

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (June - November 2026)

Department : International Studies

Name/s of the Faculty : Dr.Priya Suresh

Course Title : International Relations

Course Code : 23IS/PC/IR14

Shift : II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	Describe the key events that occurred during the cold war	K1
CO2	Discuss the important terms and concepts associated with the cold war era	K2
CO3	Trace the role of the United States and Soviet Union as superpowers in alliances, counter-alliances and proxy wars	K3
CO4	Analyse the shifting global power dynamics, the rise of regional actors and growing influence of non-state actors	K4
CO5	Appraise the impact of the cold war on the emerging trends and shifts in international relations	K5-K6

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 22, 2026 (Day Order 6)	1	Decolonization & Origins & Development of Cold War 1.1Decolonization: Africa Asia & Latin America	K1-K5	13	1-5	Thematic Lectures	Debates & Role-Playing Simulation Book Review & Historiographic al Analysis Oral Presentation
Jun 23 – July 1, 2026 (Day Order 1- 6)		1.2 Origins & Development of Cold War 1.3 Arms Race & Nuclearization	K1-k5		Decolonial & Critical Pedagogy Chronologic al & Thematic structuring	Structured Debate & wall activities Socratic Seminars (students will argue on the role of liberty equality during the crisis in US foreign Policy	

		1.4 Berlin Blockade, Korean War, Berlin Wall 1.5 Cuban Missile Crisis			Visual & Cultural Memory Studies (Use of photographs, multimedia) Thematic Lecture & Documentary Analysis		
July 2 – July 8, 2026 (Day Order 1- 6)	2	The Détente Era 2.1 An Era of Normalization 2.2 Sino-American Rapprochement	K1-K5	13	1-5	Seminar Discussion & Thematic Lectures Document Analysis	Document Analysis Assignment Peer Review: Assess each

		2.3. Stagflation & Trials of Detente				Thematic Lectures & Debates	other's work to foster collaborative learning
July 9 – 16, 2026 (Day Order 1- 6)		2.4 Détente & Europe 2.5. Vietnam War & Superpower Confrontatio	K1-k5		Primary Source Workshop (Analysis of Archives: Helsinki Accords) Comparative Conflict Studies	Case study Analysis Media Analysis in terms of Vietnam War Coverage	
July 17 – 24, 2026 (Day Order 1- 6)	3	Confrontation to Communist Collapse 3.1 The Second Cold War 3.2 Afghanistan War 1979	K1-K5	13	1-5	Lectures Debate and Policy Analysis	Presentations Policy Briefs

July 25 – 28, 2026 (Day Order 1- 3)		3.3 Strategic Defence Initiative			Primary Source Analysis	Seminars	
July 29 – Aug 3, 2026	C.A. Test - I						
Aug 4 - 6, 2026 (Day Order 4 - 6)		.34 Conflicts. In the Middle East-Arab Israeli Wars, Iranian Revolution & Iran Iraq War	K1-k5		Reflection on complex issue	Group discussion	3rd Component: Document Analysis Assignment Peer Review: Assess each other's work to foster collaborative learning
Aug 7 – 14, 2026 (Day Order 1- 6)		3.5 Collapse of the Soviet Union & Disintegration of Eastern Europe & Yugoslavia	K2-k5		Primary Source Review	Group discussion	
Aug 17 - 24, 2026 (Day Order 1- 6)	4	The Post Cold War World 4.1 Stability & Instability in Less Developed World-Middle East,	K2-K5	13	2-5	Simulation & Role Play	3rd Component: Presentations Oral Presentation

		Latin America, Africa & Asia					
Aug 25 – Sep 2, 2026 (Day Order 1- 6)		4.2 Formation of CIS & CAR 4.3. Gulf War 1 &2				Mapping and Geopolitical Exercises Comparative Historical Analysis	Short Quiz
Sep 3 – 11, 2026 (Day Order 1- 6)		4.4 US Predominance and Search of Post Cold war Order	K1-k5			Theoretical Application	3 rd Component: Reflective essays: Students reflect on the rise of china
Sep 15-17, 2026 (Day Order 1 - 3)		4.5 Unipolarity to Multipolarity	K3-k5			Interactive lectures- Lectures, Group discussion to connect theory with current international development	Discussion
Sep 18 –23, 2026	C.A. Test - II						
Sep 24 - 28, 2026 (Day 4 – 6)	5	Emerging Trends in the 21 st Century	K2-K5	13	2-5	Critical Media Literacy &	Media Analysis

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**COURSE PLAN (June - November 2026)****Department : Department of International Studies****Name/s of the Faculty : Dr. A R Angelin Archana****Course Title : International History Since 1648****Course Code : 23IS/PC/IH14****Shift : Shift-II****COURSE OUTCOMES (COs)**

COs	Description						CL
CO1	Identify the seminal concepts, key events, actors in world history.						K1, K2
CO2	Understand the impact of philosophical debates in the evolution of international political systems.						K2, K3, K4
CO3	CO3 Interpret historical sources to gain insights into the complexities of International Relations.						K3, K4, K5
CO4	Compare and contrast different nations and regions throughout history.						K4, K5
CO5	Develop skills in historical analysis, research and writing with a focus on International Relations.						K5, K6
Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods

Jun 22, 2026 (Day Order 6)	1.1 & 1.2	Evolution of State – Tribalism, City-States, Nation-States. Thirty Years War – Church-State Relations.	K1 – K5	5	CO1 – CO5	Chronological analysis of the creation of the State & group discussions.	Oral test: defining basic concepts.
Jun 23 – July 1, 2026 (Day Order 1- 6)	1.3 & 1.4	Peace of Westphalia and Sovereignty. Emergence of the Modern Nation-State.	K1 – K5	5	CO1-CO5	Lecture Classes & comparison of maps.	Mind Map
July 2 – July 8, 2026 (Day Order 1- 6)	1.5 & 2.1	Changing Notions of the State System. Origins of Democracy: Greek and Roman	K1 – K5	5	CO1-CO5	Lecture Classes, PowerPoint Presentations – virtual tour.	Spider diagrams
July 9 – 16, 2026 (Day Order 1- 6)	2.3	Age of Enlightenment: Hobbes, Locke, Rousseau, Montesquieu.	K1 – K5	4	CO1-CO5	Inquiry-based learning.	3 rd component: Interactive Slides using the AI tool Mentimeter on unit 2.3.
July 17 – 24, 2026 (Day Order 1- 6)	2.4	Revolutions: French Revolution, American War of Independence	K1 – K5	5	CO1-CO5	Lecture Classes, screening of short	Kahoot Quiz

						videos, and Narrative-Mapping.	
July 25 – 28, 2026 (Day Order 1- 3)	2.4 & 2.5	Waves of Democratisation, Democracy in the Twenty-First Century	K1-K5	2	CO1-CO5	Lecture Classes, & classroom hackathon to solve real-world issues.	3 rd Component: Presentation on Waves of Democratisation in the 21 st Century.
July 29 – Aug 3, 2026	C.A. Test - I						
Aug 4 - 6, 2026 (Day Order 4 - 6)	3.1	Theories of Imperialism	K1 – K5	3	CO1-CO5	Theoretical Analysis and Debates.	Creating Comparative Bubble Maps & Conflict Resolution Mechanisms
Aug 7 – 14, 2026 (Day Order 1- 6)	3.2 & 3.3	Emergence of Mercantilism, Capitalism, Marxism Imperialism and Colonialism in Asia	K1 – K5	5	CO1-CO5	Case Study Analysis	Policy analysis of each system

Aug 17 - 24, 2026 (Day Order 1- 6)	3.4 & 3.5	Imperialism and Colonialism in Africa Imperialism and Colonialism in South America	K1 – K5	5	CO1-CO5	Problem-based learning through the peer-instruction method.	3 rd Component: British Parliamentary Debate on Imperialism.
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	4.1 & 4.2	Eastern Question, Alliances and Counter Alliances in Europe World War I – Course and Consequences	K1 – K5	5	CO1-CO5	Game-based teaching.	Making T-charts
Sep 3 – 11, 2026 (Day Order 1- 6)	4.3 & 4.4.	League of Nations Interwar Period – Great Depression	K1 – K5	5	CO1-CO5	Inquiry-based learning.	Trade Volume analysis during the inter-war period.
Sep 15-17, 2026 (Day Order 1 - 3)	4.5	Rise of ‘isms’ – Nazism, Fascism, Militarism	K1 – K5	3	CO1-CO5	Demonstration method.	SWOT analysis “isms” parties.
Sep 18 –23, 2026	C.A. Test - II						
Sep 24 - 28, 2026 (Day 4 – 6)	5.1	Policy of Appeasement and the Outbreak of World War II	K1 – K5	2	CO1-CO5	PowerPoint Presentation and Discussions. Storytelling.	Class Quiz

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**COURSE PLAN (June - November 2026)**

Department : INTERNATIONAL STUDIES
Name/s of the Faculty : Ms. P HARINI SHA
Course Title : International Political Economy
Course Code : 23IS/PC/IP14
Shift : Shift II

COURSE OUTCOMES (COs)

COs	Description						CL
CO1	Define the concepts and approaches to international political economy						K1
CO2	Explain the complex relationship between politics and economics in international relations						K2
CO3	Interpret the impact of globalisation on developing economies						K3
CO4	Examine the emerging trends in international political economy						K4
CO5	Evaluate the role of institutions and policies related to international finance, trade and investment						K5,K6
Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods

Jun 22, 2026 (Day Order 6)	1.1	Meaning of International Political Economy	K1-K5	1	1-5	Lecture	Recalling concepts
Jun 23 – July 1, 2026 (Day Order 1- 6)	1.1	Meaning of International Political Economy	K1-K5	6	1-5	Lecture	Mapping Concepts
	1.2	Schools of IPE - Mercantilism, Liberalism and Marxism					
July 2 – July 8, 2026 (Day Order 1- 6)	1.3	Emergence of International Political Economy – Susan Strange, Robert Keohane and Joseph Nye	K1-K5	5	1-5	Presentation	Objective type questions 3 rd component
	1.4	Institutions of International Political Economy					
July 9 – 16, 2026 (Day Order 1- 6)	1.5	Globalisation and the International Economy - theoretical perspectives	K1-K5	1 5	1-5	Lecture	Long essays
	2.1	Regionalism and Multilateralism					
	2.2	Preferential Trading and Regional Trading Arrangements - ASEAN, SAARC, NAFTA, MERCOSUR					

July 17 – 24, 2026 (Day Order 1- 6)	2.2	Preferential Trading and Regional Trading Arrangements - ASEAN, SAARC, NAFTA, MERCOSUR Emergence of a multilateral trading system GATT & WTO	K1-K5	6	1-5	Presentation	Case study Analysis
	2.3						
	2.4						
July 25 – 28, 2026 (Day Order 1- 3)	2.5	EU and Brexit	K1-K5	2	1-5	Chalk and Talk	Group discussion
July 29 – Aug 3, 2026	C.A. Test - I						
Aug 4 - 6, 2026 (Day Order 4 - 6)	3.1	Protectionism	K1-K5	3	1-5	Lecture	Case Analysis
	3.2	Free Trade vs. Protection					
Aug 7 – 14, 2026 (Day Order 1- 6)	3.2	Free Trade vs. Protection	K1-K5	6	1-5	Presentation	Comic strip presentation
	3.3	Tariffs, Quotas, VERS, NTBs					
	3.4	North - South divide and NIEO					
Aug 17 - 24, 2026 (Day Order 1- 6)	3.5	Washington Consensus and Beijing Consensus	K2-K6	4	1-5	Lecture	Case study Analysis
	4.1	Origins of Bretton Woods Institutions		2	2-5		

Aug 25 – Sep 2, 2026 (Day Order 1- 6)	4.2	The IMF - Functions and Criticism	K2-K6	5	2-5	Presentation	Online Quiz
	4.3	The World Bank - Functions and Criticism					
Sep 3 – 11, 2026 (Day Order 1- 6)	4.4	Politics of Lending	K2-K6	6	2-5	Lecture	Classroom discussion
	4.5	Exchange Rates and Cryptocurrency					
Sep 15-17, 2026 (Day Order 1 - 3)	5.1	Foreign Direct Investment in Developing Economies- Role of MNCs	K2- K6	2	2-5	Chalk and Talk	Role Play
Sep 18 –23, 2026	C.A. Test - II						
Sep 24 - 28, 2026 (Day 4 – 6)	5.2	Developing Country Debt and Global Imbalances	K2-K6	3	2-5	Lecture	Think Pair Share
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	5.3	Third World Developmental Challenges and Inequalities	K2-K6	5	2-5	Lecture	Classroom discussion
	5.4	Domestic and International Migration in IPE					
Oct 8 - 14, 2026 (Day Order 1 - 6)	5.5	Financial Crises and stabilisation- Asian Financial Crisis, Eurozone crisis and the Global Recession	K2-K6	3	2-5	Presentation	Seminars 3 rd components

Oct 15 - 21, 2026
(Day Order 1- 4)

REVISION

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STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (June - November 2026)

Department : International Studies
Name/s of the Faculty : Dr Aarti S, Ms. P Harini Sha
Course Title : International Security
Course Code : 23IS/PC/IS14
Shift : II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	Identify the concepts, terms and definitions of International Security	K1
CO2	Understand the causes and consequences of traditional and non-traditional security threats in the international system	K2
CO3	Explain the role of state and non-state actors in shaping global security environment	K3
CO4	Examine various theoretical perspectives and approaches to international security studies	K4
CO5	Apply critical thinking and problem-solving skills to propose strategies and policies in the field of international security.	K5,K6

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 22, 2026 (Day Order 6)	1	The Nature and Significance of Security Studies 1.1 Nature and Significance of Security Studies	K1-K5	13	CO1-CO5	Lecture and Case Studies	Discussion
Jun 23 – July 1, 2026 (Day Order 1- 6)		1.2 Emergence of Security Studies: Traditional vs Copenhagen 1.3 Emergence of Classical Strategic Thought: Kautilya, SunTzu, Clausewitz				PPT and lectures	Discussion
July 2 – July 8, 2026 (Day Order 1- 6)		1.4 Linkage between Security and Foreign Policy				Role play and simulation	Case studies analysis

Aug 4 - 6, 2026 (Day Order 4 - 6)	3	Dimensions of International Conflict 3.1 Definition and Causes of Conflict	K1-K5			Lectures and PPT and Videos	Discussion on types of conflicts
Aug 7 – 14, 2026 (Day Order 1- 6)		3.2 Inter State and Intra State Conflicts 3.3 Proxy Wars				Role Play	War games and simulation
Aug 17 - 24, 2026 (Day Order 1- 6)		3.4 Ethnic and Religious Conflicts 3.5 Ideological Conflicts				Model building and conflict mapping	Case study analysis
Aug 25 – Sep 2, 2026 (Day Order 1- 6)		The Nature and Significance of Contemporary Warfare 4.1 Technological Advancements in Warfare - RMA	K2-K6	13	CO2-CO5	PPTs and Lectures	3 rd Component Presentations

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**COURSE PLAN (June - November 2026)**

Department : Department of International Studies
Name/s of the Faculty : Dr. A R Angelin Archana
Course Title : Introduction to Political Thought
Course Code : 23IS/PE/PT15
Shift : Shift-II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	Demonstrate comprehensive knowledge of key political ideas and thinkers from various historical periods	K1, K2
CO2	Explain and interpret complex political theories and their relevance to contemporary political issues.	K2, K3, K4
CO3	Apply political theories and concepts to analyse real-world political situations, demonstrating the ability to draw connections between theory and practice.	K3, K4, K5
CO4	Critically evaluate and compare different political ideologies, theories, and their implications for governance and societal structures.	K4, K5
CO5	Construct well-reasoned arguments and articulate original insights on political thought	K5, K6

Aug 4 - 6, 2026 (Day Order 4 - 6)	3.1	G.W.F. Hegel	K1 – K5	2	CO1-CO5	Lecture Classes & case analysis.	3 rd component: Article writing based on 3 th Unit.
Aug 7 – 14, 2026 (Day Order 1- 6)	3.2 & 3.3	Jean Jacques Rousseau & John Locke	K1 – K5	5	CO1-CO5	Lecture Classes & social experiments.	Discussion based on social experiments
Aug 17 - 24, 2026 (Day Order 1- 6)	3.4 & 3.5	Thomas Hobbes & Immanuel Kant	K1 – K5	5	CO1-CO5	Lecture Classes, & social experiments	Discussion based on social experiments
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	4.1	Adam Smith	K1 – K5	5	CO1-CO5	Lecture Classes, Game-based teaching.	Marketplace simulation
Sep 3 – 11, 2026 (Day Order 1- 6)	4.2 & 4.3	John Stuart Mill & Hegel	K1 – K5	5	CO1-CO5	Lecture Classes, Inquiry-based learning.	Dialectics Debate Game
Sep 15-17, 2026 (Day Order 1 - 3)	4.4 & 4.5	Karl Marx & Hans Morgenthau	K1 – K5	3	CO1-CO5	Case studies, a lecture discussing film clips	3 rd Component: Case study

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (June - November 2026)

Department : INTERNATIONAL STUDIES
Name/s of the Faculty : DR.AARTI.S
Course Title : MARITIME SHIPPING AND PORT MANAGEMENT
Course Code : 23IS/PE/SM15
Shift : II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	To recognize the importance of maritime shipping industry, international trade and critical role of ports in global supply chain	K1
CO2	To discuss the efficiency, competitiveness and sustainability of international trade routes and port operations	K2
CO3	To interpret the legal and logistical aspects of trade transactions	K3
CO4	To appraise the effective designing and implementation of port management strategies including port infrastructure, operations and effective environment sustainability measures	K4
CO5	To assess the knowledge and skills to analyze and propose real-world challenges in maritime shipping, international trade and port management	K5, K6

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 22, 2026 (Day Order 6)	1	Maritime Shipping Industry: An Overview 1.1 Overview of the Indian Maritime Industry -Historical perspective	K1- K4	13	CO1-4	Lecture	Quiz on India's maritime history
Jun 23 – July 1, 2026 (Day Order 1- 6)		1.2 Port Infrastructure and Facilities -Types of ports in India,Port facilities and services 1.3 Port development and modernization				PPT and Lectures	Identification of ports on maps
July 2 – July 8, 2026 (Day Order 1- 6)		1.4 Regulatory Framework -Maritime regulatory authorities in India, policies and regulations 1.5 Compliance and safety standards				Lectures	

July 9 – 16, 2026 (Day Order 1- 6)	2	Shipping Operations and Economic significance of the maritime sector 2.1 Types of vessels used in Indian shipping 2.2 Shipping routes and trade patterns	K1- K5	13	CO1-5	PPT and field visit	
July 17 – 24, 2026 (Day Order 1- 6)		2.3 Cargo handling and stowage, Freight rates and pricing strategies 2.4 Maritime Economics				Field trip and Lectures	Discussion and identification of goods and their tariffs. Class quiz on different types of cargo
July 25 – 28, 2026 (Day Order 1- 3)		2.5 Export-import procedures, documentation, Customs regulations and trade facilitation measures				Lectures	Test on procedures and identification of documents
July 29 – Aug 3, 2026	C.A. Test - I						
Aug 4 - 6, 2026 (Day Order 4 - 6)	3	Port Management, Operations and environmental considerations	K1- K5	13	CO1-5	PPT and Lectures	Design assessment and strengths and weaknesses

		3.1 Port Planning, Design and layout				Field visit to Ennore Kamarajar port	
Aug 7 – 14, 2026 (Day Order 1- 6)		3.2 Intermodal connectivity 3.3 Environmental sustainability and challenges in port planning and port operations				PPT and lectures Guest lecture by Environmental experts on Coastal management and maritime zones.	Model building based on different systems of intermodal transportation
Aug 17 - 24, 2026 (Day Order 1- 6)		3.4 Environmental regulations and compliance 3.5 Green port initiatives and best practices				Discussions and case studies	Discussions
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	4	Port Administration and Governance 4.1 Port authorities and their roles 4.2 Public-private partnerships in port management	K3- K5	13	CO3-5	Expert talk by Port authorities	Discussions
Sep 3 – 11, 2026 (Day Order 1- 6)		4.3 Port efficiency and performance measurement-				PPTs and Lectures ● Governance Mapping	Test

Sep 24 - 28, 2026 (Day 4 – 6)	5	Maritime security and challenges and future prospects 5.1 Security protocols and countermeasures 5.2 Risk assessment and disaster management	K3-K5	13	CO3-5	Lectures and PPTs on various types of risks and disaster management	Discussions based on scenarios and case studies
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)		5.3 Geopolitical factors affecting Indian maritime trade 5.4 Career prospects and opportunities in the maritime sector				Expert talks and career counselling	Discussions on career options
Oct 8 - 14, 2026 (Day Order 1 - 6)		5.5 Field visit to port/harbour/Shipping agencies/stevedores and freight forwarders				Field Visit	Training and field trip
Oct 15 - 21, 2026 (Day Order 1- 4)	REVISION						

Third Component

1. MCQ and Quiz – 10 marks
2. Strength and Weakness Assessment of Ports - case studies – 10 marks
3. Port and customs Documentation test- 10 marks

4. Field visit report – 10 marks
5. Assignment on environmental regulations of ports -10 marks