

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**COURSE PLAN (June - November 2026)**

Department : Social Work
Name/s of the Faculty : Dr. Priya Mary George
Course Title : Medical Social Work
Course Code : 23SW/PC/MS34
Shift : I

COURSE OUTCOMES (COs)

COs	Description						CL
CO1	relate to the various dimensions of health and the impact of illness on the patient and his/her family						K1, K2
CO2	develop skills to contribute in a multidisciplinary team to intervene with the patient and his/her family						K3
CO3	examine the scope for community action and linking of resources to facilitate continuity of care						K4
CO4	assess and intervene to ensure support to a chronically ill patient and the family during grief and bereavement						K5
CO5	design programmes to enhance Social Work intervention in the field of health						K6
Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods

Jun 15 – 18, 2026 (Day Order 1- 4)	1	Introduction to Medical Social Work 1.1 Concepts - Health, Hygiene, Disease, Illness, Health Indicators, Determinants of Health	K1-K4	4	CO 1- 5	Lecture, Discussion Use of PPT Activity – Construction of Mind Maps for concept clarity	C.A. Test
Jun 19 – 29, 2026 (Day Order 1- 4)	1	1.2 Medicine through the Ages; Changing Concept of Health; Concept of Patient as a Whole 1.3 Historical Development of Medical Social Work in the West and in Indi	K1-K4	4	CO 1- 5	Lecture, Discussion Use of PPT	C.A. Test
July 1 – 8, 2026 (Day Order 1- 4)	2	Changing Phase of Health Care 2.1 Sustainable Development Goals and Health 2.2 Levels of Health Care, Models of Health	K1-K6	4	CO1-5	Lecture and Discussion Role play Patient Case Review & Analysis	C.A. Test

		Care- Medical, Health Prevention and Promotion model. Primary Health Care-components and principles					
July 10 – 17, 2026 (Day Order 1- 4)	2	2.3 Holistic Approach to Health; Indigenous systems of Health- Ayurveda, Siddha, Unani, Homeopathy. Alternate Systems of Health- Yoga, Naturopathy 2.4 Concept of Stem Cell Therapy	K1-K6	4	CO1-5	Lecture and Discussion Video presentation PPT Resource material/ Handouts to be provided to students Guest Lecture, Review and Discussion	C.A. Test
July 20 – 27, 2026 (Day Order 1- 4)	2	Contd- 2.5 Medical Tourism, Commercialisation of Health Care	K1-K6	4	CO1-5	Documentary film, Sharing of news articles for analysis and discussion	C.A. Test

	3	Organisation and Administration of Medical Social Work in Hospitals 3.1 Multi- Disciplinary Approach and Team Work 3.2 Medical Ethics, Bioethics				PPT Resource material/ Handouts to be provided to students Review and Discussion Session on Bio Ethics	
July 29 -1, 2026 (Day Order 1- 4)	3	3.3 Patient's Rights in Health Care, PNDT Act, MTP Act, COPRA, Organ Transplantation Act, Euthanasia, ESI Scheme, National Health Policy (2017), Health Insurance 3.4 Public Relations in Hospitals	K1-K6	4	CO1-5	Resource material/ Handouts to be circulated Discussion, Debate Sharing of Articles/News for review	

Aug 3 – 10, 2026 (Day Order 1- 4)	4	Clinical Manifestations and Psycho- Socio and Economic Problems 4.1 Major Communicable Diseases – Tuberculosis, STD/ HIV/AIDS , Malaria, Dengue	K1-K6	4	CO1-5	Resource material/ Handouts to be provided to students Discussion Sharing of Article / Current News reviews	Component II Seminar Presentation (highlighted diseases)
Aug 12 - 19, 2026 (Day Order 1- 4)		Contd- 4.1 Major Communicable Diseases –Cholera, Typhoid , Leprosy, Leptospirosis , Influenza 4.2 Major Non-Communicable Diseases – Diabetes, Kidney Disorders	K1-K6	4	CO1-5	Resource material/ Handouts to be provided to students Review and Discussion Sharing of Article / Current News reviews	Component II Seminar Presentation (highlighted diseases)
Aug 21 – 31, 2026 (Day Order 1- 4)		Contd- 4.2 Major Non-Communicable	K1-K6	4	CO1-5	Lecture and Discussion - causation, signs, symptoms, diagnosis, treatment, prevention	Review with Questions

		Diseases –Asthma, Hypertension, Gynecological disorders				& role of a Social Worker	
Sept 2 - 8, 2026	C.A. Test – I						
Sept 9 - 21, 2026* (Day Order 1- 4)	4	4.2 Major Non-Communicable Diseases Cardiac Disorders, Cancer 4.3 Problems of Individuals and Family during hospitalisation	K1-K6	4	CO1-5	Lecture and Discussion- causation, signs, symptoms, diagnosis, treatment, prevention & role of a Social Worker	Seminar Presentation- Component II
Sep 23 – 29, 2026 (Day Order 1- 4)	4	4.3 Contd. Problems of Individuals and Family during hospitalisation 4.4 Problems of Patients Undergoing Surgery	K1-K6	4	CO1-5	Sharing of experiences of interacting with patients Role play, Discussion	Review with questions

Sept 30 - Oct 7, 2026 (Day Order 1 - 4)	4	4.5 Palliative Care, Bereavement Counselling	K1-K6	4	CO1-5	Guest lecture PPT, Role Play Discussion, Sharing of field experiences	Component I Assignment (guidelines to be provided) Submission on 7 Aug 2026
Oct 8 - 12, 2026 (Day Order 1 - 4)	5	Medical Social Work Practice in Different Settings 5.1 Hospitals, Out- Patient Departments, Emergency / Crisis Intervention and Care, Special Clinics. Convalescent Care, Acute Health Care Settings, Restorative Health Care Settings 5.2 Application of Social Work Methods in the Field of Health 5.3 Discharge Planning	K1-K6	4	CO1-5	Overview & Discussion Class room activity and data collection Review and discussion	Review with questions

Oct 13 - 16, 2026 (Day Order 1 - 4)	5.4 Documentation and Record Keeping in Health Care 5.5 Role, Functions and Skills of Medical Social Workers. 5.6 Challenges of Medical Social Workers in the field. Role of the Social Worker in extending health services to the community	K1-K6	4	CO1-5	Sample records and case sheets to be shared Role play Discussion, sharing of field work experience in a hospital setting and evaluation of roles and challenges faced as a Medical Social Worker	Review with questions
Oct 17, 2026 (Day Order 1)	REVISION					

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (June - November 2026)

Department : SOCIAL WORK
Name/s of the Faculty : DR. MARIAN BENITA MARIA
Course Title : MENTAL HEALTH & PSYCHIATRIC SOCIAL WORK
Course Code : 23SW/PC/MH34
Shift : I

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	remember the basic concepts of mental health and mental illness	K1
CO2	relate the context of practice of mental health and role of PsychiatricSocial Work in a multidisciplinary team	K2
CO3	acquire skills to identify and assess major mental disorders usingdiagnostic criteria and tools of assessment	K3
CO4	demonstrate knowledge of the mental disorders and application ofappropriate management techniques	K4

CO5	develop competencies in evaluating and utilising knowledge, skills and attitude to draw an intervention plan in the treatment of mental disorders through practice of Psychiatric Social Work approaches						K5. K6
Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 18, 2026 (Day Order 1- 4)	1	Concept of Mental Health and Mental Illness 1.1 Mental illness and Mental health: Definition and concept -Models of Mental Illness, Status of Mental Health– Global and National Perspectives	K1 - K4	4	1-4	Lecture using PPT	CA Test
Jun 19 – 29, 2026 (Day Order 1- 4)	1	1.2 Changing Perspectives from Illness to Well-Being 1.3 Indian View of Mental Health and Well Being	K1 - K4	4	1-4	Lecture using PPT	CA Test

July 1 – 8, 2026 (Day Order 1- 4)	1	1.4 Psychiatric Social Work: Definition, History and Scope 1.5 Challenges and limitations in Psychiatric Social WorkPractice	K1 - K4	4	1-4	Lecture using PPT	CA Test
July 10 – 17, 2026 (Day Order 1- 4)	2	Mental, Behavioural /Neurodevelopmental Disorders - Overview 2.1 Classification of Mental Disorders – ICD 11, ICF, DSM (Overview) 2.2Neurodevelopmental disorders	K1 - K4	4	1-4	Lecture and case studies/videos	CA Test
July 20 – 27, 2026 (Day Order 1- 4)	2	2.3Schizophrenia or other primary psychotic disorders, Catatonia 2.4 Mood disorders	K1 - K4	4	1-4	Lecture and case studies/videos	CA Test
July 29 -1, 2026 (Day Order 1- 4)	2	2.5 Anxiety or fear-related disorders, Obsessive-compulsiveor related disorders	K1 - K4	4	1-4	Lecture and case studies/videos	CA Test

		2.6 Disorders specifically associated with stress, Dissociative disorders					
Aug 3 – 10, 2026 (Day Order 1- 4)	3	3.1 Feeding or eating disorders, 3.2 Elimination disorders Disorders of bodily distress or bodily experience	K1 - K4	4	1-4	Lecture and case studies	CA Test
Aug 12 - 19, 2026 (Day Order 1- 4)	3	3.3 Disorders due to substance use or addictive behaviours 3.4 Impulse control disorders, Disruptive behaviour or dissocial disorders	K1 - K4	4	1-4	Lecture and case studies	CA Test
Aug 21 – 31, 2026 (Day Order 1- 4)	3	3.5 Personality disorders and related traits 3.6 Paraphilic disorders, Factitious disorders Neurocognitive disorders	K1 - K4	4	1-4	Lecture and case studies	CA Test
Sept 2 - 8, 2026	C.A. Test - I						
Sept 9 - 21, 2026*	4	Psychiatric Assessment and	K1 –K6	4	1-5	Lecture and role play	Review

		Psychiatric Social Worker in a multidisciplinary team in inpatient and outpatient settings, General Hospital Psychiatry					
Oct 8 - 12, 2026 (Day Order 1 - 4)	5	5.2 Psychiatric Social work approaches with Individuals and Groups: Client Centred Approach, Strengths Based Approach, Cognitive Behaviour Therapy; Mindfulness Approach; Life Model; Task Centred Approach, Resilience Theory, Recovery Model, Social Skills Training, Play therapy	K1 –K6	4	1-5	Outline for seminar will be given	Component II Seminar 25 marks

Oct 13 - 16, 2026 (Day Order 1 - 4)	5	5.3 Family as partners in care – Psychoeducation, Family therapy; Integration of spirituality and religion in the care of patients 5.4 Group Therapeutic Approaches - Group therapy for patients and Caregivers, Self-help groups, Therapeutic Communities	K1 –K6	4	1-5	Outline for seminar will be given	Component II Seminar 25 marks
Oct 17, 2026 (Day Order 1)	REVISION						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**COURSE PLAN (June - November 2026)**

Department : Social Work
Name/s of the Faculty : Dr. K. Madhavi
Course Title : Development Planning and Administration
Course Code : 23SW/PC/DP34
Shift : I

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	Explain the concepts related to planning and administration for development	K1, K2
CO2	Apply the knowledge and skills gained to address the human rights issues at the local and global levels	K3
CO3	Analyze the social policy, processes and approaches adopted towards promoting development	K4
CO4	Evaluating the rural, urban and tribal administration for addressing problems of various communities	K5
CO5	Evaluate the various programmes and choose appropriate programmes and schemes to improve the life of the target communities	K6
	CL – Cognitive Level K1 – Remember K2 – Understand K3 – Apply K4 – Analyze K5 – Evaluate K6 – Create	

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 18, 2026 (Day Order 1- 4)	1	Planning and Development 1.1 Introduction to Planning: Concept, Types of Planning, Planning Process and Importance of Planning for Development. Participatory Planning, factors promoting and hindering participation. PRA Tools	K1-K4	4	1-5	Lecture Brainstorming Discussion PPT	CA Test
Jun 19 – 29, 2026 (Day Order 1- 4)	1	1.2 Development: introduction to development –urban, rural, tribal; Concepts of Social Development and Sustainable Development	K1-K4	4	1-5	Lecture Discussion PPT	CA Test
July 1 – 8, 2026 (Day Order 1- 4)	1	1.3 Indicators: Human Development Index, Physical Quality of Life Index, Human Poverty Index, Multidimensional Poverty Index	K1-K4	4	1-5	Lecture Discussion PPT	CA Test

		1.4 Development paradigm: From conventional to people centered development					
July 10 – 17, 2026 (Day Order 1- 4)	2	Development Strategies, Models and Theories of Development 2.1 Development Strategies with reference to balanced & unbalanced approach to development	K1-K4	4	1-5	Lecture Discussion Case studies PPT	CA Test
July 20 – 27, 2026 (Day Order 1- 4)	2	2.2 Models of Development with specific reference to Nehru, Gandhi and PURA Model	K1-K4	4	1-5	Lecture Discussion PPT	CA Test
July 29 -1, 2026 (Day Order 1- 4)	2	2.3 Theories of Development (Amartya Sen) 2.4 Sustainable Development Goals, Concept and objectives	K1-K4	4	1-5	Lecture Discussion PPT	CA Test

Aug 3 – 10, 2026 (Day Order 1- 4)	3	An Overview of Rural, Urban and Tribal Administration 3.1 Overview of Rural, Urban and Tribal Administration, Scheduled Caste and Scheduled Tribe Subplan	K1-K6	4	1-5	Lecture Discussion Case studies PPT	CA Test
Aug 12 - 19, 2026 (Day Order 1- 4)	3	3.2 Policies of rural, urban and tribal development, Implications of 73rd and 74th Amendment Act.	K1-K6	4	1-5	Lecture Discussion PPT	CA Test
Aug 21 – 31, 2026 (Day Order 1- 4)	3	3.3 Development planning in India: Local Self Governance; Structures and levels of administration and planning. 3.4 Application of Social Work Methods in Development Practice.	K1-K6	4	1-5	Lecture Discussion PPT	Component I 22.07.2026 CA Test
Sept 2 - 8, 2026	C.A. Test - I						
Sept 9 - 21, 2026* (Day Order 1- 4)	4	Concept of Social Policy, Process, Approaches and Structures	K1-K6	4	1-5	Lecture Discussion	Review with Questions

		4.1 Concept: introduction to social policy 4.2 Process involved in policy formulation and structures.				PPT	
Sep 23 – 29, 2026 (Day Order 1- 4)	4	4.3 Approaches specific reference to unified sectoral and integrated approach 4.4 NITI Aayog 4.5 Budgeting	K1-K6	4	1-5	Lecture Discussion PPT	Review with Questions
Sept 30 - Oct 7, 2026 (Day Order 1 - 4)	5	Government Programmes for Development 5.1 Rural Community Development Programmes: National Bank for Agriculture and Rural Development (NABARD), Mahatma Gandhi National Rural Employment Guarantee Act (MNREGA), National Rural Livelihood Mission (NRLM), Rashtriya Krishi Vikas Yojana (RKVY) scheme RKVY,	K1-K6	4	1-5	Lecture Discussion PPT	Component II 24.08.2026 Seminar Review and Questions

		Vazhundhu Kaatuvom, National Rural Health Mission (NRHM), Pradhan Mantri Awas Yojana (Gramin) (PMAY) JAL Jeevan Mission, Swachh Bharat Grameen, Pradhan Mantri Gram Sadak Yogana					
Oct 8 - 12, 2026 (Day Order 1 - 4)	5	5.2 Urban Community Development Programmes: Rashtriya Swasthya Bima Yojana (RSBY), Rajiv Awas Yojana (RAY), Jawaharlal Nehru National Urban Renewal Mission (JNNURM), Urban Infrastructure Development Scheme for Small and Medium Towns (UIDSSMT), Accelerated Urban Water Supply Programme (AUWSP), Atal Mission for Rejuvenation and Urban Transformation	K1-K6	4	1-5	Lecture Discussion PPT	Component II 18.08.2025 Seminar Review and Questions

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI
COURSE PLAN (June - November 2026)

Department : Social Work
Name/s of the Faculty : Ms. Rajeshwari P
Course Title : Social Entrepreneurship
Course Code : 23SW/PC/SE34
Shift : I

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	Recall the contribution of social entrepreneurship in transforming society	K1
CO2	Demonstrate entrepreneurial knowledge and skills to craft innovative responses to social problems	K2
CO3	Apply social entrepreneurship to both profit and non-profit firms to create social value	K3
CO4	Analyse and use strategies of social entrepreneurship to build viable social enterprises	K4
CO5	Assess the factors causing social and environmental problems and propose solution	K5, K6

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 18, 2026 (Day Order 1- 4)	1	Introduction to Social Entrepreneurship 1.1 Social Entrepreneurship: Meaning of Entrepreneurship. Concept, Definition, Importance, Nature and Characteristics of Social Entrepreneurship. Historical development, Relevance of Social Entrepreneurship, Ethical Consideration. Social Entrepreneurship and Commercial Enterprises. Meaning and types of Social Enterprise.	K1-K4	4	CO 1- 5	PPT, Lecture & Guided Group Discussion	C.A Test
Jun 19 – 29, 2026 (Day Order 1- 4)	1	Contd., 1.2 Social Entrepreneur: Concept and definition, types, Skills and Competencies, Characteristics, and role of Social Entrepreneurs. Difference between business and social entrepreneur	K1-K4	4	CO 1- 5	Lecture & Discussion	C.A Test
July 1 – 8, 2026 (Day Order 1- 4)	1 & 2	1.3 Entrepreneurial Process – The Timmons Model of Entrepreneurship Process; Constitution of enterprises, Enterprise Plan and Regulatory Mechanism	K1-K4	4	CO 1- 5	PPT, Lecture & Guided Group Discussion	C.A Test

		Unit 2: Models of Social Entrepreneurship (Overview)					
July 10 – 17, 2026 (Day Order 1- 4)	2	Models of Social Entrepreneurship (Overview) 2.1 Models of Social Enterprises, Entrepreneur Support Model, Market Intermediary Model, Employment Model, Market Linkage Model, Fee-for-Service Model, Low-Income Client as Market, Service Subsidization Model, Cooperative Model and Organisational Support Model	K1-K4	4	CO 1- 5	Lecture & Discussion with Articles	C.A Test
July 20 – 27, 2026 (Day Order 1- 4)	2	Contd., 2.1 Models of Social Entrepreneurship	K1-K4	4	CO 1- 5	Focused Group Discussion & Role Play	C.A Test
July 29 -1, 2026 (Day Order 1- 4)	2 & 3	Contd., Unit 3 - Institutional Support for Social Entrepreneurship – Basics	K1-K6	4	CO 1- 5	Guided Activity	Component I – Assignment Submission on 25th July 2026
Aug 3 – 10, 2026 (Day Order 1- 4)	3	Institutional Support for Social Entrepreneurship – Role and Functions 3.1 National Small Industries Corporation (NSIC), Small Industries Development Bank of India (SIDBI), National Bank for Agriculture and Rural Development (NABARD), National Scheduled Caste	K1-K6	4	CO 1- 5	Group Discussion & Sharing from experts	C.A Test

		Finance and Development Corporation (NSFDC), District Industries Centre (DIC), Small Industries Development Organisation (SIDO), State Financial Corporation (SFCS), Entrepreneurship Development Programme (EDP), Bharatiya Yuva Shakti Trust (BYST), Micro, Small & Medium Enterprises (MSME), Small Scale Industries (SSI), Entrepreneurship Development Institute (EDI), National Institute of Small Industries and Extension Training (NISIET)					
Aug 12 - 19, 2026 (Day Order 1- 4)	3	Contd., 3.1 Institutional Support for Social Entrepreneurship	K1-K6	4	CO 1- 5	Lecture & Guided Group Discussion	C.A Test
Aug 21 – 31, 2026 (Day Order 1- 4)	4	Strategies for Social Entrepreneurship 4.1 Problem Identification, Stakeholder Mapping, Data Collection – Survey, Interview, Focus Group Discussion	K1-K6	4	CO 1- 5	Case Analysis & Discussion	C.A Test
Sept 2 - 8, 2026	C.A. Test – I						
Sept 9 - 21, 2026* (Day Order 1- 4)	4	4.2 Social Innovation, Partnerships Collaborations, Ethical and Considerations, Adaptability and Learning, Resilience	K1-K6	4	CO 1- 5	Lecture & Group Discussion with Articles	Review with Questions

Sep 23 – 29, 2026 (Day Order 1- 4)	4	4.3 Concept and importance of Social Marketing, Social Advertising, Networking and Social Audit	K1-K6	4	CO 1- 5	Lecture for concepts and group participatory activities	Review with Sharing & Reflection
Sept 30 - Oct 7, 2026 (Day Order 1 - 4)	5	Social Entrepreneurship (Case Studies) 5.1 Amul Experience, Grameen Bank, SEWA, SELCO, Aravind Eye Hospital, Bill Drayton's Ashoka Foundation	K1-K6	4	CO 1- 5	Case Studies - Analysis Method	Component – II Group Presentation
Oct 8 - 12, 2026 (Day Order 1 - 4)	5	5.2 Issues and Concerns in Social Entrepreneurship	K1-K6	4	CO 1- 5	Lecture & Discussion	Review with Short Answer - Questions
Oct 13 - 16, 2026 (Day Order 1 - 4)	5	Contd., Unit 5 - Social Entrepreneurship (Case Studies)	K1-K6	4	CO 1- 5	Lecture & Discussion Guest Lecture	Review with Sharing & Feedback
Oct 17, 2026 (Day Order 1)	REVISION						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**COURSE PLAN (June - November 2026)****Department : SOCIAL WORK****Name/s of the Faculty : DR. LORA DEVA PRASANA****Course Title : SOCIAL WORK WITH CHILDREN****Course Code : 23SW/PC/WC34****Shift : I****COURSE OUTCOMES (COs)**

Cos	Description	CL
CO1	describe the situation of children in the global and Indian scenario and relate the changing context of working with children	K1, K2
CO2	apply the core principles, concepts to the rights and issues in different sectors related to children	K3
CO3	examine the current social policies for children and initiate professional working environment in the field of child rights	K4
CO4	recommend suitable social research studies in working with children	

		K5
CO5	create and design appropriate capacity building programmes and frameworks to work with children.	K6

Week	Unit No.	Content	Cognitive Level	Teaching Hours	Cos	Teaching Learning Methodology	Assessment Methods
Jun 15 – 18, 2026 (Day Order 1- 4)	1	Understanding Children in India 1.1 Demographic Profile of Children in India 1.2 Situational Analysis of the Rights of Children in India – Survival, Health, Nutrition, Education and with Specific Reference to the Girl Child	K1 - K4	4	1-5	Lecture using PPT, Role Play, Group Discussions	CA Test

Jun 19 – 29, 2026 (Day Order 1- 4)	1	1.3 Constitutional Safeguards Assuring the Rights of Children in India 1.4 UNCRC, Sustainable Development Goals. 1.5 Changing Context of Work with Children – Charity to Rights Approach	K1 – K6	4	1-5	Lecture using PPT, Guest Lecture, Case Study Analysis	CA Test
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July 1 – 8, 2026 (Day Order 1- 4)	2	Overview of Problems of Children 2.1 Children in Special Circumstances 2.1.1 Children in Conflict with Law 2.1.2 Children in Need of Care and Protection: Street Children – Definition Causes, Effects, Services and prevention	K1 – K6	4	1-5	Lecture, Case Studies, News Paper Clippings Analysis	Component I Scrap Book
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July 10 – 17, 2026 (Day Order 1- 4)	2	2.1.3 Child Labour, Child Beggary, Child Abuse-Physical, Emotional, Sexual, Neglect and online Abuse and Child Trafficking 2.1.4 Child Prostitution - Definition, Nature/Characteristics, Causes,Effects, Services, Prevention 2.2 Children in Need of Special Care	K1 – K6	4	1-5	Lecture, Case studies, Mini Presentations	Component I Scrap Book
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July 20 – 27, 2026 (Day Order 1- 4)	2	2.2.1 Differently Abled (Physically and Mentally Challenged), Emotionally Disturbed, Learning Disabled 2.2.2 Children Living with HIV/AIDS, Children of Prisoners 2.2.3 Problems of Children in Disaster Situations and Conflicts 2.3 Intersectionality – Factors leading to Vulnerability of children in Tamil Nadu	K1 – K6	4	1-5	Lecture, PPT and Case Studies	Component I Scrap Book
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July 29 -1, 2026 (Day Order 1- 4)	3	An Overview of Legislations for Children 3.1 Pre- conception and Pre-natal Diagnostic Techniques Act, 1994 3.2 The Rights of Persons with Disability Act, 2016	K1 – K6	4	1-5	Lecture, Guest lecture, Group Discussions	CA Test
Aug 3 – 10, 2026 (Day Order 1- 4)	3	3.3 Child Labour (Prohibition and Regulation) Act, 1986 3.4 The Juvenile Justice (Care and Protection of Children) Act, 2015 3.5 The Commissions for Protection of Child Rights Act, 2005	K1 - K4	4	1-5	Lecture and guest lecture	CA Test

Aug 12 - 19, 2026 (Day Order 1- 4)	3	3.6 The Prohibition of Child Marriage Act, 2006 3.7 The Right of Children to Free and Compulsory Education, Act, 2009 3.8 The Protection of Children from Sexual Offences Act, 2012 (POCSO)	K1 – K6	4	1-5	Lecture, Guest lecture & PPT	CA Test
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Aug 21 – 31, 2026 (Day Order 1- 4)	4	Child Protection Services 4.1 Mechanisms 4.1.1 National Commission for Protection of Child Rights/ State Commission for Protection of Child Rights Act 4.1.2 District Child Protection Unit, Child Welfare Committee, Juvenile Justice Board, District Social Welfare Officer -DSW (Child Marriage Prohibition Officer) 4.1.3 Village-level Child Protection Committee- VLCPC, Neighbourhood Child Protection Committee- NCPC - Urban	K1 – K6	4	1-4	Lecture, PPT Presentation, Guest Lectures	Component II Seminar
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Sept 2 - 8, 2026	C.A. Test	
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Sept 9 - 21, 2026* (Day Order 1- 4)	4	4.2 Structure and Function of Government Programmes 4.2.1 Programmes: Child Survival, ICDS Programme, School Health Programme, Health and Nutrition Programmes Samagraha Shiksha Abhiyan, Integrated Child Protection Scheme 4.2.2 Beti Bachao Beti Padhao, Dr. Muthulakshmi Reddy Maternity Benefit Scheme 4.2.3 National Policy for Children 2013, Optional Protocols 4.2.4 Tamil Nadu State Policy for Children 2021.	K1 –K6	4	1-5	Lecture, PPT Presentation, Case Study Analysis, News Paper Articles Analysis	Component II Seminar
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Sep 23 – 29, 2026 (Day Order 1- 4)	4	4.3 Initiatives by GOs, NGOs and INGOs in Promotion of Child Rights 4.3.1 Ministry of Women and Child Development, National Institute of Public Cooperation for Child Development (NIPCCD) 4.3.2 UNICEF, CRY, Action Aid, Christian Children’s Fund of Canada Childline 1098, ICCW, WHO, Plan International, BBA (Bachpan Bachao Andolan)	K1 –K6	4	1-5	Lecture, PPT Presentation, Group Discussion	Component II Seminar
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Sept 30 - Oct 7, 2026 (Day Order 1 - 4)	5	Social Work with Children 5.1 Approaches to Working with Children – Institutional Settings, SOS Children’s Villages 5.2 Non-Institutional Settings: Adoption –In Country and Inter-Country Adoption, Sponsorship and Foster Care 5.3 Multi-Disciplinary Approach – Sustainable/Developmental Approach 5.4 Participatory Approach, Preventive Model, Rehabilitative Models, Convergence Approach	K1 –K6	4	1-5	Lecture, Group discussion, Field Visits.	Review
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Oct 8 - 12, 2026 (Day Order 1 - 4)	5	5.5 Child-centric Approach 5.6 Rights Based Approach in Working with Children, Networking and Advocacy for Child Rights 5.7 Skills and Role of Social Work with Children in Special Circumstances, Sexually Exploited and Oppressed Children. Children in Need of Special Care and in Disasters and Conflict Situations	K1 –K6	4	1-5	Lecture and group discussion	Review
Oct 13 - 16, 2026 (Day Order 1 - 4)	5	5.8 Research, Training and Documentation on Child Issues and Rights, Child Budgeting	K1 –K6	2	1-5	Lecture and group discussion	Review

Oct 17, 2026 (Day Order 1)		REVISION	
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STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI COURSE PLAN (June - November 2026) Department : Social Work Name/s of the Faculty : Ms Hephzibah Mercy J Course Title : Family Social Work Course Code : 23SW/PC/FS34 Shift : I		
COURSE OUTCOMES (COs)		
COs	Description	CL
CO1	recall and relate conceptual understanding of marriage, family and emerging family patterns	K1, K2
CO2	apply knowledge, skills, theoretical approaches, approaches in government programmes to family social work practice	K3
CO3	analyse the knowledge on family life and family life education, policies/programmes for Family Social Work practice	K4

CO4	assess families using the tools of family assessment to facilitate appropriate interventions						K5
CO5	formulate programmes to enhance Social Work intervention in family settings						K6
Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 18, 2026 (Day Order 1- 4)	1	Families in Society 1.1 Family: as a social institution, characteristics, types, family ecology, family life cycle, norms, family dynamics, family myths 1.2 Understanding the Family – Global and Indian perspectives	K1-K2	4	CO 1-5	Group Discussions, Role Play, Case Studies, Lecture, Presentations	CA Test
Jun 19 – 29, 2026 (Day Order 1- 4)	1	1.2 Understanding the Family – structure and functions, National Family Health Survey 1.3 Emerging family patterns - single parent families, female headed households, dual earner	K1-K2	4	CO 1-5	Group Discussions, Role Play, Case Studies, Lecture, Presentations	CA Test

		families, reconstituted families, surrogate families					
July 1 – 8, 2026 (Day Order 1- 4)	2	Marriage and Family Life 2.1 Marriage: Definition and meaning, Forms, Functions, Changing Situations in Marital Relationships, Types of relationships: Live-In Relationships; Gay, Lesbian and Bisexual, Transgender and Queer Relationships	K1-K2	4	CO 1-5	Creative Media, Learning through case studies	CA Test
July 10 – 17, 2026 (Day Order 1- 4)	2	2.2. Challenges in Marriage and Family Life: Marital Discord, Dowry as a social issue, Domestic Violence, Separation and Divorce Impact of poverty, Migration, Industrialisation, Urbanisation, globalization,	K1-K2	4	CO 1-5	Creative Media, Learning through case studies, Discussion, Lecture	CA Test

		displacement, war and conflicts.					
July 20 – 27, 2026 (Day Order 1- 4)	2	2.3 Equity and Equality in Family: Role and functions of members; Role of Patriarchy, Caste, Religion in family, reproductive rights, decision making.	K1-K2	4	CO 1-5	Creative Media, Learning through case studies, Discussion, Lecture	CA Test
July 29 -1, 2026 (Day Order 1- 4)	3	Theoretical Applications for Family Social Work: 3.1 Family Systems Theory; Communication theory 3.2 Family Assessment: Steps in needs assessment and goal setting; Intervention stages and process	K3	4	CO 1-5	Group Discussions, Role Play, Case Studies, Lecture, Presentations, Field Work	CA Test
Aug 3 – 10, 2026 (Day Order 1- 4)	3	3.3 Tools for family assessment – narratives, genograms, eco-maps and timelines, resource	K3	4	CO 1-5	Group Discussions, Role Play, Case Studies, Lecture, Presentations, Field Work	CA Test

		assessment, guidelines for family study.					
Aug 12 - 19, 2026 (Day Order 1- 4)	3	3.4 Family Interventions: Structural Family Therapy, Strengths-based approach; Family Counselling	K3	4	CO 1-5	Group Discussions, Role Play, Case Studies, Lecture, Presentations, Field Work	CA Test
Aug 21 – 31, 2026 (Day Order 1- 4)	4	Role of Government and NGOs in Family Development 4.1 Overview of Legislations on Family and Marriage, Family Courts Act 1984; Mediation and Conciliation, Lok Adalats , Domestic Violence Act, 2005	K4	4	CO 1-5	Learning through Field Work, Presentations, Lecture	I Component Assignment
Sept 2 - 8, 2026	C.A. Test – I						
Sept 9 - 21, 2026* (Day Order 1- 4)	4	4.2 Ministry of Health and Family Welfare: RCH Programme under NRHM, All India Post-Partum Programme,	K4	4	CO 1-5	Learning through Field Work, Presentations, Lecture	II Component Seminar PPT Presentation

		Janani Suraksha Yojana (JSY), Socio Economic and Welfare Programmes of the Central and State Social Welfare Board, One Stop Centres, 181, All Women's Police Station					
Sep 23 – 29, 2026 (Day Order 1- 4)	4	4.3 Role of NGOs, Self Help and Support Groups, crisis intervention: Shelter homes, short stay home, Family Counselling Centres.	K4	4	CO 1-5	Learning through Field Work, Presentations, Lecture	II Component Seminar PPT Presentation
Sept 30 - Oct 7, 2026 (Day Order 1 - 4)	5	Family life Education 5.1 Family Life Education: Definition, meaning and purpose, principles, plans, procedures, positive parenting techniques, parents as role models	K5-K6	4	CO 5	Group Discussions, Role Play, Case Studies, Lecture, Presentations, Field Work	Quiz through AnswerGarden and Mentimeter
Oct 8 - 12, 2026 (Day Order 1 - 4)	5	5.2 Family Life Education for Children, Adolescents, and Adults;	K5-K6	4	CO 5	Group Discussions, Role Play, Case Studies, Lecture,	Quiz through AnswerGarden

		Challenges in Family Life Education, content and context of programmes				Presentations, Field Work	n and Mentimeter
Oct 13 - 16, 2026 (Day Order 1 - 4)	5	5.3.Sex and sexuality education, reproductive health and family planning methods; advantages and disadvantages	K5-K6	4	CO 5	Group Discussions, Role Play, Case Studies, Lecture, Presentations, Field Work	Quiz through AnswerGarden and Mentimeter
Oct 17, 2026 (Day Order 1)	REVISION						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI COURSE PLAN (June - November 2026)		
Department	: SOCIAL WORK	
Name/s of the Faculty	: DR. LORA DEVA PRASANA	
Course Title	: GENDER AND SOCIAL WORK PRACTICE	
Course Code	: 23SW/PE/GS13	
Shift	: I	
COURSE OUTCOMES (COs)		
COs	Description	CL
CO1	define and restate basic concepts relevant to Gender and Development	K1, K2
CO2	relate to the Global and Indian perspective on rights of Gender	K3
CO3	analyse and appraise Protective Measures, Policies and Programmes for Women in India	K4

CO4	critique Gender Frameworks and utilize appropriate frameworks for Social Work Practice	K5
CO5	plan capacity building programmes for women at different levels	K6

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 18, 2026 (Day Order 1- 4)	1	Gender Concepts 1.1 Sex and Gender, Gender as a Social Construct, Gender Identity; Gender Relations, Men and Masculinity; Gender Division of Labour, Gender Roles and Responsibilities, Gender Stratification, Gender Stereotyping, Productive Work, Reproductive Work, Differential Access and Control Over Resources 1.2 Practical and Strategic Gender Interests; Equity and Equality; Gender Mainstreaming; Gender Sensitization	K1 - K4	3	1-5	Lecture using PPT, Group Discussions,	CA Test

Jun 19 – 29, 2026 (Day Order 1- 4)	1	1.3 Patriarchal and Ideological Constructs That Govern Status of Women; Status of Women in India; Sex Ratio in India, Women in Difficult Circumstances, Feminization of Poverty; Discrimination Against the Girl Child	K1 – K6	3	1-5	Lecture using PPT, Group Discussion, Discussions on examples taken from the field work experiences	CA Test
July 1 – 8, 2026 (Day Order 1- 4)	2	Feminism and Empowerment of Women 2.1 Feminism: Concept, Meaning and Definition; Types of Feminism – Liberal, Social, Radical and Post-Modern Feminism	K1 – K6	3	1-5	Lecture and Group Discussion, PPT Presentations,	CA Test

July 10 – 17, 2026 (Day Order 1- 4)	2	2.2 Women's Movements: Pre and Post-Independence Perspectives in India, Landmarks of Women's Movement in India	K1 – K6	3	1-5	Lecture and Group Discussion, PPT presentations, Screening of Documentaries	CA Test
July 20 – 27, 2026 (Day Order 1- 4)	2	2.3 Women Empowerment: Concept, Meaning and Definition, Types of Empowerment, Gender Development Indicators - GDI, GEM, GAD, GGP, GEI Changing perspectives from welfare to rights-based approach	K1 – K6	3	1-5	Lecture and Group Discussion, Case Studies Analysis	CA Test

July 29 -1, 2026 (Day Order 1- 4)	3	Protective Measures, Policies and Programmes for Women in India 3.1 Constitutional and Legal Provisions; Rights of Women with Reference to Entitlements, Political Participation, Education, Employment, Health, Inheritance, Marriage, Adoption, Divorce, Maintenance	K1 – K6	3	1-5	Lecture, Guest Lectures, PPT Presentation, Visit to Police Station, Visit to the Courts	Component I Assignment
Aug 3 – 10, 2026 (Day Order 1- 4)	3	3.2 Protective Laws: Hindu Succession Act- 1956 with Amendment in 2005; Prohibition of Child Marriage Act- 2006, Protection of Women From Domestic Violence Act – 2005; Sexual Harassment of Women at Workplace Act-2013	K1 - K4	3	1-5	Lecture, Guest lecture, PPT Presentation, News Paper Articles Analysis	Component I Assignment

Aug 12 - 19, 2026 (Day Order 1- 4)	3	3.3 Special Initiatives: National and State Commissions for Women; Ministry for Women and Child Development; National Plan of Action for the Girl Child (1991-2000); National Policy for the Empowerment of Women-2001; Reservation for Women in Local Self Government; Gender Budgeting	K1 – K6	3	1-5	Lecture, Guest lecture, PPT presentations,	Component I Assignment
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Aug 21 – 31, 2026 (Day Order 1- 4)	4	Global Perspectives in Women’s Development 4.1 Convention on Elimination of All Forms of Discrimination against Women; and Girls (CEDAW) 1982 – Implementation in India; Global Impact of CEDAW. 4.2 Role of UN-WOMEN; UN Timeline in Women’s Progress; INGOs and NGOs in Women’s Development	K1 – K6	3	1-4	Lecture, PPT Presentation, Group Discussions,	Component II Seminar
Sept 2 - 8, 2026	C.A. Test						
Sept 9 - 21, 2026* (Day Order 1- 4)	4	4.3 Policy Approaches for Women; UN Agenda on Post Development and Sustainable Development Goals; Women as Agents of Peace and Security	K1 –K6	3	1-5	Lecture and PPT Presentation, Group Discussion	Component II Seminar

Sep 23 – 29, 2026 (Day Order 1- 4)	5	Feminist Social Work and Frameworks for Practice 5.1 Feminist Social Work Practice: Meaning, Concept and Definition, Feminist Perspectives in Social Work Practice; Women's Agenda for Social Work; Principles in Women Centred Practice	K1 –K6	3	1-5	Lecture, Case Studies Analysis, PPT Presentation	Review
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Sept 30 - Oct 7, 2026 (Day Order 1 - 4)	5	5.2 Gender Analysis: Meaning and Goals, Appropriate Usages; Types - Gender Planning Framework, Empowerment Framework, Harvard Framework, Social Relations Framework	K1 –K6	3	1-5	Lecture, Case Studies Analysis	Review
Oct 8 - 12, 2026 (Day Order 1 - 4)	5	5.2 Harvard Framework, Social Relations Framework	K1 –K6	3	1-5	Lecture, Case Studies Analysis, PPT Presentation	Review
Oct 13 - 16, 2026 (Day Order 1 - 4)	5	5.3 Education, Training and Agency for women; Capacity Building; Women's Participation; Micro Finance and Self-Help Groups (SHGs), Other Support Groups for Women's Wellbeing	K1 –K6	3	1-5	Lecture, Case Studies, Group Discussions	Review
Oct 17, 2026 (Day Order 1)		REVISION					

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**COURSE PLAN (June - November 2026)****Department : Social Work (PG)****Name/s of the Faculty : Ms. Rajeshwari P****Course Title : Environmental Social Work****Course Code : 23SW/PE/ES13****Shift : I****COURSE OUTCOMES (COs)**

COs	Description	CL
CO1	Develop consciousness on the environment and its related issues for Social Work practice	K1, K2
CO2	Acquire skills to address environment related social problems	K3
CO3	Analyse environmental crises and appreciate people's movements for environmental conservation	K4
CO4	Support, promote viable processes and products and initiate community action with regard to the environment	K5
CO5	Develop commitment to environment protection, sustainability and ecological justice	K6

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 18, 2026 (Day Order 1- 4)	1	Concepts and Perspectives on the Environment 1.1 Environment, Ecology -Concept, Philosophy and approaches – Biocentrism and Anthropocentrism 1.2 Environmental Impact: Global Warming, Climate Change, Pollution, Waste disposal and Sanitation, Over-Population, Ground Water Depletion, Deforestation, Ozone Layer Depletion, Loss of Bio- diversity.	K1-K6	3	CO 1- 5	PPT, Lecture & Guided Group Discussion	C.A Test
Jun 19 – 29, 2026 (Day Order 1- 4)	1	Contd., 1.3 Environmental Impact Assessment: Definition, process, stakeholders	K1-K6	3	CO 1- 5	Lecture & Discussion	C.A Test
July 1 – 8, 2026 (Day Order 1- 4)	1	1.4 Overview of perspectives on the Environment – Gandhian thought on Environment; Eco-Spirituality Eco- centric perspective- Environment in the person theory for Social Work education and practice	K1-K6	3	CO 1- 5	Focused Group Discussion & Role Play	C.A Test
July 10 – 17, 2026 (Day Order 1- 4)		Green Social Work	K1-K6	3	CO 1- 5		C.A Test

	2	2.1 Definition, Rationale, Scope of Social Work Practice in environment conservation 2.2 Natural Resources, Renewable and Non-Renewable Resources, Resources depletion. Environmental calamities: natural and man made				Lecture & Discussion with Articles	
July 20 – 27, 2026 (Day Order 1- 4)	2	2.3 Industrialisation, Globalisation and Urbanisation and their impact on the environment. Displacement, relocation and rehabilitation issues due to construction of dams and infrastructure 2.4 Environment Justice and Social Justice	K1-K6	3	CO 1- 5	PPT, Lecture & Guided Group Discussion	C.A Test
July 29 -1, 2026 (Day Order 1- 4)	2	2.5 Role of a Social Worker in creating awareness, intervening, networking with organisations, advocacy, research, policy formulation and social action for change	K1-K6	3	CO 1- 5	Guided Activity	Component I – Assignment Submission on 27 th July 2026
Aug 3 – 10, 2026 (Day Order 1- 4)	3	Environmental Conservation and Sustainable Practices 3.1 Environment Conservation -definition and importance for sustainable development	K1-K6	3	CO 1- 5	Focused Group Discussion & Role Play	C.A Test
Aug 12 - 19, 2026 (Day Order 1- 4)	3	3.2 Sustainable practices: Solar energy, Promotion of alternate energy resources, Tree Planting, Composting Waste, Seed	K1-K6	3	CO 1- 5	Lecture & Guided Group Discussion	C.A Test

		Banks, Organic Farming, Water Conservation through restoration of water bodies, Rain Harvesting, Sacred Grove Conservation, Waste Segregation and Recycling					
Aug 21 – 31, 2026 (Day Order 1- 4)	4	Contd., Environmental Consciousness and Commitment 4.1 Environment Consciousness- Concept, Environmental education for schools, Colleges, public	K1-K6	3	CO 1- 5	Case Analysis & Discussion	C.A Test
Sept 2 - 8, 2026	C.A. Test – I						
Sept 9 - 21, 2026* (Day Order 1- 4)	4	4.2 Overview of Environmental Audit, Energy Audit	K1-K6	3	CO 1- 5	Case Studies - Analysis Method	Component – II Group Presentation
Sep 23 – 29, 2026 (Day Order 1- 4)	4	4.3 Overview of Social-Ecological movements in India- Chipko Movement, Silent Valley, Narmada Bachao Andolan, Kudankulam Movement, Pallikarnai Marsh Reserve, Ban on Plastic	K1-K6	3	CO 1- 5	Lecture for concepts and group participatory activities	Review with Sharing & Reflection

