



**IV. Answer in a line or two:**

16. Define BMI.
17. Expand CARE.
18. Mention any two consequences of overnutrition.
19. Why is folate added to white flour?
20. What are Ready to Use Therapeutic Foods?

**SECTION - B****ANSWER ANY FOUR QUESTIONS:****(4 x 10 = 40)**

21. Enlist and explain the risk factors for obesity.
22. Mention the causes and consequences of PEM. Write a short note on its treatment.
23. What are the objectives of diet surveys? Enumerate the types of diet surveys.
24. Comment on the role of CFTRI in improving food security.
25. Highlight the importance of the Mid-day meal scheme.
26. What are the key aspects of calcium fortification of foods?

**SECTION C****ANSWER ANY TWO QUESTIONS:****(2 x 20 = 40)**

27. Elaborate on the etiology, symptoms and prevalence of malnutrition.
28. Discuss the direct methods for assessing nutritional status.
29. Explain the factors affecting the food security system.
30. Summarize the different methods of fortification of breakfast cereals, snacks and beverages. Differentiate between food fortification and food enrichment.

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