

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (November 2024 – April 2025)

Department : History
Name/s of the Faculty : Dr. Susan Paul
Course Title : CONTEMPORARY INDIA (1947-2014)
Course Code : 23HS/MC/CO44
Shift : 1

COURSE OUTCOMES (COs)

Cos	Description					CL	
CO1	identify significant people and events in contemporary India.					K1	
CO2	explain social, economic, and political changes in India.					K2	
CO3	interpret trends in economy and society in the light of history since 1947.					K3	
CO4	outline the history of and issues in regional political life.					K4	
CO5	critically evaluate issues in contemporary India.					K5	
Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods

Nov 18 – 25, 2024 (Day Order 1-6)	1	Introduction to the course, overview of events Post-Independence consolidation and reorganization; 1.1 Accession of princely states	K1-K5	5	CO1-5	Lectures, Powerpoint presentations	Assessment of prior knowledge, quizzes
Nov 26- Dec 3, 2024 (Day Order 1 to 6)	1	1.2 Refugee and language issues: the question of linguistic states	K1-K5	5	CO1-5	Lectures, Powerpoint presentations Group and class discussions and debate	Recap and review in beginning and end of class, quizzes Third Components: Debates on contemporary issues
Dec 4-11, 2024 (Day Order 1 to 6)	1	1.2 Language issues – the question of official language; and Integration of Tribals	K1-K5	5	CO1-5	Lectures, Powerpoint presentations Group and class discussions and debate	Recap and review questions Third Components: Debates on contemporary issues
Dec 12-19, 2024 (Day Order 1 to 6)	2	1.3 Foreign Policy, the Evolution of the Party System in India	K1-K5	5	CO1-5	Lectures, Powerpoint presentations	Recaps and reviews Third Components: Debates on contemporary issues
Dec 20, 2024 (Day Order 1)	2	Indira Gandhi to the UPA 2.1 Indira Gandhi as Prime Minister - the Janata Party Interregnum	K1-K5	5	CO1-5	Lectures, Powerpoint presentations	Recaps and reviews Third Components: Debates on contemporary issues

Jan 3 – 7, 2025 (Day Order 3 to 6)	2	2.2 Rajiv Gandhi - the National Front - Narasimha Rao	K1-K5	5	CO1-5	Lectures, Powerpoint presentations	Recaps and reviews Third Components: Debates on contemporary issues
Jan 8 – 17, 2024 (Day Order 1 to 6)	2	2.3 The United Front, NDA and UPA governments	K1-K5	5	CO1-5	Lectures, Powerpoint presentations; review of model questions	Recaps and reviews
Jan 18 - 23, 2025	C.A. Test – I						
Jan 24 -31, 2025 (Day Order 1 to 6)	3	Regional studies 3.1 Politics in the states: Tamil Nadu, Andhra Pradesh	K1-K5	5	CO1-5	Lectures, Powerpoint presentations Discussions Field trips to relevant places in Chennai	Recaps and reviews Third Components: research assignment and presentation
Feb 3-8, 2025 (Day Order 1 to 6)	3	3.2 Kerala and West Bengal	K1-K5	5	CO1-5	Lectures, Powerpoint presentations Discussions	Quizzes, written tests Third Components: research assignment and presentation
Feb 10– 18, 2025 (Day Order 1 to 4)	3	3.3 Crises in Punjab, Jammu and Kashmir, and the North East	K1-K5	5	CO1-5	Lectures, Powerpoint presentations Discussions and debate	Quizzes, written tests
Feb 19- 26, 2025 (Day Order 1-6)	4	The Indian Economy 4.1 The Nehruvian Legacy and Trends after Nehru	K1-K5	5	CO1-5	Lectures, Powerpoint presentations Discussions	Recap and review questions

Feb 27- Mar 6, 2025 (Day Order 1 to 6)	4	4.2 The Reforms of 1991 and Recent Trends 4.3 Land Reforms: Zamindari Abolition, Tenancy Reforms and the Bhoodan Movement	K1-K5	5	CO1-5	Lectures, Powerpoint presentations Discussions	Recaps and reviews
Mar 7 – 11, 2025 (Day Order 1 to 3)	4	4.3 The Green Revolution, White Revolution - Agrarian Struggles since Independence	K1-K5	5	CO1-5	Lectures, Powerpoint presentations; review of model questions	Recaps and reviews Third Components: map test and objective quiz
Mar 12 –17, 2025	C.A. Test – II						
Mar 18 – 20, 2025 (Day 4 to 6)	5	Social Issues 5.1 Communalism and regionalism	K1-K5	5	CO1-5	Lectures, Powerpoint presentations, review of model questions Class discussions	Recap and review questions
Mar 21 - 28, 2025 (Day Order 1 to 6)	5	5.2 Caste and reservation 5.3 Achievements, problems and prospects today	K1-K5	5	CO1-5	Lectures, Powerpoint presentations, review of model questions; Class discussions and debate	Recap and review questions
Mar 29- April 2, 2025 (Day Order 1 to 3)	REVISION						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (November 2024 – April 2025)

Department : HISTORY
Name/s of the Faculty : Dr. Dolly Thomas and Dr. Shan Eugene Palakkal
Course Title : History of Europe (1648-1871)
Course Code : 23HS/MC/HE44
Shift : I

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	List out places, people and events connected to the history of Europe	K1
CO2	Explain the rise of Totalitarianism in Europe	K2
CO3	Demonstrate understanding of the important events of Europe	K3
CO4	Compare the rise of nationalism in different parts of Europe	K4
CO5	Critically evaluate the forces that shaped European history	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
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Nov 18 – 25, 2024 (Day Order 1-6)	Unit 1	Historical Background – Age of Empires	K1	3	CO1	Group discussion	testing knowledge of the topic
Nov 26- Dec 3, 2024 (Day Order 1 to 6)	Unit 1	Pre-French Revolution in Europe – Peace of Westphalia	K1	2	CO1	Lecture PPT You tube videos	Questions in class Third Component I CA Test
Dec 4-11, 2024 (Day Order 1 to 6)	Unit 1	Agrarian and Industrial Revolution	K5	5	CO5	Lecture, PPT , YouTube videos	Questions in class Objective test Third Component I CA Test
Dec 12-19, 2024 (Day Order 1 to 6)	Unit 1	Causes - French Revolution	K4	4	CO4	Role play Class room discussion Movie on French Rev	Objective test Third Component I CA Test
Dec 20, 2024 (Day Order 1)	Unit 1	Courses and Results – French Revolution	K5	1	CO5	Lecture, PPT Classroom discussion	Objective tests Third Component I CA Test
Jan 3 – 7, 2025 (Day Order 3 to 6)	Unit 2	Ancient Regime - Rise of Napoleon	K3	5	CO3	Participatory learning Lectures and class discussions	Objective tests Third Component I CA Test
Jan 8 – 17, 2024 (Day Order 1 to 6)	Unit 2	Conquests as Emperor- Decline of Napoleon	K1	10	CO1	Discussion and Lecture Movie on Napoleon Revision for I CA	Objective tests Third Component I CA Test
Jan 18 - 23, 2025	C.A. Test – I						
Jan 24 -31, 2025	Unit 3	Congress of Vienna	K3	10	CO3	Recap, Discussion and Case Analysis	Objective tests Third Component

(Day Order 1 to 6)		Concert of Europe Restoration, Legitimacy, Balance of Power					II CA Test
Feb 3-8, 2025 (Day Order 1 to 6)	Unit 3	Holy Alliance Quadruple Alliance Role of Metternich Europe after Vienna	K1	5	CO1	PPT and Lecture Classroom discussion	Objective tests Third Component II CA Test
Feb 10– 18, 2025 (Day Order 1 to 4)	Unit 4	1830 Revolutions 1848 revolutions	K3	5	CO3	PPT and lecture Classroom discussions	Objective tests and III components
Feb 19- 26, 2025 (Day Order 1-6)	Unit 4	Napoleon III Rise of Nationalism	K4	5	CO4	Participatory learning Lectures and class discussions	Objective tests Third Component II CA Test
Feb 27- Mar 6, 2025 (Day Order 1 to 6)	Unit 5	Unification of Italy Cavour	K4	3	CO4	Participatory learning Lectures and class discussions	Objective tests Third Component II CA Test Third Component: Exhibition and Role Play
Mar 7 – 11, 2025 (Day Order 1 to 3)	Unit 5	Mazzini, Garibaldi, Victor Immanuel	K1	3	CO1	Role play You Tube videos on unification of Italy	Objective tests Third Component II CA Test

							Third Component: Exhibition and Role Play
Mar 12 –17, 2025	C.A. Test – II						
Mar 18 – 20, 2025 (Day 4 to 6)	Unit 5	Unification of Germany Background	K4	3	CO4	Recap – PPT and lecture Revision	Objective tests, questions in class
Mar 21 - 28, 2025 (Day Order 1 to 6)	Unit 5	Otto Van Bismarck	K1	1	CO1	PPT Revision	Objective tests, questions in class
Mar 29- April 2, 2025 (Day Order 1 to 3)	REVISION						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (November 2024 – April 2025)

Department : HISTORY
Name/s of the Faculty : Dr. CINTHIA J.
Course Title : GLOBAL CUISINES
Course Code : 23HS/AC/GC45
Shift : I

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	discuss the different types of cuisines	K1, K2
CO2	distinguish combinations of cuisines and specific cuisines.	K3
CO3	categorise selected culinary styles and procedures	K4
CO4	assess new techniques.	K5
CO5	develop new methods in international cuisines.	K6

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
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Nov 18 – 25, 2024 (Day Order 1-6)	1.1	Importance of Cuisines in Tourism - Gastronomy Tourism	K1-K3 K4-K5 K1-K5	5	CO1-5	Lectures, PPT and Discussions	Recap and Review questions and revision
Nov 26- Dec 3, 2024 (Day Order 1 to 6)	1.2	Cuisines as a motivator for travel	K1-K3 K4-K5 K1-K5	5	CO1-5	Videos and Lectures	Quizzes, review questions
Dec 4-11, 2024 (Day Order 1 to 6)	1.3	Food Festivals around the World – Wild Food Festival – New Zealand, Onion Market – Switzerland, Bacon Festival – California, Dumpling Festival – Hong Kong, Pizza Fest – Italy, Vegetarian Festival – Thailand	K1-K3 K4-K5 K1-K5	5	CO1-5	Videos and Lectures	Third Component: Assignment: Presentation and Culinary styles
Dec 12-19, 2024 (Day Order 1 to 6)	2.1	American Cuisine - Types of Oil - Types of sauces – ingredients - Famous American dishes - Meal structure – Chinese Cooking – Ingredients - Meal structure	K1-K3 K4-K5 K1-K5	5	CO1-5	Lectures, PPT and Discussions	Group Discussion
Dec 20, 2024 (Day Order 1)	2.2	Mexican Cuisine - Nature of Mexican cuisine - Ingredients - Mexican cooking - Meal Structure of Mexican cuisine - Italian Cuisine – Ingredients – Meal structure – Kinds of Pastas – Different Italian dishes	K1-K3 K4-K5 K1-K5	5	CO1-5	Lectures, PPT and Discussions	Recap and Review questions and revision
Jan 3 – 7, 2025 (Day Order 3 to 6)	2.3	French Cuisine – Nature – Ingredients – Meal Structure – French brigade – Famous French K1-K4 Dishes – Indian Cuisine – Nature – Ingredients – Meal Structure - North Indian Thali – South Indian Virundhu Saapadu -	K1-K3 K4-K5 K1-K5	5	CO1-5	Videos and Lectures	Quizzes, review questions

		Italian Cuisine- Nature – Ingredients – Meal Structure					
Jan 8 – 17, 2024 (Day Order 1 to 6)	3.1	Tools for cooking – Tools for baking – Types of spoons and knives- Modern equipments – Culinary Styles – Presentation Techniques – International Standards	K1-K3 K4-K5 K1-K5	3	CO1-5	Videos and Lectures	Third Component: Identify the Food and the country- Objective test
Jan 18 - 23, 2025	C.A. Test – I						
Jan 24 -31, 2025 (Day Order 1 to 6)	3.2	Techniques – Preparation Techniques - Cultural Influences – Indian Tradition - Ethnic procedures – Serving techniques – Buffets – Live counter Food	K1-K3 K4-K5 K1-K5	5	CO1-5	Lectures, PPT and Discussions; workshops and field visits	Third Component: Exhibition- International Food festival
Feb 3-8, 2025 (Day Order 1 to 6)	3.3	Grading procedures – Usage of preservatives – Classes of preservatives	K1-K3 K4-K5 K1-K5	5	CO1-5	Videos and Lectures	Group Discussion
Feb 10– 18, 2025 (Day Order 1 to 4)	4.1	Food Etiquette – Dining Etiquette- Table Manners	K1-K3 K4-K5 K1-K5	2	CO1-5	Videos and Lectures	Group Discussion
Feb 19- 26, 2025 (Day Order 1-6)	4.2	Menus – Types of Menus – A la Carte – Buffet – Functional Menu – Cyclic Menu	K1-K3 K4-K5 K1-K5	2	CO1-5	Lectures, PPT and Discussions	Recap and Review questions and revision
Feb 27- Mar 6, 2025 (Day Order 1 to 6)	4.3	Food Trails - Nature and Scope in Tourism promotion	K1-K3 K4-K5 K1-K5	3	CO1-5	Lectures, PPT and Discussions	Quizzes, review questions

Mar 7 – 11, 2025 (Day Order 1 to 3)	5.1	Tradition of Fasting – Food Restrictions - Health benefits	K1-K3 K4-K5 K1-K5	2	CO1-5	Lectures, PPT and Discussions	Group Discussion
Mar 12 –17, 2025	C.A. Test – II						
Mar 18 – 20, 2025 (Day 4 to 6)	5.1 AND 5.2	Spiritual Diets – Halaal Food – Science behind food	K1-K3 K4-K5 K1-K5	2	CO1-5	Videos and Lectures	Recap and Review questions and revision
Mar 21 - 28, 2025 (Day Order 1 to 6)	5.3	Festivals and Special food items	K1-K3 K4-K5 K1-K5	2	CO1-5	Videos and Lectures	Recap and Review questions and revision
Mar 29- April 2, 2025 (Day Order 1 to 3)	REVISION						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (November 2024 – April 2025)

Department : **History**
Name of the Faculty : **Dr Gayathri S**
Course Title : **Indian Heritage and Tourism**
Course Code : **23HS/ME/IH45**
Shift : **I**

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	describe the heritage of our country.	K1
CO2	explain the various methods of preservation and conservation of our heritage.	K2
CO3	outline the intangible and tangible heritage of the country.	K3
CO4	differentiate the various types of heritage.	K4
CO5	assess the working of various organizations in heritage conservation.	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
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Nov 18 – 25, 2024 (Day Order 1-6)	I	Conceptual Framework - Introduction of the paper1.1 Heritage, Culture – Meaning and Definitions 1.2 Evolution of Indian Culture through the ages	K1-K5	7	CO1-5	Handouts and Lecture	Discussion
Nov 26- Dec 3, 2024 (Day Order 1 to 6)	I	1.3 Heritage, Culture and Tourism - The Relationship	K1-K5	3	CO1-5	Handouts and Lecture	Discussion
Dec 4-11, 2024 (Day Order 1 to 6)	II	India’s Natural Heritage 2.1 National Parks and Natural Reserves in India 2.2 Hill Stations, Forest Reserves	K1-K4	8	CO1-5	Students will be asked to identify places and based on their understanding marks will be given	Presentation & Questioning
Dec 12-19, 2024 (Day Order 1 to 6)	II	2.3 Beaches and Islands - Beaches in Goa, Kerala, Odisha, Mamallapuram	K1-K4	4	CO1-5	Students will be asked to identify places and based on their understanding marks will be given	Presentation & Questioning
Dec 20, 2024 (Day Order 1)	III	India’s intangible Heritage- 3.1 Music and Dance in India- Classical and Folk Puppetry	K1-K4	9	CO1-5	Lecture with PPT	Objective Test

Jan 3 – 7, 2025 (Day Order 3 to 6)	III	3.2 Indian Cuisine 3.3 Traditional Games,	K3-K5	3	CO1-5	Lecture with PPT	Objective Test
Jan 8 – 17, 2024 (Day Order 1 to 6)	III	Fairs and Festivals of India Revision for CA	K3-K5	3	CO1-5	Lecture with PPT	Objective Test
Jan 18 - 23, 2025	C.A. Test – I						
Jan 24 -31, 2025 (Day Order 1 to 6)	IV	India’s tangible heritage 4.1 Religious, Secular Monuments and UNESCO sites in India	K1-K3	5	CO1-5	Lecture with PPT	Based on what has been taught questions will be asked
Feb 3-8, 2025 (Day Order 1 to 6)	IV	UNESCO sites in India	K1-K3	5	CO1-5	Lecture with PPT	III Component presentations
Feb 10– 18, 2025 (Day Order 1 to 4)	IV	4.2 Handicrafts and Handlooms	K1-K4	4	CO1-5	Lecture with PPT	Based on what has been taught questions will be asked
Feb 19- 26, 2025 (Day Order 1-6)	IV	4.3 Museums and Art Galleries of India	K3-K5	4	CO1-5	Lecture with PPT; creating brochures	Based on what has been taught questions will be asked III Component Creating brochures
Feb 27- Mar 6, 2025 (Day Order 1 to 6)	V	Tourism and Heritage Management 5.1 Role of Government in Promoting Tourism-Five Year Plans, ITDC, TTDC	K1-K3	3	CO1-5	Lecture with PPT	Based on what has been taught questions will be asked

Mar 7 – 11, 2025 (Day Order 1 to 3)	V	Important Committees formed to implement Tourism Policies. Revision for CA	K1-K3	3	CO1-5	Lecture with PPT	Recap of what has been done
Mar 12 –17, 2025	C.A. Test – II						
Mar 18 – 20, 2025 (Day 4 to 6)		5.2 National and International Heritage Organisation UNESCO, ASI, INTACH, ICOMOS, NTO	K3-K5	3	CO1-5	Lecture with PPT	Quiz
Mar 21 - 28, 2025 (Day Order 1 to 6)		5.3 Criteria for selection of Heritage Sites - Preservation and Conservation of Heritage Sites	K1-K4	6	CO1-5	Lecture with PPT	Quiz
Mar 29- April 2, 2025 (Day Order 1 to 3)	REVISION						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (November 2024 – April 2025)

Department : HISTORY
Name/s of the Faculty : DR. SHAN EUGENE PALAKKAL
Course Title : INTRODUCTION TO ARCHAEOLOGY
Course Code : 23HS/ME/AR45
Shift : I

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	Describe the principles and methods used in archaeology	K1
CO2	Explain the use of archaeological tools and equipment	K2
CO3	Demonstrate knowledge of dating methods and post-excavation analysis methods	K3
CO4	Analyse the ethical and legal aspects of archaeology	K4
CO5	Evaluate archaeological arguments about the past supported by scholarly evidence	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
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Nov 18 – 25, 2024 (Day Order 1-6)	Unit 1	Archaeology – terminologies and types	K1	3	CO1	PPT and Lecture	Testing the topic knowledge
Nov 26- Dec 3, 2024 (Day Order 1 to 6)	Unit 1	Archaeology –A Historical perspective	K2	4	CO2	Group Discussions	General discussion on the topic
Dec 4-11, 2024 (Day Order 1 to 6)	Unit 1	Study of Famous Archaeologists – William Jones, Alexander Cunningham, R.B Foote etc.	K1-K2	3	CO1- CO2	PPT and Lecture	Objective tests at the end
Dec 12-19, 2024 (Day Order 1 to 6)	Unit 2	Functions of Excavation staffs	K1-K2	5	CO1- CO2	PPT and Lecture	General discussion
Dec 20, 2024 (Day Order 1)	Unit 2	Types of tools and equipment	K2	4	CO2	PPT and Lecture	General discussion and visual tests
Jan 3 – 7, 2025 (Day Order 3 to 6)	Unit 2	Study of modern tools and equipment	K3	3	CO3	PPT and Lecture	General discussion and objective tests
Jan 8 – 17, 2024 (Day Order 1 to 6)	Unit 3	Excavation structures and types – rock shelter, pre-historic sites, ancient towns	K1-K5	6	CO1- CO5	Case studies and role play	General writeups
Jan 18 - 23, 2025	C.A. Test – I						
Jan 24 -31, 2025 (Day Order 1 to 6)	Unit 3	Archaeology as a Career – types of archaeologists	K4	5	CO4	Recap – Group discussions	Group discussion

Feb 3-8, 2025 (Day Order 1 to 6)	Unit 3	Layout of trenches – horizontal, vertical	K2	4	CO2	PPT, Industry Internships	Drawing methods
Feb 10– 18, 2025 (Day Order 1 to 4)	Unit 4	Types of dating – radiocarbon, uranium, archaeo-magnetic, argon, potassium	K3	6	CO3	PPT, Case analysis	Group discussion with case studies
Feb 19- 26, 2025 (Day Order 1-6)	Unit 4	Post-excavation methods – documentation, Maps, Photo-documentation – Conservation of artefacts	K3	7	CO3	PPT, Industry Internships	III components and Exhibition
Feb 27- Mar 6, 2025 (Day Order 1 to 6)	Unit 5	Role of ASI, State Dept of Archaeology, INTACH, Aga Khan Trust for Culture	K4	4	CO4	Group Discussion	III components and Exhibitions
Mar 7 – 11, 2025 (Day Order 1 to 3)	Unit 5	Acts - Ancient Monuments Preservation act 1904, Ancient Monuments and Archeological Sites and Remains Act 2010	K4	4	CO4	Group Discussions and Site-Community Survey	Discussion
Mar 12 –17, 2025	C.A. Test – II						
Mar 18 – 20, 2025 (Day 4 to 6)		Unit 5 - Study of Excavated sites – Athirampakkam, Keeladi, Muziris, Taxila	K5	4		Presentations, Quiz – Field trips	Understanding the importance of excavation methods
Mar 21 - 28, 2025 (Day Order 1 to 6)		Unit 5 – Study of Excavated sites – Korkai, Hampi, Nagarjunakonda	K5	3		Learning by Doing - Exhibitions	Understanding the importance of excavation methods
Mar 29- April 3, 2025 (Day Order 1 to 3)	REVISION						

