

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**

**COURSE PLAN (June - November 2026)**

**Department** : Social Work  
**Name of the Faculty** : Ms. J.Beula  
**Course Title** : Health Care and Services  
**Course Code** : 23SW/MC/HC53  
**Shift** : II

**COURSE OUTCOMES (COs)**

<b>COs</b>	<b>Description</b>	<b>CL</b>
<b>CO1</b>	Describe the different dimensions of health, Physical, social, environmental and mental health.	K1
<b>CO2</b>	Recognize, interpret and incorporate and also conduct awareness programmes and demonstrate on Nutrition and health in the communities they work	K2
<b>CO3</b>	Identify and describe the different communicable and non- communicable diseases and use the knowledge acquired in the field.	K3
<b>CO4</b>	Analyze the different alternate systems of health care.	K4
<b>CO5</b>	Assess the effectiveness of different Government Health Care Services.	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 22, 2026 (Day Order 1- 6)	1	<b>Introduction</b> 1.1Health –Definition, Concept of Physical, Social, Mental, Spiritual and Positive Health, Indicators of Health, Determinants of Health. Concept of disease and disability, difference between Epidemic, Endemic & Pandemic.	K1-K5	8	CO1-CO5	Lecture.Group Discussion,PPT,case studies.	Questioning, Continuous assessment test,End semester examination.
Jun 23 – July 1, 2026 (Day Order 1- 6)		<b>Introduction</b> 1.2Concept of Prevention – Definition, Levels of Prevention, Levels of Intervention.	K1-K5		CO1-CO5	Lecture.Group Discussion,PPT,case studies	Questioning, Continuous assessment test,End semester examination.
July 2 – July 8, 2026 (Day Order 1- 6)		<b>Introduction</b> 1.3Hygiene – Definition, Importance of Personal Hygiene. 1.4Sanitation – Definition, Meaning, Need and Importance.	K1-K5			Lecture.Group Discussion,PPT,case studies.	Questioning,Continuous assessment test,End semester examination.
July 9 – 16, 2026 (Day Order 1- 6)	2	<b>Nutrition and Health</b> 2.1 Nutrition – Definition,	K1-K5	10	CO1-CO5	Lecture.Group Discussion,PPT,case	Questioning,

		Meaning, Classification of Foods, Functions and Sources of Proteins, Fats, Minerals, Carbohydrates and Vitamins, traditional food practices, seasonally available foods.				studies.	Continuous assessment test, End semester examination.
July 17 – 24, 2026 (Day Order 1- 6)		<b>Nutrition and Health</b> 2.2 Concept of – Malnutrition, PEM, Balanced Diet.	K1-K5			Lecture. Group Discussion, PPT, case studies	Questioning, Continuous assessment test, End semester examination.
July 25 – 28, 2026 (Day Order 1- 3)	3	<b>Diseases</b> 3.1 Communicable diseases- Definition, meaning, types, causes, symptoms, treatment and prevention. Malaria, Tuberculosis, HIV/ AIDS, COVID-19.	K1-K5	13	CO1-CO5	Lecture. Group Discussion, PPT, case studies	Questioning, Continuous assessment test, End semester examination.
July 29 – Aug 3, 2026	<b>C.A. Test – I</b>						
Aug 4 - 6, 2026 (Day Order 4 - 6)		<b>Diseases</b> 3.2 Non-Communicable Diseases - Definition, Meaning, Types, Causes, Symptoms, Treatment and Prevention – (Diabetes,	K1-K5		CO1-CO5	Lecture. Group Discussion, PPT, case studies	Questioning, Continuous assessment test, End semester

		Hypertension, Cardio-vascular diseases) 3.3Mental Health - Definition, History, Characteristics of a Mentally Healthy Person, Types of Mental Illness.					examination. Assignment-1 25-7-2026 On Diseases Marks-25
Aug 7 – 14, 2026 (Day Order 1- 6)		<b>Diseases</b> 3.3Mental Health - Definition, History, Characteristics of a Mentally Healthy Person, Types of Mental Illness – Definition, Meaning, Types, Causes, Symptoms, Treatment and Prevention - Major and Minor Mental Illnesses – Schizophrenia, MDP, Anxiety, Phobia, OCD, Hysteria).	K1-K5			Lecture.Group Discussion,PPT,case studies	Questioning, Continuous assessment test,End semester examination.
Aug 17 - 24, 2026 (Day Order 1- 6)		<b>Diseases</b> 3.3Major and Minor Mental Illnesses – Schizophrenia, MDP, Anxiety, Phobia, OCD, Hysteria) 3.4Psycho-Physiological Disorders - Definition, Meaning, Types, Causes, Symptoms, Treatment and Prevention – Respiratory Disorders, Digestive Disorders.	K1-K5		CO1-CO5	Lecture.Group Discussion,PPT,case studies	Questioning, Continuous assessment test,End semester examination.

Aug 25 – Sep 2, 2026 (Day Order 1- 6)	4	<b>Alternate Systems of Health Care</b> 4.1AYUSH (Ayurvedha, Yoga, Unani, Siddha, Homeopathy) ) – Definition, Etiology, Principles, Treatment Measures.	K1-K5	10	CO1-CO5	Workshop on AYUSH	Questioning, Continuous assessment test,End semester examination.
Sep 3 – 11, 2026 (Day Order 1- 6)		<b>Alternate Systems of Health Care</b> 4.1AYUSH (Ayurvedha, Yoga, Unani, Siddha, Homeopathy) ) – Definition, Etiology, Principles, Treatment Measures.	K1-K5			Lecture.&PPT	Questioning, Continuous assessment test,End semester examination.
Sep15-17,2026 (Day Order 1- 3)	5	<b>Health Care Services</b> 5.1 Health care delivery-SDG-Goal 3 related to health, Voluntary health agencies in India.Role of - Indian Red Cross Society, Indian Council for Child Welfare, Tuberculosis Association in India, Central Social Welfare Board, Family Planning Association of India.	K1-K5	11	CO1-CO5	Lecture.Group Discussion,PPT.	Questioning, Continuous assessment test,End semester examination.
Sep 18 –23, 2026	<b>C.A. Test – II</b>						

Sep 24 - 28, 2026 (Day 4 – 6)		<b>Health Care Services</b> 5.2Health Programmes in India – Overview of National Malaria Eradication Programme, Diarrhoeal Diseases Control Programme, National Filarial Control Programme, National Tuberculosis Control Programme, STD Control Programme,NRHM 5.3Role of International Organisations – WHO, UNICEF, FAO.	K1-K5		CO1-CO5	Lecture.Group Discussion,PPT,case studies	Questioning, End semester examination.  Assignment-2  On Health Care Services.  Marks-25  27-8-2026
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)		<b>Health Care Services</b> 5.2National Tuberculosis Control Programme,STD Control Programme,NRHM 5.3Role of International Organisations – WHO,UNICEF, FAO.	K1-K5		CO1-CO5	Lecture.Group Discussion,PPT.	Questioning, End semester examination.
Oct 8 - 14, 2026 (Day Order 1 - 6)		5.3Role of International Organisations – WHO,UNICEF, FAO.				Lecture. PPT	End semester examination.
Oct 15 - 21, 2026 (Day Order 1- 4)	<b>REVISION</b>						

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**

**COURSE PLAN (June - November 2026)**

**Department** : BSW  
**Name/s of the Faculty** : Dr. Mary T. Abraham  
**Course Title** : Basic Research and Statistics for Social Work  
**Course Code** : 23SW/MC/RS54  
**Shift** : II

**COURSE OUTCOMES (COs)**

<b>COs</b>	<b>Description</b>	<b>CL</b>
<b>CO1</b>	describe the connections between Social Research and Social Work Research	K1
<b>CO2</b>	discuss about the guidelines to conceptualize a problem, analyse, and assess social problems and needs	K2
<b>CO3</b>	demonstrate the ability to prepare appropriate tools	K3
<b>CO4</b>	apply the knowledge on Research and Statistics	K4
<b>CO5</b>	summarize appropriate methodology in Research	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 22, 2026 (Day Order 1- 6)	1	<b>Introduction to Research</b> Social Research – Definition, Stages in the Social Research Process Concept of Objectivity in Research, Scientific Approach to Research, Variables, Concepts, Constructs, Hypothesis	K1-K5	4	1 - 5	Lecture Group Discussion	Quiz Continuous Assessment - 1
Jun 23 – July 1, 2026 (Day Order 1- 6)	1	<b>Introduction to Research</b> Types of Research (Pure, Applied, Action Research) Social Work Research – Definition, Meaning, Stages in the Social Work Research Process.	K1-K5	4	1 - 5	Lecture Group Discussion	Quiz Continuous Assessment - 1
July 2 – July 8, 2026 (Day Order 1- 6)	1  2	<b>Introduction to Research</b> Relevance of Research in Social Work Social Work Research as a Method of Social Work  <b>Basic Research Designs and Tools for Data Collection</b> Research Design – Descriptive, Experimental and Exploratory, Qualitative, Quantitative, Mixed, Participatory Research	K1-K5	4	1 - 5	Lecture Group Discussion	Quiz Continuous Assessment - 1
July 9 – 16, 2026 (Day Order 1- 6)	2	<b>Basic Research Designs and Tools for Data Collection</b> Identifying and Formulating a Research Problem Relevant to Social Work Sources of Data – Primary and Secondary	K1-K5	4	1 - 5	Lecture Group Discussion	Quiz Continuous Assessment – 1  Assignment – 1 Social Science Research, Approaches to Social Science Research

							16.07.2026 (10 marks)
July 17 – 24, 2026 (Day Order 1- 6)	2	<b>Basic Research Designs and Tools for Data Collection</b> Tools for Data Collection – Observation, Interview Schedule, Interview Guide, Mailed Questionnaire, Google Forms	K1-K5	4	1 - 5	Lecture Group Discussion	Quiz Continuous Assessment - 1
July 25 – 28, 2026 (Day Order 1- 3)	<b>REVISION</b>			1	<b>REVISION</b>		
July 29 – Aug 3, 2026	<b>C.A. Test - I</b>						
Aug 4 - 6, 2026 (Day Order 4 - 6)	3	<b>Sampling and Scaling Techniques</b> Concepts and Meaning of Sampling – Frame, Unit and Universe Sampling Techniques – Random Sampling – Simple Random, Stratified, Multistage.	K1-K5	3	1 - 5	Lecture Group Discussion	Quiz Continuous Assessment - 2
Aug 7 – 14, 2026 (Day Order 1- 6)	3	<b>Sampling and Scaling Techniques</b> Non-Random Sampling–Convenient, Purposive, Snowball and Quota.	K1-K5	4	1 - 5	Lecture Group Discussion	Quiz Continuous Assessment - 2
Aug 17 - 24, 2026 (Day Order 1- 6)	3	<b>Sampling and Scaling Techniques</b> Measurement– Definition, Meaning, Types, Need and Uses – of Nominal, Ordinal, Interval, Ratio.	K1-K5	4	1 - 5	Lecture Group Discussion	Quiz Continuous Assessment – 2
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	4	<b>Data Processing, Analysis, Interpretation and Reporting</b> Data Processing – Editing, Coding, Classification, Tabulation, Transcription Outline of a Good Research Report	K1-K5	4	1 - 5	Lecture Group Discussion	Quiz Continuous Assessment - 2  Assignment – 2 Objective Type Test 24.08.2026

							(20 marks)
Sep 3 – 11, 2026 (Day Order 1- 6)	4	<b>Data Processing, Analysis, Interpretation and Reporting</b> Diagrammatic Presentation of Data – One, Two- and Three-Dimensional Diagrams, Pie Charts	K1-K5	4	1 - 5	Lecture Group Discussion	Quiz Continuous Assessment – 2
Sep 15-17, 2026 (Day Order 1 - 3)	<b>REVISION</b>			1	<b>REVISION</b>		
Sep 18 –23, 2026	<b>C.A. Test - II</b>						
Sep 24 - 28, 2026 (Day 4 – 6)	5	<b>Basic Statistical analysis of data</b> Statistics – Definition, Meaning, Need and Importance of Statistics in Research	K1-K5	3	1 - 5	Lecture Group Discussion	Quiz  Assignment – 3 Prepare a short project report on a social issue identified in your field placement with 10 respondents. 24.09.2026 (20 marks)
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	5	<b>Basic Statistical analysis of data</b> Frequency and Percentage Distribution – Preparation of One-, Two- and Three-Way Tables	K1-K5	4	1 - 5	Lecture Group Discussion	Quiz
Oct 8 - 14, 2026 (Day Order 1 - 6)	5	<b>Basic Statistical analysis of data</b> Measures of Central Tendency – Mean, Median and Mode – Definition, Meaning, Need and Importance, Calculation – Continuous and Discrete Series (Direct Method Only)	K1-K5	4	1 - 5	Lecture Group Discussion	Quiz
Oct 15 - 21, 2026 (Day Order 1- 4)	<b>REVISION</b>						

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**  
**COURSE PLAN (June - November 2026)**

**Department** : BSW  
**Name/s of the Faculty** : Ms. Angelin M  
**Course Title** : Social Welfare Administration  
**Course Code** : 23SW/MC/AD54  
**Shift** : II

**COURSE OUTCOMES (COs)**

COs	Description	CL
<b>CO1</b>	Define the knowledge and attitude with regard to the basic principles of Social Work Administration in Social Welfare Organisation	K1
<b>CO2</b>	Explain the understanding of procedures related to the establishment of an NGO.	K2
<b>CO3</b>	Classify the range of strategies suitable for the supporting Individuals, groups and communities using the values of social welfare administration	K3
<b>CO4</b>	Analyse the skills of a social managers in different welfare agencies	K4
<b>CO5</b>	Apply elements of administration during their concurrent Field Work	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 22, 2026 (Day Order 1- 6)	1	<b>Evolution of Social Welfare Administration</b> 1.1 Concept - Voluntary Social Work, Social Welfare, Social Welfare Administration 1.2 Evolution of Social Welfare Administration in India.	K1-K5	4	1-4	Lecture, PPT Group Discussion Quick Recap	Question and Answer Quiz
Jun 23 – July 1, 2026 (Day Order 1- 6)	1	<b>Evolution of Social Welfare Administration</b> 1.3 Brief overview of Social Welfare Administration – Structure and functions of Central Social Welfare Board and State Social Welfare Board	K1-K5	4	1-4	Lecture, PPT PPT Group Discussion Quick Recap	Question and Answer Quiz
July 2 – July 8, 2026 (Day Order 1- 6)	1	<b>Evolution of Social Welfare Administration</b> 1.4 Social Work Administration as a method in Social Work – Definition, Scope and Principles	K1-K5	4	1-4	Lecture, PPT Group Discussion Quick Recap	Question and Answer Quiz
July 9 – 16, 2026 (Day Order 1- 6)	2	<b>Elements of Administration -I</b> 2.1 Functions of the Board Members of a Social Welfare Organisation 2.2 Types of Committees	K1-K5	4	1-4	Lecture, PPT PPT Group Discussion Quick Recap	Question and Answer Quiz
July 17 – 24, 2026 (Day Order 1- 6)	2	<b>Elements of Administration –I</b> 2.3 The role of Planning and Policy Making 2.4 Methods of Fund raising	K1-K5	4	1-4	Lecture, PPT Group Discussion Quick Recap	<b>Assignment 1</b> Presentation on “Designing a Fund-Raising Plan and Annual

							Budget for a Welfare Program in Field Work Community”. (15 marks) 24.07.2026
July 25 – 28, 2026 (Day Order 1- 3)	2	<b>Elements of Administration –I</b> 2.5 Budgeting – Purpose and Principles	K1-K5	2	1-4	Lecture, PPT Group Discussion Quick Recap	Question and Answer Quiz
July 29 – Aug 3, 2026	<b>C.A. Test - I</b>						
Aug 4 - 6, 2026 (Day Order 4 - 6)	2	<b>Elements of Administration –I</b> 2.6 Accounting – Principles, fundamental books of accounts to be maintained in an organization	K1-K5	2	1-4	Lecture, PPT Group Discussion Quick Recap	Question and Answer Quiz
Aug 7 – 14, 2026 (Day Order 1- 6)	3	<b>Elements of Administration – II</b> 3.1 Co-ordination – Principles . 3.2 Importance of Public Relations	K1-K5	4	1-4	Lecture, PPT Group Discussion Quick Recap	Question and Answer Quiz
Aug 17 - 24, 2026 (Day Order 1- 6)	3	<b>Elements of Administration – II</b> 3.3 Importance of Communication 3.4 Staffing – Process	K1-K5	4	1-4	Lecture, PPT Role Play Group Discussion Quick Recap	Question and Answer Quiz
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	3	<b>Elements of Administration – II</b> 3.5 Supervision – Purpose and Principles 3.6 Evaluation – Principles, Functions, Types and areas of Evaluation	K1-K5	4	1-4	Lecture, PPT Group Discussion Quick Recap	Question and Answer Quiz

Sep 3 – 11, 2026 (Day Order 1- 6)	4	<b>Introduction to non-government organization</b> 4.1 Definition, Characteristics, Types - NonGovernment Organisations 4.2 Role of NGOs, Problems and Challenges faced by NGOs	K1-K5	4	1-4	Lecture, PPT Group Discussion Quick Recap Case Studies	<b>Assignment 2</b> Interview the Professional Social Worker in your Filed Placement to find out the role of the NGO- in the community and list Problems and Challenges in the organisation (20 marks) 11.09.2026
Sep 15-17, 2026 (Day Order 1 - 3)	4	<b>Introduction to non-government organization</b> 4.3 Registration Procedures related to NGOs - Societies Registration Act, 1860 and Tamil Nadu Societies Registration Act, 1975	K1-K5	2	1-4	Lecture, PPT Group Discussion Quick Recap	Question and Answer Quiz
Sep 18 –23, 2026	<b>C.A. Test - II</b>						
Sep 24 - 28, 2026 (Day 4 – 6)	4	4.4 Foreign Contribution Regulation Act, 2011, Tax Exemptions Available Under 80G	K1-K5	2	1-4	Lecture, PPT Group Discussion Quick Recap	Question and Answer Quiz
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	5	<b>Role of Social Managers</b> 5.1 Role of Social Managers in welfare agencies – Children, Women, Elderly and Differently able	K1-K5	4	1-4	Lecture, PPT Group Discussion Quick Recap	<b>Assignment – 3</b> Role and Skills required of a Social Worker as Social Manager in current

							placement NGO setting. (15 marks) 29.09.2026
Oct 8 - 14, 2026 (Day Order 1 - 6)	5	<b>Role of Social Managers</b> 5.2 Role and functions of the Ministry of Social Justice and Empowerment, Government of India and Social Welfare and Women Empowerment Department, Government of Tamilnadu.	K1-K5	4	1-4	Lecture, PPT Group Discussion Quick Recap	Question and Answer Quiz
Oct 15 - 21, 2026 (Day Order 1- 4)	<b>REVISION</b>						

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**

**COURSE PLAN (June - November 2026)**

**Department** : BSW  
**Name/s of the Faculty** : Dr. Catherine Joseph  
**Course Title** : BASIC COUNSELLING IN SOCIALWORK PRACTICE  
**Course Code** : 23SW/MC/CN53  
**Shift** : II

**COURSE OUTCOMES (COs)**

<b>COs</b>	<b>Description</b>	<b>CL</b>
<b>CO1</b>	acquire knowledge, skills, ethical principles and Professional standards of Basic Counselling in Social Work practice	K1
<b>CO2</b>	explain about the different types of Counselling	K2
<b>CO3</b>	analyze and practice various approaches in Counselling	K3
<b>CO4</b>	critically examine and analyse with reference to the context.	K4
<b>CO5</b>	gain insight to practice counselling in different settings	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 22, 2026 (Day Order 1- 6)	1.	<b>Concept and Foundation of Counselling</b> 1.1Evolution of Counselling, Definition and Characteristics of Counselling	K1-K5	4	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis, CATest-1
Jun 23 – July 1, 2026 (Day Order 1- 6)	1.	1.2Counselling Ethics, Profile of the Counsellor and the Client, 1.3The Counselling relationship	K1-K5	4	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis ,CATest-1
July 2 – July 8, 2026 (Day Order 1- 6)	1.	1.2Counselling Ethics, Profile of the Counsellor and the Client, 1.3The Counselling relationship	K1-K5	4	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis, CATest-1
July 9 – 16, 2026 (Day Order 1- 6)	2	<b>Counselling – Types, Goals and Recording</b> 2.1Individual Counselling, Group Counselling, Community Counselling, Directive Counselling, Non-Directive Counselling Integrative and	K1-K5	4	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis ,CATest-1

		Eclectic Approach to Counselling					
July 17 – 24, 2026 (Day Order 1- 6)	2.	2.2 Achievement of Positive Mental Health, Resolution of Problems, Improving Personal Effectiveness, Change, Decision making, Modification of Behaviour. 2.3Recording in Counselling: Importance of Recording, Skills required for Recording in Counselling, Types of Recording in Counselling	K1-K5	4	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis ,CA Test-1
July 25 – 28, 2026 (Day Order 1- 3)	3.	<b>Egan Model of Counselling – the Skilled Helper Approach</b> 3.1Stage – 1 Reviewing the Current Scenario		1		Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis, CA Test-1
July 29 – Aug 3, 2026	<b>C.A. Test - I</b>						
Aug 4 - 6, 2026 (Day Order 4 - 6)	3.	.2Stage – 2 Developing the Preferred Scenario 3.3Stage-3 Getting There-	K1-K5	2	1-5	Lecture, PPT, Group discussions, Mock sessions, Case	Questioning, Case Analysis ,CA Test-1

		the way forward and Practical Sessions				Studies.	
Aug 7 – 14, 2026 (Day Order 1- 6)	3.	3.2Stage – 2 Developing he Preferred Scenario 3.3Stage-3 Getting There-the way forward and Practical Sessions	K1-K5	4	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis, CATest-1
Aug 17 - 24, 2026 (Day Order 1- 6)	4.	<b>Different Approaches and Types of Counselling</b> 4.1Client centered Approach, CognitiveBehavioralTherap eutic Approach 4.2Gestalt Counselling, Transactional Analysis, Solution focused Counselling, Crisis Intervention	K1-K5	4	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis, CATest-1- Assignment-l. Interact with a professional Counsellor and submit a report.  -Write in detail about any one Approach in Counselling.Submissi on-20.08. 2026
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	4.	4.3An over view of Alternate Approaches: Meditation, Yoga, Psychodrama, Expressive Arts Therapy, Storytelling, Medical Clowning, Laughter Therapy, Dance Movement Therapy, Neuro-	K1-K5	4	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis, CATest-1

		linguistic Programming					
Sep 3 – 11, 2026 (Day Order 1- 6)	5.	<b>Counselling in Different Settings:</b> 5.1 Family Counselling/Marital Counselling, School Counselling, Career Counselling, Industrial Counselling	K1-K5	4	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis ,CA Test-1 Assignment-II- Write in detail about Counselling in any one setting with examples.  Submission- 10.09.2026
Sep 15-17, 2026 (Day Order 1 - 3)	5.	<b>Counselling in Different Settings:</b> 5.1 Family Counselling/Marital, Counselling, 5.2 School Counselling,  Career Counselling, Industrial Counselling	K1-K5	1	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis, CA Test-1
Sep 18 –23, 2026	<b>C.A. Test - II</b>						
Sep 24 - 28, 2026 (Day 4 – 6)	5.	Grief Counselling, Disaster Counselling. De-addiction Counselling	K1-K5	2	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis ,CA Test-1

Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	5.	5.3CounsellingClients with Suicidal Ideation, Counselling Sexual Minorities, Gerontological Counselling	K1-K5	4	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning ,Case Analysis ,CA Test-1
Oct 8 - 14, 2026 (Day Order 1 - 6)	5.	GriefCounselling, DisasterCounselling.De-addictionCounselling, 5.3CounsellingClients with Suicidal Ideation, Counselling Sexual Minorities, Gerontological Counselling	K1-K5	4	1-5	Lecture, PPT, Group discussions, Mock sessions, Case Studies.	Questioning, Case Analysis, CA Test-1
Oct 15 - 21, 2026 (Day Order 1- 4)	<b>REVISION</b>						

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**  
**COURSE PLAN (June - November 2026)**

**Department** : **Business Administration and Social Work**  
**Names of the Faculty** : **Ms. Yamini, Ms. Pushpalatha and Ms. Sweety**  
**Course Title** : **Introduction to Social Enterprise Management**  
**Course Code** : **23ID/IC/SE55**  
**Shift** : **II**

**COURSE OUTCOMES (COs)**

<b>COs</b>	<b>Description</b>	<b>CL</b>
<b>CO1</b>	identify and describe the types of organisations involved in the Social Enterprise Sector.	K1
<b>CO2</b>	demonstrate the understanding of the Attitude and knowledge required for the creation, management and development of social enterprises	K2
<b>CO3</b>	analyse the range of strategies suitable for fulfilling needs of the communities/clients to be served/ being targeted.	K3
<b>CO4</b>	evaluate the impact of organisations by using basic concepts in social audit.	K4
<b>CO5</b>	develop ideas on the application of skills required in the creation of social enterprises.	K5

<b>Week</b>	<b>Unit No.</b>	<b>Content</b>	<b>Cognitive Level</b>	<b>Teaching Hours</b>	<b>COs</b>	<b>Teaching Learning Methodology</b>	<b>Assessment Methods</b>
Jun 15 – 22, 2026 (Day Order 1- 6)	1	<b>Measuring Social Value</b> 1.1 Concept of social value; Need for measuring social value	K1-K4	3	1-4	Chalk and talk	CA1
	2	2.1 Definition, characteristic and types of Entrepreneurships	K1-K5	3	1-5	Lecture and Presentation	Word Cloud
Jun 23 – July 1, 2026 (Day Order 1- 6)	1	(contd) 1.2 Methods of measuring social value; Social return on investment	K1-K4	3	1-4	PPT and discussion	CA1
	2	2.1 Definition, characteristic and types of Entrepreneurships	K1-K5	1	1-5	Lecture and Presentation	Reflection Questioning
		2.2 Characteristics and Role of a Social Entrepreneur, Difference between entrepreneurship and social entrepreneurship		2	1-5		
July 2 – July 8, 2026 (Day Order 1- 6)	1	(contd) 1.2 Methods of measuring social value; Social return on investment	K1-K4	1	1-4	PPT, Case studies and discussion	CA1 & quiz
	2	1.3 Measuring vulnerability and efficiency of social enterprise	K1-K4	2	1-4		
		2.2 Characteristics and Role of a Social Entrepreneur, Difference between				Lecture and Case	

	4	entrepreneurship and social entrepreneurship  <b>Management of NGOs</b>  4.1 Concept of Volunteerism, Charity, Welfare and Development, Concept of Social Audit	K1-K5  K1-K5	2  1	1-5  1-5	discussions	Case Analysis
July 9 – 16, 2026 (Day Order 1- 6)	1          4	(contd)  1.3 Measuring vulnerability and efficiency of social enterprise  1.4 Organizational effectiveness of social enterprise  4.1 Concept of Volunteerism, Charity, Welfare and Development, Concept of Social Audit	K1-K4  K1-K4  K1-K5	1  2  3	1-4  1-4  1-5	Case studies and discussion    Lecture and Discussion	CA1    One Minute paper
July 17 – 24, 2026 (Day Order 1- 6)	1          2	(contd)  1.4 Organizational effectiveness of social enterprise  2.3 Supporting Agencies Ashoka, Skoll Foundation, Miller Center for Social Entrepreneurship, NABARD  4.2 National Policy Related to NGO	K1-K4  K1-K5	2  1	1-4  1-5	PPT and group project	CA1  Component 1: Design and present a Social Enterprise Business plan

	4		K1-K5	3	1-5	Lecture and Presentation	25 marks on 17.07.26
July 25 – 28, 2026 (Day Order 1- 3)	4	(Contd) 4.2 National Policy Related to NGO 4.3 Legal Aspects, Documentation in NGOs	K1-K5 K1-K5	1 2	1-5 1-5	Lecture and Discussion	KWL Reflection
July 29 – Aug 3, 2026	<b>C.A. Test - I</b>						
Aug 4 - 6, 2026 (Day Order 4 - 6)	2	(contd) 2.3 Supporting Agencies Ashoka, Skoll Foundation, Miller Center for Social Entrepreneurship, NABARD	K1-K5	3	1-5	Project and group discussion	CA2 & unit test
Aug 7 – 14, 2026 (Day Order 1- 6)	3  4	2.4 Case studies: Bunker Roy– BAREFOOT COLLEGE, Joseph Nkandu– NUCAFE, Arunachalam Muruganantham – JAYAASHREE INDUSTRIES, G Venkataswamy – ARVIND EYE HOSPITAL, The Self Employment Women’s Association (SEWA) – Ela Bhatt  (contd) 4.3 Legal Aspects, Documentation in NGOs	K1-K5 K1-K5	3  2	1-5  1-5	Case studies and discussion	CA2  Reflection

		4.4 Fund Raising and Accounting Practices	K1-K5	1	1-5	Lecture and Presentation	Questioning
Aug 17 - 24, 2026 (Day Order 1- 6)	2	(contd) 2.4 Case studies: Bunker Roy– BAREFOOT COLLEGE, Joseph Nkandu– NUCAFE, Arunachalam Muruganatham – JAYAASHREE INDUSTRIES, G Venkataswamy – ARVIND EYE HOSPITAL, The Self Employment Women’s Association (SEWA) – Ela Bhatt	K1-K5	1	1-5	Case studies and discussion	CA2
	3	<b>Creation of Social Enterprises</b> 3.1 Vision, Mission, Objectives, Board (contd)	K1-K5	2	1-5		
	4	4.4 Fund Raising and Accounting Practices	K1-K5	3	1-5	Lecture and Presentation	Pros and Cons Grid
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	3	(Contd) 3.1 Vision, Mission, Objectives, Board	K1-K5	3	1-5	PPT and discussion	CA2 & quiz
	5	<b>Ethics And CSR In Social Entrepreneurship</b> 5.1 Ethical entrepreneurship: Meaning. Empirical ethics, eternal ethics. Entrepreneur and customer	K1-K5	3	1-5	Lecture and Presentation	Padlet

Sep 3 – 11, 2026 (Day Order 1- 6)	3	3.2 Need Assessment-Baseline Survey, Participatory Project Planning Techniques, PRA, RRA, Logical Framework Analysis	K1-K5	3	1-5	PPT and discussion	Component 2: Case Analysis and adaptation of social entrepreneurial models to address contemporary issues 25 Marks Last date: 10.09.2026
	5	(Contd)					
		5.1 Ethical entrepreneurship: Meaning. Empirical ethics, eternal ethics. Entrepreneur and customer	K1-K5	1	1-5	Lecture and Case study	
		5.2 Challenges in Social Entrepreneurship	K1-K5	2	1-5		
Sep 15-17, 2026 (Day Order 1 - 3)	5	(contd)					Reflection Questioning
		5.2 Challenges in Social Entrepreneurship	K1-K5	2	1-5	Lecture and Presentation	
		5.3 Corporate Social Responsibility- Introduction, Components and Benefits	K1-K5	1	1-5		
Sep 18 –23, 2026	<b>C.A. Test - II</b>						
Sep 24 - 28, 2026 (Day 4 – 6)	3	3.2 Need Assessment-Baseline Survey, Participatory Project	K1-K5	3	1-5	PPT and discussion	Quiz
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	3	3.3 Development of a Product or Service	K1-K5	3	1-5	PPT and group discussion	Quiz

	5	(contd) 5.3 Corporate Social Responsibility- Introduction, Components and Benefits	K1-K5	3	1-5	Lecture and Presentation	Quiz
Oct 8 - 14, 2026 (Day Order 1 - 6)	3	(contd) 3.3 Development of a Product or Service	K1-K5	2	1-5	PPT and Discussion	Quiz
	5	5.4 Tracking and reporting of CSR projects - How companies spend their CSR funds	K1-K5	4	1-5	Lecture and Discussion	Discussion
Oct 15 - 21, 2026 (Day Order 1- 4)	<b>REVISION</b>						

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**

**COURSE PLAN (June - November 2026)**

**Department** : BSW  
**Name/s of the Faculty** : Ms. Sweety G S R  
**Course Title** : 23SW/GE/UN22  
**Course Code** : UN Systems for development and social change  
**Shift** : II

**COURSE OUTCOMES (COs)**

<b>COs</b>	<b>Description</b>	<b>CL</b>
CO1	Describe the Social issues at the global level	K1
CO2	Understand the framework of operation of the Un system in understanding its functioning	K2
CO3	Ascertain the role of youth in bringing about social change	K3

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 15 – 22, 2026 (Day Order 1- 6)	1	<b>The United Nations System</b> 1.1 Historical evolution, Main aim of the united nations, Membership- rules	K1 - K3	2	1-3	Lecture and discussion	Quiz and Reflection
Jun 23 – July 1, 2026 (Day Order 1- 6)	1	1.2 UN Principal Organs	K1 - K3	2	1-3	Lecture	Reflection
July 2 – July 8, 2026 (Day Order 1- 6)	1	1.3 UN Charter	K1 - K3	2	1-3	Lecture	Reflection and summarizing
July 9 – 16, 2026 (Day Order 1- 6)	1	1.4 International Observances of specific dates and years	K1 - K3	2	1-3	Presentationa and Discussion	Quiz
July 17 – 24, 2026 (Day Order 1- 6)	2	<b>Global issues on the UN Agenda: Brief overview</b> 2.1 Women, Youth, Children, Refugees, Human Rights	K1 - K3	2	1-3	Role play and presentation	Reflection and questioning
July 25 – 28, 2026 (Day Order 1- 3)	2	2.1 Disaster relief, Disability, Food, Education, AIDS, Agriculture and Elderly	K1 - K3	1	1-3	Case Analysis and discussion	Summarizing and questioning
July 29 – Aug 3, 2026	<b>C.A. Test - I</b>						

Aug 4 - 6, 2026 (Day Order 4 - 6)	2	2.2 Millenium Development goals,	K1 - K3	1	1-3	Discussion	1 Component Test: Unit 1  Date: August 5, 2026  Marks: 15 Marks
Aug 7 – 14, 2026 (Day Order 1- 6)	2	2.2 Sustainable developmental goals	K1 - K3	2	1-3	Lecture and discussion	Project and reflection
Aug 17 - 24, 2026 (Day Order 1- 6)	3	<b>Programmes of the UN-Aims and programmes</b>  3.1 UN - Women, United Nations Development Programme (UNDP), United Nations Children’s fund (UNICEF)	K1 - K3	2	1-3	Lecture and discussion	Summarizing and reflection
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	3	3.1 Office of the United Nations High Commissioner for Refugees (UNHCR), Office of the United Nations High Commissioner for Human Rights (OHCHR)	K1 - K3	2	1-3	Presentation and Discussion	Quick summary
Sep 3 – 11, 2026 (Day Order 1- 6)	3	3.1 World Health Organization (WHO), Food and Agriculture Organization (FAO)	K1 - K3	2	1-3	Lecture and Discussion	Component 2:  Role play on Global issues and intervention of UN agencies  Last date: September 3, 2026  Marks: 25 Marks

Sep 15-17, 2026 (Day Order 1 - 3)	3	3.1 World Food Programme(WFP)	K1 - K3	1	1-3	Lecture and discussion	Summary and reflection
Sep 18 –23, 2026	<b>C.A. Test - II</b>						
Sep 24 - 28, 2026 (Day 4 – 6)	3	3.1 United Nations Educational Scientific and Cultural Organizations (UNESCO), Joint United Nations programme on HIV/AIDS (UNAIDS)	K1 - K3	1	1-3	Presentation and discussion	Reflection and summary
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	3	3.2 Other related Agencies: International Labour Organization (ILO)	K1 - K3	2	1-3	Lecture	Component 3:  Analysis on the impact of UN agencies in India  Last date: September 29, 2026  Marks: 10 Marks
Oct 8 - 14, 2026 (Day Order 1 - 6)	3	3.2 United Nations Environment Programme (UNEP)	K1 - K3	2	1-3	Lecture	Reflection and quiz
Oct 15 - 21, 2026 (Day Order 1- 4)	<b>REVISION</b>						