STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (June - November 2026)

Department : **History**

Name/s of the Faculty : **Dr Dolly Thomas**

Course Title : **Ancient India Upto CE 700**

Course Code : **25HS/MC/AI 15**

Shift : **I**

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	list out individuals, dynasties, events, and places associated with the ancient history of India	K1
CO2	differentiate periods in the evolution of ancient Indian history, their sources, and salient features	K2
CO3	describe aspects of ancient Indian society and culture, physical features and sources	K3
CO4	analyse significant aspects of ancient Indian history, the effects of geography, important events, administration, cultural and scientific	K4

	contributions						
CO5	understand and critically evaluate issues related to ancient Indian history						K5
Week	**Unit No.**	**Content**	**Cognitive Level**	**Teaching Hours**	**COs**	**Teaching Learning Methodology**	**Assessment Methods**
Jun 22, 2026 (Day Order 6)	1	Physical features of India	KI-K3	1	C01-5	Group discussions, Presentations	map work, question and answer sessions photo book
Jun 23 – July 1, 2026 (Day Order 1- 6)	1	Effects of geography on Indian history Sources: indigenous and foreign	KI-K3	3 3	C01-5	Group discussions, Presentations	map work, question and answer sessions photo book
July 2 – July 8, 2026 (Day Order 1- 6)	2	Harappan Civilization Vedic Age	KI-K4	3 3	C01-5	Group discussions, Role Play, Presentations	map work, question and answer sessions photo book

July 9 – 16, 2026 (Day Order 1- 6)	2	Impact of Vedic age Rise of Jainism & Buddhism	K1-K4	3 3	CO1-5	Group discussions, Role Play, Presentations	map work, question and answer sessions photo book
July 17 – 24, 2026 (Day Order 1- 6)	2	Magadha, Nanda Empire Persian and Greek invasions	KI-K5	4 2	C01-5	Lectures, Power point and interactive presentations	map work, question and answer sessions photo book
July 25 – 28, 2026 (Day Order 1- 3)	3	Imperial Age of the Mauryas Mauryan Empire Achievements	KI-K3	3	C01-5	Lectures, Power point and interactive presentations	map work, question and answer sessions photo book
July 29 – Aug 3, 2026	**C.A. Test - I**						
Aug 4 - 6, 2026 (Day Order 4 - 6)	3	Administration and cultural contribution of Mauryas	KI-K3	3	C01-5	Lectures, Power point and interactive presentations	map work, question and answer sessions photo book

Aug 7 – 14, 2026 (Day Order 1- 6)	3	Kushans Satavahanas	KI-K3	3 3	C01-5	Group discussions, Role Play, Presentations Story telling	map work, question and answer sessions photo book
Aug 17 - 24, 2026 (Day Order 1- 6)	4	Age of Guptas Gupta administration Revival of Hinduism, language and literature	KI-K3	4 2	C01-5	Lectures, Power point and interactive presentations Story telling	map work, question and answer sessions photo book
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	4	Socio-economic and cultural contributions Indian knowledge systems: mathematics, astronomy, medicine & surgery	KI-K3	4 2	C01-5	Group discussions, Presentations	map work, question and answer sessions photo book
Sep 3 – 11, 2026 (Day Order 1- 6)	4	Indian knowledge systems: mathematics, astronomy, medicine & surgery	KI-K3	4 2	C01-5	Lectures, Power point and interactive presentations	map work, question and answer sessions photo book
Sep 15-17, 2026 (Day Order 1 - 3)	5	Age of the Pushyabhutis Pushyabhuti dynasty	KI-K3	3	C01-5	Group discussions, Role Play,	map work, question and

						Presentations	answer sessions photo book
Sep 18 –23, 2026	**C.A. Test - II**						
Sep 24 - 28, 2026 (Day 4 – 6)	5	Harsha Vardhana	KI-K4	3	C01-5	Lectures, Power point and interactive presentations	map work, question and answer sessions photo book
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	5	Chalukyas Third Component presentations	KI-K5	3 3	C01-5	Lectures, Power point and interactive presentations	map work, question and answer sessions photo book
Oct 8 - 14, 2026 (Day Order 1 - 6)		Rashtrakutas Revision	KI-K5	3 3	C01-5	Lecture	
Oct 15 - 21, 2026 (Day Order 1- 4)	**REVISION**						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (June - November 2026)

Department : **History**

Name of the Faculty : **Dr Gayathri S**

Course Title : **Medieval India (CE712-1707)**

Course Code : **25HS/MC/MI 15**

Shift : **I**

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	name and list out individuals, dynasties, places, and events associated with the history of medieval India	K1
CO2	explain aspects of medieval Indian politics, society, and culture	K2
CO3	outline the evolution of medieval Indian history, from the Arab conquest of Sindh to the downfall of the Mughals	K3
CO4	analyse causes for and consequences of political changes, and the birth and rise of religious, social, and cultural movements, the economic and administrative systems	K4
CO5	critically evaluate issues related to medieval Indian history	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods

Jun 22, 2026 (Day Order 6)	I	Introduction and overview of the paper	K1-K5	1	CO1-5	Lecture	Assessing student knowledge on history as a subject
Jun 23 – July 1, 2026 (Day Order 1- 6)	I	Foundation of Islamic Rule. 1.1 Sources	K1-K5	7	CO1-5	Lecture with handouts	Questioning
July 2 – July 8, 2026 (Day Order 1- 6)	I	1.2 Arab conquest of Sind 1.3 Political sketch of Delhi Sultanate: Slave	K1-K5	7	CO1-5	Lecture with handouts	Questioning
July 9 – 16, 2026 (Day Order 1- 6)	I	Khilji, Tughlaq, Sayyid and Lodi Dynasties; disintegration of the Sultanate	K1-K5	7	CO1-5	Lecture with handouts	Discussion
July 17 – 24, 2026 (Day Order 1- 6)	II	Religious Movements and Their Impact	K1-K5	2	CO1-5	Lecture with handouts	Discussion
July 25 – 28, 2026 (Day Order 1- 3)	II	2.1 Sufism	K1-K5	2	CO1-5	Lecture with handouts	Discussion
July 29 – Aug 3, 2026	**C.A. Test - I**						
Aug 4 - 6, 2026 (Day Order 4 - 6)	II	2.2 Bhakthi movement 2.3 Sikhism	K1-K5	3	CO1-5	Lecture with handouts	Oral test

Aug 7 – 14, 2026 (Day Order 1- 6)	III	Rise of the Mughal Rule 3.1 Political sketch of the early Mughals: Babur, Humayun	K1-K5	5	CO1-5	Lecture with handouts	Discussion
Aug 17 - 24, 2026 (Day Order 1- 6)	III	Afghan interregnum 3.2 Akbar **III Component Assignment**	K1-K5	5	CO1-5	Lecture with handouts	Questioning
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	III	Jehangir, Shah Jahan, Aurangzeb 3.3 Administrative and economic systems under the Mughals	K1-K5	7	CO1-5	Lecture with handouts	Questioning
Sep 3 – 11, 2026 (Day Order 1- 6)	IV	Disintegration of the Mughal Empire 4.1 Rise of provincial dynasties: Malwa, Bahmani, Ahom **III Component Objective test**	K1-K5	5	CO1-5	Lecture with handouts	Objective test
Sep 15-17, 2026 (Day Order 1 - 3)	IV	4.2 Maratha ascendancy under the Peshwas 4.3 Causes for the downfall of the Mughals	K1-K5	2	CO1-5	Lecture with handouts	Questioning
Sep 18 –23, 2026	**C.A. Test - II**						

Sep 24 - 28, 2026 (Day 4 – 6)	V	Society and Culture 5.1 Art and architecture	K1-K5	4	CO1-5	Lecture with handouts	Questioning
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	V	5.2 Music and literature 5.3 Social conditions	K1-K5	5	CO1-5	Lecture with handouts	Questioning
Oct 8 - 14, 2026 (Day Order 1 - 6)		Recap of the paper		5		Revision and discussion in class and clearing the doubts	Question and answer
Oct 15 - 21, 2026 (Day Order 1- 4)	**REVISION**						

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STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI
COURSE PLAN (June - November 2026)

Department : **History**
Name/s of the Faculty : **Dr. Shan Eugene Palakkal**
Course Title : **Introduction to Tourism**
Course Code : **25HS/ME/IT13**
Shift : **I**

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	define terms connected with tourism, and name and list out sites of tourist importance	K1
CO2	explain the history of tourism, its components, tourist sites and circuits, and aspects connected with sustainability, policies, and trends in tourism	K2
CO3	describe the evolution of tourism around the world, cultural tourism in India, wildlife and ecotourism, tourism policies and administration, and contemporary issues in travel	K3
CO4	analyse aspects related to travelling and tourism, travel circuits, popular destinations, sustainability, policies and trends, and the importance of environmental and heritage conservation	K4
CO5	evaluate issues connected with the history of tourism, contemporary tourism policies and trends, sustainability, in the components of tourism and tourism attractions	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 22, 2026 (Day Order 6)	1	Key concepts of Tourism	K1	1	CO1	Discussion	Experiences on travelling and the need to travel

Jun 23 – July 1, 2026 (Day Order 1-6)	1	Evolution of the concept of travel and tourism in the global aspect – ancient, medieval and modern	K1	4	CO1	Storytelling through Foreign travelogues	Listing out travelogues of various countries
July 2 – July 8, 2026 (Day Order 1-6)	1	Evolution of the concept of travel 1and tourism in the Indian aspect – ancient, medieval and modern	K1	4	CO1	Storytelling through Indian travelogues	Listing out travelogues – Indian
July 9 – 16, 2026 (Day Order 1-6)	1	Components (7As) and elements of tourism	K1	4	CO1	Presentations	Understanding the important destinations
July 17 – 24, 2026 (Day Order 1-6)	2	Travel Circuits –Backwaters Circuit, Buddhist, Char Dham circuit	K2	2	CO2	PPT and Videos, Vlogs	Draft own travel circuit (hometown)
July 25 – 28, 2026 (Day Order 1-3)	2	UNESCO heritage sites – World, India - Travel circuits: Golden Triangle, Desert, Himachal, Wildlife circuit, Nilgiri Circuit	K2	4	CO2	Map work	Map activities and puzzles
July 29 – Aug 3, 2026	**C.A. Test – I**						
Aug 4 - 6, 2026 (Day Order 4 - 6)	2	Indian Railways – role of IRCTC– Heritage Trains in India – Tourism Circuit trains – Luxury trains	K2	5	CO2	PPT and Videos, Vlogs	Personal experiences and writing travel diaries – IIIcomponents
Aug 7 – 14, 2026 (Day Order 1-6)	4	Tourism Day, Incredible India, new trends in tourism industry	K4	1	CO4	PPT and Videos	Puzzles, Identifying destinations on map

Aug 17 - 24, 2026 (Day Order 1-6)	4	Role of ITDC, STDC and TTDC	K4	5	CO4	Lecture and	Listing out the STDC and their activities – III Components
Aug 25 – Sep 2, 2026 (Day Order 1-6)	4	Ministry of Tourism and NTO (India and Overseas) - Functions, Activities Promotions	K4	4	CO4	Lecture	Learning creative ways to promote tourism – itinerary making
Sep 3 – 11, 2026 (Day Order 1-6)	3	Eco-tourism, Environmental tourism, agro and rural tourism, Wildlife tourism and Conservation	K3	5	CO3	Lecture and PPT	Listing homestays, eco-resorts – III components
Sep 15-17, 2026 (Day Order 1 - 3)	3	Protected areas in India - Eco destinations - GIS and its application in tourism -	K3	2	CO3	Presentations and discussions, videos	Mapping out places of protected areas and wildlife tourist places
Sep 18 –23, 2026	**C.A. Test – II**						
Sep 24 - 28, 2026 (Day 4 – 6)	5	Future trends in tourism	K5	5	CO5	Videos, Vlogs – Field trips	Projects and Exhibition
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	5	Continuation of future trends in tourism	K5	5	CO5	Videos and PPT	Chart activities
Oct 8 - 14, 2026 (Day Order 1 - 6)	5	Role of Information technology in tourism	K5	5	CO5	PPT and Video	Making online / chart brochures/itineraries

Oct 15 - 21, 2026 (Day Order 1-4)	**REVISION**

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (June - November 2026)

Department : **History**

Name/s of the Faculty : **Dr. Susan Paul**

Course Title : **PRINCIPLES OF POLITICAL SCIENCE**

Course Code : **25HS/ME/PP13**

Shift : **I**

COURSE OUTCOMES (COs)

Cos	Description	CL
CO1	Define key terms and concepts related to political science, and name prominent political thinkers.	K1
CO2	Explain the main aspects of modern governments: the state, political ideals and ideologies, types of democracies, and political processes in democracies.	K2
CO3	Discuss the meaning of the state, issues related to justice, equality, liberty, citizenship, and democracy; describe popular ideologies and political processes.	K3
CO4	Analyse the elements of states and nations, various aspects of modern states, types of democracies, popular ideologies, and various political processes.	K4
CO5	Evaluate contemporary issues in the light of political theories regarding the role of states, aspects such as sovereignty, liberty, and equality, types of democracies, other ideologies, and political participation processes.	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods

Jun 22, 2026 (Day Order 6)	1.1	Introduction to the course; essential elements of states and nations; governments and politics	K1-K5	4	CO1-CO5	Lectures, discussions	Recap and recall question and answer sessions; quizzes
Jun 23 – July 1, 2026 (Day Order 1- 6)	1.2	Organs and functions of government: constitutions, legislatures, executives and courts	K1-K5	4	CO1-CO5	Lectures, discussions Problem-solving learning methods: Identifying local issues and writing a letter/email to the relevant representative (MP/MLA/ councilor) about it	Recap and recall question and answer sessions; Quizzes **Third component:** Identification of ward, and state and national constituencies, their representatives
July 2 – July 8, 2026 (Day Order 1- 6)	1.3	Sub-national and local governments	K1-K5	4	CO1-CO5	Lectures, discussions Participatory learning method: Group discussions on contemporary issues	Recap and recall question and answer sessions; quizzes **Third component:** debate/group discussions

July 9 – 16, 2026 (Day Order 1- 6)	2.1	Sovereignty, liberty, equality, justice, secularism, affirmative action	K1-K5	4	CO1-CO5	Lectures, discussions Group discussions on contemporary issues	Recap and recall question and answer sessions; quizzes **Third component:** debate/group discussions
July 17 – 24, 2026 (Day Order 1- 6)	2.2	Citizenship: meaning, historical development of citizenship, statelessness and loss of citizenship	K1-K5	4	CO1-CO5	Lectures, discussions Group discussions on contemporary issues	Recap and recall question and answer sessions; quizzes **Third component:** debate/group discussions
July 25 – 28, 2026 (Day Order 1- 3)	2.3	Limits of liberal citizenship, multiculturalism, globalization	K1-K5	2	CO1-CO5	Lectures, discussions	Recap and recall question and answer sessions; quizzes
July 29 – Aug 3, 2026	**C.A. Test – I**						
Aug 4 - 6, 2026 (Day Order 4 - 6)	3.1	Democratic and authoritarian governments	K1-K5	4	CO1-CO5	Lectures, discussions Group discussions on contemporary issues	Recap and recall question and answer sessions; quizzes **Third component:** debate/group

							discussions
Aug 7 – 14, 2026 (Day Order 1- 6)	3.2	Origin and evolution of democracies, types of democracies	K1-K5	4	CO1-CO5	Lectures, discussions Group discussions on contemporary issues	Recap and recall question and answer sessions; quizzes **Third component:** debate/group discussions
Aug 17 - 24, 2026 (Day Order 1- 6)	3.2	Unitary, federal, parliamentary and presidential	K1-K5	4	CO1-CO5	Lectures, discussions Group discussions on contemporary issues	Recap and recall question and answer sessions; quizzes **Third component:** debate/group discussions
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	3.3	Achievements of Indian democracy, challenges to Indian democracy	K1-K5	4	CO1-CO5	Lectures, discussions Group discussions on contemporary issues	Recap and recall question and answer sessions; quizzes **Third component:** debate/group discussions
Sep 3 – 11, 2026 (Day Order 1- 6)	4.1 and 4.2	Liberalism, communism and socialism	K1-K5	4	CO1-CO5	Lectures, discussions Group	Recap and recall question and answer sessions; quizzes

						discussions on contemporary issues	**Third component:** debate/group discussions
Sep 15-17, 2026 (Day Order 1 - 3)	4.3	Nationalism, Fascism and Nazism	K1-K5	2	CO1-CO5	Lectures, discussions	Recap and recall question and answer sessions; quizzes
Sep 18 –23, 2026	**C.A. Test – II**						
Sep 24 - 28, 2026 (Day 4 – 6)	5.1	Political participation	K1-K5	2	CO1-CO5	Lectures, discussions Seminar/presentations	Recap and recall question and answer sessions; quizzes **Third component**: presentations
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	5.2	Franchise, representation, and elections	K1-K5	2	CO1-CO5	Lectures, discussions Participatory learning method: Seminar/presentations	Recap and recall question and answer sessions; quizzes **Third component:** presentations
Oct 8 - 14, 2026 (Day Order 1 - 6)	5.3	Parties and interest groups, construction of public policy	K1-K5	2	CO1-CO5	Lectures, discussions	Recap and recall question and answer sessions; quizzes

Oct 15 - 21, 2026 (Day Order 1- 4)	**REVISION**

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (June - November 2026)

Department : **History**

Name of the Faculty : **Dr Gayathri S**

Course Title : **Historical Methods for Beginners**

Course Code : **25HS/SE/HB12**

Shift : **I**

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	define basic concepts related to the study of history	K1
CO2	explain how history is constructed using sources and the historical method; describe how it may be used or abused, and its importance	K2
CO3	evaluate and use sources and the historical method to write a mock research paper	K3

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 22, 2026 (Day Order 6)	1	Definition, nature, importance History	K1	2	CO1- CO3	Lectures, PPT's, Videos and Discussions	Group Discussions
Jun 23 – July 1, 2026 (Day Order 1- 6)	1.1	Uses and Abuses of History	K1	1	CO1- CO3	Lectures, PPT's, Videos and Discussions	Case Analysis Recap

July 2 – July 8, 2026 (Day Order 1- 6)	1.2	Relationship between History and other Disciplines	K2	2	CO1- CO3	Lectures, PPT's, Videos and Discussions	Rapid Questions and Recap
July 9 – 16, 2026 (Day Order 1- 6)	1.3	History: an art or Science	K5	1	CO1- CO3	Lectures, PPT's, Videos and Discussions	Discussion
July 17 – 24, 2026 (Day Order 1- 6)	2	Sources for the Study of History	K1	1	CO1- CO3	Lectures, PPT's, Videos and Discussions	Debates
July 25 – 28, 2026 (Day Order 1- 3)	2	Continuation of Sources for the Study of History	K1	1	CO1- CO3	Lectures, PPT's, Videos and Discussions	Debates
July 29 – Aug 3, 2026	**C.A. Test - I**						
Aug 4 - 6, 2026 (Day Order 4 - 6)	2.1	Primary Sources, Secondary Sources and Tertiary Sources.	K1	1	CO1- CO3	Lectures, PPT's, Videos and Discussions	Group Discussions
Aug 7 – 14, 2026 (Day Order 1- 6)	2.1	**III Component: Students will be engaged in debates and review of History books**			CO1- CO3	Debates	Group Discussions
Aug 17 - 24, 2026 (Day Order 1- 6)	2.2	Foot Notes and End Notes	K5	2	CO1- CO3	Lectures, PPT's, Videos and Discussions	Rapid Questions and Recap
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	2.2	References and Bibliography	K1	1	CO1- CO3	Lectures, PPT's, Videos and Discussions	Discussion

Sep 3 – 11, 2026 (Day Order 1- 6)	2.2	Identifying authentic sources and correlation of sources	K2	2	CO1- CO3	Lectures, PPT's, Videos and Discussions	Debates
Sep 15-17, 2026 (Day Order 1 - 3)	3 and 3.1	Historical methods Data collection, objectivity and subjectivity	K5	2	CO1- CO3	Lectures, PPT's, Videos and Discussions	Group Discussions
Sep 18 –23, 2026	**C.A. Test - II**						
Sep 24 - 28, 2026 (Day 4 – 6)	3.2	Citation, quotation, plagiarism	K1	2	CO1- CO3	Lectures, PPT's, Videos and Discussions	Collect and compile Reference making
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	3.3	Selection of a topic: research questions, objective of the study, findings and solutions **III Component Assignment Submission of mock project**	K2	3	CO1- CO3	Lectures, PPT's, Videos and Discussions	Paper writing
Oct 8 - 14, 2026 (Day Order 1 - 6)	3.4	Interpretation, analysis and criticism in a research paper	K5	3	CO1- CO3	Lectures, PPT's, Videos and Discussions	Critical analysis
Oct 15 - 21, 2026 (Day Order 1- 4)	**REVISION**						