

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (June - November 2026)

Department : BSW
Name of the Faculty : Ms.J,Beula
Course Title : Social Work Profession-History and Philosophy
Course Code : 25SW/MC/SP15
Shift : II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	Identify the Principles of Social Work Profession.	K1
CO2	Explain the various Methods of Social Work.	K2
CO3	Apply ethical and professional behavior.	K3
CO4	Analyze the different Models of Social Work.	K4
CO5	Evaluate the role and relevance of various professional Social Work associations.	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 16 - Jun 22, 2026 (Day Order 1- 6)	1	<p>Social Work Profession:</p> <p>1.1 Social Work Profession: Meaning and definition of Social Work Profession.</p> <p>1.2 Goals, objectives and principles of Social Work Profession.</p>	K1-K5	13	CO1-CO5	Lecture, Power Point Presentation	Questioning CA Test-1. Assignment, End Semester Examination.
Jun 23 – July 1, 2026 (Day Order 1- 6)	1	<p>Social Work Profession:</p> <p>1.1 Social Work Profession: Meaning and definition of Social Work Profession.</p> <p>1.2 Goals, objectives and principles of Social Work Profession.</p> <p>1.3 Values and Code of Ethics of Social Work Profession (NASW).</p>	K1-K5			Lecture, Power Point Presentation, Group Discussion.	CA Test-1. End Semester Examination

July 2 – July 8, 2026 (Day Order 1- 6)	1	Social Work Profession: 1.2Goals, objectives and principles of Social Work Profession. 1.3 Values and Code of Ethics of Social Work Profession (NASW)	K1-K5			Lecture, Group Discussion, Power Point Presentation	Questioning CA Test1 End Semester Examination
July 9 – 16, 2026 (Day Order 1- 6)	2	1.3 Values and Code of Ethics of Social Work Profession (NASW). Unit2 Historical development of Social Work Profession: 2.1Overview of Historical development of Social Work in England and USA. 2.2Overview of Historical development of Social Work in India 2.3 Contribution of Social Reformers- Raja Ram Mohan Roy, Sarojini Naidu,	K1-K5	14	CO1-CO5	Lecture, Group Discussion, Power Point Presentation,	Quiz CA Test-1. End Semester Examination Assignment-1 25-7-2026 on Historical development of Social Work Profession. Marks-25

		Periyar,Gandhi, Savithribhai Phule Dr.Muthulakshmi Reddy,Christian Missionaries, Contribution of other religions (Hinduism. Islam,Jainism,Buddhism) to Social Work in India.					
July 17 – 24, 2026 (Day Order 1- 6)	2	Historical development of Social Work Profession: 2.3 Contribution of Social Reformers- Dr.Muthulakshmi Reddy,Christian Missionaries, Contribution of other religions (Hinduism.Islam,Jainism,Buddhism) to Social Work in India.	K1-K5	14	CO1-CO5	Lecture, Group Discussion, Power Point Presentation. Case studies.	Questioning CA Test-1. End Semester Examination
	3	Definition and Meaning of Concepts relevant to Social Work: 3.1 Social Service 3.2 Social Security				Lecture, Group Discussion, Power Point Presentation. Case studies.	Questioning CA Test-1 End Semester Examination.
July 25 – 28, 2026 (Day Order 1- 3)	3	Definition and Meaning of Concepts relevant to Social Work: 3.1 Social Service			CO1-CO5	Lecture, Group Discussion, Power Point Presentation, Case	Questioning CA Test-1. End Semester Examination

		3.2 Social Security 3.3 Social Change				studies.	
July 29 – Aug 3, 2026	C.A. Test - I						
Aug 4 - 6, 2026 (Day Order 4 - 6)	3	Definition and Meaning of Concepts relevant to Social Work: 3.4 Social Welfare 3.5 Social Policy. 3.6 Social Planning 3.7 Social Action 3.8 Social Development 3.9 Social Justice 3.10 Social Empowerment	K1-K5		CO1-CO5	Lecture, Group Discussion, Power Point Presentation, Case studies.	Questioning CA Test-2. End Semester Examination
Aug 7 – 14, 2026 (Day Order 1- 6)	3	Definition and Meaning of Concepts relevant to Social Work: 3.7 Social Action 3.8 Social Development 3.9 Social Justice. 3.10 Empowerment				Lecture, Group Discussion Power Point Presentation, Case studies.	CA Test-2. End Semester Examination

		4.2 Major theories in Social Work- Problem Solving Model, Behaviour Modification Model and Crisis Intervention Model. 4.3 Roles and Skills of a Social Worker				Presentation, Case studies.	Examination. Assignment-2 27-8-2026 on Introduction to Social Work Practice. Marks-25
Sep 15-17, 2026 (Day Order 1 - 3)	4 5	Introduction to Social Work Practice: 4.3 Roles and Skills of a Social Worker Social Work Education and Practice 5.1 Social Work Education in India 5.2 Nature and content of Field Work.	K1-K5	12	CO1-CO5	Lecture, Group Discussion, Power point, Presentation, Case studies.	End Semester Examination
Sep 18 –23, 2026	C.A. Test - II						
Sep 24 - 28, 2026 (Day 4 – 6)	5	Social Work Education and Practice: 5.1 Social Work Education in India.				Lecture, Group Discussion, Power point, Presentation, Case	End Semester Examination

		5.2 Nature and content of Field Work. 5.3 Importance of Field work Supervision.				studies.	
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	5	5.2 Nature and content of Field Work. 5.3 Importance of Field work Supervision. 5.4Professional Associations- International Federation of Social Workers(IFSW),The National Association of Social Workers (NASW)National Association of Professional Social Workers in India(NAPSWI) and the Professional Social Workers Association(PSWA). 5.5 International Social Work.	K1-K5		CO1-CO5	Lecture,Group Discussion,Power point, Presentation,Case studies.	End Semester Examination.
Oct 8 - 14, 2026 (Day Order 1 - 6)	5	5.2 Nature and content of Field Work. 5.3 Importance of Field work Supervision. 5.4Professional Associations- International Federation of Social Workers(IFSW),The National Association of Social Workers	K1-K5		CO1-CO5	Lecture,Group Discussion,Power point Presentation.	End Semester Examination

		(NASW)National Association of Professional Social Workers in India(NAPSWI) and the Professional Social Workers Association(PSWA) 5.5 International Social Work.						
Oct 15 - 21, 2026 (Day Order 1- 4)	REVISION							

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (June - November 2026)

Department : BSW
Name/s of the Faculty : Dr. Catherine Joseph
Course Title : Sociology for Social Work
Course Code : 25SW/ME/SS13
Shift : II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	define the fundamental sociological concepts such as society, culture, norms, roles, and institutions	K1
CO2	explain the process of socialization and the influence of social norms and institutions on individual and group behavior	K2
CO3	apply sociological knowledge to analyze structures like social stratification and the functions of major social institutions	K3
CO4	assess various social problems and evaluate their impact on society and social functioning	K4
CO5	evaluate how sociological understanding enhances effective social work interventions and community engagement	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 22, 2026 (Day Order 6)	1.	Sociology as a discipline 1.1 Sociology– Definition, Sociology and its relation to Social Work	K1-K5	1	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis CA Test-1
Jun 23 – July 1, 2026 (Day Order 1- 6)	1.	Sociology as a discipline 1.2 Society – Definition, Types, Characteristics Socialisation – Definition, Meaning, Agents and Functions Culture – Definition, Meaning, Components of Culture, Cultural Lag 1.3 Social Control – Definition, Meaning, Forms and Functions	K1-K5	5	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis CA Test-1
July 2 – July 8, 2026 (Day Order 1- 6)	1.	1.4 Definition, Meaning, Characteristics – Norms, Folkways and Mores 1.5 Social Groups - Definition, Meaning, Types. 1.6 Social Processes – Cooperation, Competition,	K1-K5	5	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis CA Test-1

		Conflict, Accommodation and Assimilation					
July 9 – 16, 2026 (Day Order 1- 6)	2.	Social Stratification 2.1 Caste and Class – Definition, Difference between Caste and Class	K1-K5	5	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis CA Test-1
July 17 – 24, 2026 (Day Order 1- 6)	2.	2.2 Gender Roles, Gender issues and Gender Discrimination in India 2.3 Social Mobility – Definition, Meanings, forms of Social Mobility	K1-K5	5	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis CA Test-1
July 25 – 28, 2026 (Day Order 1- 3)	3.	Social Institutions 3.1 Marriage: Definition, Meaning, Types, Functions, Changing Trends	K1-K5	2	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Assignment-1-Do a Scrap book on Marriage. Submission: 28 July 2026, Marks:25
July 29 – Aug 3, 2026	C.A. Test - I						
Aug 4 - 6, 2026 (Day Order 4 - 6)	3	3.2 Family: Definition, Meaning, Types, Functions, Changing Patterns	K1-K5	3	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis CA Test-II

Aug 7 – 14, 2026 (Day Order 1- 6)	3.	3.3 Kinship: Definition, Meaning, Types 3.4 Religion: Definition, Meaning, Functions	K1-K5	5	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis CA Test-II
Aug 17 - 24, 2026 (Day Order 1- 6)	4.	Social Change and Social Movements 4.1 Concept of Social Change, Factors Contributing to Social Change, Causes for Social Change in India	K1-K5	5	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis CA Test-II
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	4.	4.1 Concept of Social Change, Factors Contributing to Social Change, Causes for Social Change in India	K1-K5	5	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis CA Test-II
Sep 3 – 11, 2026 (Day Order 1- 6)	4.	4.2 Social Movements – Definition, Meaning, Types	K1-K5	5	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis CA Test-II
Sep 15-17, 2026 (Day Order 1 - 3)	4.	4.2 Social Movements – Definition, Meaning, Types	K1-K5	2	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis CA Test-II
Sep 18 –23, 2026	C.A. Test - II						

Sep 24 - 28, 2026 (Day 4 – 6)	5.	Social Problems in India 5.1 Social Problems- Definition, Meaning, Types, Causes of Social Problems in India	K1-K5	3	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Assignment-II Write in detail about any one major Social Problem in India and the explain role of a Socialworker in addressing this issue. Submission:28 September2026; Marks;25
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	5.	Social Problems in India 5.2 Poverty, Unemployment, Crime, Addiction	K1-K5	5	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis
Oct 8 - 14, 2026 (Day Order 1 - 6)	5.	Social Problems in India 5.2 Illiteracy, Human Trafficking	K1-K5	5	1 - 5	Lecture, Group Discussions, PPT, Case Studies	Questioning Case Analysis
Oct 15 - 21, 2026 (Day Order 1- 4)	REVISION						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (June - November 2026)

Department : BSW
Name/s of the Faculty : Ms. Maria Jecintha J
Course Title : Indian Society
Course Code : 25SW/ME/IS13
Shift : II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	identify the basic concepts related to Indian Society	1
CO2	explain the concepts of culture, socialization, and social control, and discuss their significance in society	2
CO3	apply the understanding of various social institutions to illustrate their interconnectedness within society	3
CO4	analyse the concepts of social stratification and social mobility and examine their interrelationship within society	4
CO5	evaluate the various issues concerning social change and use critical skills to understand and assess changes in society	5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 22, 2026 (Day Order 6)	1	Meaning Nature, Definition, Characteristics, types of Society-rural, urban and Tribal.	1-5	1	1-5	PPT and Discussion	CA 1
Jun 23 – July 1, 2026 (Day Order 1- 6)	1	Concepts related to Society – Community, Power, Authority, Status	1-5	5	1-5	Discussion and questioning	CA 1
July 2 – July 8, 2026 (Day Order 1- 6)	1	Social Groups-Meaning, definition, types	1-5	5	1-5	Flipped classroom	CA 1
July 9 – 16, 2026 (Day Order 1- 6)	2	Meaning, definition of Institutions, Education, Marriage, Religious institutions and Governmental Organisations and Non-Governmental organisations.	1-5	5	1-5	Project based learning	CA 1 1st 3rd Component due on 9 July 2026
July 17 – 24, 2026 (Day Order 1- 6)	2	Social Processes-meaning, definition, types, association, assimilation, acculturation.	1-5	5	1-5	PPT and discussion	CA 1
July 25 – 28, 2026 (Day Order 1- 3)	2	Status, Culture, meaning, definition and functions of culture. Cultural Lag.	1-5	3	1-5	PPT and lecture	CA 1

July 29 – Aug 3, 2026	C.A. Test - I						
Aug 4 - 6, 2026 (Day Order 4 - 6)	3	Types of kinship systems- Changing trends in Marriage and Family.	1-5	3	1-5	PPT and discussion	CA 2
Aug 7 – 14, 2026 (Day Order 1- 6)	3	Social Change- meaning, definition of Social Change, agents of Social change.	1-5	5	1-5	Case study and discussion	CA 2
Aug 17 - 24, 2026 (Day Order 1- 6)	3	Social Control-meaning and definition of Social control and agencies of social control.	1-5	5	1-5	PPT and discussion	CA 2
Aug 25 – Sep 2, 2026 (Day Order 1- 6)	4	Social stratification - meaning, definition of caste, class, status and gender	1-5	5	1-5	PPT and discussion	CA 2
Sep 3 – 11, 2026 (Day Order 1- 6)	4	Social Mobility- types of mobility, sources and causes of mobility.	1-5	5	1-5	Lecture and discussion	CA 2
Sep 15-17, 2026 (Day Order 1 - 3)	4	Social Movements-Meaning, definition, Dravidian Movement, Naxalbari Movement, Dalit movement.	1-5	3	1-5	Lecture and seminar	CA 2 and 2nd 3rd component due on 15 September 2026
Sep 18 –23, 2026	C.A. Test - II						

Sep 24 - 28, 2026 (Day 4 – 6)	5	Meaning, definition and causes of Poverty, illiteracy in Indian Society.	1-5	3	1-5	Lecture and Problem-based learning	End Semester Exam
Sep 29 – Oct 7, 2026 (Day Order 1 - 6)	5	Meaning, definition, Causes of Unemployment and Corruption in Indian Society.	1-5	5	1-5	Lecture and Problem-based learning	End Semester Exam
Oct 8 - 14, 2026 (Day Order 1 - 6)	5	Meaning, Definition, causes and impact of Crimes and lack of Sanitation, in Indian Society.	1-5	5	1-5	Lecture and Problem-based learning	End Semester Exam
Oct 15 - 21, 2026 (Day Order 1- 4)	REVISION						