
2. Projected Aids – Transparencies, OHP, Projection Slides
- c. Traditional Media – Puppets, Folk Songs, Folk Dance, Drama.
- d. Demonstration of Low-Cost Nutritive Food.

**METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

**BOOKS FOR REFERENCE**

S. L. Goel, Health Care System and Management, (Vol. 2), New Delhi: Deep & Deep Publications Pvt. Ltd., 2001.

Park, K., Preventive and Social Medicine, Jabalpur: Banarsides Bharat, 1997.

Nanda, V.K., Health Education, New Delhi: Anmol Publications Pvt. Ltd., 1997.

Ramachandran, L, & Dharmalingam, Health Education – A New Approach, New Delhi: Vikas Publishing House Pvt. Ltd., 1993.

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**MASTER OF SOCIAL WORK**

**SYLLABUS**

(Effective from the academic year 2009 - 2010)

**CONCEPTS AND ISSUES IN INDIAN SOCIETY**

**CODE: SW/PE/IS 13**

**CREDITS : 3**

**L T P : 3 0 0**

**TOTAL TEACHING HOURS : 39**

**OBJECTIVES OF THE COURSE**

- To gain an understanding of the basic sociological and economic concepts relevant to Social work practice.
- To develop the capacity for application of these concepts to the Indian situation.
- To develop analytical skills to social issues and concerns
- To sensitize students to the role played by the Indian socio-economic political system and international systems in reinforcing discrimination and marginalization of vulnerable groups.

**Unit 1**

(4 hrs)

Understanding Society

Social Structural: Approaches to the study of society: Structural/Functionalist Perspective, Conflict Perspective

Elements of Society: Internal strength of Society – Unity in Diversity, Democracy, Welfarism, Groups, Types of groups, associations and institutions.

Culture-Concept, material and non- material culture, culture, cultural lag-Application to the Indian Setting.

**Unit 2**

(8 hrs)

Social inequality and exclusion:

Meaning of social inequality and its forms: Social differentiation, social stratification, social hierarchy and social exclusion.

Institutional Basis of social inequality

Theoretical Perspective: Social inequality or social stratification: Marxist, Weberian and Functionalist Perspectives.

### **Unit 3**

(9 hrs)

Understanding social stratification

Understanding the concept of caste: hierarchy and differences in caste inequality and exploitation, dominant caste.

Class-and related processes.

### **Unit 4**

(8 hrs)

Development Perspectives and Debates

The history of development ideas

Development in Practice –Structural Adjustment Policy (Globalization, Liberalization, Privatization and its impact on society)

Poverty and inequality

### **Unit 5**

(10 hrs)

Development

Concept of Development, Meaning of underdevelopment and the Indian economy. Basic characteristics of Indian Economy.

Economic growth, development .Models of development.Stategies of development, Midgley-social development, Gandhian, Nehruvian

Development Issues and its impact on society

### **METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

### **BOOKS FOR REFERENCE**

Ahuja, Ram. Indian social system. New Delhi: Jawat publications, 1993.

Anderson, Parker .Society- its organization & operation. East west edition, 1966.

Anthuvan ,Victor Louis M. Global debt crisis-A perspective for the third millennium: New Delhi: CBCI and Labour Commission,1999.

Basu, Amrita, Kohli, Atul. Community conflicts and the state in India, New Delhi:Oxford university press, 1998.

Bhambhari,C.P. The Indian state ,Fifty years, Government of India :

Shipra publication,1997.

Channa,Subhatra. Understanding Society, culture and change, New Delhi:Blaze publishers &Distributors Pvt.Ltd,1993.

Conklin, John E .Sociology-An Introduction, New York: Macmillan Publising Co,1984.

Datt, Rudder, Sundaram. Indian Economy, 39<sup>th</sup> edition, Delhi: S.Chand & Co.Ltd,1998.

Dalva A.K, Environmental Impact of Large reserviour projects on human settlements, New Delhi:Ashish Publising House, 1993.

Horton, Hunt, Sociology-5<sup>th</sup> Edition ,International student edition, Tokyo: McGraw Hill –Kogakusha Ltd, 1980.

Karpagam M .Environmental Economic-A Text book, New Delhi: Sterling publishing Pvt.Ltd.

Mac iver, Page C.H. Society: An introduction analysis, Madras: Macmillan India, Ltd,1990.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**  
**MASTER OF SOCIAL WORK**  
**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**UNDERSTANDING HUMAN BEHAVIOUR**

**CODE: SW/PE/HB 13**

**CREDITS : 3**

**L T P : 3 0 0**

**TOTAL TEACHING HOURS : 39**

**OBJECTIVES OF THE COURSE**

- To develop a holistic understanding of human growth and development with respect to behaviour in the life span perspective using the systems approach.
- To develop an understanding of personality in the psycho social context and expose students to theories in understanding human behaviour.
- To understand the bio-psycho-social-cultural influences on behaviour over the lifespan of the individual.
- To sensitise students on the impact of life events on behaviour during the lifespan. Relevance of understanding human behaviour in Social Work practice.

**Unit 1 (18 hrs)**

Life span perspective (conception to old age) using systems approach: Human growth and development – needs, tasks, challenges, hazards in the life span using the systems approach. Role of various systems – family, significant others, neighbours, peers, school, community, society etc. in influencing behaviour. Biologic, Psychic and Environmental determinism  
Formation of attitudes, prejudice, discrimination, perception of self and others

**Unit 2 (8 hrs)**

Personality – definition, Theories related to structure and development of Personality. Psychoanalytic (Freud), Cognitive development (Piaget), Psychosocial development (Erickson), Moral development (Kohlberg), Social learning (Bandura), Humanistic (Maslow, Rogers), Behaviour (Pavlov, Skinner), Motivation Factors influencing and obstructing personality development.

**Unit 3 (4 hrs)**

Understanding social stratification and its influence on behaviour : meaning and nature of social class and caste, culture and beliefs influencing social roles and expectations in the Indian context.



**Unit 4** (4 hrs)  
Life events during the lifespan and their impact on behaviour : life events, stress, stressors, conflicts, frustrations and coping.  
Mental Health, concept of mental illness (Major and Minor)

**Unit 5** (5 hrs)  
Relevance of understanding human behaviour for Social Work Practice

## **METHODOLOGY**

Reading material will be provided  
Classroom teaching will be supplemented with group discussions and exercises to facilitate learning  
Field based assignments

## **BOOKS FOR REFERENCE**

Ambrosino, Rosalie, Hefferman, J ., Social Work and Social Welfare-An Introduction, ed 5, USA: Brooks Cole-Thompson Learning, 2005.

Bee, Helen. Mitchell, Sandra. The Developing Person-A Life Span Approach.ed2, New York: Harper and Row, 1984.

Coleman, James, Abnormal Psychology and Modern Life. ed 5, Mumbai: D.B Taraporewala & Sons Pvt Ltd., 1976.

Compton, Beulah. Galaway, Cournoyer, Social Work Processes, ed 7 ,USA: Brooks Cole Learning, 2005.

Engler, Barbara, Personality Theories-An Introduction,ed3, Boston: Brooks Cole Learning, 1991.

Hurlock, Elizabeth, Developmental Psychology-A Life Span Approach, ed 5, New Delhi : Tata McGraw Hill Publishing Co Company, 1995.

Hurlock, Elizabeth, Child Development, ed 6, USA : Tata McGraw Hill Publishing Company, 1989.

Spect, Riva. Craig, Grace J., Human Development-A Social Work Perspective, New Jersey: Prentice Hall Inc, 1982.

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**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**SOCIAL WORK PROFESSION – HISTORY AND PHILOSOPHY**

**CODE: SW/PC/SP 14**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS : 52**

**OBJECTIVES OF THE COURSE**

- To enable students gain an understanding of the history and philosophy of Social work and its emergence as a profession.
- To expose students to the various trends in Social work practice in India.
- To gain an understanding of social work curriculum in India.

**Unit 1 (8 hrs)**

**Historical Trends in Social Work Practice**

Overview of the history of social work in the International perspective – history of social work in India – Contributions of social reform movements – contributions of the Christian missionaries – contributions of Gandhi – contributions of voluntary social work – role and contributions of NGOs.

**Unit 2 (8 hrs)**

**Social Work Profession**

Meaning and definition – social work as a profession – goals and functions of social work profession – methods of social work – fields of social work. Origin and growth of the profession in India – scope of professional practice in India – problems and status – Professional social work bodies / forum in India.

**Unit 3 (18 hrs)**

**Philosophy of Social Work Profession**

System of beliefs : belief in the value and dignity of the human being, belief in the uniqueness of the individual, groups and community – belief in the individual's right to fulfillment and self actualization, belief in the right for equality – belief in the reciprocal rights and responsibilities of the individual and society, belief in the capacity of individuals and communities to change.

System of values : respect for the person, respect for difference, non-judgmental attitude, respect for the individual's right for self-determination and self expression – respect of democratic values – commitment to human rights and social justice.

Principles : Acceptance, individualization, confidentiality, client participation, controlled emotional involvement.

Code of Ethics for Social Work – International Code of Ethics (1976), National Code of Ethics (1979), Declaration of Ethics for Social Workers (SWEF 1997).

**Unit 4 (9 hrs)**

**Social Work Approaches**

Remedial, Rehabilitative, Preventive and Promotive approaches; various trends in social work practice and its appropriate usages, specific approaches towards marginalized sections – Relevance and need for indigenous models for social work practice in India.

**Unit 5 (9 hrs)**

**Social Work Education**

Social Work curriculum in India, Importance of fieldwork and supervision, fields of social work practice, changing trends, profession associations, problems and status of social work in India. UGC reports.

**METHODOLOGY**

**Lectures**

**Case studies**

**Group discussion**

**Field visits**

**Assignments**

**BOOKS FOR REFERENCE**

Chowdry Paul,D., Voluntary Social Welfare in India, New Delhi: Sterling Publishers,1971.

Dasguptha, Sugata, Towards a Philosophy of Social Work in India, New Delhi: Popular Book Service,1967.

Gangarade,K.d., Dimensions of Social Work in India, New Delhi:Marwah Publications,1976.

Khinduka S.K, Social Work in India, Allahabad: Kitab Mahal (P) Ltd.,1975.

Timms, Noel, Social Work Values- An Enquiry, London: Routledge and Kegan Paul, 1983.

Watson David (ed), Code of Ethics of Social Work. The Second Step ,London: Routledge and Kegan Paul, 1971.

Antony A. Vass. New Directions in Social Work- Social Work Core Knowledge Values and Skills, New Delhi: Sage Pub,1996.

Michael Reisch, Eileen Gambrill, Social Work in the 21<sup>st</sup> Century, New Delhi: Pine Forge Press,1997.

Maria Joan O'Neil, The General Method of Social Work Practice, New Jersey: Prentice Hall, Inc.,1984.

UGC. UGC Reports- I and II Review Commission on Social Work Education.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009 - 2010)**

**SOCIAL WORK WITH INDIVIDUALS AND GROUPS**

**CODE:SW/PC/IG14**

**CREDIT: 4**

**L T P : 4 0 0**

**TOTALTEACHING HOURS : 52**

**OBJECTIVES OF THE COURSE**

- To understand Social Case Work and Social Group Work as methods of Social Work and develop skills in Social Work practice
- To understand theory and models and apply them in direct practice with individual and groups.
- To understand scope of using the methods in various settings

**Unit 1**

**(13 Hrs)**

Historical Development of Social Case Work as a method of Social Work practice.  
Philosophy, Values, Principles, Skills  
Relationship: Empathy, skills in building relationship. Problems in professional relationship- transference and counter transference  
Approaches to working with individuals- remedial, preventive, promotive, developmental  
The Helping Process  
Phase I- Assessment  
Phase II- Diagnosis, treatment  
Phase III- Termination, Evaluation, Follow up

**Unit 2**

**(8Hrs)**

Models of Case Work Practice- Psychosocial, Functional, Life Model, Task Centered, Crisis Intervention.  
Therapeutic Approaches – Specific techniques relevant to Social Work practice from the Psychoanalytic, client centered, cognitive behaviour therapy, Transactions in TA. Use of eclectic approach in practice.

**Unit 3**

**(13Hrs)**

Brief Historical Development of Group Work as a method  
Definition of Social Group Work: Purpose –Objectives, Values, Skills, Principles underlying Group Work

Types of groups- Open and Closed groups; Treatment (educational, growth, remedial, socialisation), Task Group (Council, Committee, Team)  
Therapeutic Groups- T Groups, Group Psychotherapy, Group Counselling  
Models of Group Work: Social Goals Model, Remedial Model, Reciprocal Model

#### **Unit 4**

**(13Hrs)**

Phases of Group Work Process

- 1) The Planning Phase(Establishing Group purpose, recruiting members, composing the group, preparing the environment)
- 2) The Beginning Phase(Defining the purpose, goal setting, contracting ,motivation, expectation, Assessment process)
- 3) The Middle Phase(Leading Treatment Groups, Intervention methods in treatment Groups ,intervening with group members, effective problem solving)
- 4) The Ending Phase (evaluation-for planning the group, monitoring of group and determining effectiveness)

Group Dynamics (membership, cohesiveness, pressures, group standards and influence on individuals, group morale, risk taking)

Concepts- Leadership, Team Building, Decision Making, Problem Solving in the Social Group Work process.

#### **Unit 5**

**(5Hrs)**

Social Work Practice with individuals and groups in different settings and limitations in practice. Role of a Case and Group Worker – hospital, school, community, institutional setting.

Recording in Case Work and Group Work: Uses and Types

#### **METHODOLOGY**

Reading material will be provided

Classroom teaching will be reinforced with field related experiences

Lectures and Seminars

Group Exercises

Case study Analysis

#### **BOOKS FOR REFERENCE**

Fischer , Joel, Effective Case Work Practice An Eclectic Approach, New York: Mc.Graw Hill Book Co, 1978.

Hepworth, D.H. Larsen, J.A., Direct Social Work Practice: Theory and Skills, Dorsey Press, 1993.

Hollis, F. Case Work: A Psychosocial Therapy, New York: Random House, 1964.

Mathew, Grace, An Introduction to Social Case Work, Mumbai TISS, 1992.

Pippins, J. Developing Case Work Skills, USA: Sage Publications, 1980.

Vyass, A.A. New Directions in Social Work- Social Work Competencies- Core Knowledge, Values and Skills, Delhi: Sage Publications, 1996.

Trecker. Harleigh, B. Social Group Work- Principles and Practice, New York : Association Press, 1970.

Balagopal, P.R .Vassil, T.V. Group in Social Work- An Ecological Perspective, New York: Macmillan Publication Co., 1983.

Reisch, M. Gambill, E. Social Work in the 21<sup>st</sup> Century, New Delhi :Pine Forge Press, 1997.

Toseland, R.W. Rivas, R.F An Introduction to Group Work Practice, New York: Macmillan Publication Co., 1984.

Garvin, Charles. Contemporary Group Work, New Jersey: Prentice Hall, Inc., 1987.

Stella Maris College (Autonomous), Chennai – 600 086

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**COMMUNITY ORGANISATION AND SOCIAL ACTION**

**CODE: SW/PC/CO14**

**CREDITS : 4**

**LTP : 4 0 0**

**TOTAL TEACHING HOURS : 52**

**OBJECTIVES**

- To understand the aspects of a community, its functioning and problems.
- To gain knowledge of the various techniques and skills of community organization as a method of social work.
- To understand the basic skills to apply these methods in the community
- To gain knowledge of the various techniques and skills of social action as a method of Social Work.
- To develop the basic skills to apply these methods in the community.
- To expose students to various approaches and social action movements.

**Unit 1**

**(13 hrs)**

Community: Definition, sociological concept of Community: community as a social system; subsystems in the Community; types of communities and their characteristics; theories of communities.

Community powerstructure: concept of community power, types of community power; political, social and economic analysis of community power; people's power-its place in communities.

Community Dynamics: Integrative and disintegrative process; participative groups and groupism; factions and subgroups; minority groups; decision making and problem solving processes.

**Unit 2**

**(13 hrs)**

Brief Historical background of community organization: Community Organization in UK and USA: Evolution of CO as a method in Social Work.

Community Organisation: Definition; rationale; philosophy; principle; goals; scope of CO in India.

Community Organization Models: J.Rothman, Social Planning Development, Locality, Social Action: Murray Ross-General Content, Specific content and Process objective.



**Unit 3** (4 hrs)

Process of Community of Organization: Analysis; study; assessment, discussions, organization, action: evaluation, modification; continuation.

Skills of CO worker; communication, training, consultation, organizing, enabling, facilitating, public relations, mobilizing, participatory skills, liasoning.

**Unit 4** (8 hrs)

Social Action: Concept, definition, aims and objectives, scope, social action as a method in Social Work.

Social Action –Paradigm of five elements-cause, change agent, change target, change channels, change strategy, channels topology, influence channels, responsive channels; strategies, power, persuasive, re-educative, reform and political change strategies.

**Unit 5** (14 hrs)

Approaches to Social Action: Paulo Freire, Gandhi, Martin Luther King, Saul Alinsky  
Social Action in India:

Social Action Movements in India: Select case studies: Tribal, Movements, Right to information as a movement, Narmada Bachao Andolan, Chipko Movement, Naxilbari Movement, Dalit Movement,.

Strategies and tactics fro Social Action: Social Worker as an activist, role and personality requirements, skills of a social activists-mediation, advocacy, negotiation, conflict-resolution.

**METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

**BOOKS FOR REFERENCE**

Myrada Resource book, Enhancing ownership and sustainability, Bangalore: 2001.

Walter A. Friedlander Hall, Concepts & Methods of Social Work, 2<sup>nd</sup> Edition, Delhi: Prentice of India, 1977.

Zaltman, G. Philip Kotler, Ira Kaufman, Creating Social Change, Sydney: Holt Renchart & Winston.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009 - 2010)**

**LIFE SKILLS**

**CODE:SW/SK/LS22**

**CREDITS : 2**

**LT P : 0 0 2**

**TOTALTEACHINGHOURS : 26**

**OBJECTIVE OF THE COURSE**

- To understand concept of life skills, its relevance and aid internalising the skills
- To emphasise the importance of health and wellness
- To enhance communication and presentation skills
- To enhance skills in writing and documentation

**Life Skills**

**Unit 1**

**(9 Hrs)**

Life skills-concept, relevance ,internalisation

Self awareness and self esteem, skills for living with others, interpersonal relationships, assertiveness

Goal Setting, Decision Making, Problem Solving

Time Management

Development of Positive, Creative and Critical Thinking

**Unit 2**

**(4 Hrs)**

Development of emotional health- awareness of positive and negative emotions, coping with emotions, coping with stress

**Communication Skills**

**Unit 3**

**(6 Hrs)**

Presentation and Communication Skills training

Understanding the essentials of presentations, developing voice, body language, eye contact and gestures, using visual aids - integrating with oral presentations

**Unit 4**

**(7 Hrs)**

Skills for Writing and Documentation

Basics in Creative and effective writing; case study, press release

Preparation and presentation of papers

Skills in letter writing

Skills for project proposal writing.

## **METHODOLOGY**

Discussion

Group Exercises

Sharing of experiences

Presentation

## **Books for Reference**

Earnshaw, Stevens, The Handbook of Creative Writing, London: Edinburg University Press, 2007.

Elizabeth, Tierney, 101 Ways to Better Communication, India: Logan Page,,2001

Teanne, Segal, Raising Your Emotional Intelligence, Mumbai: Magna Publishing, 2000.

Manual for Life Skills, Washington: Peace Corps,,2001.

WHO, 'Partners in Life Skills Education', Conclusions from a United Nations Inter Agency Meeting, Geneva: 1999.

Department of Health in collaboration with WHO and UNFPA. Life Skills Orientation Training program on Adolescent and Youth health and Development For health and Non Health Providers <http://doh.gov.ph/ayhd/tp/module.pdf>

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**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**HUMAN RIGHTS AND SOCIAL WORK**

**CODE: SW/PE/HR 23**

**CREDITS : 3**

**L T P : 3 0 0**

**TOTAL TEACHING HOURS : 39**

**OBJECTIVES OF THE COURSE**

- Providing a perspective and foundation for a human rights culture among students.
- To study the Indian Constitution and human rights and how it can be enforced.
- To create awareness on the Indian legal system, rule of law, human rights related to custody and detention.
- To enable students to work for the promotion and protection of rights of children, women, marginalized, workers (especially unorganized labour) urban poor and victims of displacement and resettlement.
- To understand statutory provision, for protecting the environment, consumer protection, local governance and right to information.
- To equip students with knowledge about the human rights movements and new rights gained.
- To prepare students to play a role in promotion and protection of Human Rights using advocacy strategies.

**Unit 1** **(6 hrs)**  
Introduction to human rights; categories and foundation of human rights, International Human Rights Law and how to use it.

**Unit 2** **(8 hrs)**  
Understanding law and the State. The relationship between human rights, democracy, sustainable development, equality, sovereignty, secularism and non-discrimination. Indian constitution and human rights protection and enforcement. Writ jurisdiction and Public Interest Litigation.  
The Indian Legal System, Indian Code, Criminal Procedure Code and Civil Procedure Code. Human rights in relation to custody and detention.

**Unit 3** **(6 hrs)**  
Global Market and Human Rights  
Business corporations and human rights standards Science, technology and human rights  
Globalization and impact on the poor.

**Unit 4****(9 hrs)**

Empowering the most exploited and oppressed  
Rights of Children, women, marginalized group, coastal communities, workers, minorities, unorganized labourers, urban poor, Transgender persons and rights of the disabled.

**Unit 5****(10 hrs)**

Law and Strategy regarding protecting the environment, consumer protection, local governance empowerment and right to information, Human Rights and Social work.

Human rights struggles and the Human rights movement in India

Statutory Commissions and Human Rights Courts for protection of rights

Strategies and skills for human rights advocacy.

**METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

**BOOKS FOR REFERENCE**

Chandra, U., Human Rights, India: Allahabad Law Agency, 2000.

Eugene Karneka, Human Rights, London: Edward Publishers, 1978.

Parmar Lalit, Human Rights, New Delhi: Anmol Publishers, 1998.

Krishna V.R. Iyer, Human Rights and Inhuman Wrongs, United Kingdom: B.R. Publishings, 2001.

Kumar Arvind, Encyclopaedia of Human Rights, Violence and Non Violence, Vol. 1 Human Rights and Social Movements, New Delhi: Anmol Publishers, 2001.

Sharma R.S., human Rights Development, New Delhi: Common Wealth Publishers, 1997.

Subramaniam S., International Challenges, Vol 1 and Vol 2, Mumbai: Manas Publications, 1997.

Waghmare B.S., Human Rights: Problem and Prospects, New Delhi: Kalinga Publications, 2001.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTERS DEGREE IN SOCIAL WORK  
(Effective from the year 2009-2010)**

**INTEGRATED SOCIAL WORK PRACTICE**

**CODE: SW/PE/IP23**

**CREDITS : 3**

**L T P : 3 0 0**

**TOTAL TEACHING HOURS : 39**

**OBJECTIVES**

- To enable students have a holistic perspective in social work practice.
- To equip the students, with knowledge and skills, in the integrated method of social work practice.

**Unit 1** (4 Hrs)

**Introduction to Integrated Social Work:**

Integrated social work practice as method in social work; theoretical foundations; the systems approach; human beings in a systems framework; systems terms; resource systems; goals and purpose of social work in systems approach; trends towards integrating social work practice; levels of practice.

**Unit 2** (8 Hrs)

**Integrated Social Work Process:**

An overview of the process in integrated practice: basic systems in the social work process – change agent system, client system, action system and target system. ; Phases in the integrated social work process- pre-intervention, intervention and post intervention phases.

**Unit 3** (8 Hrs)

**Pre-Intervention Phase:**

**Engagement, Data Collection and Assessment; Planning and Contracting:**

Establishing a relationship, making contacts, planning a data collection strategy, identifying and assessing the problem, content of problem assessment; Component of a plan, goals and objectives, planning with multi-person client systems, factors affecting a plan of action; negotiating contracts; skills in the pre-intervention phase.

**Unit 4** (9 Hrs)

**Intervention Phase:**

Intervention: Action to enable use of available resources, referrals, role of change agent, programmes as intervention, direct and indirect practices, coordination of services, networking with resource systems, skills in Intervention Phase.

## **Unit 5**

(10 Hrs)

Post-Intervention Phase:

Evaluation & Termination: Evaluation - types, techniques for Evaluation, Recording, Programme Evaluation; Termination - types, planned termination, termination for individuals, groups and community, components of termination, disengagement-evaluation- skills in the post intervention phase.

### **BOOKS FOR REFERENCES**

Bogo, M.; Social Work Practice- Concepts, Processes and Interviewing, Jaipur: Rawat Publications, 2006.

Devi, R., and Prakash, R., Social Work Methods - Practices and Perspectives Vol 1, 2, 3, Jaipur: Mangal Deep Publications, 2004.

Goldstein, H., Social Work Practice - A Unitary Approach, Columbia: University of South Caroline Press, 1980.

Hepworth, D., H., and Larsen, J., A., Direct Social Work Practice - Theory and Skills, London: The Dorsey Press, 1993.

Johnson, Louise, Social Work Practice - A Generalist Approach, London: Aelyn and Bacon, 1983.

Encyclopedia of Social Work, Vol. 1,2,3, National Association of Social Workers, Washington D.C.: NASW Publications, 1996.

Payne, M, Modern Social Work Theory, New York: Palgrave MacMilan, 2005.

Pincus, A., and Minahan. A, Social Work Practice Model and Method, Illinois Peacock Publishers, 1973.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2009-2010)**

**SOCIAL WORK RESEARCH**

**CODE: SW/PC/RS 24**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS : 52**

**OBJECTIVES OF THE COURSE**

- To understand the nature and importance of the scientific method and appreciate the fundamental principles and methods of Social Work Research.
- To develop the capacity to independently conceptualize a problem and execute research.
- To develop technical competence to assess and analyze social problems, needs and services.
- To develop the capacity to critically assess social work research as a consumer.

**Unit 1**

**(8 hrs)**

Basic elements of Scientific method, Social Work Research – Definition, Objectives, Scope and Limitations; Scientific attitude, Ethics in social work research. Quantitative and qualitative research.

Planning a research project – problem formulation, framing objectives, defining concepts, Use of theorization in review of literature. Variables: definition and function; Assumptions – hypotheses, types of hypotheses. Hypotheses testing. Type I and II error.

**Unit 2**

**(13 hrs)**

Design of research – definition and functions, types of designs: survey, case study, exploratory, descriptive, explanatory, experimental, evaluative (single case evaluation, alternative single-subject designs,), program evaluations (Formative, summative and cost benefit analysis) census study, ex-post facto, action and participatory designs.

Applications and limitations of various designs.

Sampling methods – Definition, Types of Sampling – Probability sampling – simple, systematic, stratified, multi-state. Non-probability sampling – purposive, quota, cluster, snowball. Sampling error.

**Unit 3**

**(13 hrs)**

Methods and Tools of Collecting data – Observation – participant, non-participant, process of observation. Social surveys, Key Informant interview, Focus Group



Discussion. Interview schedule, Interview guide, Questionnaire, Scaling techniques and types. Participatory and rapid appraisal techniques.

Reliability and Validity – reliability – internal consistency, item inter correlation, split half, odd-even methods. Validity – content, criterion – related, construct and predictive validity.

**Unit 4 (9 hrs)**

Overview of qualitative research – Nature of qualitative research, assumptions, characteristics and process

**Unit 5 (9 hrs)**

Data processing and presentation: Editing, coding. Preparation of master sheet, tabulation and interpretation. Report writing, research abstracts and research proposal.

**METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

**BOOKS FOR REFERENCE**

Devendra Thakur, Research Methodology in Social Sciences., New Delhi: Deep and Deep Publications, 1993.

Lal Das, D.K., Designs of Social Research, Jaipur: Rawat Publications, 2005.

Margaret Alston and Wendy Bowles. Research for Social Workers – An Introduction to Methods. 2<sup>nd</sup> ed., Jaipur: 2003.

Pauline V. Young and Schmid. C.F. Scientific Social Surveys and Research, New Delhi: Prentice Hall, 1946.

Ranjit Kumar, Research Methodology, A Step-by-Step Guide for Beginners, London: Sage Publications, 1996.

Ramachandran P., Survey Research for Social Work, Institute for Community Organisation Research, Bombay: 1993.

Raymond Mark. Research Made Simple – A Handbook for Social Workers. New Delhi: Sage Publications, 1996.

Marlow, Christine R., Research Methods for Generalist Social Work. 3 Ed. USA: Brooks/Cole Publishing, 2001.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2009-2010)**

**STATISTICS AND DATA PROCESSING IN SOCIAL WORK**

**CODE:SW/PC/SS 24**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS : 52**

**OBJECTIVES OF THE COURSE**

- To enable the students to get an understanding of the role of statistics in Social Work.
- To understand and learn the application of appropriate statistical techniques to social work research.
- To understand and use electronic data processing methods for analysis of data quantitative and qualitative.

**Unit 1 (8 hrs)**

Role of Statistics in Social Work

Normal Distribution – Characteristics of a normal curve. Levels of measurement – nominal, ordinal, interval and ratio.

Measures of central tendency – Mean, median, mode and their uses.

**Unit 2 (8 hrs)**

Measures of dispersion – Range, quartile deviation, mean deviation, standard deviation. Use of graphs in presentation of data.

**Unit 3 (13 hrs)**

Hypothesis testing, Tests of significance – level of confidence, degrees of freedom, and t-test. Measures of Correlation – Product moment, Spearman's Rho, Regression (knowledge of application)

**Unit 4 (13 hrs)**

Analysis of Variance – one – way and two-way. Non-parametric tests – Sign – test, Wilcoxon Signed Rank Test, Mann-Whitney U Test, chi-square.

**Unit 5 (10 hrs)**

(Will be offered as a Workshop)

Introduction to use of computers for analysis and presentation of data. Use of Ms\_Word, Excel and SPSS for analysis of quantitative data.

## **SPSS Package**

About SPSS – general features  
Designing the tool of data collection  
Creating the data sheet  
Data Entry  
Labelling the data  
Statistics  
Related options / reports  
Graphs  
Exercise / Project

Package for analysis of qualitative data

## **METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

## **BOOKS FOR REFERENCES**

Bohrnstedt, George W., and Knoke, David, Statistics for Social Data Analysis, 2<sup>nd</sup> ed., Illinois: Peacock Publishers, Inc., 1988.

Gupta, S.P. Statistical Methods, New Delhi: Sultan Chand and Sons, 2003.

Henry E. Garrett. Statistics – in Psychology and Education, Bombay: Vakils, Feffer and Simons Ltd., 1961.

Santosh Gupta, Research Methodology and Statistical Techniques, New Delhi: Deep Deep Publications, 1993.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**COUNSELLING - THEORY AND PRACTICE**

**CODE: SW/SK/CN32**

**CREDITS : 2**

**L T P : 2 0 0**

**TOTAL TEACHING HOURS : 26**

**OBJECTIVES OF THE COURSE**

- To develop in students' basic counselling skills through an understanding of theory and skills practice sessions.
- To integrate counselling skills in social work practice.
- To learn the different approaches to counselling and develop an eclectic approach to counselling.

**Unit 1 (2 Hrs)**

Concept and Foundation of Counselling - definition, elements, characteristics and goals; evolution of Counselling.

Philosophical foundation - dignity of the human person

Sociological foundation - influence of social systems

Psychological & theoretical foundation - concept of self, goal directed behaviours, learning principles, and developmental needs at different stages.

**Unit 2 (3 Hrs)**

The Counsellor

Personal growth and effectiveness

Concerns of self, attitudes, values, beliefs, relationships, self – esteem, openness to others, accepting personal responsibility, realistic levels of aspirations, self actualizations

The portrait of the helper

The portrait of a trainee

**Unit 3 (3 Hrs)**

**Different approaches to Counselling**

- Client centered
- Behavioural
- Cognitive
- Systems
- Eclectic Approach

Types of counselling

- Group counselling
- Community counselling

Counselling special groups

- Family counselling
- School counselling
- Counselling at the de-addiction centre
- Psycho-social Counseling in disaster situations

Counselling reports

Counselling format, counselling dynamics, verbatim model, log model, importance of reporting – skills required for reporting in counselling

**Unit 4** **(8 Hrs)**

The Egan model of Counselling – the Skilled Approach

Stage - 1 *Problem Exploration and Clarification*

Part I – Attending & Listening, orienting oneself to the present

Micro skills – active listening – verbal and non-verbal messages and behaviour

Part II – Helper’s response and clients self exploration

Helpers skills – accurate empathy (primary level), respect, genuineness, concreteness

Client’s skill – self-exploration

Stage - 2 *Integrative understanding / dynamic self-understanding*

Part I – Focusing, summarizing, probing for missing experiences, behaviour feelings

Part II – Helper’s skills – all the skills of Stage-1, self-disclosure, immediacy, confrontation.

Client’s skill – non-defensive listening, dynamic self-understanding

Stage-3 *Facilitating action; developing a new perspective; preferred scenario*

Part I – Helping the client see alternatives

Helping the client choose and formulate action plan

Helping the client implement and evaluate.

Part II – Helper’s skill-

All the skills of stages 1 & 2

Elaboration of action programmes:

(Problem solving, decision making, behaviour modification, ‘home work’ training in inter personal skills)

Support from the helper

Client’s skill: Cooperation, risk-taking, and acting

**Unit 5** **(10 Hrs)**

**COUNSELLING SKILLS PRACTICE SESSIONS**

## **METHODOLOGY**

Lectures  
Case Study and Analysis  
Role plays  
Discussions  
Guest Lectures

## **BOOKS FOR REFERENCE**

Carl R. Rogers. On Becoming A Person. Boston: Houghton Mifflin & Co.,1976.

Edwin J. Thomas. Designing Interventions for the Helping Professions. New Delhi: Sage Publications, 1984.

Eugene Kenedy. Crisis Counselling. Dublin: Gill & Macmillan,1981.

Eugene Kenedy. On Becoming a Counsellor. Dublin: Gill & Macmillan,1977.

Gerard Egan. The Skilled Helper. Brooks: Cole Publishing,1982.

Muaro,E.A., R.J. MAnthei &J.J. Small. Counselling- A Skills Approach. New Zealand: Methuen,1983.

Stephen Murgatroyal. Counselling and Helping. London: The British Psychological Society & Methuen,1985.

Steve Duck. Human Relationships. New Delhi: Sage Publications III Edition,1999.

Tolbert, E.L. An Introduction to Guidance. Boston: Little Brown & Co , 1982.

William Worden , J. Grief Counseling &Grief Therapy. London: Tavistock Publications,1986.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**SOCIAL POLICY AND PLANNING**

**CODE: SW/PE/PP 33**

**CREDITS : 3**

**L T P : 3 0 0**

**TOTAL TEACHING HOURS : 39**

**OBJECTIVES OF THE COURSE**

- To develop an understanding of the Social Policy in the perspective of the National goals as stated in the Constitution, particularly with reference to fundamental rights and the directive principles of state policy.
- To develop the capacity to recognise the linkage between development issues and social policy in terms of the plans and programmes.
- To develop an understanding of the concepts of Social Policy and Social Welfare Policy to emphasise the relationship between the production and the redistribution of the resources at the micro and the macro level.
- To develop the capacity to understand and analyse the major political ideologies in influencing social policy.
- To develop an understanding of the relevance of social policy to social work practice.

**Unit 1**

**(8 hrs)**

Social policy and Social Welfare Systems: Introduction to Social Policy; Concept of distribution and redistribution; Social Welfare; Welfare State - its concept - methods of intervention; Models of Social Welfare.

Constitution of India as a major source of social policy in India; Values underlying social policy based on the constitutional provisions ie. Directive Principles of state policy and fundamental rights.

**Unit 2**

**(8 hrs)**

Approaches to social policy - unified, integrated and sectoral; different models of social policy and their relevance to the Indian situation; normative concepts of social policy - needs and choice, rights and obligations, justice and merit, citizenship and status.

Citizenship: Concept, definition, categorization of citizenship, rights and duties of citizens, citizen leadership- concept, kinds of leaders, role of citizen leaders.

**Unit 3** (5 hrs)  
Politics of welfare; introduction to concepts; politics, institutions and structures; power and authority; models of welfare politics - pluralist, elites, corporates; Marxist models of welfare policy change and development.

**Unit 4** (10 hrs)  
Planning and Types of planning  
Meaning - need for planning in under developed countries, objectives of planning  
Types of Planning : Structural, functional, planning by inducement and direction, democratic and socialist, indicative and imperative, perspective and short term, national and regional, sectoral and area, physical and financial, centralized and decentralized.

**Unit 5** (8 hrs)  
Different sectoral policies and their implementation - policies concerning

- a) Education
- b) Health
- c) Women
- d) Housing
- e) Youth
- f) Population policy
- g) Environment policy
- h) National child labour policy

Role of social work with reference to social policy

### **METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

### **BOOKS FOR REFERENCE**

Bose, A.B., Social Welfare Planning in India, New Delhi: ECAFE (Mimeo),1970  
Kulkarni P.D., Social Policy in India, Bombay: Tata Institute of Social Science, 1965.

Kulkarni P.D., Social Policy and Social Development in India, Madras: Association of Schools of Social Work in India.,1969.



Kumar Hajira, Theories in Social Work Practice, New Delhi: Friends Publications, 1995.

Devi Luxmi, Encyclopedia of Women's Development and Family Welfare, Vol I to V;  
Lucknow: Anmol Publications, 1993.

Dr. Subramaniam S., 50 Years of India's Independence, New Delhi: Manas Publications,  
1997.

Prasadh R.K., Population Planning, Policy and Programme, New Delhi: Deep & Deep  
Publications, 1990.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**COUNSELLING - THEORY AND PRACTICE**

**CODE: SW/SK/CN32**

**CREDITS : 2**

**L T P : 2 0 0**

**TOTAL TEACHING HOURS : 26**

**OBJECTIVES OF THE COURSE**

- **To develop in students' basic counselling skills through an understanding of theory and skills practice sessions.**
- **To integrate counselling skills in social work practice.**
- **To learn the different approaches to counselling and develop an eclectic approach to counselling.**

**Unit 1 (2 Hrs)**

Concept and Foundation of Counselling - definition, elements, characteristics and goals; evolution of Counselling.  
Philosophical foundation - dignity of the human person  
Sociological foundation - influence of social systems  
Psychological & theoretical foundation - concept of self, goal directed behaviours, learning principles, and developmental needs at different stages.

**Unit 2 (3 Hrs)**

The Counsellor

Personal growth and effectiveness  
Concerns of self, attitudes, values, beliefs, relationships, self – esteem, openness to others, accepting personal responsibility, realistic levels of aspirations, self actualizations  
The portrait of the helper  
The portrait of a trainee

**Unit 3 (3 Hrs)**

**Different approaches to Counselling**

- Client centered
- Behavioural
- Cognitive
- Systems
- Eclectic Approach

Types of counselling

- Group counselling
- Community counselling

Counselling special groups

- Family counselling
- School counselling
- Counselling at the de-addiction centre
- Psycho-social Counseling in disaster situations

Counselling reports

Counselling format, counselling dynamics, verbatim model, log model, importance of reporting – skills required for reporting in counselling

**Unit 4**

**(8 Hrs)**

The Egan model of Counselling – the Skilled Approach

Stage - 1 Problem Exploration and Clarification

- Part I – Attending & Listening, orienting oneself to the present  
Micro skills – active listening – verbal and non-verbal messages and behaviour
- Part II – Helper’s response and clients self exploration  
Helpers skills – accurate empathy (primary level), respect, genuineness, concreteness  
Client’s skill – self-exploration

Stage - 2 Integrative understanding / dynamic self-understanding

- Part I – Focusing, summarizing, probing for missing experiences, behaviour feelings
- Part II – Helper’s skills – all the skills of Stage-1, self-disclosure, immediacy, confrontation.

Client’s skill – non-defensive listening, dynamic self-understanding

Stage-3 Facilitating action; developing a new perspective; preferred scenario

- Part I – Helping the client see alternatives  
Helping the client choose and formulate action plan  
Helping the client implement and evaluate.
- Part II – Helper’s skill-  
All the skills of stages 1 & 2

Elaboration of action programmes:  
(Problem solving, decision making, behaviour modification, 'home work' training in inter personal skills)  
Support from the helper  
Client's skill: Cooperation, risk-taking, and acting

**Unit 5** **(10 Hrs)**

### **COUNSELLING SKILLS PRACTICE SESSIONS**

#### **METHODOLOGY**

**Lectures**  
**Case Study and Analysis**  
**Role plays**  
Discussions  
Guest Lectures

#### **BOOKS FOR REFERENCE**

Carl R. Rogers. On Becoming A Person. Boston: Houghton Mifflin & Co.,1976.

Edwin J. Thomas. Designing Interventions for the Helping Professions. New Delhi: Sage Publications, 1984.

Eugene Kenedy. Crisis Counselling. Dublin: Gill & Macmillan,1981.

Eugene Kenedy. On Becoming a Counsellor. Dublin: Gill & Macmillan,1977.

Gerard Egan. The Skilled Helper. Brooks: Cole Publishing,1982.

Muaro,E.A., R.J. MAnthei &J.J. Small. Counselling- A Skills Approach. New Zealand: Methuen,1983.

Stephen Murgatroyal. Counselling and Helping. London: The British Psychological Society & Methuen,1985.

Steve Duck. Human Relationships. New Delhi: Sage Publications III Edition,1999.

Tolbert, E.L. An Introduction to Guidance. Boston: Little Brown & Co , 1982.

William Worden , J. Grief Counseling &Grief Therapy. London: Tavistock Publications,1986.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS – GENERAL ELECTIVE  
(Effective from the academic year 2009-2010)**

**SOCIAL WORK INTERVENTION IN SUBSTANCE ABUSE**

**CODE:SW/PE/SA 33**

**CREDITS : 3**

**L T P : 3 0 0**

**TOTAL TEACHING HOURS : 39**

**OBJECTIVES OF THE COURSE:**

- To enable the students to understand the various perspectives of substance abuse and their impact on individuals/families/societies.
- To develop skills in students to envisage, plan and work out strategies in working with the alcoholics/drug addicts.
- To understand the basic concepts of CBR., 'After Care', 'Relapse', Activities of Daily Living (rescheduling) with specific reference to Addiction.

**Unit 1**

**(8 hrs)**

Drug Addiction: a) What are drugs? Use and abuse of drugs. Legal and illegal drugs (NDPS Act) Kinds of drugs – classification, definition of addiction. Meaning of substance abuse.

- b) Short and long term effects of drugs, forms, usage, tolerance, withdrawal symptoms, drug dependence.
- c) Alcoholism – its different stages – its effect on body and mind. Causative factors of addiction – sociological, psychological, biological (hereditary) with emphasis on theories. Difference between an alcoholic and an addict.
- d) Personality of the addict. Changes due to addiction in the personality. Indicators for identifying addiction. Pre-dispositional factors.
- e) Medical treatment – related issues, complication of each type of drug used. Nicotine, Heroin, Cocaine, alcohol etc. (indigenous to be included). Relapse and recovery. Narcotics Anonymous. Identifying goals for treatment – base line progress to be recorded.

**Unit 2**

**(6 hrs)**

**Relapse – follow up, after care and rehabilitation:**

- a) Relapse dynamics – definition, characteristics of relapse stages indicating the onset of relapse. Relapse prevention. Need for continued follow up.
- b) Follow up – medical and counselling concomitants of follow up – assessment of the improvement of ex addicts. Role of the family – Counselling and guidance in restructuring the activities of daily living (ADL) along with the addict and his family. Follow up schedule maintenance – importance, referral to self help groups.

**Unit 3** (2 hrs)  
After Care Rehabilitation: Concept of 'After Care' and 'Rehabilitation'. Setting goals of after care and rehabilitation. Half way homes, day care centres. Self employment and vocational rehabilitation – with great emphasis on the role of the community.

**Unit 4** (12 hrs)  
**Need and importance of prevention:**  
1. The concept of prevention – Primary, Secondary and Tertiary levels of prevention.  
a) Prevention at Primary level. The role of the Family, socialisation, sibling management, preparing the child to meet the vicissitudes due to the transitions in family structure.  
b) Prevention at the Secondary level. Peer group pressure, neighbourhood, school, workplace, leisure time management. Role of different social institutions in the building of a prevention strategy.  
c) Prevention at the Tertiary level – awareness building, preventive education, use of formal and non formal media, assessment of needs of a target group and selection of a model. The importance of Out Reach Programmes and the role of voluntary organisations. Resource mobilisation and community participation and involvement.

**Unit 5** (7 hrs)  
Documentation:  
Recording – meaning and significance. Steps in recording. Types of recording. Skills in recording, uses of recording. Guidance, evaluation and research tools used in recording – formulation of proformas, case outlines, individual and group psychological assessment scales, recap, check lists. Follow up records.

#### **METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

#### **BOOKS FOR REFERENCE**

Alcoholics Anonymous World Services Inc. Alcoholics Anonymous (3<sup>rd</sup> Ed) New York City, USA: 1976.

Benegal, Vivek et al. Alcohol Related Problems – A Manual for Medical Officers. Bangalore: NIMHANS, 2001.

Charles, Nair and Britto. Drug Culture in India, New Delhi: Rawat Publications, 1999.

GRITO-IFCU. Culture and Drug Use/Abuse in Asian Settings – Research for Action.  
Bangalore: 1994.

Kaplan Harold & Sadock Benjamin. Modern Synopsis of Comprehensive Textbook of Psychiatry; 4<sup>th</sup> Ed. London: Williams & Wilkins, 1985.

Sekar, K. Parthasarathy, R., Muralidhar, D. Chandrasekhar Rao, Handbook of Psychiatric Social Work. Bangalore: NIMHANS. 2007.

Srinivasa Murthy & Burns B. (Eds). Community Mental Health – Proceedings of the Indo-US Symposium. Bangalore: NIMHANS, 1992.

Terrence C. Cox, Michael R. Jacobs, Drugs and Drug Abuse – A Reference Text;  
Eugene Leblanc & Joan A Marshman Toronto; Addiction Research Foundation, 1983.

Websites

[www.unodc.org](http://www.unodc.org)

[www.addictionindia.org](http://www.addictionindia.org)

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS - ELECTIVE  
(Effective from the academic year 2009-2010)**

**ADOLESCENT HEALTH AND DEVELOPMENT**

**CODE: SW/PE/AH33**

**CREDITS: 3**

**L T P: 3 0 0**

**TOTAL TEACHING HOURS: 39**

**OBJECTIVES OF THE COURSE**

- Understand the biological and psychological processes that occur during adolescence.
- Identify adolescent health risk factors.
- Understand major health concerns affecting adolescence.
- Awareness of Governmental programmes of roles, and functions of organizations in the promotion of adolescent health.

**Unit 1 (8 Hrs)**  
Psycho-social Health in the Context of Orphaning, Out of School Children, Migration, Homelessness, Refugee Camps, Multiple Marriages, Single Parenthood, Divorce, Re-Marriage, Family Illness, Parental Substance Abuse, Domestic Violence, Abuse – Emotional, Physical or Sexual, Adolescent Labour, School Dropout, Juvenile Delinquency.

**Unit 2 (7 Hrs)**  
Common Ailments and Management in Adolescents: Acute Conditions – Respiratory Infections, Fractures/Accidents; Chronic Conditions – Juvenile Diabetes, Physical Disabilities, Cancer; Infectious Diseases, HIV, STI, TB

**Unit 3 (7 Hrs)**  
Health Behaviour– Nutrition and Growth Stunting, Anemia, Obesity, Eating Disorders, and Substance Abuse  
Health Promotion- Adolescent Mental Health, Personal Management Stress Management and Coping, Life Skills, Handling Relationships, Yoga, Meditation.  
Need for Adolescent Friendly Health Services.

**Unit 4 (8 Hrs)**  
Governmental Programmes in Promotion of Adolescent Health – RCH, Adolescent Programmes in Five-Year Plans, Governmental Schemes.



International Organizations and Adolescent Health, Role of UNICEF, WHO, RGNIYD  
Role of Peers, Family and Teachers in Promotion of Adolescent Health;  
Functioning of Organizations – Schools, Religious, Sports in Adolescent Health Promotion

**Unit 5**

**(9 Hrs)**

Gender, Identity Development: Anatomic and Physiological Sexual Maturation, Gender Inequality, Sexuality, Values, Practices and Risks Associated With Sexual Activity – Early Marriage, Commercial Sex Work, Rape: Pregnancy, Child Birth, Child Spacing/Contraceptives.

Social Work Training for Promotion of Adolescent Physical and Mental Health;  
Use of methods of Social Work with Adolescent Health and Development.

**METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

**BOOKS FOR REFERENCE**

Hiramani ,A.B.and Sharma, Neelam. Health and Youth in India, New Delhi: Agam Prakash,1982.

Hurlock, Elizabeth. Developmental Psychology-A Life Span Approach. ed 5, New Delhi: Tata Mc Graw Hill Publishing Co,1995.

Bhattacharya ,Sanjay. Social Work Intervention and Management. New Delhi: Deep & Deep Publications (P) Ltd,2008.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS – ELECTIVE  
(Effective from the academic year 2009-2010)**

**SOCIAL WORK INTERVENTION IN PREVENTION, CONTROL AND  
CARE OF PLWHA**

**CODE: SW/PE/SI33**

**CREDITS : 3**

**L T P : 3 0 0**

**TOTAL TEACHING HOURS : 39**

**OBJECTIVES**

- **To help students get a better understanding of HIV/AIDS in India.**
- **To enable students in developing skills to work with people living with HIV.**
- **To encourage students in understanding the ethical and human rights issues involved and thereby plan strategies for rehabilitation.**

**Unit 1 (8 Hrs)**

Introduction to STDs: Epidemiology of HIV/AIDS situation globally with special reference to situations in India.

Symptoms of the syndrome; STI/HIV, Course of transmission.

Opportunistic infections; Medical Disorders & Complications etc. (Herpes, STD, Liver Disorders, Cancer, TB and Dementias & Steroids that lead to medical complications and physical Examinations; essential skills required to manage OI)

**Unit 2 (7 Hrs)**

Assessment, Laboratory Investigations & perceptions of risk factors involved.

Pre test and post test Counselling

Care of PLWHA – social and ethical issues involved

Treatment – ART, denial of health care, HR of PLWHA, MSM, CSW, transgender.

**Unit 3 (7 Hrs)**

Psycho - social factors; prevention (Condom / needle exchange etc.) Strategies; Social Work approach; History taking; social support systems; care and support, positive network,

Palliative care; behaviour change and communication

**Unit 4 (8 Hrs)**

Community health programme; conducting awareness programme and related issues.

Sex education – peer influence / pressure

Use of condoms, prevention and control of STDs, HIV/AIDS

HIV infection and pregnancy, prevention of parent to child transmission, children with HIV

**Unit 5****(9 Hrs)**

Government and NGOs – NACO, APAC, TANSAC, USAID, RRC, YRC Care  
Research and Policy for HIV/AIDS and Advocacy.

**METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

**BOOKS FOR REFERENCE**

Park, K. and Park, J. Park's Text Book of Social and Preventive Medicine. Jabalpur: Banarasidas Publishing, 2004.

Paranjape, Romah. Mehendale, Sanjay. AIDS-Updated Information –The Only Medicine. Chennai: Mcmillan, 2003.

Joseph, Shirly. Social Work Practice & Men who have Sex with Men. New Delhi: Sage Publication, 2005.

Pequegnet, Willow. Apocznik, Jose. Working with Families In the Era of HIV/AIDS, New Delhi: Sage Publications, 2000.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

(Effective from the Academic year 2009-2010)

**CHILD RIGHTS**

**CODE: SW/PC/CR 34**

**CREDITS: 4**

**L T P: 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES**

- To create awareness on the situation of the child in India.
- To understand the legal provisions and rights of the child.
- To evaluate the services and programmes for the rights of the child.
- To study the skills and methods to work with children.

**Unit 1**

**(8 hrs)**

**The Child in India** - Demographic profile of the child in India. Situational analysis of the rights of the child in India – survival, health, nutrition, education and with specific reference to the girl child.

Constitutional safeguards assuring the rights of the child in India. UNCRC within the framework of human rights. Millenium Development Goals. Changing context of work with children – charity to rights approach.

**Unit 2**

**(8 hrs)**

**Overview of problems of children** - Children in Special Circumstances – Destitute child, Delinquent child, Street child – Definition, Causes, Effects, Services and Prevention. Juvenile Justice System in India. Sexually Exploited and Oppressed Children – Child Abuse, Child Labour, Child Trafficking, Child Prostitution – Definition, Nature/Characteristics, Causes, Effects, Services, Prevention.

Children in Need of Special Care – Differently Abled (Physically And Mentally Challenged), Emotionally Disturbed, Learning Disabled, Children Living with HIV/AIDS, Children of Prisoners. Problems of Children in Disaster Situations and Conflicts.

Role of Social Work with Children in Special Circumstances, Sexually Exploited and Oppressed Children. Children in need of Special Care and in Disasters and Conflict Situations.

**Unit 3** (8 hrs)  
**Services for the Child** - Structure and Function of Governmental Programmes. Programmes - Child Survival, ICDS Programme, School Health Programme, Health and Nutrition Programmes. Sarva Shiksha Abhiyan, National Child Labour Elimination Programme, Early Childhood Education, Alternatives to Formal School Education - Transit Schools, Non-Formal Education, Vocational Education.

National Charter for Children - 2004, National Plan of Action - 2005, National Commission for Protection of Child Rights Act, National Initiative for Child Protection, National Institute of Public Cooperation for Child Development, Indian Council for Child Welfare, Role of UN And International Non Governmental Organisations – UNICEF, UNESCO, World Health Organization, Save The Children, Child Rights And You And Non-Governmental Services for the Child.

**Unit 4** (14 Hrs)  
Social Work with Children – Approaches to working with Children – Institutional Settings, SOS Children’s Villages.  
Non-Institutional Settings: Adoption –In country and Inter-Country Adoption, Sponsorship And Foster Care.  
Multi-Disciplinary Approach – Sustainable/Developmental Approach, Macro planning, Sectoral Model, Participatory Approach, Preventive Model, Rehabilitative Models, Convergence Approach  
Rights Based Approach in working with Children, Child Rights Programming, Networking and Advocacy for Child Rights.

**Unit 5** (14 Hrs)  
Research, Training and Documentation – Research on child issues, training for Promotion, Protection and Defending Child Rights. Documentation of Child Issues and Rights, Child budgeting.

## **METHODOLOGY**

Lectures  
Discussions  
Case Studies  
Media Based Analysis  
Guest Lectures  
Field Visits  
Audio-Visual Aids  
Participation in Workshops  
Seminars

## **BOOKS FOR REFERENCE**

Cotton, Mathew, Sanders Robert & Williams, May. An Introduction to Working with Children, A Guide for Social Workers. New York: Palgrave Macmillan, 2001.

Greig, Anne & Taylor Jayne. Doing Research with Children. New Delhi: Sage Publications, 2001.

D'Sami, Bernard. A Report on the Condition of the Marginalized Children in India, Chennai: Virgil D'Sami, Arunodhaya, 2006.

Feinstein Clare, Karkara Ravi, Laws Sophie. A Workshop Report on Child Participation – in the UN Study on Violence Against Children. Sweden: International Save the Children Alliance, 2002.

Gandhi, Anjali. School Social Work. New Delhi: Commonwealth Publishers, 1990.

Holmes, Robyn M. Field Work with Children. New Delhi: Sage Publications, 1998.

Nanda, V.K. Nutrition and Health for Child Development, New Delhi: Anmol Publications, 1999.

Tandon, R.K. & Sudarshan, K.N. Directory & Handbook on Children. New Delhi: Ashish Publishing House, 1998.

Theis, Joachim. Promoting Rights – Based Approaches, Experiences and Ideas from Asia and the Pacific. Sweden: Save The Children, 2004.

Wal, S. International Encyclopaedia of Child Development Priorities for 21Century. Vol., I – V. New Delhi: Sarup and Sons, 1999.

Save the Children. Child Rights Programming – How to apply Rights - Based Approaches in Programming. Sweden: International Save the Children Alliance, 2002.

UNICEF. Mapping India's Children: An Agenda for Action

Kappur, M. Sheppard, Ralph & Renate (Eds.) Child Mental Health -Proceedings of the Indo-US Symposium. Bangalore: NIMHANS and ADAMHA. 1993.

Yadav, Aradhana. Social Dimensions of Child Labourers, Dalit Children in Hazardous Industries. New Delhi: Indian Social Institute, 2007.

[www.wcd.nic.in](http://www.wcd.nic.in)

[www.unicef.org](http://www.unicef.org)

[www.tn.gov.in](http://www.tn.gov.in)

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2009-2010)**

**MEDICAL SOCIAL WORK**

**CODE: SW/PC/MS34**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS : 52**

**OBJECTIVES OF THE COURSE**

- To know and understand the beginning of social work in the medical setting and its development and current status.
- To understand a holistic and integrated approach to social work practice in the field of health.
- To have an understanding of common physical diseases and health problems of vulnerable groups.
- To apply Social Work knowledge in health field.

**Unit 1 (5 Hrs)**

The beginning of medical social work: the meaning of health, hygiene, disease, illness and disability; medicine through the ages; changing concept of health; concept of patient as a person. Historical development in medical social work in the west, in India. Trends in Medical Social Work practice in Chennai.

**Unit 2 (8 Hrs)**

Health Care Models; changing phase of health care Social Work ; levels of health care; medical, health prevention and promotion model, integrative model and developmental model; Holistic approach to health; indigenous systems of health – ayurveda, siddha, unani; alternative systems of health – yoga, naturopathy

**Unit 3 (8 Hrs)**

Organization and administration of medical social work department in hospitals

- Medical social work in relation to different disciplines
- Multi disciplinary approach and team work
- Patients rights in health care – PNDDT Act, MTP Act, COPRA, Organ transplantation Act, euthanasia, ESI Scheme.
- PR in hospitals

**Unit 4****(16 Hrs)**

The psycho social economic problems of:

- Major communicable diseases – tuberculosis, std, hiv/aids, polio, diarrhoeal diseases, malaria, typhoid, leprosy, leptospirosis, rti;
- Major non-communicable diseases – cancer, diabetes, hypertension, cardiac disorders, neurological disorders, asthma;
- Physically challenged
- Nutritional disorders
- Occupational health
- Women's health
- Paediatric health
- Geriatric health
- Individuals and family during hospitalization
- Undergoing surgery
- Chronic pain

**Unit 5****(15 Hrs)**

Role and functions of Medical Social Workers – use of methods of social work by health care social workers - Use of psycho therapy, supportive counseling, grief counseling and discharge planning.

Documentation and record keeping in health care

Medical Social Work Practice In Different Settings – Hospitals, Out-Patient Departments, Emergency / Crisis Intervention and Care, Hospice, Special Clinics; Convalescent Care, Acute Health Care Settings, Restorative Health Care Settings, Long Term Health Care, Palliative Care and Problems Encountered by Medical Social Workers in the field.

**METHODOLOGY**

Lecturers, interactive discussions

Group assignment / discussions

Providing reading material for reflection and discussions

Article / news item reviews

Field based case-studies / discussion and analysis

Field visits / guest lectures.

**BOOKS FOR REFERENCE**

Anderson R & Bury M. (Eds). Living with Chronic Illness- The Experience of Patients and Their Families. London: Un-win Hyman,1988.

Bajpai P.K. (Ed). Social Work perspectives on Health. New Delhi: Rawat Publications,1997.



Bartlett H.M. Social Work Practice in Health Field. New York: National Association of Social Workers, 1961.

G.M. Dhaar I Robboni. Foundation of Community Medicine. New Delhi: Elsevier, 2006.

Field M. Patients Are People- A Medico- Social Approach to Prolonged Illness. New York: Columbia University Press, 1963.

Goldstein D. Expanding Horizons in Medical Social Work. Chicago: University of Chicago Press, 1955.

Pathak S.H. Medical Social Work in India. New Delhi: DSSW, 1995.

Pokarno K.L. Social Beliefs, Cultural Practices in Health and Disease. New Delhi: Rawat Publications, 1995.

Reisch M. & Gambill E. Social Work in the 21<sup>st</sup> Century. New Delhi: Pine Forge Press, 1997.

Dr Sanjay Bhattacharya. Social Work: Psycho Social and Health Aspects. New Delhi: Deep & Deep Publications, 2008.

GPI Singh & Sarit Sharma. Multiple Choices as In Preventive & Social Medicine. New Delhi: Elsevier, 2008.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**DEVELOPMENT PLANNING AND ADMINISTRATION**

**CODE: SW/PC/DP34**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES**

- To develop theoretical understanding of development and planning.
- To enable students gain an understanding of the administrative machinery involved in development.
- To provide knowledge on various methods, strategies and development efforts.
- To understand the role and contribution of professional social work in the development process.

**Unit 1 (8 Hrs)**

Planning: Concept, Types of Planning, Planning Process and Importance of Planning for Development.

Development: Concept, Indicators –Human Development Index, Physical Quality of Life Index, Human Poverty Index, Gender Related Index, Development Strategies With Specific Reference to Balanced & Unbalanced Approach to Development, Models of Development with specific reference to Nehru, Gandhi, L.P.G and PURA Model.

Concept: Social Development and Sustainable Development; Millennium Development Goals (MDG).

**Unit 2 (8 Hrs)**

Participatory Planning: Peoples Participation - Concept, Factors Promoting & Hindering Peoples Participation. Techniques of Participation with Specific Reference to Participatory Rural Appraisal & Participatory Need Assessment.

**Unit 3 (8 Hrs)**

Development Planning In India :Need ,Goals Of Rural and Urban Development, Critical Analysis of the Five Year Plans till the Current Plan . The 73<sup>rd</sup> and 74<sup>th</sup> amendment and Its Impact on Rural and Urban Management.

**Unit 4 (8 Hrs)**

An Over View of Rural /Urban / Tribal Administration, Structure &Levels of Planning at Centre, State, District and at Block levels. Brief History of Urban

Local Bodies in Urban Areas; Forms of Urban Local Government in India, Corporation, Towns, Notified Areas and Cantonment Boards.

**Unit 5**

**(20 Hrs)**

Role of NGOs in Rural and Urban Development :  
Concept of Voluntary Organizations in Rural / Urban Development. Critical Analysis of Voluntary Action In India; Role Of International Funding Agencies in Development. National Policy on voluntary sector; SHG as a movement.

Social Work and Development Paradigms:  
Development Paradigm in Social Work, Changing Trends in Social Work Practice. Application of Social Work Methods in Development Practice.  
Participatory Tools and Methods to be Adopted in Rural/Urban Areas.  
Social Analysis –Networking, Conflict Resolution, Negotiation, Cost -Benefit Analysis, Gender Analysis, Sustainability Analysis and Capacity Building.

**METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

**BOOKS FOR REFERENCE**

Agarwal, A.N, India Economy: Nature, Problem & Progress, New Delhi: Vikas Publications 1998.

Bhat, Anil, Development & Social Justice: Micro Action by Weaker Sections, New Delhi: Sage Publications, 2001.

Puri V.K. & Misra S.K. Indian economy Himalayan. New Delhi: Publishing house, 1988.

Dhingra C.Ishwari, The Indian Economy, New Delhi: Sultan Chand and Sons, 1988.

Datt & Sundaram K.P.M., 54<sup>th</sup> Ed. Indian Economy. New Delhi: S. Chand, Company 2007.

Desai A.R, Rural Sociology, Bombay: Popular Press, 1978.

Dubhashi P.R, Rural Development, Administration in India, Bombay: Popular Press 1994.

Desai Vasanth, Rural Development, Vol. 1& 2, New Delhi: Himalaya Publishing house, 1998.

Jain S.C. Community Development & Panchayati Raj in India, Chennai: Allied Publishers Ltd., 1985.

Jain S.C. Rural Development Institutions & Strategies, Jaipur: Rawat Publications, 1985.

Jain L.C. Grass without Roots: Rural Development under Government Auspices, New Delhi: Rawat Publication, 1985.

Kapila Uma, India's Economic Development since 1947, New Delhi: Academic Foundation, 2007.

Sharma, Kampa Prasad, Participation Planning at the Grass Roots, New Delhi: Sterling Publishers 1993.

Indian Journal of Social Work Vol. 12, 1999.

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**FAMILY SOCIAL WORK**

**CODE: SW/PC/ FS34**

**CREDITS : 4**

**LTP : 4 0 0**

**TOTAL TEACHING HOURS : 52**

**OBJECTIVE**

- To develop an understanding of families in society and create awareness on emerging alternative family patterns.
- To impart a conceptual and theoretical framework for understanding family
- To understand family problem areas, conduct assessments and set goals for intervention
- To develop knowledge and skills in planning and implementing programmes to enhance family life.
- To create an awareness of policy, programs of service delivery systems

**Unit 1 (8 Hrs)**

Families in society: Understanding the family- global and Indian perspective. Analysis of structural (due to development, globalization, migration, displacement) and functional changes and challenges affecting the family today. Emerging alternative family patterns- single parent families, female headed households, dual earner families, reconstituted families and parenthood through surrogacy. Gay, lesbian and bisexual relationships.

**Unit 2 (13 Hrs)**

Conceptual and Theoretical Framework for understanding and working with the family: family functions, family ecology, family norms, family patterns, family structure, and family practice.  
Theoretical Approaches- systems/ ecological perspectives, family centered, structural, strategic, evidence based, family resilience approaches and communication theory.  
Application of the family development practice model to understand family development through the life stages. (Evelyn Duvall)

**Unit 3 (13 Hrs)**

Assessment and Goal Setting for Intervention: Formulating an understanding of family problem areas through assessment of family needs, family dynamics, problem assessment and goal setting for intervention. Eco-map, genogram and timeline construction for diagrammatic assessment of family relationships.

Therapeutic & Service Oriented Interventions  
Family Systems Intervention (Six Stage Model), Family Treatment Techniques,  
Family Therapy, Rehabilitation, Crisis Intervention  
Self Help and Support Groups, Family Counseling Centers, Family Courts Act  
1997 and Lok Adalats.

**Unit 4 (9 Hrs)**

Family Life Education, Positive Parenting and Sexuality education- general philosophy and broad principles of family life education, positive parenting, sexuality education, (including reproductive health, family planning, STDs/HIV/AIDS) in conjunction with the ability to plan, implement programmes.

**Unit 5 (9 Hrs)**

Organisation and Administration of the Department of Health and Family Welfare  
Family Welfare Programmes: RCH programme under NRHM, All India Post Partum Programme, Janani Suraksha Yojana (JSY)  
Socio economic & welfare programmes of the State Social Welfare Board, Kasturba Gandhi National Memorial Trust, All India Women's Conference, Women's Indian Association, Services for the elderly.  
Programmes and women groups.  
Role of a Social Worker in family welfare planning

**METHODOLOGY**

Lecture  
Group Discussion  
Case Study analysis  
Seminar Presentation  
Audio/Video Sessions  
Guest Lectures  
Developing training modules  
Circulation of handouts

**BOOKS FOR REFERENCE**

Ambrosino, R. Hefferman, J. and Shuttlesworth, G. Social Work and Social Welfare- An Introduction, ed. 5, USA: Brooks /Cole Thomson Learning, 2005.

Bhatlavande, P. Gangakhedkar, R. On the Horizon of Adulthood. India: UNICEF , 2001.

Carter, B. McGoldricke, M. The Changing Family Life Cycle-A Framework for Family Therapy. London: Allyn & Bacon, 1989.

Compton, Beulah R. Galaway, B. Cournoyer, Barry R. Social Work Processes, ed 7, USA: Brooks / Cole Thompson Learning, 2005.

Desai, M. (ed) (1994), Family & Interventions- Course Compendium. Mumbai: TISS, 1994.

Duvall, Evelyn M. Family Development. ed 3, New York: J.B.Lipincott Company, 1989.

Goode, William J. The Family. New Delhi :Prentice Hall of India (Pvt ) Ltd, 1965.

Hurlock, E. Developmental Psychology-A Life Span Approach. ed 5. New Delhi: Tata McGraw Hill Publishing Co. Ltd,1995.

Margaret , A. Schvaneveldt.M.J. Handbook of Family Life Education- The Practice of Family Life Education . New Delhi: Sage Publications, New Delhi, 1993.

Pachauri, S. A Reproductive Health Package for India, New Delhi: Population Council, 1995.

Park, K. and Park, J. Park's Text Book of Social and Preventive Medicine. Jabalpur: Banarasidas Publishing, 2004.

Saleebey, Dennis. (ed) The Strengths Perspective in Social Work Practice. ed 4, New York:: Pearson Education,2006.

Tata Institute of Social Sciences. Family Intervention-Case Studies. Mumbai: TISS, 1994.

Journals & Periodicals of the Family Welfare Department.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK  
SYLLABUS  
(Effective from the academic year 2009-2010)**

**MENTAL HEALTH AND SOCIAL WORK**

**CODE: SW/PC/MH 34**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS : 52**

**OBJECTIVES**

- To understand Psychiatric Social Work in the context of changing trends in health care.
- To understand the concept of mental health, acquire knowledge in mental disorders and their management.
- To develop skills in identifying and managing mental disorders in health settings and the community.

**Unit 1 (8 Hrs)**

Psychiatric Social Work: Definition of Psychiatric Social Work, history and scope of Psychiatric Social Work, changing perspective of Psychiatric Social Work. Concept of Mental Illness and Mental Health, changing perspectives from illness to well-being, changing trends in Mental Health Care, Indian view of mental health and well being.

**Unit 2 (8 Hrs)**

Common Mental Disorders and their treatment modalities: Clinical signs and symptoms. Organic mental disorders, mental and behavioural disorders due to psychoactive substance use, schizophrenia and delusional disorders. Mood disorders, behavioural syndromes associated with physiological disturbances, disorder of psychological development, behaviour and emotional disorders with onset in childhood and adolescence. Neurotic, stress-related and somatoform disorders. Disorders of adult personality disorders and behaviour, sexual disorders, mental retardation, suicide.

**Unit 3 (8 Hrs)**

Psychiatric assessment: History taking and mental status examination, psychosocial and multidimensional assessment of persons with mental disorders in Psychiatry from a clinical and strengths based perspective. Assessment of family as a system, use of mental health scale in assessment & intervention.

**Unit 4 (9 Hrs)**

Social Work Therapeutic Approaches – Theory and Models: Psychoanalytic, Psychosocial, Behaviour Modification, Cognitive – Behavioural, Strength –



Based / Resilience Model, Task Centered Model, Systems Approach, Life Model, Transactional Analysis, Crisis Intervention. Evidence Based Practice

**Unit 5**

**(19 Hrs)**

Legislations with regard to the mentally ill: Mental Health Act, 1987. Narcotics Drugs and Psychotropic Substances Act 1985; Rights of the Mentally Ill and Advocacy.

Practice of Psychiatric Social Work in the Mental Health Field:

Psychiatric Settings: Special Settings – Child and Adolescent Mental Health, Gender and Mental Health, De-addiction, Industry.

Non-Psychiatric Settings: Non-Institutional Models of Mental Health Care.

Role of National and International Organizations in Mental Health.

**METHODOLOGY**

Lectures,

Discussions

Case Histories

Case Studies

Media Based Analysis

Guest Lectures

Field Visits

Audio-Visual Aids

Participation in Workshops

Seminars.

**BOOKS FOR REFERENCE**

Ahuja, Niraj. A Short Textbook of Psychiatry. 5<sup>th</sup> Edition, New Delhi: Jaypee Brothers, Medical Publishers Pvt. Ltd., 2002.

Bhattacharya, Sanjay. Social Work Interventions and Management. New Delhi: Deep & Deep Publications (P) Ltd, 2008.

Colin Pritchard. Mental Health Social Work. London: Routledge Publishers, 2006.

Herman, Helen, Saxena, Shekhar Moodie, Rob. (Eds.) Promoting Mental Health – Concepts – Emerging Evidence – Practice. WHO, Geneva: 2005.

Joseph, Sherry. Social Work Practice and Men who have Sex with Men. New Delhi: Sage Publications, 2005.

Kaplan, H.I., Freedman A.M., and Sadock B.J. Comprehensive Text Book of Psychiatry, (Third Ed.) Vols. 1,2&3, London: Williams & Wilkins, 1980.

Mane P. & Gandevia K. (Eds.) Mental Health in India Issues and Concerns. Mumbai: Tata Institute of Social Sciences, 1993.

Roberts, Albert R. & Greene, Gilbert J. Social Workers' Desk Reference. New York: Oxford University Press, 2001.

Sekar, K. Parthasarathy, R., Muralidhar, D. Chandrasekhar Rao, Handbook of Psychiatric Social Work. Bangalore: NIMHANS, 2007.

Srinivasa Murthy & Burns B. (Eds.). Community Mental Health – Proceedings of the Indo-US Symposium. Bangalore: NIMHANS, 1992.

Verma, Ratna. Psychiatric Social Work In India. New Delhi: Sage Publications, 1991.

World Health Organisation, The ICD 10 Classification of Mental and Behavioural Disorders. Clinical Description and Diagnostic Guidelines, Geneva: Oxford University Press, 1992.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**RURAL AND TRIBAL COMMUNITY DEVELOPMENT**

**CODE: SW/PC/RT34**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS: 52**

### **OBJECTIVES**

- To understand the critical elements of rural and tribal communities.
- To enhance critical understanding of the models and strategies for community Development practice.
- To understand the impact of globalization on rural tribal communities.
- To critically analyze development issues and to address the same.

#### **Unit 1**

**(8 hrs)**

The Concept and Characteristics, Nature and Scope of rural and tribal community development; Historical review of rural and tribal community development.

Rural socio-economic structure - family, caste, class, power structure.

Tribal socio-economic structure; family system, rituals and rites, kinship patterns, animism and tribal culture.

Nature of the Rural and tribal Economy, Society and Polity;

#### **Unit 2**

**(9 hrs)**

Major problems of rural communities: Poverty, causes and consequences of poverty, rural backwardness, casteism, illiteracy and its impact on rural development; major obstacles to rural development; agrarian crisis

Major problems of tribal communities: Alienation, land acquisition, oppression, deprivation, bonded labour, exploitation, tribal dislocation and resettlement, lack of basic amenities.

Globalization and its impact on rural and tribal poor.

#### **Unit 3**

**(9 hrs)**

Approaches to development; Gandhian and Nehurian approach to rural and tribal development, sustainable development

Development Policies and Programmes in rural and tribal areas. Agencies : SIRD, NIRD

Method and programmes of Government and Non-government interventions – SHG, micro-credit and microfinance; the related structure of decision making and intervention. Panchayati Raj; three tier system of Panchayat Raj Institution and 73<sup>rd</sup> Amendment Act and provisions.

**Unit 4**

**(13 hrs)**

National rural and tribal development Programmes and strategies;  
Area Project Planning for Integrated development and Communication in rural and tribal India. Social and Economic development programmes -Health, Education, Economic Development etc;  
Development programmes – SSA, SHG, micro-credit and micro-finance, methods of implementation and their impact: NREGP, IRDP, TDP, SGSY, PURA Tribal Act.

**Unit 5**

**(13 hrs)**

Need and importance of Social Work intervention in rural and Tribal areas; social research and documentation; role and contribution of NGOs in influencing the rural and tribal policy, planning and development;  
Techniques for development and practices  
Logical framework approach., social impact assessment, appreciative enquiry.

**METHODOLOGY**

- Lecture sessions
- Training Programme
- Audio/Visual presentation
- Group Exercises
- Case study analysis
- Sharing of experience
- Field visit

**BOOKS FOR REFERENCE**

Reddy, Sateesh K. Multi-faceted rural development Dominant, New Delhi: 2002.

Jain, Rashmi . Communicating rural development, Jaipur: Rawat publications, 2003.

Crowell, Daniel, The SEWA Movement and rural development, New Delhi: Sage Publications, 2003.

Bhatia, B.S. Rural development management, New Delhi: Deep & Deep Publications, 2003.

Acharya, Sarthi. Women and Rural development in the third World, Bombay: Tata institute of social sciences, 1987.

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Behera M .C . Globalisaing Rural Development, New Delhi: International Development Research Centre, 2006.

Sathyanarayana G. Voluntary effort and rural development, Rajasthan: Rawat publications, 2007.

Arya, R. P. Training for social work and rural Development, Manglam: 2007.

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Singh,J.P. Tribal development, New Delhi: Vikas Publishing, 1991.

Patnaik N. Tribes and their development a study of two tribal development blocks in Orissa, Hyderabad: National institute of community development , 1977.

Kumar,A . Tribal development in India , New Delhi: Sarup & Sons, 2002.

Narayan, Sachindra. The dynamics of tribal development. Issues and challenges, New Delhi: Gyan publications, 2002.

Thakur Ashutosh, Tribal development and its paradoxes, Calcutta: Authors press, 2001.

Sharma A.N. Tribal development in Andaman islands, New Delhi: Sarup & Sons, 2003.

Soni, Jasprit Kaur. Introspection of tribal development, New Delhi: Sonali publications, 2004.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2009-2010)**

**MANAGEMENT FOR NON PROFIT ORGANISATION**

**CODE: SW/PC/MO34**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS : 52**

**OBJECTIVES**

- To understand procedures and policies involved in establishing and maintaining not for profit organizations.
- To acquire skills to participate positively in the management of resources, physical, financial and human and management of programmes as part of the team.
- To develop effective leadership qualities in managing NGO's

**Unit 1** **(8 hrs)**

Introduction: Concept of Management in India, Definition, types of non profit organizations, A Historical Perspective, Role of non profit organization, scope for Scientific Management in Welfare Organization, National policy of voluntary sector, CSR.

**Unit 2** **(13 hrs)**

Management: Basic Concepts and Principles; Goals of Management, Management Techniques and Tools.

Management Functions: Concept and Principles of Management Planning, Policy Making, Goal Setting, Organization, Staffing, Coordination, Communication, Supervision and Control, Public Relations and Publicity; Reporting and Evaluation.

**Unit 3** **(5 hrs)**

Organizational Behaviour

- a) Individual in an Organization
- b) Groups in Organization; Group Behavior and leadership, team, conflict, motivation and stress management and time management.
- c) Organization Process – Communication, Coordination, Division of Labour.

## **Unit 4**

**(13 hrs)**

Organization of NGOs: Board, Trustee Committees, Executives – Their roles and function, Laws related to NGO: Society Registration Act 1976s, Trust Act Of 1912, Cooperative Societies Act 1912 and FCRA related issues.

## **Unit 5**

**(13 hrs)**

Social Enterprises

Service Enterprises- Welfare, basic education, agriculture, community health, women rights, de-addiction.

Empowerment Enterprises- drinking water, sanitation, income generation, adult education, empowering marginalized sections through education and training.

Supporting Enterprises- social movements of people, preservation of ancient tradition and culture, indigenous technical knowledge, promoting ethics and values, counseling and guidance.

Networking Enterprises- need and importance, process of networking, power of networking, strengths and values of networking.

Relationship of social enterprises: with government, with society.

With industry, with international agencies; UNICEF, CARITAS, Action Aid. (Dependency, response and collaborations)

Projects and programmes: Central social welfare board, social Defence, department of social welfare.

Micro Credit Movement: Providing access to credit to under-privileged, need assessment, challenges, success stories.

## **METHODOLOGY**

- Lectures
- Group interaction/ Discussion
- Observational field visits
- Seminars
- Case study
- Assignments

## **BOOKS FOR REFERENCE**

Anand Sirohi, Encyclopedia of Social Welfare Modern Perspective on Social Welfare, New Delhi :Domain Publishes and Distribution Publication, 2003.

Arun Monappa & Miza, S.Saiyadain, Personnel Management, New Delhi: TATA MacDraw hill. Publishing Company LTD, 1997.

Aswathappa K., Organizational Behaviour, 7<sup>th</sup> revised edition, Mumbai :Himalaya Publishing House, 2007.

Carroll, Stephen Jr. & Tosi, Henry, Jr. Management by Objectives, NY : McMillan, 1973.

James David, Managing People in Organizations. New Delhi :AITB.S Publishers, 2002.

Koontz Harold , Management, New York :Harper Brother's Publication 1987.

Laxmi Devi, The Management, New Delhi: Institute for Sustainable Development, Lucknow; Anmol Publication, 1998.

Lalitha N.V, Financial Assistance to Voluntarily Organizations for Development, New Delhi :NIPCCD, 1981.

Lalitha N.V, Status of voluntarily effort in social welfare, New Delhi :NIPCCD, 1982.

Luthans Fred, Organizational Behaviour, 8<sup>th</sup> edition, New Delhi: Tata Mc Graw Hill Publishing Company Ltd., 2005.

Mital –R, Kumar. N, Personnel Management and Industrial Relation, New Delhi :Anmol Publications 2001.

MaheshwariS.N, Management accounting and financial concept, New Delhi: Sultan chand sons, 1998.

Odione, George, Management by Objectives, NY : Pitman Publishing, Corporation, 1965.

Prasad L.M., Organisational Behaviour, 4<sup>th</sup> edition, New Delhi: Sultan Chand and Sons Publisher, 2004.

Prasad Man Mohan , Management Concepts, New Delhi : Himalaya Publishing House. 1998.

Prasad Lallan and Gulshan S.S, Management Principles and Practice, New Delhi: Chand and Company Ltd. 2002.

Seshadri T.R, Management Lighter and Brighter Sides, New Delhi: Good Will Publishing House 1995.

Sherlekar, S.A, Modern Business Organization & Management, Bombay :Himalaya Publishing House, 1984.

Sankaran R. & Rodrigues, A Hand to the Management of Voluntary Organizations, New Delhi : Alpha Publication 1983.

Sharma, K.P, Project Management, New Delhi :National Book Trust 2000.

Sinha Kumar, Ajil Sen, Kumar Raj, Economics of Amartya Sen, New Delhi :Deep and Deep Publication 2000.

Thomas L. Wheelen J.David Higher, Essential of Strategic Management, New Delhi: Prentice Hill of India 2002.



**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**PEACE BUILDING STRATEGIES**

**CODE: SW/SK/PB42**

**CREDITS : 2**

**LTP : 0 0 2**

**TOTAL TEACHING HOURS: 26**

**OBJECTIVES**

- To develop appreciation for India's multi-cultural and multi-religious traditions and sensitivity to promote peace and integration among people.
- To develop the capacity to understand the wide range of activities associated with capacity building, reconciliation and societal transformation.

**Unit 1**

**(8 Hrs)**

**Overview:**

Brief overview of problems affecting Indian Society: Criminalization, communalization of politics, majority vs. minority, religious fundamentalism, fanaticism, regionalism and terrorism.

Structural violence in Indian society and its causative factors; caste violence, communal violence, state-sponsored violence, role of the state in containing or abetting violence  
Violence on ethnic groups, resource-based violence: conflicts over land, forest, water.

**Unit 2**

**(9 Hrs)**

**Promoting Peace:**

Reducing violence and promoting peace: Working on right based approach; The Gandhian approach; inter-religious and intra-religious approach; Building trust, identifying role in conflict; developing skills; effective communication, dialogues, negotiation, empathy, problem solving; Peace-education projects and conflict-resolution training.

**Unit 3**

**(9 Hrs)**

**Peace Interventions:**

Analyzing contemporary intervention for Peace: National and International agencies and their interventions; The role of civil society, media, religious leaders, grass root level workers, in the pre and post conflict-strategy in building lasting peace; media for peace; John Paul Lederach's model of hierarchical intervention levels; UN initiative for Peace – Peace March, Peace Movements, Peace Corps.

## **METHODOLOGY**

Lecture sessions  
Training Programme  
Audio/Visual presentation  
Group Exercises  
Case study analysis  
Sharing of experience  
Field visit

## **BOOK FOR REFERENCE**

Raghavan V.R, Conflict Resolution and Peace Building in Sri Lanka, New Delhi: Tata Mcgraw-Hill, 2005.

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK  
SYLLABUS  
(Effective from the academic year 2009-2010)

GERONTOLOGICAL SOCIAL WORK

CODE: SW/PE/GS43

CREDITS : 3

L T P : 3 0 0

TOTAL TEACHING HOURS : 39

- This is a Core Supportive Paper

**OBJECTIVES OF THE COURSE**

- Understand the theories, concepts and perspectives in gerontology and gerontological social work.
- Examine emerging trends and issues in the context of liberalized political economy, and changing demography.
- Study the physical, mental, sexual, emotional, economic, social and spiritual aspects of ageing, and emerging needs.
- Acquire skills in developmental programmes for the aging, their family members, and the community in general.
- Develop skills in working with other professionals for health, livelihood and family related interventions with older persons.
- Obtain skills in programme planning, implementing and practice based research with older persons.

**Unit 1** **(8 Hrs)**

Growing old in contemporary India. Defining Old Age, Life cycle, physiological dimensions, demography of aging. Aging differentials-gender,urban,rural

Health of older persons – longevity and physical health, mental and emotional health, ill-health, disabilities and care-giving: review of health policies and their implementation with references to older persons: health intervention: periodical check up, information and awareness about prevention of problems, recreation, and creative art programmes, spiritual discourses, counseling, physical aids and access to geriatric treatment.

**Unit 2** **(7 Hrs)**

Older persons and livelihood – work participation of older persons in the organized and unorganized sectors, economic situation of older persons: employment, retirement, social security and pensions; intervention needs: retirement planning, promoting savings, investments and making a will, training and opportunities for income generation, and sponsorship programmes.

**Unit 3** **(8 Hrs)**

Older persons and family – intervention of older persons with parents, spouse, children, children-in-laws, grandchildren, and others; care giving roles between

older persons and the family; issues of division of property, housing and social security; issues of neglect, abuse, violence, and abandonment; review of laws for inheritance and protection from abuse; intervention needs: raising family awareness and family, and bereavement counseling.

**Unit 4 (7 Hrs)**

Policy, legislation, and schemes for older persons – National Policy for Older Persons, 1999; Scheme for the Welfare of the Aged, institutional care, day care, and mobile Medicare units; laws affecting older persons; policy and plans for older persons. Maintenance and Welfare of Parents and Senior Citizens Act, 2007.

**Unit 5 (9 Hrs)**

Social Work Intervention – Developmental programmes for ageing: development programmes for preparations for old age, programmes for preparation for understanding death and bereavement, and raising family and community awareness about ageing and death. Non-institutional services/community services: continuing education, mutual / self-help groups, second career, training of older persons as volunteers, counseling and legal aid to older persons, multi-services/day care centres, home/family-based services, telephone help lines, information and referral services, and death with dignity. Minimizing the need for and humanizing the existing institutional services. Training of Para-professionals and volunteers for care of the elderly

**METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

**BOOKS FOR REFERENCE**

Brearley, Paul. Social Work, Ageing and Society. London: Routledge and Kegan Paul, 1975.

Bose, A.B. Social Security for the Old; Myth and Reality, New Delhi: Concept Publishing Co, 2006.

Chakraborti, Rajagopal. The Greying of India-Population Aging in the Context of Asia. New Delhi: Sage Publications, 2004.

Desai, K.G. Aging in India. Mumbai: Tata Institute of Social Sciences, 1982.

Desai, Murali and Raju, Siva. Gerontological Social Work In India; Some Issues and Perspectives. New Delhi: B.R. Publishing Corporation, 2000.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**HEALTH SERVICES MANAGEMENT**

**CODE: SW/PE/HM43**

**CREDITS : 3**

**L T P : 3 0 0**

**TOTAL TEACHING HOURS : 39**

- **This is a Core Supportive Paper**

**OBJECTIVES**

- To understand health planning and development.
- To appreciate health information systems.
- To understand hospital organization, administration and management.
- To gain knowledge on various health facilities, hospital services, and levels of healthcare.
- To be able to work as a health administrator.

**Unit 1**

**(8 Hrs)**

Introduction to Health Services Management. Structure and development of Indian Health Care system. Organisation of health services in the public and private systems. Planning for health services – committees, five year plans, role of Health Ministry, Planning Commission & Directorate of Health Services, role of community in health planning. Planning and Management of clinical services, speciality and super speciality, health programmes and community based services.

**Unit 2**

**(7 Hrs)**

Principles of Health Services Management – Concept and Goals. Models of Management – Traditional, Human Relations, Human resources. Concept and Components of Health Management Information Systems (HMIS), uses of HMIS.

**Unit 3**

**(7 Hrs)**

Importance of Human Resources Development (HRD) and Management (HRM) in Health services. Managing health care teams, paramedical personnel, health workers. Role of committees in Health Services Management (Ethics Committee, User Groups, Patient Welfare Societies, Hospital Review Committees.

**Unit 4**

**(8 Hrs)**

Financing of Health Services – Health Economics, Analysis of role of Center/ State expenditure on health care services in India. Health sector financing through Panchayat Raj Institutions. Use of Social Audit, Cost-Benefit Analysis as tools for monitoring,

evaluation of services. Health and Social Health Insurance – Private Health Insurance, Group Insurance, Community Based Insurance and Micro-Health Insurance.

## **Unit 5**

**(9 Hrs)**

Quality Assurance and Total Quality Management (TQM) in Health Services. Quality Initiatives in Indian Health Care Organisations – ISO-9000. Comparative Analysis of Health Care Systems.

Role of Social worker as an Administrator and Manager of Health Services. Skills in Planning, Organizing, Monitoring and Evaluating health services. Designing and developing health services.

### **METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

### **BOOKS FOR REFERENCE**

Bhat Ramesh and Mavlankar Dileep, “Health Insurance in India: Opportunities, Challenges and Concerns”, Ahmedabad: Indian Institute of Management, 2000.

Goel, S.L., Health Care System and Management, (Vol. 2), New Delhi: Deep & Deep Publications Pvt. Ltd., 2001.

Goel, S.L., Public Health Administration, New Delhi : Sterling Publishers Pvt. Ltd., 2001.

Geol, S.L. and Kumar, Hospital Supportive services, New Delhi: Deep and Deep Publications.

Health Sector Report and health care system of India, Planning commission of India, [http:// planning.commission.nic.in](http://planning.commission.nic.in)

Park, K., Preventive and Social Medicine, Jabalpur : Banarsides Bharat, 1997.

The economics of health care, [www.oheschools.org](http://www.oheschools.org), [www.healtheconomics.com](http://www.healtheconomics.com)  
Health insurance in India current scenario, regional overview in south east asia. Pp 79-99

World health organization report (2000). Why do health systems matters? WHO

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

**MASTER OF SOCIAL WORK  
SYLLABUS  
(Effective from the academic year 2009-2010)**

**DISPLACEMENT AND SOCIAL WORK PRACTICE**

**CODE: SW/PE/DS43**

**CREDITS : 3**

**L T P : 3 0 0**

**TOTAL TEACHING HOURS : 39**

- **This is a Core Supportive Paper**

**OBJECTIVES**

- To understand various factors that contribute to displacement.
- To gain knowledge about the causes and the impact of displacement on the lives of people
- To critically analyze the National and International scenario of displacement
- To recognize the relevance and application of social work methods in working with displaced population.

**Unit 1 (8 Hrs)**

Concept and Scope:

Displacement - The concept and Characteristics, Definition;

Nature and Type - Development induced, disaster induced, Man-made, rural and urban, Internal and International, forced evictions, Refugees, Migrant, Asylum seeker, Economic migrant, Immigrant, voluntary and involuntary displacements, Repatriation;

Vulnerable Groups - Dalits, rural poor, urban slum dwellers, tribal population and women. Theories of displacement - Michael M Cernea; Scudder and Colson;

**Unit 2 (7 Hrs)**

Problems and its impact:

Disaster Induced Displacement: Famine, drought, civil war,

Development Induced Displacement: Problems and issues relating to resettlement and rehabilitation; Rehabilitation: role and resistance to development projects in India - NBA, NAPM, Nandhigram, Coastal Network.

Refugees: Meaning and geo-political issues, refugees situations in the world; with special reference to Tamil Nadu and India; refugee camps- psycho-social issues in refugee situation;

**Unit 3 (8 Hrs)**

Right Based Approaches and Methods:

Geneva Convention relative to the Protection of Civilian Persons in Time of War (1949)

Universal Declaration of Human Rights, International Humanitarian Law,  
Convention Relating to the Status of Refugees (1951)  
International Covenant on Civil and Political Rights (1966)  
Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment (1984) and Convention on the Rights of the Child (1989)  
Advocacy, Networking and Movement building

**Unit 4** (7 Hrs)

Policies and Programmes:  
International standards and the protection measure of displaced population;  
Government Policies on Displacement; Resettlement and rehabilitation Act - 2004  
National and International Interventions; United Nations High Commissioner for Refugees, International Committee of the Red Cross, International Organization of Migration,

**Unit 5** (9 Hrs)

Social Work Intervention:  
Rights of displaced populations; Role, objectives and limits of a human rights operation; monitoring and protecting the human rights of displaced persons-  
Research to assess and analyze the issues and problems related to displacement.

**METHODOLOGY**

Lectures  
Training Programme  
Audio / Visual presentation  
Group Exercises  
Case study analysis  
Sharing of experience  
Field visit

**BOOKS FOR REFERENCE**

Fernandes Walter. Development, displacement and rehabilitation, New Delhi: ISI Publication, 1989.

Sudarsen V. The uprooted displacement resettlement development, New Delhi: Gian Publication, 1991.

Schenk-Sandbergen Loes. Women and seasonal labour migration, New Delhi: Sage Publications India Pvt. Ltd., 1995.

Saxena,D.P. Rururban migration in India, Bombay: Popular Prakashan Pvt.Ltd, 1977.



**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS - GENERAL ELECTIVE  
(Effective from the academic year 2009-2010)**

**DISASTER MANAGEMENT**

**CODE: SW/PE/DM 43**

**CREDITS : 3**

**L T P : 3 0 0**

**TOTAL TEACHING HOURS : 39**

**OBJECTIVES OF THE COURSE**

- To develop an understanding of eco system equilibrium and disequilibrium
- To develop skills to analyse the factors contributing to disaster.
- To develop an understanding of the process of Disaster Management
- To understand the role of the Social Worker in Disaster Management.

**Unit 1 (8 hrs)**

Concept: Definition; Basic disaster aspects, types of disasters - natural, instantaneous, creeping, technological disasters and their interaction. Refugees /Repatriates.  
Disaster management and Refugee rehabilitation

**Unit 2 (8 hrs)**

- a. Disaster Management cycle: Prevention, mitigation, preparedness, response, recovery and rehabilitation.
- b. Stages in Disaster - pre, during and post disaster
- c. Psycho social aspects of disasters.

**Unit 3 (8 hrs)**

- a. Mitigation - guiding principles of mitigation
- b. Problem areas - mitigation measures, risk management, vulnerability analysis, cost-effective analysis, risk reducing measures.
- c. Formulation and implementation of mitigation programmes

**Unit 4 (7 hrs)**

Management Policy/ Legislation, Relief, Recovery (Rehabilitation management policy, legislation), National/ International resources (funding agencies)

**Unit 5 (8 hrs)**

Stress management of emergency workers.

Role of the Social Worker in Disaster Management. Inter sect oral approaches in utilization of resources/ training and public awareness

## **METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

## **BOOKS FOR REFERENCE**

Gangrade, K.D. & Dhadde, S. Challenge and Response, Delhi: Rachna Publications, 1973.

Joint Assistant Centre Natural Disaster; New Delhi: Adhyatma Sadhana Kendra, 1980.

Fritz C.E. “Disaster”; Sills, D. (Ed) International Encyclopaedia of Social Science, Vol. 4, U.S.A.: The MacMillan Company and the Free Press, 202-208.

Goel. S.L. Disaster Management New Delhi: Deep and Deep Publication, 2001.

Bosco B.C. Introduction to Disaster Management, New Delhi: Rajat Publication, 2007.

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**YOUTH DEVELOPMENT**

**CODE: SW/PC/YD44**

**CREDITS : 4**

**L T P : 4 0 0**

**TOTAL TEACHING HOURS : 52**

**OBJECTIVES**

- To develop an understanding of the concept of Youth Development, the need and importance of working with youth.
- To develop an understanding on the bio-psychosocial perspective of the youth.
- To develop the ability to understand the specific socio-economic, political and cultural factors affecting youth.
- To develop an understanding of different governmental/non governmental programmes working for the development of youth.
- To develop an understanding of the different methods of working with youth groups.

**Unit 1 (8 hrs)**

Youth Development: Concept, Definition, Aims and Objectives – Demographic profile of the youth in Rural, Tribal and Urban India. Status of Youth – Global Situation. National Youth Policy - 2005.

**Unit 2 (13 Hrs)**

Needs of the youth – Physical, Intellectual, Emotional, Social and Religious needs of youth. Socialization of the youth – Influence of family, Peer, Neighbourhood, Reference Groups, Religion and Media. Impact of Westernisation, Modernisation, Urbanisation and Globalisation. Socio-economic, Political and Cultural challenges faced by youth.

**Unit 3 (9 Hrs)**

Specific problems of Youth :  
Behavioural Problems – Substance Abuse, Sexually Transmitted Diseases, HIV/AIDS, Sexual problems. Eating Disorders and Obesity.  
Emotional Problems – Identity Crisis, Alienation, Low Self esteem and Suicide.  
Career conflict/ Conflict in selecting a partner.

**Unit 4** **(18 Hrs)**  
Role of Youth in Social Change Involvement - Initiating Youth in politics, Youth in Conflict Situations, Terrorism, Youth and Millennium Development Goals, Youth for economic Self-Reliance-Entrepreneurship and Youth for Leadership. Welfare Programmes for rural/urban youth. National Programmes - NCC, NSS, Scouts and Guides, Sports, Hostel Facilities, Youth festivals, Career counseling. Youth organizations and movements in India– Rajiv Gandhi National Institute for Youth Development, Nehru Yuva Kendra Sangathan, Vishwa Yuva Kendra, Students Federation of India, National Students Union of India, Democratic Youth Federation of India, All India Catholic Universities Federation.

**Unit 5** **(4 Hrs)**  
Application of Social Work Methods in Working with Youth and Youth Groups. Training, Capacity Building, Research, Networking, Volunteering, Peer Counselling and Advocacy. Designing and Implementing Community based Youth development Programmes / Projects.

## **METHODOLOGY**

Lectures  
Group discussions  
Exposure Visits  
Field based Assignments  
Seminar Presentations  
Case Analysis.

## **BOOKS FOR REFERENCE**

Ahuja, Ram. Indian Social Problems. New Delhi: Rawat Publishers, 1993.

D.Saronk. Family life Education for Adolescent Girls, Delhi: Discovery Publishing House, 1994.

Kuriakose P.T Vishwa, Youth Work in India: Scope and Strategy New Delhi: Vishwa Yuva Kendra, 1985.

Ruhela. S.P. Sociology of the Youth Culture in India. Delhi: Indian Publishers, 2001.

Government of India. Census of India. 2001.

Endeavour, Journal of Youth Development, Vol.1, No.1 July-December, 2005. Rajiv Gandhi National Institute of Youth Development

Nehru Yuva Sandesh – Monthly Newsletter, Nehru Yuva Kendra Sangathan

Solution to Youth's Problem, Adam Publishers & Distributors. 2006.

AICUF Student Movement in India, AICUF Publications, 1990.

AICUF. Towards Understanding of Youth, AICUF Publications.

United Nations. World Youth Report. 2007.

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[www.yas.nic.in](http://www.yas.nic.in)

[www.rgniya.gov.in](http://www.rgniya.gov.in)

[www.tn.gov.in](http://www.tn.gov.in) - Youth Welfare and Sports Department

[www.nyks.org](http://www.nyks.org)

[www.un.org/youth](http://www.un.org/youth)

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**  
**MASTER OF SOCIAL WORK**

**SYLLABUS**  
**(Effective from the academic year 2009-2010)**

**COMMUNITY HEALTH**

**CODE: SW/PC/CH44**

**CREDITS: 4**

**LTP: 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES**

- To develop an understanding of the Community Health situation and Public Health challenges at the regional, national and global level.
- To create an awareness of the existing programmes and services at local, national and international levels and the need for a preventive, promotive and developmental approach in the field of health.
- To develop skills in programme planning and education for different target groups about handling of their health problems.
- To develop a holistic and integrated approach to social work practice in the field of health.

**Unit 1** **(5 Hrs)**  
Concept of Community Health, Community Mental Health, Public Health – Definition, changing concept and development in India, Scope and Principles. Community Mental Health – Emergence as a system of service delivery. Community Pediatrics, Community Geriatrics as emerging avenues for health promotion. Primary health care; community based rehabilitation.

**Unit 2** **(8 Hrs)**  
Situational Analysis of Community Health, Community Mental Health and Public Health status at the Regional and National levels. Community Perspectives of Mental Health Problems – Culture bound syndrome. Impact of Globalization, Privatization and Liberalization on health. Medical Tourism, Telemedicine and growing Commercialization of health care. Environmental Health - Impact of War, Disasters and Displacement on health. Right to Health, Right to Health Care and Access to Essential Medicines. WTO, Trade and Intellectual Property Rights. Current Challenges in attaining Health for All. Role of People's Health Movement.

**Unit 3** **(13 Hrs)**  
Health Policies and Legislations:  
National Health Policy (2002), National Population Policy (2002), National Pharmaceutical Policy (2000), Patents Act (Amendment) (2005).  
Persons with Disabilities Act (1995), Rehabilitation Council of India Act,

National Trust for Welfare of Persons with Autism, Cerebral Palsy, MR and Multiple Disabilities Act (1999), Biwako Millennium Framework for Action.

Disaster Management Act (2005), Overview of SPHERE standards

**Unit 4** **(13 Hrs)**

National Health Programmes – structure, role and functions.

Communicable Diseases, Non- Communicable diseases and Mental Health Programmes.

Health sector Reforms - National Rural Health Mission, Indian Public Health Standards (IPHS) and Public Health Foundation of India (PHFI).

Institutions and Programmes for Rehabilitation:

Institutions - [Ministry of Social Justice & Empowerment, Govt. of India](#), State Commission for the disabled, Rehabilitation Council of India, National Institute for Mental Health and Neuro Sciences, National Institute for Mental Disabilities, National Institute for the Visually Handicapped, National Institute for the Orthopaedically Handicapped, [Ali Yavar Jung National Institute for the Hearing Handicapped](#), [National Institute for the Mentally Handicapped](#) and National Institute for Multiple Disabilities.

**Unit 5** **(13 Hrs)**

Clinical and Non Clinical skills for Community Health and Mental Health Practice.

Health Need/Impact assessment, Program planning, Consultation, Liaison, Education, Monitoring and Evaluation, Training, Research, Networking and Advocacy.

Approaches for promotion of health at all levels – Pro-active, Preventive, Developmental and Remedial approaches and community monitoring.

Research Application in Health, Participatory Action Research. Sources of Health Information, Basic Epidemiology and Vital Statistics. ICMR in Health Research. Medical ethics, Clinical trials.

**METHODOLOGY**

Lectures, Group discussions

Exposure Visits

Field based Assignments, Seminar Presentations

Case Analysis.

Reviewing Research Papers.

**BOOKS FOR REFERENCE**

Ajit K. Dalal and Subha Ray (Eds.). Social Dimensions of Health.

N.H.Antia, G.P.Dutta & A.B. Kasbekar. Health and Medical Care- A People's Movement, Pune: FRCH Publications,2000.

Bhattacharya, Sanjay. Social Work Interventions and Management, New Delhi: Deep & Deep Publications (P) Ltd.,2008.

Devitt – Stella Jones, Smith. Critical Thinking in Health & Social Care, New Delhi: Sage Publications, 2005.

Dhaar, G.M. & Robbani, I. Foundations of Community Medicine, New Delhi: Elsevier, 2006.

Martha J. Garrett. Health Futures: A Handbook for Health Professionals, Geneva: WHO, 2000.

Pritchard, Colin. Mental Health Social Work – Evidence – based Practice, Routledge: Taylor and Francis Group, 2006.



**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**MASTER OF SOCIAL WORK**

**SYLLABUS**

**(Effective from the academic year 2009-2010)**

**URBAN COMMUNITY DEVELOPMENT**

**CODE: SW/PC/UD 44**

**CREDITS: 4**

**L T P: 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES**

- To enable the students gain understanding about the urban communities.
- To enable the students to be sensitive and committed for working with the urban poor.
- To provide knowledge on various developmental efforts.
- To equip the students with the skills and techniques to work in urban concerns.

**Unit 1**

**(13 Hrs)**

Historical view of urban community development & Concepts related to Urban development. UCD in India – origin, aims, objectives, organization structures – pioneering projects (Delhi, Baroda, Hyderabad) and current urban developments in Chennai.

Urban concerns and issues – homelessness, population, overcrowding, trafficking, solid waste, eviction / displacement.

Urban development concepts

Urban, Urbanism over-urbanization, urban decay, displacement, urban growth urbanization trends, causes and consequences,- urban renewal, urban re – location- urban ecology – definition urban ecological processes; classification of urban areas according to census of India.

**Unit 2**

**(8 Hrs)**

Issues and concerns related to urban community

Concept of urban poverty – size, causes, consequences, and trends of urban poverty in India, manifestation of urban poverty- specific problems encountered by poor due to displacement – housing infrastructure & livelihood problems among the poor- homelessness, slum clearance, population, overcrowding, trafficking, solid waste management, eviction / displacement, unemployment, crime.

**Unit 3**

**(8 Hrs)**

Urban power structure

Concept of urban power, Types of power – socio- economic political factors influencing urban power structure – models of urban power structure – critical analysis of urban power structure in urban areas.

Slums – definition, characteristics, causes, consequences, growth of slums – theories of slums with specific reference to Stokes, Burgess, Ullman, Hoyt, Colean, Gruen.

**Unit 4** **(8 Hrs)**

Urban Administration in India  
History of Local self Government in India: Democratic Decentralization with specific reference to 74<sup>th</sup> Amendment Act, Urban Local bodies in India – Corporation, Municipalities, Town Panchayat & Cantonment boards.  
Urban Administrative Departments: Corporation. CMDA, Department of urban Development Tamil Nadu Water Supply & Sewerage Board, TNHB  
Acts pertaining to Urban Areas -Slum Improvement Act (1976)

**Unit 5** **(15 Hrs)**

Urban Social Service and Development Programmes  
Urban Social Services – Health – Family Welfare- Education – PDS- Housing. Area Based Programmes; Aims- Objectives – Strategies. Slum Clearance and Improvement of Slums – Master Plans – Mega City Schemes – Sustainable Cities Project – Integrated Urban Development Programmes – Integrated Development of Small and Medium Towns – Urban water supply and Sanitation and Solid waste Management.  
People Oriented Programmes: Aims – Objectives – Strategies - Swarnajayanthi Rozgar Yojana- Sarva Sikshaya Abhiyan Scheme. Self-Help Groups, Urban Wage  
Employment – Development of Women and Children in Urban areas– Urban Basic Services Program – Special programmes directed towards SC/ STs & Jawaharlal Nehru Urban Renewal Mission Scheme.

**METHODOLOGY**

Lectures  
Case Studies analysis  
Field Visits  
Group Discussions

**BOOKS FOR REFERENCE**

Bose Ashish, India's Urbanization: 1901-2001, Institute of Economic Growth, New Delhi: McGraw Hill,1970.

Breese Gerald, Urbanization in Newly Developing countries, New Delhi: Prentice Hall of India, 1969.

Chandra. S, Urban Development Programme in India, New Delhi :Chand Publication. 1983.

Chaturvedi, T.N. Urbanization and Macro Social Change, Allahabad: Chug Publication, 1975.

Desai A.R. & Devadas Pillai, Slums & Urbanization; Bombay: Popular Prakashan Pvt.Ltd. 1970.

Didee Jayamala and Vimala Rangaswamy, Urbanization trends Perspectives & Challenges , Jaipur and New Delhi :Rawat Publications, 1993.

Jacob Z. Thud Para, Urban Community Development, New Delhi: Rawat Publishers, 1993.

Morris R.N, Urban Sociology, London :George Allen, 1968.

Marshal .B. Clinard, Urban Development in India, New Delhi :Prentice Publication, 1992.

Nobel G. Allen, Dutt k. Ashok, : Indian Urbanization and planning Vehicles of Modernization, New Delhi :TATA Graw hill Publishing Company, Ltd 1977.

Quin A. James, Urban Sociology. New Delhi: Eurasia Publishing House (Pvt) Ltd., 1968.

Ramachandran P. Urbanization & Urban Systems in India; Madras :Oxford University press, 1991.

Sharma C.L, Urban Power Structure, Udaipur :Shiva Publication 1992.

Satish Sinha, Slum Eradication & Urban, New Delhi :Renewal India Publications, 1992.

The S.S , Structure of Urban Poverty, Bombay :Popular Prakashan, 1986.

Trivedu R. Hirsh ad Urbanism, Atma ram and sons, New Delhi: 1976.

Yadav, C.S. Urban Planning and Policies, New Delhi: Concept Publishing Company 1986.

Census of India, Government of India Publication 2001.

**STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086**

**MASTER OF SOCIAL WORK**

**(Effective from the academic year 2009-2010)**

**GENDER AND DEVELOPMENT**

**CODE: SW/PC/GD44**

**CREDITS : 4**

**LTP : 4 0 0**

**TOTAL TEACHING HOURS: 52**

**OBJECTIVES:**

- To gain a deeper understanding of gender as a social construct, the gender relations and gender issues in society.
- To understand frameworks that can be used by a social worker for gender analysis.
- To equip students with a tool needed to link gender with policy and planning.
- To understand the role and contribution of men to gender relations.

**Unit 1**

**(9 Hrs)**

**Gender Concepts**

Sex and gender, gender as a social construct, gender identity; gender relations, men and masculinity; gender division of labour, gender roles and responsibilities, gender stereotyping, productive work, reproductive work, gender discrimination, practical and strategic gender interests, equity and equality, gender mainstreaming, gender sensitization.

**Unit 2**

**(9 Hrs)**

**Feminism**

Concept; definition and meaning; types of feminism – liberal, social, radical and post-modern feminism; patriarchal and ideological constructs that govern status of women;

**Unit 3**

**(9 Hrs)**

**Overview of The Status of Women**

Overview on the status of women in India; problems specific to Indian women; historical perspective of women's movement in India; SEWA: emerging rights of women, empowerment - need and importance.

**Unit 4****(13 Hrs)****Protective Measures for Women in India**

Constitutional provisions for women, Legal rights of women with reference to marriage, divorce, maintenance, inheritance, adoption, education, employment, health, entitlements, political rights, CEDAW – Convention on Elimination of all forms of discrimination against women and girls. National Policy for Empowerment of Women 2000, Domestic Violence Act,

**Unit 5****(12 Hrs)****Gender Analysis and Frameworks for Social Work**

Concept, meaning and goals; need, appropriate usages; Force field analysis, Harvard framework, Moser framework, Gender Analysis Matrix, Gender Empowerment Measure, Equality and Empowerment Framework, Capacities/ Vulnerabilities Framework, Resource analysis, Social relations framework; Gender budgeting, Role and skills of a social worker to work with women.

**METHODOLOGY**

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

**BOOKS FOR REFERENCE**

Bansal, D, K.; Gender Justice, New Delhi: Mahaveer and Sons, 2006.

Bhasin, Kamala and Agarwal; (Ed); Women and the Media - Analysis, Alternatives and Actions, New Delhi: Kali and Women, 1984.

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- Kanhere U.S, Women and Socialization, New Delhi: Mittal Publications, 1980.
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