

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**COURSE PLAN (June - November 2026)**

Department : ENGLISH & PSYCHOLOGY
Name/s of the Faculty : Ms. Prathipa. N, Ms. Kirthika A, Ms. Angelin Christina & Ms. Prathiksha
Course Title : LITERATURE AND PSYCHOLOGY
Course Code : 23ID/IC/LP55
Shift : II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	define key terms and concepts related to the study of literature and psychology	K1
CO2	demonstrate the ability to interpret literary texts from literary and psychological perspectives	K2
CO3	apply concepts in psychology to understand real and literary characters	K3
CO4	examine the interdisciplinarity of various literary work	K4
CO5	evaluate and develop critical interpretation of literary texts using theories from different schools of psychology	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 22, 2026 (Day Order 1- 6)	1	1.1 Schwartz and Willbern: “Literature and	K1 - K6	6	1- 5	Lectures, Discussion, Presentation with	Online Quiz, Discussion

		Psychology” from Interrelations of Literature 1.2 Overview of personality and personality theories				visual aids	
Jun 23 – July 1, 2026 (Day Order 1- 6)	1	1.3 Introduction to major theorists 1.3.1 Melanie Klein 1.3.2 Karen Horney 1.3.3 Jacques Lacan 1.3.4 Julia Kristeva	K1 - K6	6	1-5	Lectures, Discussion, Presentation with visual aids	Open Book Test, Group discussion, Interactive quiz
July 2 – July 8, 2026 (Day Order 1- 6)	2	Social Psychology 2.1 Social cognition, Social influence 2.3 Mari Selvaraj: Pariyaerum Perumal	K1 - K6	6	1-5	Lectures, Discussion prompts, and Reflective tasks, Presentation with audiovisual aids	Scene Analysis, Group discussion, Oral questioning
July 9 – 16, 2026 (Day Order 1- 6)	2	2.2 Grief 2.3 Mari Selvaraj: Pariyaerum Perumal	K1 - K6	6	1-5	Lectures, Discussion prompts, and Reflective tasks Roleplays	Component I - Quiz Concepts on Social Psychology (10 marks)

July 17 – 24, 2026 (Day Order 1- 6)	2, 3	2.4 Dylan Thomas: Do Not Go Gentle into That Good Night Psychosis 3.1 Hallucination, Delusions, Schizophrenia 3.3 Edgar Allan Poe: The Tell-Tale Heart	K1 - K6	6	1-5	Presentation with Case analysis, Lectures, Discussions, and practical analysis tasks	Group discussion, Scheduled Classwork, Poem analysis
July 25 – 28, 2026 (Day Order (1- 3)	3	3.1 Causes and treatment for psychosis 3.3 Edgar Allan Poe: The Tell-Tale Heart	K1 - K6	3	1-5	Presentation, Lectures, Discussions and practical analysis tasks	Group discussion, Open-book Test
July 29 – Aug 3, 2026	C.A. Test - I						
Aug 4 - 6, 2026 (Day Order 4 - 6)	4	4.1 Attachment theory 4.1.1 Adult attachment 4.3 Carol Ann Duffy: Warming her Pearls	K1-K6	3	1-5	Presentation and case study, Lectures, Discussion, Close Reading, Videos	Component II - Analysis of an unseen passage (20 marks)
Aug 7 – 14, 2026 (Day Order 1- 6)	4	4.2 Trauma theory 4.4 Saadat Hasan Manto: Thanda Gosht	K1 - K6	6	1-5	Presentation with visual aids, Lectures, Discussion, Case analysis	Discussion, Short answer test and Debate

Aug 17 - 24, 2026 (Day Order 1- 6)	4, 5	4.2.1 Causes and impacts of trauma 5.4 Amy Tan: The Joy Luck Club	K1-K6	6	1-5	Lecture, Discussion and Class tasks	Role play, Discussion, Analysis and Reflective writing
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	4, 5	4.2.2 Resilience and trauma 5.4 Amy Tan: The Joy Luck Club	K1 - K6	6	1 - 5	Lectures, Discussions and Practical analysis tasks	Group Discussion and Group test
Sep 3 – 11, 2026 (Day Order 1- 6)	5	5.4 Amy Tan: The Joy Luck Club	K1 - K6	6	1 - 5	Lectures, Case Studies	Component III - Oral Presentations (20 marks)
Sep 15-17, 2026 (Day Order 1 - 3)		Term Paper: Discussion	K1 - K6	3	1 - 5	Lectures, Case Studies	Component III - Oral Presentations (continued)
Sep 18 –23, 2026	C.A. Test - II						
Sep 24 - 28, 2026 (Day 4 – 6)		Term Paper: Abstract and Outline	K1 - K6	3	1 - 5	Post reading group discussions, Presentations	Reflective homework
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)		Term Paper: Analysis	K1 - K6	6	1 - 5	Post reading group discussions, Presentations	Assignment

Oct 8 - 14, 2026 (Day Order 1 - 6)		Term Paper: Submission	K1 - K6	6	1 - 5	Post reading group discussions, Presentations	Assignment
Oct 15 - 21, 2026 (Day Order 1- 4)	REVISION						