

B.Sc DEGREE EXAMINATION, APRIL 2026
PSYCHOLOGY
FOURTH SEMESTER

COURSE : MAJOR CORE
PAPER : DEVELOPMENTAL PSYCHOLOGY II
SUBJECT CODE : 23PY/MC/DP44
TIME : 3 HOURS

MAX. MARKS: 100

Q. No.	SECTION A Answer all the questions not exceeding 50 words (10 x 3=30)	CO	KL
1.	List three primary developmental tasks associated with the "Early Adulthood" stage.	CO1	K1
2.	Name two common sensory changes that occur during the middle adulthood phase.	CO1	K1
3.	List the personal and social hazards unique to the psychosocial development of middle age.	CO1	K1
4.	Define "Successful Aging" according to the developmental norms of late adulthood.	CO1	K1
5.	List the five stages of grief in the Kübler-Ross Model.	CO1	K1
6.	Describe the physical changes typically observed during the transition into early adulthood.	CO2	K2
7.	Discuss how health status during middle age influences cognitive performance.	CO2	K2
8.	Contrast the changes in interests between early adulthood and middle adulthood.	CO2	K2
9.	Describe the social adjustments required for an individual entering late adulthood.	CO2	K2
10.	Discuss the importance of sibling and friend relationships for the elderly.	CO2	K2
Q. No.	SECTION B Answer all the questions not exceeding 400 words (5 x 8=40)	CO	KL
11.	a) Differentiate between personal and social hazards that hinder intellectual development in young adults. (or) b) Deconstruct the cognitive development changes in middle adulthood.	CO4	K4
12.	a) Analyze the relationship between vocational adjustment and marital stability in early adulthood. (or) b) Examine the relationship between sensory changes and the psychological hazards of old age.	CO4	K4
13.	a) Analyze how changes in family patterns affect the psychosocial well-being of middle-aged adults. (or) b) Examine the lifestyle and social issues related to aging, focusing on family management of elder care.	CO4	K4
14.	a) Evaluate whether moving into a 'Living Arrangement for the Elderly' (such as an assisted living facility) is a better choice for a retired individual than staying in their own home. Justify your answer by considering the vocational and family hazards of old age and the importance of social issues related to aging. (or) b) Some people argue that middle age is a period of 'decline' because of changes in sensory and psychomotor functioning. However, others believe it is a period of 'peak performance' due to cognitive development. Evaluate these two views. In your opinion, which aspect (physical or mental) has a greater impact on a person's quality of life during middle age? Justify your answer.	CO5	K5

15.	a) Which is more challenging for a middle-aged adult: adjusting to children growing up and leaving home, or taking care of aging parents? Give reasons for your answer based on the personal and social hazards experienced by middle aged individual. (or) b) Evaluate the impact of intellectual changes on an elderly person's ability to live independently. Is cognitive decline inevitable?	CO5	K5
Q. No.	SECTION C Answer any 2 questions not exceeding 800 words (2 x 15=30)	CO	KL
16.	Using the theories of development, demonstrate how a healthy lifestyle in early adulthood can mitigate sensory and psychomotor decline in middle age.	CO3	K3
17.	Apply your knowledge of psychosocial aspects to design a community support program for middle-aged adults dealing with work stress and aging parents.	CO3	K3
18.	Relate the physical and intellectual changes of late adulthood to the development of a safe and stimulating living environment for the elderly.	CO3	K3
19.	A 75-year-old individual is currently transitioning into a specialized elder care facility following the death of a spouse. Using the Kübler-Ross Model, illustrate how the individual might navigate the stages of grief during this transition. Furthermore, apply your understanding of family management to suggest how adult children and siblings can provide psychosocial support to mitigate the hazards of singlehood and relocation during this period.	CO3	K3
