

STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI – 600 086
(For candidates admitted from the academic year 2023 – 2024 and thereafter)

M.S.W. DEGREE EXAMINATION, APRIL 2026
SOCIAL WORK
FOURTH SEMESTER

COURSE : CORE

PAPER : MENTAL HEALTH CARE APPROACHES AND PRACTICE

SUBJECT CODE: 23SW/PC/MC44

TIME : 3 HOURS

MAX. MARKS: 100

Q. No.	SECTION A Answer all in 50 words each (4 x 2 = 8 marks)	CO	KL
1	What is meant by vulnerability in mental health?	1	1
2	Define mental health.	1	1
3	What is evidence-based practice?	1	1
4	Mention any two organizations in Tamil Nadu working for psychosocial rehabilitation.	1	1
Q. No.	SECTION B Answer all in 75 words each (4 x 3=12 marks)	CO	KL
5	“Caregivers have the risk of becoming secondary patients.” - Comment.	2	2
6	Indicate the significance of community-based mental health care.	2	2
7	Discuss the importance of suicide prevention manuals in community mental health care.	2	2
8	Explain the key objectives of the World Health Organization Comprehensive Mental Health Action Plan 2013–2030.		
Q. No.	SECTION C Answer 2 out of 4 questions in 300 words each (2 x 8= 16 marks)	CO	KL
9	Present the different levels of mental health care—primary, secondary and tertiary.	3	3
10	Compile the role of mental health professionals in halfway homes and shelter homes.	3	3
11	Present the role of the family and community in promoting mental health.	3	3
12	What is meant by mental health care? Explain its relationship with the Sustainable Development Goals (SDGs).	3	3
Q. No.	SECTION D Answer 2 out of 4 questions in 400 words each (2 x 12= 24 marks)	CO	KL
13	Examine the process of psychosocial rehabilitation and its importance in the recovery of persons with mental illness.	4	4
14	Outline the mental health problems faced by adolescents with addictive behaviours.	4	4

15	Analyse the essential roles and skills of a Social Worker in mental health care settings.	4	4
16	Examine how stigma and discrimination affect persons with mental disorders.	4	4
Q. No.	SECTION E Answer 1 out of 2 questions in 1000 words (1 x 20 =20 marks)	CO	KL
17	Justify the need for mental health services in schools and workplace.	5	5
18	Critically review the National Mental Health Policy and its significance for mental health care in India	5	5
	SECTION E Answer 1 out of 2 questions in 1000 words (1 x 20 =20 marks)	CO	KL
19	Propose strategies to address mental health challenges faced by vulnerable groups such as refugees and displaced populations.	5	6
20	Propose Social Work interventions in mental health care.	5	6
