STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 86
MASTER OF SOCIAL WORK
COURSES OF STUDY
(Effective from the academic year 2011 - 2012)
CHOICE BASED CREDIT SYSTEM

Subject Code	Title of Course	Credits	Lecture Hours	Tutorial Hours	Practical Hours / Self Learning	Exam Hours	Continuous Assessment	End Semester	Maximum Marks
	Semester - I								
11SW/PC/SP14	Social Work Profession - History, Philosophy and Ideologies	4	4	0	0	3	50	50	100
11SW/PC/WI14	Social Work with Individuals	4	4	0	0	3	50	50	100
11SW/PC/WG14	Social Work with Groups	4	4	0	0	3	50	50	100
11SW/PC/FW14	Field Work - I	4	0	0	8	1	50	50	100
11SW/PE/SY14	Sociology for Social Work	4	4	0	0	3	50	50	100
11SW/PE/PY14	Psychology for Social Work	4	4	0	0	3	50	50	100
11SW/PA/AM11	Alternate Media Skills - Workshop	1	0	0	2	-	50	-	100
	Semester - II								
11SW/PC/CO24	Community Organisation and Social Action	4	4	1	0	3	50	50	100
11SW/PC/SR24	Social Work Research and Statistics	4	4	1	0	3	50	50	100
11SW/PC/FW24	Field Work - II	4	0	0	8	1	50	50	100
11SW/PE/IP24	Integrated Practice in Social Work	4	4	0	0	3	50	50	100
11SW/PE/HR24	Human Rights and Social Work	4	4	0	0	3	50	50	100
11SW/PK/SS22	Soft Skills	2	2	0	0	-	50	-	100
11SW/PA/HE21	Health Education and Communication - Workshop	1	0	0	2	-	50	-	100
	Semester - III								
11SW/PC/MO34	Management for Non Profit Organizations	4	4	0	0	3	50	50	100
11SW/PC/CR 34	Child Rights	4	4	0	0	3	50	50	100
OR									
11SW/PC/MS 34	Medical Social Work	4	4	0	0	3	50	50	100
OR									
11SW/PC/DP 34	Development Planning and Administration	4	4	0	0	3	50	50	100
OR									
11SW/PC/FS 34	Family Social Work	4	4	0	0	3	50	50	100
OR									
11SW/PC/MH 34	Mental Health and Social Work	4	4	0	0	3	50	50	100
OR									
11SW/PC/RT 34	Rural and Tribal Community Development	4	4	0	0	3	50	50	100
11SW/PC/DI34	Dissertation	4	4	0	0	1	50	50	100
11SW/PC/FW34	Field Work - III	4	2	0	8	1	50	50	100

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 86
MASTER OF SOCIAL WORK
COURSES OF STUDY
(Effective from the academic year 2011 - 2012)
CHOICE BASED CREDIT SYSTEM

Subject Code	Title of Course	Credits	Total Teaching Hours			Exam Hours	Continuous Assessment	End Semester	Maximum Marks
			Lecture Hours	Tutorial Hours	Practical Hours / Self Learning				
	Semester - IV								
11SW/PC/YD 44	Youth Development	4	4	0	0	3	50	50	100
OR									
11SW/PC/CH 44	Community Health	4	4	0	0	3	50	50	100
OR									
11SW/PC/UD 44	Urban Community Development	4	4	0	0	3	50	50	100
11SW/PC/CN44	Counselling - Theory and Practice	4	4	0	0	3	50	50	100
11SW/PE/GD 44	Gender and Development	4	4	0	0	3	50	50	100
11SW/PC/FW44	Field work - IV	4	4	0	8	1	50	50	100
11SW/PN/BP40	Internship - Block Placement	2	-	-	-	-	-	-	-

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

SOCIAL WORK PROFESSION – HISTORY, PHILOSOPHY AND IDEOLOGIES

CODE: 11SW/PC/SP 14   **CREDITS   : 4**
                                                         L T P   : 4 0 0
                                     TOTAL TEACHING HOURS   : 52

OBJECTIVES OF THE COURSE

- To enable students gain an understanding of the history, philosophy and ideologies of Social work and its emergence as a profession.
- To expose students to the various trends in Social work practice.
- To gain an understanding of social work curriculum in India.

Unit   1   **(8 hrs)**
Historical Trends in Social Work Practice
Overview of the history of social work: International perspective; history of social work in India - Contributions of social reform movements, contributions of the Christian missionaries, contributions of Gandhi, contributions of voluntary social work, role and contributions of NGOs and civil society organizations.

Unit   2   **(7 hrs)**
Social Work Profession
Meaning and definition; social work as a profession; basic concepts in social work; goals and functions of social work profession; methods of social work; fields of social work; Origin and growth of the profession in India; Scope of professional practice in India; problems and status; Professional social work bodies / forums in India.

Unit   3   **(10 hrs)**
Social Work Ideologies and Approaches
Ideologies: Humanitarianism, welfarism, socialism, democracy, Marxism, equality and social justice; Approaches: Remedial, Rehabilitative, Preventive and Promotive approaches; welfare approach, rights based approach, participatory approaches, clinical social work, developmental social work; Relevance and need for indigenous approaches for social work practice in India.

Unit   4   **(15 hrs)**
        Philosophy of Social Work Profession
        Social work value base: Social Work as a moral-political activity.
        System of beliefs: belief in the value and dignity of the human being, belief in the uniqueness of the individual, groups and community, belief in the individual's right to fulfillment and self actualization, belief in the right for equality, belief in the reciprocal rights and responsibilities of the individual and society, belief in the capacity of individuals and communities to change.
        System of values: respect for the person, respect for difference, non-judgmental attitude, respect for the individual's right for self-determination and self expression, respect of democratic values, commitment to human rights and social justice.
        Principles: Acceptance, individualization, confidentiality, client participation, controlled emotional involvement.
        Code of Ethics for Social Work: International Code of Ethics (1976), National Code of Ethics (1979), Declaration of Ethics for Social Workers (SWEF -1997).

Unit   5   **(12 hrs)**
        Social Work Education
        Social Work curriculum in India, Importance of fieldwork and supervision, changing trends in social work education and practice, problems and status of social work education in India; Recommendations of UGC reports.
        International Social Work; Global context, approaches to International practice; challenges for International practice; International Social Work bodies.

METHODOLOGY
        Lectures
        Case studies
        Group discussion
        Field visits
        Assignments

BOOKS FOR STUDY

Chowdry Paul, D., <u>Voluntary Social Welfare in India,</u> New Delhi: Sterling Publishers, 1971.

Antony A. Vass, <u>New Directions in Social Work- Social Work Core Knowledge Values and Skills,</u> New Delhi: Sage Pub, 1996.

Michael Reisch, Eileen Gambrill, <u>Social Work in the 21st Century,</u> New Delhi: Pine Forge Press, 1997.

UGC, UGC Reports- I and II Review Commission on Social Work Education, New Delhi, UGC, 1992.

BOOKS FOR REFERENCE

Cox David, Pawar Manohar, International Social Work; Issues, Strategies and Programmes, New Delhi; Vistaar Publications; 2006.

Dasgupta, Sugata, Towards a Philosophy of Social Work in India, New Delhi: Popular Book Service, 1967.

Gangarade, K. D, Dimensions of Social Work in India, New Delhi: Marwah Publications, 1976.

Khinduka S.K, Social Work in India, Allahabad: Kitab Mahal (P) Ltd., 1975.

Timms, Noel, Social Work Values - An Enquiry, London: Routledge and Kegan Paul, 1983.

Watson David (ed), Code of Ethics of Social Work. The Second Step ,London: Routledge and Kegan Paul, 1971.

Maria Joan O'Neil, The General Method of Social Work Practice, New Jersey: Prentice Hall, Inc., 1984.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011 – 2012)

SOCIAL WORK WITH INDIVIDUALS

CODE: 11SW/PC/WI14   **CREDIT: 4**
                                                            L T P :4 0 0
                                        TOTALTEACHINGHOURS : 52

OBJECTIVES OF THE COURSE

- To understand Social Case Work as a method of Social Work and develop skills in Social Work practice
- To understand theory and models and apply them in direct practice with individuals.
- To understand the scope of using the methods in various settings

Unit   1   **(12hrs)**
Introduction to Social Casework
Historical Development of Social Case Work as a method of Social Work practice, concept and definitions, Philosophy, Values, Principles, Skills.
Case work Relationship: Empathy, skills in building relationship. Transference and counter transference. Difference between Casework, Counselling and Psychotherapy.

Unit   2   **(10hrs)**
The Helping Process
Phase I- Psychosocial study
Phase II- Psychosocial assessment
Phase III-Intervention, Termination, Evaluation, Follow up .

Unit   3   **(12hrs)**
Introduction to Models and Therapeutic approaches of Case Work Practice
Psychoanalytic approach, Psychosocial, Functional, Client centered, Cognitive behaviour therapy, Transactional analysis, Problem solving, Life model, Task centered, Family centered approach, Systems approach, Strength based , Evidence based approach and Integrated approach. Use of eclectic approach in practice.

Unit4   **(10hrs)**
Tools and Techniques in working with Individuals:
Observation,Interviews, Homevists,Colateral contacts, Resource mobilization, Referrals, Environment modification, Casework relationship, Communication.

Unit 5   **(8hrs)**
Recording in Case Work:
Uses and Types-Verbatim, Narrative, Condensed, analytical, topical, summary recording.
Social Work Practice with individuals in different settings and limitations in practice.
Role of Casework in – hospital, school, community, institutional setting,industries.

METHODOLOGY
      Reading material
      Field related experiences
      Lectures and Seminars
      Case study Analysis

BOOKS FOR STUDY

Bhattacharya, Sanjay, Social Work, An Integrated Approach, NewDelhi:Deep&Deep
Publications, 2004.

Fischer , Joel, Effective Case Work Practice An Eclectic Approach, New York: Mc.Graw
Hill Book Co, 1978.

Vyass, A.A. New Directions in Social Work- Social Work Competencies- Core
Knowledge, Values and Skills, Delhi: Sage Publications, 1996

BOOKS FOR REFERENCE

Harris, Helen Perlman, Social Casework, Chicago:The University of Chicago Press,1957.

Hepworth, D.H. Larsen, J.A., Direct Social Work Practice: Theory and Skills, Dorsey
Press, 1993.

Hollis, F.Case Work:APsychosocial Therapy,NewYork:Randam House,1964.

Mathew,Grace.An Introduction to SocialCasework,Mumbai TISS,1992

Misra,P.D.&Misra,Beena,SocialWork Profession in India,Lucknow:New Royal
BookCo,2004.

Pippins, J. Developing Case Work Skills, USA: Sage Publications,

1980.
Upadhyay, R.K.,Social Case Work, Jaipur&NewDelhi: Rawat Publications,2003

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2011 – 2012)

SOCIAL WORK WITH GROUPS

CODE: 11SW/PC/WG14   **CREDITS: 4**
                                                                    L T P: 4 1 0
                                          TOTAL TEACHING HOURS: 65

OBJECTIVES

- To understand Social Group Work as a method of Social Work and to develop skills in Social Work practice.

- To understand theory and models and apply them in direct practice with groups.

- To understand the scope of using the method in various settings.

Unit 1 (10 Hrs)

Introduction to Group Work
Historical Development of Social Group Work as a method
Social Group Work: Definition and meaning, purpose, objectives, values, skills, principles; The Use of Groups in Social Work

Unit 2 (10 Hrs)

Types of Groups
Definition and Characteristics of groups, importance of groups in human life – formal and informal groups, open and closed groups; Support and Self Help Groups treatment groups (educational, growth, remedial), task groups (council, committee, team), therapeutic Groups (T groups, group psychotherapy, group counselling) self help groups, support groups

Unit 3 (12 Hrs)

Phases of Group Work Process:
1) The planning Phase (Establishing group purpose, recruiting members, composing the group, preparing the environment)

2) The Beginning Phase (Defining the purpose, goal setting, contracting, motivation, expectation, assessment process)
3) The Middle Phase (Leading Treatment Groups, Intervention methods in treatment Groups, Intervening with Group Members, effective problem solving)
4) The Ending Phase (Evaluation – for planning the group, monitoring of group and determining effectiveness)

Unit 4 (12Hrs)

Group Processes and Dynamics:
Group processes – development, stages in a group, the influence of new comers, isolation, rejection, group-bond, sub groups on group processes.
Group Dynamics - membership, cohesiveness, pressures, group standards and influence on individuals, group morale, risk taking
Concepts – Leadership, Team Building, Decision Making, Problem Solving in the Social Group Work Process, Communication in a group, Role clarity and Conflict Management in a group

Unit 5 (8Hrs)

Group Work Models and Practice in different settings:
Social Work Practice with groups in different settings and limitations in practice, Programme Planning – Meaning and Principles of Programme Planning.
Role of a Group Worker – hospital, school, community, industry and institutional setting. Recording in Group Work: Uses and Types

METHODOLOGY

Reading material will be provided
Classroom teaching will be reinforced with field related experiences
Lectures and Seminars
Group Exercises
Case study Analysis

BOOKS FOR STUDY

Balagopal, P.R .Vassil, T.V. Group in Social Work an Ecological Perspective, New York: Macmillan Publication Co., 1983.

Douglass, Tom. Group Processes in Social Work – A Theoretical Synthesis, Thomson Press, New Delhi. 1979.

Johnson and Johnson. Joining Together: Group Theory and Group Skills, Premier Publishing, New Delhi. 1982.

Misra P.D. and Beena Misra. <u>Social Work Profession in India</u>, New Royal Co., Lucknow. 1979

BOOKS FOR REFERENCE

Garvin Charlesd.D. Gutierrez, Lorraine .M. Galinsky Maeda. J. <u>Handbook of Social Work with Groups</u>, The Guildford Press, New York, 2006.

Konopka Gisela. <u>Social Group Work – A Helping Process</u>, Prentice Hall, Englewood Cliffs .N. 1963 2nd Edition.

Milson Fred, <u>An Introduction to Group Work Skills</u> Routledge and Kegan Paul, London. 1973

Toseland, R.W. Rivas, R.F <u>An Introduction to Group Work Practice</u>, New York: Macmillan Publication Co., 1984.

Trecker. Harleigh, B. <u>Social Group Work- Principles and Practice,</u> New York: Association Press, 1970 and 1967.

Zastrow Charles, H. <u>The Practice of Social Work – Application of Generalist and Advanced Context</u>

TESTING AND EVALUATION PATTERN

<u>**Internal Assessment**</u>   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

<u>**End Semester Examination**</u> –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011- 2012)

SOCIOLOGY FOR SOCIAL WORK

CODE: 11SW/PE/SY14   CREDITS : 4
                                                      L T P : 4 0 0
                                     TOTAL TEACHING HOURS : 52

OBJECTIVES OF THE COURSE

▪ To gain an understanding of the basic sociological and economic concepts relevant to Social work practice.
▪ To develop the capacity for application of these concepts to the Indian situation.
▪ To develop analytical skills to social issues and concerns
▪ To sensitize students to the role played by the Indian socio-economic political system and international systems in reinforcing discrimination and marginalization of vulnerable groups.

Unit   1   (10 hrs)
Society:
Social Structural: Approaches to the study of society: Structural/Functionalist Perspective, Conflict Perspective.
Elements of Society: Internal strength of Society – Unity in Diversity, Democracy, Groups, Types of groups, associations and institutions, socialization., social processes.
Culture-Concept, material and non- material culture, culture, cultural lag-Application to the Indian Setting.

Unit   2   (12 hrs)
Social inequality and exclusion:
Meaning of social inequality and its forms: Social differentiation, social stratification, social hierarchy and social exclusion.
Institutional Basis of social inequality, Theoretical Perspective: Social inequality or social stratification: Marxist, Weberian and Functionalist Perspectives.

Unit   3   (9 hrs)
Social stratification:

Understanding the concept of caste: hierarchy and differences in caste inequality and exploitation, dominant caste. Class-and related processes, power.
Historical Evolution of Caste System – critical analysis.

Unit 4   **(9 hrs)**
Social Change
Concept, theories, agents of social change, factors and processes of social change-urbanization, industrialization, modernization, westernization, sanskritization and secularization - analysis of their impact on Indian society. Social Control and agents of social control, Social Organization and Disorganization

Unit 5   **(12 hrs)**
Development
Concept, basic characteristics of Indian Economy, India as the developing economy, Millennium Development Goals. Developmental issues: Globalization, liberalization, and privatization - it impact on the Indian Society.

METHODOLOGY
- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

BOOKS FOR STUDY

Channa,Subhatra. Understanding Society, Culture and Change, New Delhi:Blaze publishers &Distributors Pvt.Ltd,1993

Conklin, John E .Sociology- An Introduction, New York: Macmillan Publising Co,1984.

Datt, Rudder, Sundaram. Indian Economy, 39th edition, Delhi: S.Chand & Co.Ltd,1998.

BOOKS FOR REFERENCE

Ahuja, Ram. Indian Social System. New Delhi: Jawat publications, 1993.

Anderson, Parker .Society- its Organization & Operation. East west edition, 1966.

Anthuvan ,Victor Louis M. Global debt Crisis-A perspective for the third millennium: New Delhi: CBCI and Labour Commission, 1999.

Basu, Amrita, Kohli, Atul. Community Conflicts and the State in India, New Delhi:Oxford university press, 1998.

Bhambhari,C.P. The Indian State , Fifty years, Government of India :
Shipra publication, 1997.

Dalva A.K, Environmental Impact of Large Reserviour Projects on Human Settlements,
New Delhi:Ashish Publising House, 1993.

Horton, Hunt, Sociology-5th Edition, International student edition, Tokyo:
McGraw Hill –Kogakusha Ltd, 1980.

Karpagam M .Environmental Economic- A Text book, New Delhi: Sterling publishing
Pvt..Ltd.

Mac Iver, Page C.H. Society: An introduction analysis, Madras: Macmillan India,
Ltd,1990.

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086
MASTER OF SOCIAL WORK
SYLLABUS
(Effective from the academic year 2011-2012)

PSYCHOLOGY FOR SOCIAL WORK

CODE:11 SW/PE/PY 14   **CREDITS : 4**
                                                         L T P : 4 0 0
                                    TOTAL TEACHING HOURS : 52

OBJECTIVES OF THE COURSE
   - To understand concepts of Psychology relevant for Social Work practice
   - To develop a holistic understanding of human growth and development in the life span using the systems approach.
   - To understand the bio-psycho-social-cultural influences on behaviour over the lifespan of the individual.
   - To develop an understanding of personality theories in the psycho social context.
   - To sensitise students on the impact of life events on an individual during the lifespan and understand the concept of mental health

Unit   1   **(2hrs)**
Introduction to Psychology: definition of Psychology, fields of Psychology. Relevance of Psychology for Social Work Practice.

Unit 2   **(20hrs)**
Human growth and development: Life span perspective (conception to old age) using systems approach: – needs, tasks, challenges, and hazards in the life span using the systems approach. Role of various systems – family, significant others, neighbours, peers, school, community, society etc. in influencing behaviour. Biologic, Psychic and Environmental determinism

Unit   3   **(12 hrs)**

Personality: definition, Theories related to structure and development of Personality. Psychoanalytic (Freud), Cognitive development (Piaget), Psychosocial development (Erickson), Moral development (Kohlberg), Social learning (Bandura), Humanistic (Rogers)

Unit   4   **(10hrs)**
Understanding Sensation, Perception and Learning (Classic and Operant learning theories)
 Motivation- Motivation process, Human Needs, Maslow's theory- Hierarchy of needs. Attitude- Attitude formation, attitude change, prejudice and discrimination

Intelligence, commonly used tests for measurement of intelligence (overview). Mental retardation- definition, causes, prevention

Unit 5 (8 hrs)
Life events during the lifespan and their impact on behaviour: life events, emotions, stress, stressors, conflicts, frustrations and coping.
Concept of Mental Health, Common Mental disorders (overview)

METHODOLOGY
Reading material will be provided
Classroom teaching will be supplemented with group discussions and exercises to facilitate learning
Field based assignments

BOOKS FOR STUDY

Ambrosino, Rosalie, Hefferman, J., Social Work and Social Welfare-An Introduction, Ed 5, USA: Brooks Cole-Thompson Learning, 2005.

Bee,Helen. Mitchell, Sandra.The Developing Person-A Life Span Approach.ed2, New York: Harper and Row, 1984.

Engler, Barbara, Personality Theories-An Introduction,ed3, Boston: Brooks Cole Learning, 1991.

Spect, Riva.Craig, Grace J., Human Development-A Social Work Perspective, New Jersey: Prentice Hall Inc, 1982.

BOOKS FOR REFERENCE

Coleman, James, Abnormal Psychology and Modern Life. ed 5, Mumbai: D.B Taraporewala & Sons Pvt Ltd., 1976.

Compton, Beulah. Galaway, Cournoyer, Social Work Processes, ed 7, USA: Brooks Cole Learning, 2005.

Hurlock, Elizabeth, Developmental Psychology-A Life Span Approach, Ed 5, New Delhi: Tata McGraw Hill Publishing Co Company, 1995.

Hurlock, Elizabeth, Child Development, ed 6, USA: Tate McGraw Hill Publishing Company, 1989.

Morgan, Clifford T., King, A., Richard Weisz ., John .R. and Schopler , Introduction to Psychology, New York: Tata McGraw Hill Publishing Company,1986.

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

SYLLABUS
(Effective from the academic year 2011-2012)

HEALTH INFORMATION, EDUCATION AND COMMUNICATION
CODE: 11SW/PW/HE21   **CREDIT : 1**
                                                         L T P: 0 0 2
                                   TOTAL TEACHING HOURS: 26

OBJECTIVES

- To critically reflect, action in relation to health problems
- To understand the need for communication in health education
- To create scientific attitude to health conditions.
- To enhance skill demonstration in health education.

Unit   1   **(9 Hrs)**
Concept of health, illness, hygiene, disability and handicap:
Symptoms, causes, prevention, treatment and control of
 Major communicable diseases – leprosy, TB, STD, Poliomyelitis, Malaria,
Cholera, Typhoid, Diarrhoea , HIV/AIDS
Major non communicable diseases- Cancer, Diabetes, Hypertension, Asthma,
Cardiac disorder.
Clinical manifestation of mental retardation, alcoholism and drug addiction

Unit   2   **(2 Hrs)**
Health Education: Concept, Objectives, Principles of Health Education; need in
the Indian context.
Models and Methods of Health Education.
Planning, Implementing, Evaluating, and Promoting Health Education
Programmes.
Role of Health Educator

Unit   3   **(2 Hrs)**
Communication in Health Education:
Concept of Health Communication as a process, Principles and barriers in
Communication
Individual, Group and Mass Communication
Settings for Health Communication -Formal, Informal, Structured and
Unstructured.
Behaviour Change Communication and IEC.

Unit   4   **(13 Hrs)**
Use and Preparation of Educational Aids:
    a.   Audio Aids – Megaphone.

b. Visual Aids – 1. Unprojected – Blackboard, Pictures, Cartoons, Photographs, Posters, Charts, Flashcards, Flannel Boards, Printed Materials – Books, Booklets, Pamphlets, and Folders.
2. Projected Aids – Transparencies, OHP, Projection Slides
c. Traditional Media – Puppets, Folk Songs, Folk Dance, Drama.
d. Demonstration of Low-Cost Nutritive Food.

METHODOLOGY
- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

BOOK FOR STUDY

Park, K., Preventive and Social Medicine, Jabelpur: Banarsides Bharat, 1997.

BOOKS FOR REFERENCE

Goel, S.L., Health Care System and Management, (Vol. 2), New Delhi: Deep & Deep Publications Pvt. Ltd., 2001.
Nanda, V.K., Health Education, New Delhi: Anmol Publications Pvt. Ltd., 1997.
Ramachandran, L, & Dharmalingam, Health Education – A New Approach, New Delhi: Vikas Publishing House Pvt. Ltd., 1993.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper
Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper
Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2011-2012)

COMMUNITY ORGANISATION AND SOCIAL ACTION

CODE: 11SW/PC/CO24   **CREDITS : 4**
                                                      LTP : 4 0 0
                                 TOTAL TEACHING HOURS : 52

OBJECTIVES

- To understand the aspects of a community, its functioning and problems.
- To gain knowledge of the various techniques and skills of community organization as a method of social work.
- To understand and develop the basic skills to apply these methods in the community
- To gain knowledge of the various techniques and skills of social action as a method of Social Work.
- To expose students to various approaches and social action movements.

Unit   1   (**13 hrs**)
Community: Definition, sociological concept of Community: community as a social system; subsystems in the Community; types of communities and their characteristics; theories of communities.
Community power structure: concept of community power, types of community power; political, social and economic analysis of community power; people's power-its place in communities.
Community Dynamics: Integrative and disintegrative process; participative groups and groupism; factions and subgroups; minority groups; decision making and problem solving processes.

Unit   2   (**13 hrs**)
Historical background of Community Organization: Community Organization in UK and USA: Evolution of CO as a method in Social Work.
Community Organisation: Definition; rationale; philosophy; principle; goals; scope of CO in India.
Community Organization Models: J.Rothman, Social Planning, Locality Development and Social Action: Murray Ross-General Content, Specific content and Process objective.

Unit 3 (4 hrs)

Process of Community of Organization: Analysis; study; assessment, discussions, organization, action: evaluation, modification; continuation.

Skills of CO worker; communication, training, consultation, organizing, enabling, facilitating, public relations, mobilizing, participatory skills, liasoning.

Unit 4 (8 hrs)

Social Action: Concept, definition, aims and objectives, scope, social action as a method in Social Work; Paradigm of five elements-cause, change agent, change target, change channels, change strategy, channels topology, influence channels, responsive channels; strategies, power, persuasive, re-educative, reform and political change strategies.

Unit 5 (14 hrs)

Approaches to Social Action: Paulo Freire, Gandhi, Martin Luther King, Saul Alinsky

Social Action in India:

Social Action Movements in India: Select case studies: Tribal Movements, Right to information as a movement, Narmada Bachao Andolan, Chipko Movement, Naxilbari Movement, Dalit Movement, Civil activism.

Strategies and tactics fro Social Action: Social Worker as an activist, role and personality requirements, skills of a social activists-mediation, advocacy, negotiation, conflict-resolution.

METHODOLOGY
- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

BOOKS FOR STUDY

Walter A. Friedlander Hall, Concepts & Methods of Social Work, 2nd Edition, Delhi: Prentice of India, 1977.

Christopher A.J. Thomas William .A, Community Organisation and Social Action, Himalaya Publishing House, 2009.

BOOKS FOR REFERENCE

Myrada Resource book, Enhancing ownership and sustainability, Bangalore: 2001.

Zaltman, G. Philip Kotler, Ira Kaufman, <u>Creating Social Change</u>, Sydney: Holt Renchart & Winston.

TESTING AND EVALUATION PATTERN

<u>Internal Assessment</u>   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

<u>End Semester Examination</u> –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

SOCIAL RESEARCH & STATISTICS

CODE: 11SW/PC/SR24   **CREDITS: 4**
                                                         L T P: 4 0 0
                                   TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

- To understand the nature and importance of the scientific method and appreciate the fundamental principles and methods of Social Work Research.
- To develop the capacity to independently conceptualize a problem and execute research.
- To enable the students to get an understanding of the role of statistics in Social Work.
- To understand and learn the application of appropriate statistical techniques to social work research.

Unit   1   **(10 hrs)**
Basic elements of Scientific method, Social Work Research – Definition, Objectives, Scope and Limitations; Scientific attitude, Ethics in social work research. Quantitative and qualitative research.

Planning a research project: problem formulation, framing objectives, defining concepts, Use of theorization in review of literature. Variables: definition and function; Assumptions – hypotheses, types of hypotheses.

Unit   2   **(12 hrs)**
Design of research: definition and functions, types of designs: survey, case study, exploratory, descriptive, explanatory, experimental, evaluative (single case evaluation, alternative single-subject designs,) census study, ex-post facto, action and participatory designs. Applications and limitations of various designs.

Sampling methods: Definition, Types of Sampling – Probability sampling – simple, systematic, stratified, multi-stage. Non-probability sampling – purposive, quota, cluster, snowball. Sampling error.

Unit 3   **(10 hrs)**
Methods and Tools of Collecting data: Observation – participant, non-participant, process of observation. Social surveys. Interview schedule, Interview guide, Questionnaire, Scaling techniques and types.

Reliability and Validity of tools. Data processing: manual and computerized; data presentation. Editing, coding, Preparation of master sheet, tabulation and interpretation. Report writing, research abstracts and research proposal.

Unit 4   **(8 hrs)**
Overview of qualitative research: Nature of qualitative research, assumptions, characteristics, tools of data collection – key informant, focus group discussion Participatory and rapid appraisal techniques; and process.

Unit 5   **(12 hrs)**
Role of Statistics in Social Work: Normal Distribution – Characteristics of a normal curve. Levels of measurement – nominal, ordinal, interval and ratio.
Measures of central tendency – Mean, median, mode and their uses.

Measures of dispersion – Range, quartile deviation, mean deviation, standard deviation. Use of graphs in presentation of data.

Hypothesis testing, Type I and II error, Tests of significance – level of confidence, degrees of freedom, chi square and t-test. Measures of Correlation – Product moment, Spearman's Rho. ANOVA & Regression (knowledge of application).

METHODOLOGY
- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

BOOKS FOR STUDY

Lal Das, D.K., Designs of Social Research, Jaipur: Rawat Publications, 2005.

Ranjit Kumar, Research Methodology, A Step-by-Step Guide for Beginners, London: Sage Publications, 1996.

Ramachandran P., Survey Research for Social Work, Institute for Community Organisation Research, Bombay: 1993.

Gupta, S.P. Statistical Methods, New Delhi: Sultan Chand and Sons, 2003.

BOOKS FOR REFERENCE

Devendra Thakur, Research Methodology in Social Sciences.,New Delhi: Deep and Deep Publications, 1993.

Margaret Alston and Wendy Bowles. Research for Social Workers – An Introduction to Methods. 2nd ed., Jaipur: 2003.

Pauline V. Young and Schmid. C.F. Scientific Social Surveys and Research, New Delhi: Prentice Hall, 1946.

Raymond Mark. Research Made Simple – A Handbook for Social Workers. New Delhi: Sage Publications, 1996.

Marlow, Christine R.., Research Methods for Generalist Social Work. 3 Ed. USA: Brooks/Cole Publishing, 2001.

Bohrnstedt, George W., and Knoke, David, Statistics for Social Data Analysis, 2nd ed., Illinois: Peacock Publishers,Inc., 1988.

Henry E. Garrett. Statistics – in Psychology and Education, Bombay: Vakils, Feffer and Simons Ltd., 1961.

TESTING AND EVALUATION PATTERN
Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper
Section – A 10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTERS DEGREE IN SOCIAL WORK

SYLLABUS

(Effective from the year 2011-2012)

INTEGRATED PRACTICE IN SOCIAL WORK

CODE: 11SW/PE/IP24   **CREDITS: 4**
                                                             L T P: 4 0 0
                                        TOTAL TEACHING HOURS: 52

OBJECTIVES

- To enable students have a holistic perspective in social work practice.
- To equip the students, with knowledge and skills, in the integrated method of social work practice.

Unit   1   (10 Hrs)

Introduction to Integrated Social Work:
Integrated social work practice as method in social work; Theoretical foundations- General Systems Theory, Ecological Systems Theory; human beings in a systems framework; basic systems concepts; levels of social work practice- micro, mezzo and macro practice; direct and indirect practice; Genericism in the practice of methods; Social work practice as a continuum of methods, trends towards integrated social work practice.

Unit   2   (6 Hrs)

Integrated Social Work Practice:
Goals and purpose of social work in systems approach; four basic systems in the social work practice – change agent system, client system, action system and target system; resource systems; Phases in the integrated social work process- pre-intervention, intervention and post intervention phases.

Unit   3   (12 Hrs)

Pre-Intervention Phase:
Engagement, Data Collection and Assessment; Planning and Contracting: Establishing a relationship, making contacts, planning a data collection strategy, identifying and assessing the problem, content of problem assessment; Components of a

plan, goals and objectives, planning with multi-person client systems, factors affecting a plan of action; negotiating contracts; skills in the pre-intervention phase.

Unit 4 (12 Hrs)

Intervention Phase:
Intervention: Action to enable use of available resources, referrals, role of change agent, programmes as intervention, coordination of services, networking with resource systems, skills in Intervention Phase.

Unit 5 (12 Hrs)
Post-Intervention Phase:
Evaluation & Termination: Evaluation - types, techniques for Evaluation, Recording, Programme Evaluation; Termination - types, planned termination, termination for individuals, groups and community, components of termination, disengagement- evaluation- skills in the post intervention phase.

BOOKS FOR STUDY

Hepworth, D., H., and Larsen, J., A., Direct Social Work Practice - Theory and Skills, London: The Dorsey Press, 1993.

Johnson, Louise, Social Work Practice - A Generalist Approach, London: Aelyn and Bacon, 1983.

BOOKS FOR REFERENCES

Bogo, M.; Social Work Practice- Concepts, Processes and Interviewing, Jaipur: Rawat Publications, 2006.

Devi, R., and Prakash, R., Social Work Methods - Practices and Perspectives Vol. 1, 2, 3, Jaipur: Mangal Deep Publications, 2004.

Goldstein, H., Social Work Practice - A Unitary Approach, Columbia: University of South Caroline Press, 1980.

Encyclopedia of Social Work, Vol. 1, 2, 3 National Association of Social Workers, Washington D.C.: NASW Publications, 1996.

Payne, M, Modern Social Work Theory, New York: Palgrave Mac Milan, 2005.

Pincus, A., and Minahan. A, Social Work Practice Model and Method, Illinois Peacock Publishers, 1973.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

HUMAN RIGHTS AND SOCIAL WORK

CODE: 11SW/PE/HR 24   **CREDITS : 4**
                                                 L T P : 4 0 0
                                      TOTAL TEACHING HOURS : 52

OBJECTIVES OF THE COURSE
▪ To provide a perspective and foundation for a human rights culture among students.
▪ To study the Indian Constitution and human rights and how it can be enforced.
▪ To create awareness on the Indian legal system, rule of law, human rights related to custody and detention.
▪ To enable students to work for the promotion and protection of rights of children, women, marginalized, workers (especially unorganized labour) urban poor and victims of displacement and resettlement.
▪ To prepare students to play a role in promotion and protection of Human Rights using advocacy strategies.

Unit   1   **(8 hrs)**
Introduction to Human Rights: categories and foundation of human rights, International Human Rights Law and its application.

Unit   2   **(10 hrs)**
Understanding law and the State: The relationship between human rights, democracy, sustainable development, equality, sovereignty, secularism and non-discrimination. Indian constitution and human rights protection and enforcement. Writ jurisdiction and Public Interest Litigation.
The Indian Legal System, Indian Code, Criminal Procedure Code and Civil Procedure Code. Human rights in relation to custody and detention.

Unit   3   **(10 hrs)**
Global Market and Human Rights:
Business corporations and human rights standards Science, technology and human rights; Globalization and impact on the poor; TRIPS; WTO and SEZ.

Unit   4   **(12 hrs)**
Empowering the most exploited and oppressed:
Rights of Children, women, marginalized group, coastal communities, workers, minorities, unorganized labourers, urban poor, Transgender persons and rights of the displaced; disabled and elderly.

Unit 5   **(12 hrs)**

Law and Strategy regarding protecting the environment, consumer protection, local governance empowerment, right to information and right to development, Human Rights and Social work.
Human rights struggles and the Human rights movement in India
Statutory Commissions and Human Rights Courts for protection of rights
Strategies and skills for human rights advocacy.

METHODOLOGY
- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

BOOKS FOR STUDY

Eugene Karneka, Human Rights, London: Edward Publishers, 1978.

Waghmare B.S., Human Rights: Problem and Prospects, New Delhi: Kalinga Publications, 2001.

BOOKS FOR REFERENCE

Chandra, U., Human Rights, India: Allahabad Law Agency, 2000.

Parmar Lalit, Human Rights, New Delhi: Anmol Publishers, 1998.

Krishna V.R. Iyer, Human Rights and Inhuman Wrongs, United Kingdom: B.R. Publishings, 2001.

Kumar Arvind, Encylopaedia of Human Rights, Violence and Non Violence, Vol. 1 Human Rights and Social Movements, New Delhi: Anmol Publishers, 2001.

Sharma R.S., human Rights Development, New Delhi: Common Wealth Publishers, 1997.

Subramaninam S., International Challenges, Vol 1 and Vol 2, Mumbai: Manas Publications, 1997.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2011- 2012)

MANAGEMENT FOR NON PROFIT ORGANISATIONS

CODE: 11SW/PC/MO34

CREDITS : 4
L T P : 4 0 0
TOTAL TEACHING HOURS :52

OBJECTIVES

- To understand procedures and policies involved in establishing and maintaining not for profit organizations.
- To acquire skills to participate positively in the management of resources, physical, financial and human and management of programmes as part of the team.
- To develop effective leadership qualities in managing NGO's
- To develop skills to formulate and prepare projects.

Unit   1

(8 hrs)

Introduction: Concept of Management in India, Definition, types of non profit organizations, A Historical Perspective, Role of non profit organization, scope for Scientific Management in Welfare Organization, National policy of voluntary sector, CSR.

Unit   2

(13 hrs)

Management: Basic Concepts and Principles; Goals of Management, Management Techniques and Tools.
Management Functions: Concept and Principles of Management Planning, Policy Making, Goal Setting, Organization, Staffing, Coordination, Communication, Supervision and
Control, Public Relations and Publicity; Reporting and Evaluation.

Unit   3   **(13 hrs)**

Organization of NGOs: Board, Trustee Committees, Executives – Their roles and function,   Laws related to NGO: Society Registration Act 1976s, Trust Act Of 1912,

Cooperative Societies Act 1912 and FCRA related issues. FEMA. (Foreign Exchange Management Act, 1999.

Unit: 4 (10 hrs)

Networking Organizations: Need and Importance, Process of networking, Power of networking, strength and values of networking, Collaborating with GOs, NGOs, Corporates, and INGO's , UN agencies.

Unit :5 (5 hrs)

Project Management:

a) Concept, project proposal writing, types steps, format, fund-raising (types, methods, skills), monitoring and evaluation of projects.
b) Financial management, principles, procedures of accounting, financial records, methods of financial control. (Not for Examination)

METHODOLOGY
    Lectures
    Group interaction/ Discussion
    Observational field visits
    Seminars
    Case study
    Assignments

BOOKS FOR STUDY

Anand Sirohi, Encyclopedia of Social Welfare Modern Perspective on Social Welfare, New Delhi :Domain Publishes and Distribution Publication, 2003.

Aswathappa K., Organizational Behaviour, 7th revised edition, Mumbai :Himalaya Publishing House, 2007.

Sankaran R. & Rodrigues, A Hand to the Management of Voluntary Organizations, New Delhi : Alpha Publication 1983.

BOOKS FOR REFERENCE

Arun Monappa & Miza, S.Saiyadain, Personnel Management, New Delhi: TATA MacDraw hill. Publishing Company LTD, 1997.

Carroll, Stephen Jr. & Tosi, Henry, Jr. Management by Objectives, NY : McMillan, 1973.

James David, Managing People in Organizations. New Delhi :AITB.S Publishers, 2002.

Koontz Harold , Management, New York :Harper Brother's Publication 1987.

Laxmi Devi, The Management, New Delhi: Institute for Sustainable Development, Lucknow; Anmol Publication, 1998.

Lalitha N.V, Financial Assistance to Voluntarily Organizations for Development, New Delhi :NIPCCD, 1981.

Lalitha N.V, Status of voluntarily effort in social welfare, New Delhi :NIPCCD, 1982.

Luthans Fred, Organizational Behaviour, 8th edition, New Delhi: Tata Mc Graw Hill Publishing Company Ltd., 2005.

Mital –R, Kumar. N, Personnel Management and Industrial Relation, New Delhi :Anmol Publications 2001.

MaheshwariS.N, Management accounting and financial concept, New Delhi: Sultan chand sons, 1998.

Odione, George, Management by Objectives, NY : Pitman Publishing, Corporation, 1965.

Prasad L.M., Organisational Behaviour, 4th edition, New Delhi: Sultan Chand and Sons Publisher, 2004.

Prasad Man Mohan , Management Concepts, New Delhi : Himalaya Publishing House. 1998.

Prasad Lallan and Gulshan S.S, Management Principles and Practice, New Delhi: Chand and Company Ltd. 2002.

Seshadri T.R, Management Lighter and Brighter Sides, New Delhi: Good Will Publishing House 1995.

Sherlekar, S.A, Modern Business Organization & Management, Bombay :Himalaya Publishing House, 1984.

Sharma, K.P, Project Management, New Delhi :National Book Trust 2000.

Sinha Kumar, Ajil Sen, Kumar Raj, Economics of Amartya Sen, New Delhi :Deep and Deep Publication 2000.

Thomas L. Wheelen J.David Higher, Essential of Strategic Management, New Delhi: Prentice Hill of India 2002.

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the Academic year 2011-2012)

CHILD RIGHTS

CODE: 11SW/PC/CR 34   **CREDITS: 4**
                                                      L T P: 4 0 0
                                  TOTAL TEACHING HOURS: 52

OBJECTIVES

- To create awareness on the situation of the child in India.
- To understand the legal provisions and rights of the child.
- To evaluate the services and programmes for the rights of the child.
- To study the skills and methods to work with children.

Unit   1   **(10 hrs)**
The Child in India - Demographic profile of the child in India. Situational analysis of the rights of the child in India – survival, health, nutrition, education and with specific reference to the girl child.

Constitutional safeguards assuring the rights of the child in India. UNCRC within the framework of human rights. Millennium Development Goals. Changing context of work with children – charity to rights approach.

Unit   2   **(10 hrs)**
Overview of problems of children - Children in Special Circumstances – Destitute child, Delinquent child, Street child – Definition, Causes, Effects, Services and Prevention. Juvenile Justice System in India. Sexually Exploited and Oppressed Children – Child Abuse, Child Labour, Child Trafficking, Child Prostitution – Definition, Nature/Characteristics, Causes, Effects, Services, Prevention.

Children in Need of Special Care – Differently Abled (Physically And Mentally Challenged), Emotionally Disturbed, Learning Disabled, Children Living with HIV/AIDS, Children of Prisoners. Problems of Children in Disaster Situations and Conflicts.

Role of Social Work with Children in Special Circumstances, Sexually Exploited and Oppressed Children. Children in need of Special Care and in Disasters and Conflict Situations.

Unit   3   (12 hrs)
Services for the Child - Structure and Function of Governmental Programmes. Programmes - Child Survival, ICDS Programme, School Health Programme, Health and Nutrition Programmes. Sarva Shiksha Abhiyan, National Child Labour Elimination Programme, Early Childhood Education, Alternatives to Formal School Education - Transit Schools, Non-Formal Education, Vocational Education.

National Charter for Children - 2004, National Plan of Action - 2005, Commission for Protection of Child Rights Act 2005, National Initiative for Child Protection, Right to Education Act, 2010, National Institute of Public Cooperation for Child Development, Indian Council for Child Welfare, Role of UN And International Non Governmental Organisations – UNICEF, UNESCO, World Health Organization, Save The Children, Child Rights And You And Non-Governmental Services for the Child.

Unit   4   (12 Hrs)
Social Work with Children – Approaches to working with Children – Institutional Settings, SOS Children's Villages.
Non-Institutional Settings: Adoption –In country and Inter-Country Adoption, Sponsorship And Foster Care.
Multi-Disciplinary Approach – Sustainable/Developmental Approach, Macro planning, Sectoral Model, Participatory Approach, Preventive Model, Rehabilitative Models, Convergence Approach
Rights Based Approach in working with Children, Child Rights Programming, Networking and Advocacy for Child Rights.

Unit   5   (8 Hrs)
Research, Training and Documentation – Research on child issues, training for Promotion, Protection and Defending Child Rights. Documentation of Child Issues and Rights, Child budgeting.

METHODOLOGY
Lectures
Discussions
Case Studies
Media Based Analysis
Guest Lectures
Field Visits
Audio-Visual Aids
Participation in Workshops
Seminars

BOOKS FOR STUDY

Holmes, Robyn M. Field Work with Children. New Delhi: Sage Publications, 1998.

UNICEF. Mapping India's Children: An Agenda for Action

Yadav, Aradhana. Social Dimensions of Child Labourers, Dalit Children in Hazardous Industries. New Delhi: Indian Social Institute, 2007.

BOOKS FOR REFERENCE

Cotton, Mathew, Sanders Robert & Williams, May. An Introduction to Working with Children, A Guide for Social Workers. New York: Palgrave Macmillan, 2001.

D'Sami, Bernard. A Report on the Condition of the Marginalized Children in India, Chennai: Virgil D'Sami, Arunodhaya, 2006.

Feinstein Clare, Karkara Ravi, Laws Sophie. A Workshop Report on Child Participation – in the UN Study on Violence Against Children. Sweden: International Save the Children Alliance, 2002.

Gandhi, Anjali. School Social Work. New Delhi: Commonwealth Publishers, 1990.

Greig, Anne & Taylor Jayne. Doing Research with Children. New Delhi: Sage Publications, 2001.

Kappur, M. Sheppard, Ralph & Renate (Eds.) Child Mental Health -Proceedings of the Indo-US Symposium. Bangalore: NIMHANS and ADAMHA. 1993.

Nanda, V.K. Nutrition and Health for Child Development, New Delhi: Anmol Publications, 1999.

Save the Children. Child Rights Programming – How to apply Rights - Based Approaches in Programming. Sweden: International Save the Children Alliance, 2002.

Tandon, R.K. & Sudarshan, K.N. Directory & Handbook on Children. New Delhi: Ashish Publishing House, 1998.

Theis, Joachim. Promoting Rights – Based Approaches, Experiences and Ideas from Asia and the Pacific. Sweden: Save The Children, 2004.

Wal, S. International Encyclopaedia of Child Development Priorities for 21Century. Vol., I – V. New Delhi: Sarup and Sons, 1999.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(EFFECTIVE FROM THE ACADEMIC YEAR 2010-20--)

MEDICAL SOCIAL WORK

CODE: 11SW/PC/MS34

CREDITS : 4
L T P : 4 0 0
TOTAL TEACHING HOURS : 52

OBJECTIVES OF THE COURSE

- To trace the history and development of Medical Social Work and understand its current status.
- To develop a holistic and integrated approach to Social Work practice in the field of health.
- To have an understanding of common physical diseases and associated psycho social economic problems
- To apply knowledge of Social Work in the field of health.

Unit   1   **(5 Hrs)**

Health, hygiene, disease, illness and disability: Basic Concepts, Medicine through the ages; changing concept of health; concept of patient as a whole. Historical development of Medical Social Work in the west, in India.

Unit   2   **(8 Hrs)**

Changing phase of health care Social Work: levels of health care; Health Care Models; medical, health prevention and promotion model, integrative model and developmental model
Holistic approach to health; indigenous systems of health – Ayurveda, Siddha, Unani; Alternative systems of health – Yoga, Naturopathy, Homeopathy

Unit   3   **(8 Hrs)**

Organization and administration of Medical Social Work in hospitals
- Multi disciplinary approach and team work
- Patients rights in health care – PNDT Act, MTP Act, COPRA, Organ Transplantation Act, Euthanasia, ESI Scheme, Health Insurance
- Medical Ethics
- PR in hospitals

Unit   4   (16 Hrs)
     Clinical Manifestations and Psycho- socio and economic problems:
- Major communicable diseases – Tuberculosis, STD/ HIV/AIDS, malaria, dengue, cholera, typhoid, leprosy, leptospirosis
- Major non-communicable diseases – diabetes, hypertension, cardiac disorders, neurological disorders, asthma, cancer

- Problems of Individuals and family during hospitalization
- Problems of patients undergoing surgery

Unit   5   (15 Hrs)
Medical Social Work Practice In Different Settings – Hospitals, Out-Patient Departments, Emergency / Crisis Intervention and Care, Hospice, Special Clinics; Convalescent Care, Acute Health Care Settings, Restorative Health Care Settings, Long Term Health Care, Palliative Care .
Application of Social Work methods in the field of health. Use of psycho therapy, supportive counseling, grief counseling.
Discharge planning.
Documentation and record keeping in health care
Role ,Functions and Skills of Medical Social Workers
Problems Encountered by Medical Social Workers in the field.

METHODOLOGY

    Lecturers, interactive discussions
    Group assignment / discussions
    Providing reading material for reflection and discussions
    Article / news item reviews
    Field based case-studies / discussion and analysis
    Field visits / guest lectures.

BOOKS FOR STUDY

Bartlett H.M. Social Work Practice in Health Field. New York: National Association of Social Workers,1961.

Pathak S.H. Medical Social Work in India. New Delhi: DSSW, 1995.

GPI Singh & Sarit Sharma. Multiple Choices as In Preventive & Social Medicine. New Delhi: Elsevier,2008.

BOOKS FOR REFERENCE

Anderson R & Bury M. (Eds). Living with Chronic Illness- The Experience of Patients and Their Families. London: Un-win Hyman,1988.

Bajpai P.K. (Ed). <u>Social Work perspectives on Health</u>. New Delhi: Rawat Publications,1997.

G.M. Dhaar I Robboni. <u>Foundation of Community Medicine</u>. New Delhi: Elsevier, 2006.

Field M. <u>Patients Are People- A Medico- Social Approach to Prolonged Illness</u>. New York: Columbia University Press, 1963.

Goldstein D. <u>Expanding Horizons in Medical Social Work</u>. Chicago: University of Chicago Press, 1955.

Pokarno K.L. Social <u>Beliefs, Cultural Practices in Health and Disease</u>. New Delhi: Rawat Publications, 1995.

Reisch M. & Gambill E. <u>Social Work in the 21st Century</u>. New Delhi: Pine Forge Press, 1997.

Dr Sanjay Bhattacharya. <u>Social Work: Psycho Social and Health Aspects</u>. New Delhi: Deep & Deep Publications, 2008.

TESTING AND EVALUATION PATTERN

<u>Internal Assessment</u> **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

<u>End Semester Examination</u> –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011 -2012)

DEVELOPMENT PLANNING AND ADMINISTRATION

CODE: 11SW/PC/DP34

CREDITS : 4
L T P : 4 0 0
TOTAL TEACHING HOURS: 52

OBJECTIVES

- To develop theoretical understanding of development and planning.
- To enable students gain an understanding of the administrative machinery involved in development.
- To provide knowledge on various methods, strategies and development efforts.
- To understand the role and contribution of professional social work in the development process.

Unit   1   **(8 Hrs)**
Planning and Development:
Planning: Concept, Types of Planning, Planning Process and Importance of Planning for Development.
Development: Concept, Indicators; Human Development Index, Physical Quality of Life Index, Human Poverty Index, Gender Related Index, Development paradigm: from conventional to people centered development; Development Strategies with reference to balanced & unbalanced approach to development, Models of Development with specific reference to Nehru, Gandhi, L. P.G and PURA Model.
Concept: Social Development and Sustainable Development; Millennium Development Goals (MDG).

Unit   2   **(10 Hrs)**
Participatory Planning: Peoples Participation - Concept, Factors Promoting & Hindering Peoples Participation. Techniques of Participation with Specific Reference to Participatory Rural Appraisal & Participatory Need Assessment, Social Planning and Social Mapping.

Unit 3 (14 Hrs)

An Overview of Rural, Urban and Tribal Administration: Related policies of rural, tribal, urban and development policies; Implications of 73rd and 74th Amendment Act. Development planning in India: Local Self Governance; Structures and levels of administration and planning, Critical analysis of the Five Year Plans. Development Paradigm in Social Work, Changing Trends in Social Work Practice. Application of Social Work Methods in Development Practice.

Unit 4 (10 Hrs)

Displacement: Concept and Characteristics, Definition; Nature and Type - Development induced, disaster induced, Man-made, rural and urban, Internal and International, forced evictions, Development Induced Displacement, Economic migrant, Immigrant, voluntary and involuntary displacements; International displacement.

Unit 5 (10 hrs)

Disaster Management: Concept, definition; types of disasters, Refugees /Repatriates. Disaster management and refugee rehabilitation; Resettlement and Rehabilitation policy in India. Prevention, mitigation, preparedness, response, recovery and rehabilitation; Stages in Disaster - pre, during and post disaster; Psycho social aspects of disasters. Problem areas - mitigation measures, risk management, vulnerability analysis, cost-effective analysis, risk reducing measures. Disaster Management Act 2005.

METHODOLOGY
- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures
- Audio / Visual presentation
- Sharing of experience
- Field visit

BOOKS FOR STUDY

Agarwal, A.N, India Economy: Nature, Problem & Progress, New Delhi: Vikas Publications 1998.

Dubhashi P.R, Rural Development, Administration in India, Bombay: Popular Press 1994.

Fernandes Walter. Development, displacement and rehabilitation, New Delhi: ISI Publication, 1989.

Saxena,D.P. Rururban migration in India, Bombay: Popular Prakashan Pvt.Ltd, 1977.

BOOKS FOR REFERENCE

Bhat, Anil, Development & Social Justice: Micro Action by Weaker Sections, New Delhi: Sage Publications, 2001.

Puri V.K. & Misra S.K. Indian economy Himalayan. New Delhi: Publishing house,1988.

Dhingra C.Ishwari, The Indian Economy, New Delhi: Sultan Chand and Sons, 1988.

Datt & Sundaram K.P.M., 54th Ed. Indian Economy. New Delhi: S. Chand, Company 2007.

Desai A.R, Rural Sociology, Bombay: Popular Press, 1978.

Desai Vasanth, Rural Development, Vol. 1& 2, New Delhi: Himalaya Publishing house, 1998.

Jain S.C. Community Development & Panchayati Raj in India, Chennai: Allied Publishers Ltd., 1985.

Jain S.C. Rural Development Institutions & Strategies, Jaipur: Rawat Publications, 1985.

Jain L.C. Grass without Roots: Rural Development under Government Auspices, New Delhi: Rawat Publication, 1985.

Kapila Uma, India's Economic Development since 1947, New Delhi: Academic Foundation, 2007.

Sharma, Kampa Prassad, Participation Planning at the Grass Roots, New Delhi: Sterling Publishers 1993.

Indian Journal of Social Work Vol. 12, 1999.

Sudarsen V. The uprooted displacement resettlement development, New Delhi: Gian Publication, 1991.

Schenk-Sandbergen Loes. Women and seasonal labour migration, New Delhi: Sage Publications India Pvt. Ltd., 1995.

Gangrade, K.D. & Dhadde, S.Challenge and Response, Delhi: Rachna Publications, 1973.

Joint Assistant Centre   Natural Disaster; New Delhi: Adhyatma Sadhana Kendra, 1980.

Fritz C.E,"Disaster"; Sills, D. (Ed) International Encyclopaedia of Social Science, Vol. 4, U.S.A.: The MacMillan Company and the Free Press,202-208.

Goel. S.L. Disaster Management New Delhi: Deep and Deep Publication, 2001.

Bosco B.C. Introduction to Disaster Management, New Delhi: Rajat Publication, 2007.

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK
SYLLABUS
(Effective from the academic year 2011-2012)

RURAL AND TRIBAL COMMUNITY DEVELOPMENT

CODE: 11SW/PC/RT34   **CREDITS : 4**
                                                        L T P : 4 0 0
                                     TOTAL TEACHING HOURS: 52

OBJECTIVES

- To understand the critical elements of rural and tribal communities.
- To enhance critical understanding of the models and strategies for community Development practice.
- To understand the impact of globalization on rural tribal communities.
- To critically analyze development issues and to address the same.

Unit 1   **(9 hrs)**
Rural and Tribal Community Development
Definition, Concept and Characteristics, Nature and Scope of rural and tribal community development; Historical review of rural and tribal community development.
Rural socio-economic structure - family, caste, class, power structure.
Tribal socio-economic structure; family system, rituals and rites, kinship patterns, animism and tribal culture.
Community Development: Definition and Nature of the rural and tribal economy, society and polity.

Unit 2   **(10 hrs)**
Issues and concerns of rural and tribal communities:
Poverty, causes and consequences of poverty, rural backwardness, casteeism, illiteracy, unemployment, agrarian crisis, specific problems of dalits, women and children.
Problems of tribal communities: Alienation, land acquisition, oppression, deprivation, bonded labour, exploitation, tribal dislocation and resettlement, lack of basic amenities; Globalization and its impact.

Unit 3   **(9 hrs)**
Rural Power Structure:
Informal and formal power structures; informal leadership, caste leadership, informal power structures; Panchayat Raj- definition, functions, three tier system and its functions. 73rd Amendment.

Unit 4 (12 hrs)
Tools and Techniques for Development Practice:
Participatory Rural Appraisals, Logical framework analysis, social analysis and assessments, stakeholder analysis, project matrix and appreciative inquiry – definitions, need, importance, processes and its appropriate usages.

Participatory Monitoring and Evaluation – concept, purpose process and organization of evaluations key principles, monitoring and evaluation cycle, key stages, participatory methods and techniques, social audit; significance of people's participation in development; ethics for facilitators; qualities of good facilitators and project evaluators. Evaluation report and using evaluations for further development.

Unit 5 (12 hrs)
Programmes of Government and Non-government Interventions:
SHG, micro-credit and microfinance; the related structure of decision making and intervention. The programmes for rural and tribal development in the five year plans. 73rd Amendment Act and provisions for the rural and tribal community.

Development programmes – SSA, SHG, micro-credit and micro-finance, methods of implementation and their impact: NREGA, IRDP, TDP, SGSY, PURA model, Vazhundhu Kaatuvom SIRD, NABARD, NGAMP.

Need and importance of Social Work intervention in rural and Tribal areas. MNC and land acquisition.

METHODOLOGY
> Lecture sessions
> Training Programme
> Audio/Visual presentation
> Group Exercises
> Case study analysis
> Sharing of experience
> Field visit

BOOKS FOR STUDY

Crowell,Daniel, The SEWA Movement and rural development, New Delhi: Sage Publications, 2003.

Bhatia,B.S. Rural development management, New Delhi: Deep & Deep Publications, 2003.

Heredero J.M, Rural development and social change, New Delhi: Sage Publications India Pvt. Ltd., 2002.

Singh,J.P. Tribal development, New Delhi: Vikas Publishing, 1991.

Chambers Robert: (1983), Rural Development: Putting the Last First, Harlow; Longman; New Delhi.

BOOKS FOR REFERENCE

Reddy,Sateesh K. Multi-faceted rural development Dominant, New Delhi: 2002.

Jain,Rashmi . Communicating rural development, Jaipur: Rawat publications, 2003.

David, Atchoarena , Education for Rural Development, Rajasthan: Rawat publications, 2003.

Behera M .C . Globalisaing Rural Development, New Delhi: International Development Research Centre, 2006.

Sathyanarayana G. Voluntary effort and rural development, Rajasthan: Rawat publications, 2007.

Arya, R. P. Training for social work and rural Development, Manglam: 2007.

Lalitha, N. Self help groups in rural development, New Delhi: Atlantic publishers, 2003.

Gupta,K.R. Rural development in India. Vol.1, New Delhi: Sarup & Sons, 2003.

Prasad B.K. Rural development : concept, approach and strategy, New Delhi: Sarup & Sons, 2003.

Patnaik N. Tribes and their development a study of two tribal development blocks in Orissa, Hyderabad: National institute of community development , 1977.

Kumar,A . Tribal development in India , New Delhi: Sarup & Sons, 2002.

Narayan, Sachindra. The dynamics of tribal development. Issues and challenges, New Delhi: Gyan publications, 2002.

Thakur Ashutosh, Tribal development and its paradoxes, Calcutta: Authors press, 2001.

Sharma A.N. Tribal development in Andaman islands, New Delhi: Sarup & Sons, 2003.

Soni, Jasprit Kaur. Introspection of tribal development, New Delhi: Sonali publications, 2004.

Chambers Robert: (1994), Participatory Rural Appraisal (PRA); Challenges, Potentials and Paradigms; in World Development; Vol.22, No 10.

DANIDA: (1990), <u>Handbook on Logical Framework Approach, LFA, for Project Preparation</u> Vol 1 and 2; Copenhagen.

McCracken, Narayan, (1998), <u>Participation and Social Assessment – Tools and Techniques</u>, The International Bank for Reconstruction; World Bank; Washington.

Mikkelson Britha; (1995), <u>Methods for Development Work and Research – A guide for Practioners</u>, Sage Publications; New Delhi.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

FAMILY SOCIAL WORK

CODE:11SW/PC/ FS34   **CREDITS : 4**
                                                                              LTP : 4 0 0
                                        TOTAL TEACHING HOURS : 52

OBJECTIVES

- To develop an understanding of families in society and create awareness on emerging alternative family patterns.
- To impart a conceptual and theoretical framework for understanding family
- To understand family problem areas, conduct assessments and set goals for intervention
- To develop knowledge and skills in planning and implementing programmes to enhance family life.
- To create an awareness of policy, programs of service delivery systems

Unit   1   **(8 Hrs)**
Families in society: Understanding the family- global and Indian perspective. Analysis of structural (due to development, globalization, migration, displacement) and functional changes and challenges affecting the family today.
Emerging alternative family patterns- single parent families, live in relationships, female headed households, dual earner families, reconstituted families and parenthood through surrogacy. Gay, lesbian and bisexual relationships.

Unit   2   **(13 Hrs)**
Conceptual and Theoretical Framework for understanding and working with the family: family functions, family ecology, family norms, family patterns, family structure, and family practice.
Theoretical Approaches- systems/ ecological perspectives, family centered, structural, strategic, evidence based, family resilience approaches and communication theory.
Application of the family development practice model to understand family development through the life stages. (Evelyn Duvall)

Unit   3   **(13 Hrs)**
Assessment and Goal Setting for Intervention: Formulating an understanding of family problem areas through assessment of family needs, family dynamics, problem assessment and goal setting for intervention. Eco-map, genogram and timeline construction for diagrammatic assessment of family relationships.
Therapeutic & Service Oriented Interventions

Family Systems Intervention (Six Stage Model), Family Treatment Techniques, Family Therapy, Rehabilitation, Crisis Intervention
Self Help and Support Groups, Family Counseling Centers, Family Courts Act 1997 and Lok Adalats.

Unit 4   **(9 Hrs)**

Family Life Education: Positive Parenting and Sexuality education- general philosophy and broad principles of family life education, positive parenting, sexuality education, (including reproductive health, family planning, STDs/HIV/AIDS) in conjunction with the ability to plan, implement programmes.

Unit 5   **(9 Hrs)**

Organization and Administration of the Department of Health and Family Welfare

Family Welfare Programmes: RCH programme under NRHM, All India Post Partum Programme, Janani Suraksha Yojana (JSY)

Socio economic& welfare programmes of the State Social Welfare Board, Kasturba Gandhi National Memorial Trust, All India Women's Conference, Women's Indian Association, Services for the elderly.

Programmes and women groups.

Role of a Social Worker in family welfare planning

METHODOLOGY

Lecture
Group Discussion
Case Study analysis
Seminar Presentation
Audio/Video Sessions
Guest Lectures
Developing training modules
Circulation of handouts

BOOKS FOR STUDY

Carter, B. McGoldricke, M.The Changing Family Life Cycle-A Framework for Family Therapy.London: Allyn & Bacon, 1989.

Goode, William J. The Family. New Delhi :Prentice Hall of India (Pvt) Ltd, 1965.

Hurlock, E. Developmental Psychology-A Life Span Approach. ed 5. New Delhi: Tata McGraw Hill Publishing Co. Ltd,1995.

BOOKS FOR REFERENCE

Ambrosino, R. Hefferman, J. and Shuttlesworth, G. Social Work and Social Welfare- An Introduction, ed. 5, USA: Brooks /Cole Thomson Learning, 2005.

Bhatlavande, P. Gangakhedkar, R. On the Horizon of Adulthood. India: UNICEF , 2001.

Compton, Beulah R. Galaway, B. Cournoyer, Barry R.Social Work Processes, ed 7, USA: Brooks / Cole Thompson Learning, 2005.

Desai, M. (ed) (1994), Family & Interventions- Course Compendium. Mumbai: TISS, 1994.

Duvall, Evelyn M. Family Development. ed 3, New York: J.B.Lipincott Company, 1989.

Margaret , A. Schvaneveldt.M.J. Handbook of Family Life Education- The Practice of Family Life Education . New Delhi: Sage Publications, New Delhi, 1993.

Pachauri, S. A Reproductive Health Package for India, New Delhi: Population Council, 1995.

Park, K. and Park, J. Park's Text Book of Social and Preventive Medicine. Jabalpur: Banarasidas Publishing, 2004.

Saleebey, Dennis. (ed) The Strengths Perspective in Social Work Practice. ed 4, New York:: Pearson Education,2006.

Tata Institute of Social Sciences. Family Intervention-Case Studies. Mumbai: TISS, 1994.

Journals & Periodicals of the Family Welfare Department.

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

MENTAL HEALTH AND SOCIAL WORK

CODE: 11SW/PC/MH 34   **CREDITS: 4**
                                                        L T P: 4 0 0
                                     TOTAL TEACHING HOURS: 52

OBJECTIVES
- To understand Psychiatric Social Work in the context of changing trends in health care.
- To understand the concept of mental health, acquire knowledge in mental disorders and their management.
- To develop skills in identifying and managing mental disorders in health settings and the community.

Unit   1   **(8 Hrs)**
Concept of Mental Health and Mental Illness: changing perspectives from illness to well-being, changing trends in Mental Health Care, Indian view of mental health and well being. Psychiatric Social Work: Definition of Psychiatric Social Work, history and scope of Psychiatric Social Work, changing perspective of Psychiatric Social Work.

Unit   2   **(12 Hrs)**
Common Mental Disorders and their treatment modalities: Clinical signs and symptoms. Organic mental disorders, mental and behavioural disorders due to psychoactive substance use, schizophrenia and delusional disorders. Mood disorders,

Unit   3   **(12 Hrs)**
Neurotic, stress-related and somatoform disorders: Behavioural syndromes associated with physiological disturbances, disorder of psychological development, behaviour and emotional disorders with onset in childhood and adolescence.. Disorders of adult personality disorders and behaviour, sexual disorders, mental retardation, suicide.

Unit   4   **(10 Hrs)**
Psychiatric assessment: History taking and mental status examination, psychosocial and multidimensional assessment of persons with mental disorders in Psychiatry from a clinical and strengths based perspective. Assessment of family as a system, use of mental health scales in assessment & intervention.

Unit 5   **(10 Hrs)**
Practice of Psychiatric Social Work in the Mental Health Field:
Psychiatric Settings: Special Settings – Child and Adolescent Mental Health, Gender and Mental Health, De-addiction, Industry.
Non-Psychiatric Settings: Non-Institutional Models of Mental Health Care.
Role of National and International Organizations in Mental Health.

METHODOLOGY
Lectures,
Discussions
Case Histories
Case Studies
Media Based Analysis
Guest Lectures
Field Visits
Audio-Visual Aids
Participation in Workshops
Seminars.

BOOKS FOR STDUY

Ahuja, Niraj. A Short Textbook of Psychiatry. 5th Edition, New Delhi: Jaypee Brothers, Medical Publishers Pvt. Ltd., 2002.

Colin Pritchard. Mental Health Social Work. London: Routledge Publishers, 2006.

Kaplan, H.I., Freedman A.M., and Sadock B.J. Comprehensive Text Book of Psychiatry, (Third Ed.) Vols. 1,2&3, London: Williams & Wilkins, 1980.

Mane P. & Gandevia K. (Eds.) Mental Health in India Issues and Concerns. Mumbai: Tata Institute of Social Sciences, 1993.

BOOKS FOR REFERENCE

Bhattacharya, Sanjay. Social Work Interventions and Management. New Delhi: Deep & Deep Publications (P) Ltd, 2008.

Herman, Helen, Saxena, Shekhar Moodie, Rob. (Eds.)   Promoting Mental Health – Concepts – Emerging Evidence – Practice. WHO, Geneva: 2005.

Joseph, Sherry. Social Work Practice and Men who have Sex with Men**.** New Delhi: Sage Publications, 2005.

Roberts, Albert R. & Greene, Gilbert J. Social Workers' Desk Reference. New York: Oxford University Press, 2001.

Sekar,K. Parthasarathy,R, Muralidhar,D. Chandrasekhar Rao, Handbook of Psychiatric Social Work. Bangalore: NIMHANS, 2007.

Srinivasa Murthy & Burns B. (Eds). Community Mental Health – Proceedings of the Indo-US Symposium. Bangalore: NIMHANS, 1992.

Verma, Ratna. Psychiatric Social Work In India. New Delhi: Sage Publications, 1991.

World Health Organisation, The ICD 10 Classification of Mental and Behavioural Disorders. Clinical Description and Diagnostic Guidelines, Geneva: Oxford University Press, 1992.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

COMMUNITY HEALTH

CODE: 11SW/PC/CH44   **CREDITS: 4**
                                                           LTP: 4 0 0
                                      TOTAL TEACHING HOURS: 52

OBJECTIVES
- To develop an understanding of the Community Health situation and Public Health challenges at the regional, national and global level.
- To create an awareness of the existing programmes and services at local, national and international levels and the need for a preventive, promotive and developmental approach in the field of health.
- To develop skills in programme planning and education for different target groups about handling of their health problems.
- To develop a holistic and integrated approach to social work practice in the field of health.

Unit   1   **(5 Hrs)**
Community Health: Concept, Community Mental Health, Public Health– Definition, changing concept and development in India, Health Planning Cycle, Scope of community health. Community Mental Health – Emergence as a system of service delivery. Community Pediatrics, Community Geriatrics as emerging avenues for health promotion. Primary Health Care, Principles of primary health care; Community Based Rehabilitation.

Unit   2   **(8 Hrs)**
Situational Analysis of Community Health: Community Mental Health and Public Health status at the Regional and National levels.
Community Perspectives of Mental Health Problems – Culture bound syndrome.
Impact of Globalization, Privatization and Liberalization on health. Medical Tourism, Telemedicine and growing Commercialization of health care.
Environmental Health - Impact of War, Disasters and Displacement on health.
Right to Health, Right to Health Care and Access to Essential Medicines. Rights of the mentally ill, Trade and Intellectual Property Rights. Current Challenges in attaining Health for All. Role of People's Health Movement.

Unit 3 (13 Hrs)
Health Policies and Legislations:
National Health Policy (2002), National Population Policy (2002), Mental Health Act, 1987. Narcotics Drugs and Psychotropic Substances Act 1985; Persons with Disabilities Act (1995), Rehabilitation Council of India Act,
National Trust for Welfare of Persons with Autism, Cerebral Palsy, MR and Multiple Disabilities Act (1999), Biwako Millennium Framework for Action.
Disaster Management Act (2005).

Unit 4 (13 Hrs)
National Health Programmes: Structure, role and functions.
Communicable Diseases, Non-Communicable diseases and Mental Health Programmes.
Health sector Reforms - National Rural Health Mission, Indian Public Health Standards (IPHS) and Public Health Foundation of India (PHFI).
Institutions and Programmes for Rehabilitation:
Institutions - Ministry of Social Justice & Empowerment, Govt. of India, State Commission for the disabled, Rehabilitation Council of India, National Institute for Mental Health and Neuro Sciences, National Institute for Mental Disabilities, National Institute for the Visually Handicapped, National Institute for the Orthopaedically Handicapped, Ali Yavar Jung National Institute for the Hearing Handicapped, National Institute for the Mentally Handicapped and National Institute for Empowerment of Persons with Multiple Disabilities.

Unit 5 (13 Hrs)
Clinical and Non Clinical skills for Community Health and Mental Health Practice.
Approaches for promotion of health at all levels – Pro-active, Preventive, Developmental and Remedial approaches.
Basic Epidemiology and Vital Statistics. ICMR in Health Research. Medical ethics, Clinical trials.

METHODOLOGY
Lectures, Group discussions
Exposure Visits
Field based Assignments, Seminar Presentations
Case Analysis.
Reviewing Research Papers.

BOOKS FOR STUDY

Ajit K. Dalal and Subha Ray (Eds.). <u>Social Dimensions of Health</u>.

Dhaar, G.M. & Robbani,I. <u>Foundations of Community Medicine,</u> New Delhi: Elsevier,2006.

Martha.J.Garrett. Health Futures: <u>A Handbook for Health Professionals,</u> Geneva: Who,2000.

Pritchard, Colin. <u>Mental Health Social Work – Evidence – based Practice,</u> Routledge: Taylor and Francis Group,2006.

BOOKS FOR REFERENCE

N.H.Antia, G.P.Dutta & A.B. Kasbekar. <u>Health and Medical Care- A People's Movement,</u> Pune: FRCH Publications,2000.

Bhattacharya, Sanjay. <u>Social Work Interventions and Management,</u> New Delhi: Deep & Deep Publications (P) Ltd.,2008.

Devitt – Stella Jones, Smith. <u>Critical Thinking in Health &Social Care,</u> New Delhi: Sagae Publications, 2005.

Park, K., <u>Preventive and Social Medicine</u>, Jabelpur : Banarsides Bharat, 1997.

TESTING AND EVALUATION PATTERN

<u>Internal Assessment</u>   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

<u>End Semester Examination</u> –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
MASTER OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2011-2012)
URBAN COMMUNITY DEVELOPMENT

CODE: 11SW/PC/UD44   **CREDITS: 4**
                                                                          L T P: 4 0 0
                                                          TOTAL TEACHING HOURS: 52

OBJECTIVES
- To enable the students gain understanding about the urban communities.
- To enable the students to be sensitive and committed for working with the urban poor.
- To provide knowledge on various developmental efforts.
- To equiv the students with the skills and techniques to work in urban concerns.

Unit 1   **(13 Hrs)**
    Urban development concepts:
    Urban, Urbanism over- urbanization, urban decay, displacement, urban growth urbanization trends, causes and consequences,- urban renewal, urban re – location- urban ecology – definition urban ecological processes; classification of urban areas according to census of India.

    Historical overview of urban community development & UCD in India – origin, aims, objectives, organization structures – pioneering projects (Delhi, Baroda, Hyderabad) and current urban development projects in Chennai.

Unit   2   **(8 Hrs)**
    Urban Issues and Challenges: poverty: size, causes, consequences, urban poverty measures, trends in urban poverty, manifestation of urban poverty-specific problems encountered by urban poor due to displacement – housing infrastructure & livelihood problems- homelessness, quality of life of slum dwellers, population, overcrowding, social exclusion, migration and increasing growth of informal sectors, trafficking, eviction / displacement, unemployment, crime.

Unit   3   **(8 Hrs)**
    Growth of Slums – definition, characteristics, causes, consequences, growth of slums – theories of slums with specific reference to Stokes, Burgess, Ullman, Hoyt, Colean, Wirth, Gruen, Sita Ram.

    Urban Power Structure:
    Concept of urban power, Types of power – socio- economic political factors influencing urban power structure – models of urban power structure – critical analysis of urban power structure in urban areas.

Unit   4   **(8 Hrs)**
Urban Administration in India
History of Local self Government in India: Democratic Decentralization with
specific reference to 74th Amendment Act, Urban Local bodies in India –
Corporation, Municipalities, Town Panchayat & Cantonment boards.
Urban Administrative Departments: Corporation. CMDA, Department of urban
Development Tamil Nadu Water Supply & Sewerage Board, TNHB
Acts pertaining to Urban Areas -Slum Improvement Act (1976).

Unit   5   **(15 Hrs)**
Urban Social Service and Development Programmes
Urban Social Services – Health – Family Welfare- Education – PDS- Housing.
Area Based Programmes; Aims- Objectives – Strategies. Slum Clearance and
Improvement of Slums – Master Plans – Mega City Schemes – Sustainable Cities
Project – Integrated Urban Development Programmes – Integrated Development
of Small and Medium Towns – Urban water supply and Sanitation and Solid
waste Management.
People Oriented Programmes: Aims – Objectives – Strategies - Swarnajayanthi
Rozgar Yojana- Sarva Sikshaya Abhiyan Scheme, RAY, IAY, NUHM. Self-Help
Groups, Urban Wage Employment – Development of Women and Children in
Urban areas– Urban Basic Services Program – Special programmes directed
towards SC/ STs & Jawaharlal Nehru Urban Renewal Mission Scheme – a critical
assessment.
Strategies for Social Inclusion of the urban poor, solid waste management.

METHODOLOGY
       Lectures
       Case Studies analysis
       Field Visits
       Group Discussions

BOOKS FOR STUDY

Bose Ashish,   India's Urbanization: 1901-2001, Institute of Economic Growth, New
Delhi: McGraw Hill,1970.

Chandra. S, Urban Development Programme in India, New Delhi :Chand Publication.
1983.
Jacob Z. Thud Para, Urban Community Development, New Delhi: Rawat Publishers,
                   1993.
 Sharma C.L, Urban Power Structure, Udaipur :Shiva Publication 1992.

BOOKS FOR REFERENCE

Breese Gerald, Urbanization in Newly Developing countries, New Delhi: Prentice Hall of
India, 1969.

Chaturvedi, T.N. Urbanization and Macro Social Change, Allahabad: Chug Publication, 1975.

Desai A.R. & Devadas Pillai, Slums & Urbanization; Bombay: Popular Prakashan Pvt.Ltd. 1970.

Didee Jayamala and Vimala Rangaswamy, Urbanization trends Perspectives & Challenges , Jaipur and New Delhi :Rawat Publications, 1993.

Morris R.N, Urban Sociology, London :George Allen, 1968.

Marshal .B. Clinard, Urban Development in India, New Delhi :Prentice Publication, 1992.

Nobel G. Allen, Dutt k. Ashok,: Indian Urbanization and planning Vehicles of Modernization, New Delhi :TATA Graw hill Publishing Company, Ltd 1977.

Quin A. James, Urban Sociology. New Delhi: Eurasia Publishing House (Pvt) Ltd., 1968.

Ramachandran P. Urbanization & Urban Systems in India; Madras :Oxford University press, 1991.

Satish Sinha, Slum Eradication & Urban, New Delhi :Renewal India Publications, 1992.

The S.S , Structure of Urban Poverty, Bombay :Popular Prakashan, 1986.

Trivedu R. Hirsh ad Urbanism, Atma Ram and sons, New Delhi: 1976.

Yadav, C.S. Urban Planning and Policies, New Delhi: Concept Publishing Company 1986.

Census of India, Government of India Publication 2001.

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
MASTER OF SOCIAL WORK
SYLLABUS
(Effective from the academic year 2011-2012)

YOUTH DEVELOPMENT

CODE: 11SW/PC/YD44   **CREDITS : 4**
                                                                          L T P : 4 0 0
                                                   TOTAL TEACHING HOURS : 52
OBJECTIVES

- To develop an understanding of the concept of Youth Development, the need and importance of working with youth.
- To develop an understanding on the bio-psychosocial perspective of the youth.
- To develop the ability to understand the specific socio-economic, political and cultural factors affecting youth.
- To develop an understanding of different governmental/non governmental programmes working for the development of youth.
- To develop an understanding of the different methods of working with youth groups.

Unit 1   **(8 hrs)**
Youth Development: Concept, Definition, Aims and Objectives. Demographic profile of the youth in Rural, Tribal and Urban India. Status of Youth – Global Situation. National Youth Policy - 2010.

Unit 2   **(13 Hrs)**
Needs of the youth – Physical, Intellectual, Emotional, Social and Religious needs of youth. Socialization of the youth – Influence of family, Peer, Neighbourhood, Reference Groups, Religion and Media. Impact of Westernisation, Modernisation, Urbanisation and Globalisation. Socio-economic, Political and Cultural challenges faced by youth.

Unit 3   **(9 Hrs)**
Specific problems of Youth
Behavioural Problems- Substance Abuse, Sexually Transmitted Diseases, HIV/AIDS, Sexual problems. Eating Disorders and Obesity.
Emotional Problems – Identity Crisis, Alienation, Low Self esteem and Suicide.
Career conflict, Conflict in selecting a partner.

Unit 4   **(18 Hrs)**
Role of Youth in Social Change Involvement - Initiating Youth in politics, Youth in Conflict Situations, Terrorism, Youth and Millennium Development Goals, Youth for economic Self-Reliance-Entrepreneurship and Youth for Leadership.

Welfare Programmes for rural/urban youth. National Programmes - NCC, NSS, Scouts and Guides, Sports, Youth festivals, Career Counseling.

Youth organizations and movements in India– Rajiv Gandhi National Institute for Youth Development, Nehru Yuva Kendra Sangathan, Vishwa Yuva Kendra, Students Federation of India, National Students Union of India, Democratic Youth Federation of India, All India Catholic Universities Federation.

Unit 5 (4 Hrs)

Application of Social Work Methods : Working with Youth and Youth Groups. Training, Capacity Building, Research, Networking, Volunteering, Peer Counselling and Advocacy.

Designing and Implementing Community Based Youth development Programmes / Projects.

METHODOLOGY

Lectures
Group discussions
Exposure Visits
Field based Assignments
Seminar Presentations
Case Analysis.

BOOKS FOR STUDY

Ahuja, Ram. Indian Social Problems. New Delhi: Rawat Publishers**,** 1993.

Ruhela. S.P. Sociology of the Youth Culture in India**.** Delhi: Indian Publishers, 2001.
Government of India. Census of India. 2001.

Solution to Youth's Problem, Adam Publishers & Distributors**.** 2006.

BOOKS FOR REFERENCE

D.Saronk. Family life Education for Adolescent Girls, Delhi: Discovery Publishing House, 1994.

Kuriakose P.T Vishwa, Youth Work in India: Scope and Strategy New Delhi: Vishwa Yuva Kendra,1985.

Endeavour, Journal of Youth Development, Vol.1, No.1 July-December, 2005. Rajiv Gandhi National Institute of Youth Development

Nehru Yuva Sandesh – Monthly Newsletter, Nehru Yuva Kendra Sangathan

AICUF Student Movement in India, AICUF Publications, 1990.

AICUF**.** Towards Understanding of Youth, AICUF Publications.
United Nations. World Youth Report. 2007.

WEBSITES – 5-4-'09
www.yas.nic.in
www.rgniyd.gov.in
www.tn.gov.in - Youth Welfare and Sports Department
www.nyks.org
www.un.org/youth

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

COUNSELLING - THEORY AND PRACTICE

CODE:11 SW/PC/CN44   **CREDITS : 4**
                                                                                 L T P : 4 0 0
                                                      TOTAL TEACHING HOURS : 52

OBJECTIVES OF THE COURSE
 ▪ To develop in students' basic counselling skills through an understanding of
   theory and skills practice sessions.
 ▪ To integrate counselling skills in social work practice.
 ▪ To learn the different approaches to counselling and develop an eclectic approach
   to counselling.

Unit   1   **(8Hrs)**

Counselling-Expectations and Goals- Achievement of positive mental health,
resolution of problems, improving personal effectiveness, change, decision making,
modification of behavior.

Unit   2   **(6Hrs)**
Concept and Foundation of Counselling - Evolution of Counselling, definition,
elements, characteristics and goals. Counselling Ethics; The Counsellor, the client and the
counseling relationship.
- Concept of self, goal directed behaviors, learning principles, and developmental needs
at different stages.

Unit   3   **(10Hrs)**

The Egan Model of Counselling – the Skilled Approach
<u>**Stage - 1**</u>   **Problem Exploration and Clarification**

Part I – Attending & Listening, orienting oneself to the present
Micro skills – active listening – verbal and non-verbal messages and behaviour

Part II – Helper's response and clients self exploration
Helpers skills – accurate empathy (primary level), respect, genuineness, concreteness,
Client's skill – self-exploration

<u>**Stage - 2**</u> **Integrative understanding / dynamic self-understanding**

Part I – Focusing, summarizing, probing for missing experiences, behaviour feelings
Part II – Helper's skills – all the skills of Stage-1, self-disclosure, immediacy, confrontation.
Client's skill – non-defensive listening, dynamic self-understanding.

<u>**Stage-3**</u> **Facilitating action; developing a new perspective; preferred scenario**

Part I – Helping the client see alternatives
Helping the client choose and formulate action plan
Helping the client implement and evaluate.

Part II – Helper's skill-
All the skills of stages 1 & 2
Elaboration of action programmes:
(Problem solving, decision making, behaviour modification, 'home work' training in inter personal skills)
Support from the helper

Client's skill: Cooperation, risk-taking, and acting
Counselling Reports-
Importance of reporting – skills required for reporting in counselling
Counselling format, verbatim model, log model.

Unit   4   (18 Hrs)
Approaches to Counselling: Client centered, Cognitive, Behavioural**,** Solution based counselling**,** Eclectic Approach.

Types of Counseling: Directive Non-Directive, Individual counselling, Group counselling, Community counselling.

Unit   5   (10Hrs)

Counselling Special groups: Marital Counselling, Family Counselling, School counselling, Counselling at the de-addiction centre, Disability Counselling, Crisis Counselling, Counselling in disaster situations, Grief counselling, Counselling suicidal clients, Career counselling

METHODOLOGY
>   Lectures
>   Case Study and Analysis
>   Role plays
>   Discussions
>   Guest Lectures

BOOKS FOR STUDY

Carl R. Rogers. <u>On Becoming A Person</u>. Boston: Houghton Mifflin & Co.,1976.

Gerard Egan. <u>The Skilled Helper</u>. Brooks: Cole Publishing,1982.

Stephen Murgatroyal. <u>Counselling and Helping</u>. London: The British Psychological Society & Methuen,1985.

BOOKS FOR REFERENCE

Edwin J. Thomas. <u>Designing Interventions for the Helping Professions</u>. New Delhi: Sage Publications, 1984.

Eugene Kenedy. <u>Crisis Counselling</u>. Dublin: Gill & Macmillan,1981.

Eugene Kenedy. <u>On Becoming a Counsellor</u>. Dublin: Gill & Macmillan,1977.

Muaro,E.A., R.J. MAnthei &J.J. Small. <u>Counselling- A Skills Approach</u>. New Zealand: Methuen,1983.
Steve Duck. <u>Human Relationships</u>. New Delhi: Sage Publications III Edition, 1999.

Tolbert, E.L. <u>An Introduction to Guidance</u>. Boston: Little Brown & Co , 1982.

William Worden , J. <u>Grief Counseling &Grief Therapy</u>. London: Tavistock Publications,1986.

TESTING AND EVALUATION PATTERN
<u>Internal Assessment</u> **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

<u>End Semester Examination</u> –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
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STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086

MASTER OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2011-2012)
GENDER AND DEVELOPMENT

CODE: 11SW/PE/GD44   **CREDITS : 4**
                                                                       LTP : 4 0 0
                                                          TOTAL TEACHING HOURS: 52
OBJECTIVES:

- To gain a deeper understanding of gender as a social construct, gender relations and gender issues in society.
- To understand frameworks that can be used by a social worker for gender analysis.
- To equip students with tools needed to link gender with policy and planning.

Unit   1   (9 Hrs)
Gender Concepts
Sex and gender, gender as a social construct, gender identity; gender relations, men and masculinity; gender division of labour, gender roles and responsibilities, gender stereotyping, productive work, reproductive work, gender discrimination, practical and strategic gender interests, equity and equality, gender mainstreaming, gender sensitization.

Unit   2   (9 Hrs)
Feminism
Concept; definition and meaning; types of feminism – liberal, social, radical and post-modern feminism; patriarchal and ideological constructs that govern status of women.

Unit   3   (9 Hrs)
Overview of the Status of Women
Overview on the status of women in India; international gender issues, problems specific to Indian women; historical perspective of women's movement in India; emerging rights of women, empowerment - need and importance; International and National Bodies.

Unit   4   (13 Hrs)
Programmes and Protective Measures for Women in India
Constitutional provisions for women, Legal rights of women with reference to marriage, divorce, maintenance, inheritance, adoption, education, employment, health, entitlements, political rights, CEDAW – Convention on Elimination of all forms of discrimination against women and girls. National Policy for Empowerment of Women 2000, Domestic

Violence Act: 2005; Current National and State programmes for women. Five Year Plans and women's development.

Unit   5   (12 Hrs)
Gender Analysis and Frameworks for Social Work
Concept, meaning and goals; need, appropriate usages; Force field analysis, Harvard framework, Moser framework, Gender Analysis Matrix, Gender Empowerment Measure, Equality and Empowerment Framework, Capacities/ Vulnerabilities Framework, Resource analysis, Social relations framework; Gender budgeting, Role and skills of a social worker to work with women.

METHODOLOGY
- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

BOOKS FOR STUDY

Devandar, Kiran, Status and Positions of Women in India, New Delhi: Shakti Books, 1985.
Dominelli, L., Feminist Social Work Theory and Practice, New York: Palgrave Macmillan, 2002.
Kidwai M.H, Women under Different Social and Religious Laws, New Delhi: Seema Publications, 1979.
Pal B.K., Problems and Concerns of Indian Women, New Delhi: ABC Publishing House, 1983.

BOOKS FOR REFERENCE

Bansal, D, K.; Gender Justice, New Delhi: Mahaveer and Sons, 2006.

Bhasin, Kamala and Agarwal; (Ed); Women and the Media - Analysis, Alternatives and Actions, New Delhi: Kali and Women, 1984.

Bhatia Anju, Women's Development and NGOs, Jaipur: Rawat Publications, 2000.

Blumberg R.L and Dwaraki L, India's Educated Women Options and Constraints, New Delhi: Hindustan Publishing Corporation, 1980.

Datta, R and Kornberg, J., Women in Developing Countries- Assessing Strategies For Empowerment, New Delhi: Viva Books Private Ltd., 2005.
Hamilton R, The Liberation of Women - A Study of Patriarchy, London: George Allen and Unwin, 1978.

Heywood, L., The Women's Movement Today Vol. 1 and 2, Jaipur: Rawat Publications, 2007.
ICCSR; Status of Women in India; Report of the National Committee; New Delhi; Allied Publishers, 1975.

Kaila H.L, Women, Work and Family, New Delhi: Rawat Publications India, 2005.

Kanhere U.S, Women and Socialization, New Delhi: Mittal Publications, 1980.

Kaushik, Susheela; Ed, Women's Oppression – Patterns and Perspectives, New Delhi: Shakti Books, 1985.

Marilee Karl, Women and Empowerment- Participation and Decision Making, New Delhi: Zed Books Ltd, 1995.

Mikkelsen Britha, Methods for Development Work and Research – A Guide for Practitioners, New Delhi: Sage publications, 1995.

Moser O.N Caroline, Gender planning and development, Theory, Practice and Training, London: Routledge, 1993.

Neera Desai and Maitreyi Krishnaraj, Women and Society in India, New Delhi: Ajanta Publications, 1987.

Pietila Hilkka, Vickers Jeanne, Making Women Matter – the Role of the United Nations, London: Zed Books Ltd, 1994.

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper
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Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
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End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper
Section – A   10 x 2 = 20 marks   (All questions to be answered)
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