

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI
COURSE PLAN

November 2024 – April 2025

Department : BSW
Name of the Faculty : Ms.J.Beula & Sr.Shobha
Course Title : Social Case Work
Course Code : 23SW/MC/CW24
Shift II

COURSE OUTCOMES (COs)

Cos	Description	CL
CO1	Understand and acquire knowledge in the practice of Social Case Work	K1
CO2	Apply knowledge and enable people to solve their problems.	K2
CO3	Analyze and demonstrate the various skills and techniques of Social Case Work	K3
CO4	Understand the current trends in Social Case Work	K4
CO5	Formulate the skills acquired in Practice of Social Case work	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Nov 18 – 25, 2024 (Day Order 1-6)	1	Unit1:Introduction 1.1 Historical Evolution of Case Work in the West and India. 1.2 Definition, Meaning of Social Case Work.	K1-K5	1	CO1-CO5	Lecture PPT Group discussion	Questioning, Group Discussion Quiz Continuous Assessment Test-1
	2	Unit 2: Components of Social Case Work 2.1 Values of Social Case Work	K1-5	1	CO1-5	Lecture, class discussion	Questioning, Group Discussion Quiz Continuous Assessment Test-1

Nov 26- Dec 3, 2024 (Day Order 1 to 6)	1	<p>1.1 Historical Evolution of Case Work in the West and India.</p> <p>1.2 Definition, Meaning of Social Case Work, Social Case Work as a method of Social Work.</p> <p>1.3 Objectives, Principles, Philosophy of Social Case Work.</p>	K1-K5	4	CO1- CO5	Lecture PPT Group discussion	Questioning, Group Discussion, Continuous Assessment Test-1 Group Discussion
	2	<p>Unit 2: Components of Social Case Work</p> <p>2.1 Values of Social Case Work</p> <p>2.2 Components of Social Case Work</p>	K1-5	4	CO1- 5	Lecture, class discussion	'C.A test-1,

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Dec 4-11, 2024 (Day Order 1 to 6)	1	1.3 Objectives, Principles, Philosophy of Social Case Work. 1.4 Limitations of Social Case Work practice in India.	K1-K5	4	CO1-CO5	Lecture PPT Group discussion Guest Lecture	Questioning, Group discussion, short test, Continuous Assessment Test-1 Group discussion, Short test,C.A
	2	Unit 2: Components of Social Case Work 2.2 Components of Social Case Work	K1-5	4	CO1-5	Lecture, PPT, Group discussion	test-1
Dec 12-19, 2024 (Day Order 1 to 6)	1	1.3 Objectives, Principles, Philosophy of Social Case Work. 1.4 Limitations of Social Case Work practice in India.	K1-K5	4	CO1-CO5	Lecture PPT Group discussion Guest Lecture	Questioning, Quiz Continuous Assessment Test-1
	2	Unit 2: Components of Social Case Work 2.2 Components of Social Case Work	K1-5	2	CO1-5	Lecture, PPT, Group discussion	Quiz C.A test-1,

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Dec 20, 2024 (Day Order 1)	3	Unit:3 Models of Social Case Work 3.1 Models of Social Case Work – Basic Principles of Psychosocial Model, Functional Model, Problem Solving Model, Behaviour Modification Model and Crisis Intervention Model.	K1-K5	1	CO1-CO5	Lecture PPT Group discussion	Questioning, Group Discussion, Continuous Assessment Test-1 Assignment-1 Topic; Models of Case Work, Marks:25 Date of Submission: 20th Dec2024
	2	UNIT 2: Components of Social Case Work 2.3 Social Case Work process	K1-K5	3	CO1-5	Lecture PPT Group discussion	Group Discussion CA test-1,

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jan 3 – 7, 2025 (Day Order 3 to 6)	3	Unit:3 Models of Social Case Work 3.1 Models of Social Case Work – Basic Principles of Psychosocial Model, Functional Model, Problem Solving Model, Behaviour Modification Model and Crisis Intervention Model.	K1-K5	2	CO1-CO5	Lecture PPT	Questioning, Group Discussion, Continuous Assessment Test-1
	2	UNIT 2: Components of Social Case Work 2.3 Social Case Work process	K1-K5	4	CO1-5	Group discussion, PPT	Quiz, Group Discussion C.A test-1,

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jan 8 – 17, 2025 (Day Order 1 to 6)	3	3.1 Models of Social Case Work – Basic Principles of Psychosocial Model, Functional Model, Problem Solving Model, Behaviour Modification Model and Crisis Intervention Model.	K1-K5	4	CO1-CO5	Lecture PPT Group discussion	Questioning, Continuous Assessment Test-1
	2	UNIT 2: Components of Social Case Work 2.3 Social Case Work process	K1-K5	4	CO1-5	Lecture & Group discussion	Quiz, Group discussion, C.A test-1,
Jan 18 – 23, 2025	C.A. Test – I						

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jan 24 - 31, 2025 (Day Order 1 to 6)	3	3.2 Client-Case worker Relationship.	K1-K5	4	CO1-CO5	Lecture PPT	Questioning, Group Discussion, Continuous Assessment Test
	5	Unit 5: Interviewing, Recording and Supervision in Social Case Work 5.1 Interviewing – Meaning, Definition, Relationship between Interviewer and Interviewee.	K1-K5	1	C01-5	Lecture, PPT	Group Discussion, Quiz C.A test

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Feb 3-8, 2025 (Day Order 1 to 6)	3	3.2 Client-Case worker Relationship.	K1-K5	4	CO1-CO5	Lecture PPT	Questioning, Quiz Continuous Assessment Test-II
	5	Unit 5: Interviewing, Recording and Supervision in Social Case Work 5.1 Interviewing – Meaning, Definition, Relationship between Interviewer and Interviewee.	K1-K5	2	C01-5	Lecture, PPT	Quiz, group discussion, Short test, C.A test

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Feb 10–18, 2025 (Day Order 1 to 4)	4	3.2 Client-Case worker Relationship. Unit4-Skills and techniques of Social Case Work 4.1 Skills in Social Case Work	K1-K5	2	CO1-CO5	Lecture PPT Group Discussion	Quiz, Continuous Assessment Test-II
	5	Unit: 5 Interviewing, Recording and Supervision in Social Case Work 5.2 Recording in Social Case Work – Definition, Types, Need and Importance of Recording.	K1-K5	4	C01-5	Lecture, PPT	Quiz, Questioning, Short Test
Feb 19-26, 2025 (Day Order 1-6)	4	Unit4-Skills and techniques of Social Case Work 4.2Techniques of Social Case Work.	K1-K5	4	CO1-CO5	Lecture PPT Group Discussion	Questioning, Group Discussion, Continuous Assessment Test
	5	Unit: 5 Interviewing, Recording and Supervision in Social Case Work 5.2 Recording in Social Case Work – Definition, Types, Need and Importance of Recording.	K1-K5	3	C01-5	Lecture, PPT,	Quiz, Group Discussion .

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Feb 27- Mar 6, 2025 (Day Order 1 to 6)	4	4.2 Techniques of Social Case Work	K1-K5	4	C01-5	Lecture PPT Group Discussion	Quiz, Questioning Continuous Assessment Test
	5	Unit: 5 Interviewing, Recording and Supervision in Social Case Work 5.2 Recording in Social Case Work – Definition, Types, Need and Importance of Recording.	K1-5	3	C01-5	Class discussion, PPT	
Mar 7 – 11, 2025 (Day 1-3)	4	4.3 Role of a Social Case Worker in different settings - Medical, Child Clinics, Correctional Settings, Family and Child Welfare Settings and Geriatric Care.	K1-K5	2	CO1-CO5	Lecture PPT Group Discussion	Questioning, group discussion. Continuous Assessment Test
	5	Interviewing, Recording and Supervision in Social Case Work 5.3 Supervision in Case Work – Meaning, Need and Importance.	K1-K5	2	C01-5	Lecture PPT	Test quiz, group discussion.
Mar 12 – 17, 2025		C.A. Test 2					

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Mar 18 – 20, 2025 (Day 4 to 6)	4	4.3 Role of a Social Case Worker in different settings - Medical, Child Clinics, Correctional Settings, Family and Child Welfare Settings and Geriatric Care.	K1-K5	4	CO1- CO5	Lecture Group Discussion	Questioning, Continuous Assessment Test
	5	Unit 5: Interviewing, Recording and Supervision in Social Case Work 5.3 Supervision in Case Work – Meaning, Need and Importance.					

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Mar 21 - 28, 2025 (Day Order 1 to 6)	4	4.3 Role of a Social Case Worker in different settings - Medical, Child Clinics, Correctional Settings, Family and Child Welfare Settings and Geriatric Care.	K1-K5	4	CO1-CO5	Lecture Group Discussion	Questioning, Continuous Assessment Test-
	5	Unit 5: Interviewing, Recording and Supervision in Social Case Work 5.3 Supervision in Case Work – Meaning, Need and Importance	K1-K5	5	C0 1-CO5	Lecture Group Discussion	Assignment-2 Topic: Interviewing ,Recording and supervision in Social case Work Marks:25 Date of submission: 4 th March 2024. Students will have to interact with Women/ Youth/School students and do a Case Study.

Mar 29- April 2, 2025 (Day Order 1 to 3)	REVISION
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STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI		
COURSE PLAN (November 2024 – April 2025)		
Department	: SOCIAL WORK	
Name/s of the Faculty	: MS HEPHZIBAH MERCY J	
Course Title	: SOCIAL GROUP WORK	
Course Code	: 23SW/MC/WG24	
Shift	II	
COURSE OUTCOMES (COs)		
COs	Description	CL
CO1	describe and infer the concept of Social Groups and their implication in Social Work Practice	K1
CO2	demonstrate the use of Social Group Work and its impact	K2
CO3	analyse the components of Social Group Work	K3
CO4	evaluate the models of Social Group Work	K4
CO5	develop ideas on the application of Social Group Work methods in resolving problems.	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
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Nov 18 – 25, 2024 (Day Order 1-6)	1	Introduction to Social Group 1.1 Meaning and Definition of Social Group 1.2 Characteristics, Functions and Nature of Social	K1-K5	3	1-5	Case Analysis, Presentations, Case Studies, Group Discussion, Role Play, Field Work and lecture	Using Assessment Tools- Answer Garden and Mentimeter
Nov 26- Dec 3, 2024 (Day Order 1 to 6)	1	1.2 Characteristics, Functions and Nature of Social	K1-K5	3	1-5	Presentations, Case Studies, Group Discussion, Role Play, Field Work and lecture	Using Assessment Tools- Answer Garden and Mentimeter
Dec 4-11, 2024 (Day Order 1 to 6)	1	1.3 Types of Social Groups 1.4 Need for Social Groups	K1-K5	4	1-5	Case Analysis, Presentations, Case Studies, Group Discussion, Field Work, Role Play and lecture	Concep Test
Dec 12-19, 2024 (Day Order 1 to 6)	2	2.1 Historical Evolution of Group Work	K1-K5	3	1-5	Learning by doing research	Assignment-1 Topic: Historical Evolution of Social Work across GLOBAL and in INDIA Marks: 25 Due on: 19, Dec 2024

Dec 20, 2024 (Day Order 1)	2	2.1 Definition, Meaning, Values of Social Group Work	K1-K5	1	1-5	Case Analysis, Presentations, Case Studies, Group Discussion, Role Play and lecture	Using Assessment Tools- Answer Garden and Mentimeter
Jan 3 – 7, 2025 (Day Order 3 to 6)	2	2.2 Social Group Work as a method of Social Work	K1-K5	3	1-5	Case Analysis, Presentations, Case Studies, Group	Attitude Surveys

		2.3 Objectives, Principles, Assumptions of Social Group Work				Discussion, Role Play and lecture	
Jan 8 – 17, 2024 (Day Order 1 to 6)	2	2.3 Objectives, Principles, Assumptions of Social Group Work	K1-K5	3	1-5	Case Analysis, Presentations, Case Studies, Group Discussion, Role Play and lecture	Using Assessment Tools- Answer Garden and Mentimeter
Jan 18 - 23, 2025	C.A. Test – I						
Jan 24 -31, 2025 (Day Order 1 to 6)	3	Components of Social Group Work 3.1 Stages and Phases of Social Group Work	K1-K5	3	1-5	Case Analysis, Presentations, Case Studies, Group Discussion, Role Play and lecture	Concep Tests
Feb 3-8, 2025 (Day Order 1 to 6)	3	3.2 Social Group Work process	K1-K5	3	1-5	Case Analysis, Presentations, Case Studies, Group Discussion, Role Play and lecture	Concept mapping
Feb 10– 18, 2025 (Day Order 1 to 4)	3	3.3 Concept of - Group Leadership, Group Dynamics, Group Process	K1-K5	3	1-5	Case Analysis, Presentations, Case Studies, Group Discussion, Role Play and lecture	Attitude Surveys
Feb 19- 26, 2025 (Day Order 1-6)	3	3.4 Programmes in Social Group Work - Concept, Nature	K1-K5	2	1-5	Case Analysis, Presentations, Case Studies, Group	Using Assessment Tools- Answer Garden and Mentimeter

						Discussion, Role Play and lecture	
Feb 27- Mar 6, 2025 (Day Order 1 to 6)	4	Models, Skills and Techniques of Social Group Work 4.1 Models of Social Group Work – Social, Remedial and Reciprocal	K1-K5	6	1-5	Case Analysis, Presentations, Case Studies, Group Discussion, Role Play, Field Work and lecture	Individual Quiz
Mar 7 – 11, 2025 (Day Order 1 to 3)	4	4.2 Skills in Social Group Work 4.3 Techniques of Social Case Work	K1-K5	5	1-5	Case Analysis, Presentations, Case Studies, Group Discussion, Role Play and lecture	Team Quiz
Mar 12 –17, 2025	C.A. Test – II						
Mar 18 – 20, 2025 (Day 4 to 6)	5	5.1 Recording in Social Group Work – Importance of Recording, 5.2 Role of a Social Group Worker in different settings – Medical, Child Guidance Clinics, Correctional Settings, Family and Child Welfare Settings and Geriatric Care	K1-K5	5	1-5	Field Work Experiment, Group Presentations	Using Assessment Tools- Answer Garden and Mentimeter

Mar 21 - 28, 2025 Day Order 1 to 6)	5	5.2 Role of a Social Group Worker in different settings – Medical, Child Guidance Clinics, Correctional Settings, Family and Child Welfare Settings and Geriatric Care 5.3 Introduction to Group Work Practice in India	K1-K5	5	1-5	Field Work Experiment, Group Presentations	Assignment -2 Topic: Social Group Worker in different settings. Marks: 25 Due on: 17, Feb 2025
Mar29- April 2,2025 Day Order 1 to 3)	REVISION						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (November 2024 – April 2025)

Department : BSW
Name/s of the Faculty : Dr. Catherine Joseph and Ms.Maria Jecintha
Course Title : Introduction to Psychology
Course Code : 23SW/AC/PY25
Shift : II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	acquire knowledge on the key concepts in psychology	K1
CO2	explain human growth and development	K2
CO3	relate the importance of psychological theories and concepts and its impact in the development of individuals.	K3

CO4	critically examine the ability to know about self and understand others						K4
CO5	gain insight on the application of Social Work interventions in resolving psychological issues.						K5
Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Nov 18 – 25, 2024 (Day Order 1-6)	1. 2.	Introduction to Psychology 1.1 Meaning and Definition of Psychology, Nature and scope of Psychology Concepts in Psychology 2.1 Meaning and Definition of Personality, Psychoanalytic Approach (Sigmund Freud) Humanistic Approach (Abraham Maslow), Psychosocial Approach (Erik Erikson)	K1-K5	6	CO1 – CO5	Lecture Group Discussions, PPT, Case Studies	Quiz, Questioning Discussions CATest-1

<p>Nov 26- Dec 3, 2024 (Day Order 1 to 6)</p>	<p>1. 2.</p>	<p>1.2Fields of Psychology, Psychological perspectives 2.1 Meaning and Definition of Personality, Psychoanalytic Approach (Sigmund Freud) Humanistic Approach (Abraham Maslow), Psychosocial Approach (Erik Erikson)</p>	<p>K1-K5</p>	<p>6</p>	<p>CO1-CO5</p>	<p>Lecture Group Discussions, PPT, Case Studies</p>	<p>Quiz, Questioning Oral Test CA Test-1 Component (Assignment-1. Submission-20 Dec2024.)</p>
<p>Dec 4-11, 2024 (Day Order 1 to 6)</p>	<p>1. 2.</p>	<p>1.2Fields of Psychology, Psychological perspectives 2.1 Meaning and Definition of Personality, Psychoanalytic Approach (Sigmund Freud) Humanistic Approach (Abraham Maslow), Psychosocial Approach (Erik Erikson)</p>	<p>K1-K5</p>	<p>6</p>	<p>CO1-CO5</p>	<p>Lecture Group Discussions, PPT, Case Studies</p>	<p>Quiz, Questioning Recap CA Test-1 Component (Assignment-1 Fields of Psychology with examples. Marks:25 Submission-19 Dec2024.)</p>

Dec 12-19, 2024 (Day Order 1 to 6)	1. 2.	1.3Psychology in relation to other social sciences and natural sciences 2.2 Meaning and Definition of Perception, Factors affecting perception, Perception Process	K1-K5	6	CO1-CO5	Lecture Group Discussions, PPT, Case Studies	Quiz, Questioning Group Discussions CA Test-1
Dec 20, 2024 (Day Order 1)	1. 2.	1.3Psychology in relation to other social sciences and natural sciences 2.2 Meaning and Definition of Perception, Factors affecting perception, Perception Process	K1-K5	2	CO1-CO5	Lecture Group Discussions, PPT, Case Studies	Quiz, Questioning Recap CA Test-1
Jan 3 – 7, 2025 (Day Order 3 to 6)	2. 3.	2.3 Definition of Learning – Classical Conditioning and Operant Conditioning Human Development - I 3.1 Significant Facts about Development, Developmental Tasks during the Life Span, Stages in the Life Span	K1-K5	3	CO1-CO5	Lecture Group Discussions, PPT, Case Studies	Quiz, Questioning Oral Test CA Test-1 (Assignment 2 - Challenges faced by the elderly. Marks:25 Due on: 3 Jan 2025 Marks:25)

<p>Jan 8 – 17, 2024 (Day Order 1 to 6)</p>	<p>2. 3.</p>	<p>2.3 Definition of Learning – Classical Conditioning and Operant Conditioning</p> <p>3.2 Prenatal Development: Preliminary Stages of Development – Maturation, Ovulation and Fertilisation, Importance of Conception, Stages of Prenatal Development – Period of the Zygote, Embryo and Foetus, Factors affecting Prenatal Development</p>	<p>K1-K5</p>	<p>6</p>	<p>CO1-CO5</p>	<p>Lecture</p> <p>Group Discussions, PPT, Case Studies</p>	<p>Quiz, Questioning</p> <p>Recap</p> <p>CATest-1</p>
<p>Jan 18 - 23, 2025</p>	<p style="text-align: center;">C.A. Test - I</p>						
<p>Jan 24 -31, 2025 (Day Order 1 to 6)</p>	<p>3. 4.</p>	<p>3.3 Infancy and Childhood - Physical Growth, Motor Development, Cognitive Development, Social and Emotional Development</p> <p>Human Development - II</p> <p>4.1 Adolescence- Physical Changes, Emotional, Cognitive and Social aspects of Development</p>	<p>K1-K5</p>	<p>6</p>	<p>CO1-CO5</p>	<p>Lecture</p> <p>Group Discussions, PPT, Case Studies</p>	<p>Quiz, Questioning,</p> <p>Oral Test</p> <p>CATest-II</p>

<p>Feb 3-8, 2025 (Day Order 1 to 6)</p>	<p>3. 4.</p>	<p>3.3 Infancy and Childhood - Physical Growth, Motor Development, Cognitive Development, Social and Emotional Development Human Development - II 4.1 Adolescence- Physical Changes, Emotional, Cognitive and Social aspects of Development</p>	<p>K1-K5</p>	<p>6</p>	<p>CO1-CO5</p>	<p>Lecture Group Discussions, PPT, Case Studies</p>	<p>Quiz, Group Discussions Questioning CATest-II</p>
<p>Feb 10– 18, 2025 (Day Order 1 to 4)</p>	<p>4. 5.</p>	<p>4.2 Adulthood- Characteristics of Early, Middle and Late Adulthood, Needs and tasks in the family, community and work Stress, Conflict and Adjustment 5.1 Stress - Concept and Causes of Stress. Stress management techniques</p>	<p>K1-K5</p>	<p>4</p>	<p>CO1-CO5</p>	<p>Lecture Group Discussions, PPT, Case Studies</p>	<p>Quiz, Group Discussions Questioning CATest-II</p>
<p>Feb 19- 26, 2025 (Day Order 1-6)</p>	<p>4. 5.</p>	<p>4.2 Adulthood- Characteristics of Early, Middle and Late Adulthood, Needs and tasks in the family, community and work Stress, Conflict and Adjustment 5.1 Stress - Concept and Causes of Stress.</p>	<p>K1-K5</p>	<p>6</p>	<p>CO1-CO5</p>	<p>Lecture Group Discussions, PPT, Case Studies</p>	<p>Quiz, Recap, Group Discussions Questioning CATest-II</p>

		Stress management techniques					
Feb 27- Mar 6, 2025 (Day Order 1 to 6)	4. 5.	4.3 Old Age – Adjustment to Physical Changes, Changes in Motor abilities, Mental Abilities and Interests, Hazards to Personal and Social Adjustments in Old Age Stress, Conflict and Adjustment 5.1 Stress - Concept and Causes of Stress Stress management techniques	K1-K5	6	CO1-CO5	Lecture Group Discussions, PPT, Case Studies	Quiz, Group Discussions Questioning CATest-II
Mar 7 – 11, 2025 (Day Order 1 to 3)	4. 5.	4.3 Old Age – Adjustment to Physical Changes, Changes in Motor abilities, Mental Abilities and Interests, Hazards to Personal and Social Adjustments in Old Age Stress, Conflict and Adjustment 5.1 Stress - Concept and Causes of Stress. Stress management techniques	K1-K5	3	CO1-CO5	Lecture Group Discussions, PPT, Case Studies	Quiz, Group Discussions Questioning CATest-II
Mar 12 –17, 2025	C.A. Test - II						
Mar 18 – 20, 2025 (Day 4 to 6)	4.	4.3 Old Age – Adjustment to Physical Changes, Changes in	K1-K5	3	CO1-CO5	Lecture Group Discussions, PPT, Case Studies	Quiz, Group Discussions

	5.	Motor abilities, Mental Abilities and Interests, Hazards to Personal and Social Adjustments in Old Age 5.2 Conflict - Concept and Types of Conflict, Ego Defense Mechanisms					Questioning
Mar 21 - 28, 2025 (Day Order 1 to 6)	4. 5.	4.3 Old Age – Adjustment to Physical Changes, Changes in Motor abilities, Mental Abilities and Interests, Hazards to Personal and Social Adjustments in Old Age 5.3 Concept of Adjustment and Characteristics of a well-adjusted person	K1-K5	6	CO1-CO5	Lecture Group Discussions, PPT, Case Studies	Quiz,. Group Discussions Questioning
Mar 29- April 2, 2025 (Day Order 1 to 3)	REVISION						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI
COURSE PLAN (November 2024 – April 2025)

Department : BSW
Name/s of the Faculty : Dr. Mary T. Abraham
Course Title : Environmental Studies
Course Code : 23SW/GC/ES12
Shift : II

COURSE OUTCOMES (COs)

On successful completion of the course, students will be able to

COs	Description						CL
CO1	articulate the interdisciplinary context of environmental issues						K1
CO2	understand sustainable alternatives that integrate science, humanities, and social perspectives						K2
CO3	appreciate the importance of biodiversity and a balanced ecosystem						K3
Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Nov 18 – 25, 2024 (Day Order 1-6)	1	Introduction The multidisciplinary nature of environmental studies; Environmental Ethics-Role of the Individual in protecting the environment	K1 – K3	3 hours	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer
Nov 26- Dec 3, 2024 (Day Order 1 to 6)	1	Unit - 1 Introduction Natural Resources: renewable (forests and water) and non-renewable (minerals)-energy resources: renewable and non-renewable sources, impact of over- exploitation	K1 – K3	3 hours	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer
Dec 4-11, 2024 (Day Order 1 to 6)	1	Introduction Ecosystems: terrestrial (forest, grassland and desert) and aquatic (ponds, oceans and estuaries); structure and function	K1 – K3	3 hours	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer

Dec 12-19, 2024 (Day Order 1 to 6)	1	Introduction Biodiversity: India as a mega-diversity nation; threats to biodiversity; <i>in-situ</i> and <i>ex-situ</i> conservation of biodiversity	K1 – K3	3 hours	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer Assignment on Global Climate Change - Challenges faced by Agriculturists 19.12.2024 (15 marks)
Dec 20, 2024 (Day Order 1)	1	Introduction Solid Waste Management, Source Segregation and Rain Water Harvesting	K1 – K3	1 hour	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer
Jan 3 – 7, 2025 (Day Order 3 to 6)	2	Environmental Pollution: Air, Water, Noise and Plastic Pollution: causes, effects and control measures -Impact of over-population on pollution and health – carbon footprint	K1 – K3	1 hour	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer
Jan 8 – 17, 2024 (Day Order 1 to 6)	2	The Environmental Dimension of Sustainable Development: The United Nations Sustainable Development Goals of the 2030 Agenda	K1 – K3	3 hours	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer
Jan 18 - 23, 2025	C.A. Test - I						
Jan 24 -31, 2025 (Day Order 1 to 6) 3 hours	2	Climate Change and Environmental Disasters: Natural Disasters: floods, earthquakes, cyclones, tsunami and landslides; man-made disasters: Bhopal Gas Tragedy and Chernobyl Nuclear Disaster	K1 – K3	3 hours	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer Assignment on Role of a Social Worker in the Prevention of Pollution 30.01.2025

							(15 marks)
Feb 3-8, 2025 (Day Order 1 to 6) 3 hours	2	Environmental Movements: Chipko, Silent Valley and Narmada Bachao Andolan International Agreements: Montreal Protocol, Kyoto Protocol and Climate Change Conferences	K1 – K3	3 hours	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer
Feb 10– 18, 2025 (Day Order 1 to 4)	2	An Overview of Environmental Laws in India: Environmental (Protection) Act 1986, Biological Act, 2002	K1 – K3	1 hour	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer
Feb 19- 26, 2025 (Day Order 1-6)	2	National Green Tribunal Act, 2010, Coastal Regulation Zone Notification, 2011	K1 – K3	3 hours	1 - 3	Lecture Group discussion	Quiz Recap Question and Answer
	3	A study of the eco-friendly initiatives on campus					PPT on Environmental Issues 26.02.2025 (20 marks)
Feb 27- Mar 6, 2025 (Day Order 1 to 6)	3	A critical review of an environmental documentary film	K1 – K3	3 hours	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer
Mar 7 – 11, 2025 (Day Order 1 to 3)	3	Ecofeminism and the contributions of Indian Women Environmentalists	K1 – K3	1 hour	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer
Mar 12 –17, 2025	C.A. Test - II						

Mar 18 – 20, 2025 (Day 4 to 6)	3	The highlights of Environmental Encyclical- <i>Laudato si</i> -On Care for our Common Home	K1 – K3	1 hour	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer
Mar 21 - 28, 2025 (Day Order 1 to 6)	3	Environmental Calendar	K1 – K3	3 hours	1 - 3	Lecture Group discussion	Quiz, Recap Question and Answer
Mar 29- April 2, 2025 (Day Order 1 to 3)	REVISION						

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN (November 2024 – April 2025)

November 2024 – April 2025

Department : BSW
Name of the Faculty : Sr.Shobha Kullu fmm
Course Title : UN Systems for Development and Social Change
Course Code : 23SW/GE/UN22
Shift : II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	describe the social issues at the global level	K1
CO2	understand the framework of operation of the UN system in understanding its functioning	K2
CO3	ascertain the role of youth in bringing about social change	K3
	CL – Cognitive Level K1 – Remember K2 – Understand K3 – Apply	

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Nov 18 – 25, 2024 (Day Order 1-6)	1	The United Nations System 1.1 Historical Evolution, Main aim of the United Nations; Membership – rules	K1-K3	2	CO1-CO3	Lecture, PPT	Individual Quiz
Nov 26- Dec 3, 2024 (Day Order 1 to 6)	1	1.1 Historical Evolution, Main aim of the United Nations; Membership – rules	K1-K3	2	CO1-CO3	Lecture, PPT	Team Quiz
Dec 4-11, 2024 (Day Order 1 to 6)	1	1.1 Historical Evolution, Main aim of the United Nations; Membership – rules	K1-K3	2	CO1-CO3	Lecture, PPT	Individual Quiz
Dec 12-19, 2024 (Day Order 1 to 6)	1	1.2 UN Principal Organs 1.3 UN Charter	K1-K3	2	CO1-CO3	Lecture, PPT	Team Quiz Assignment 1- Students will have to write an assignment on Programme s of the UN – Aims and Programmes Marks:25 . Submission on 13Jan 2025
Dec 20, 2024 (Day Order 1)	1	1.2 UN Principal Organs 1.3 UN Charter	K1-K3	2	CO1-CO3	Lecture, PPT	Group discussion

Jan 3 – 7, 2025 (Day Order 3 to 6)	1	1.4 International Observances of specific dates and years	K1-K3	2	CO1-CO3	Lecture, PPT, Class discussion	Case Analysis
Jan 8 – 17, 2024 (Day Order 1 to 6)	1	1.4 International Observances of specific dates and years	K1-K3	2	CO1-CO3	Lecture, PPT, Class discussion	Individual Quiz, Component-1
Jan 18 - 23, 2025	C.A. Test – I						

Jan 24 -31, 2025 (Day Order 1 to 6)	2	Global Issues on the UN Agenda: Brief Overview 2.1 Women, Youth, Children, Refugees, Human Rights, Disaster relief, Disability, Food, Education, AIDS, Agriculture and Elderly	K1-K3	2	CO1-CO3	Lecture, PPT, Class discussion	Create Media, CaseAnalysis Assignment 2- Students will have to do a Case study analysis on Global Issues on the UN Agenda. Marks:25 Submission on 17 February 2025,
Feb 3-8, 2025 (Day Order 1 to 6)	2	Global Issues on the UN Agenda: Brief Overview 2.1 Women, Youth, Children, Refugees, Human Rights, Disaster relief, Disability, Food, Education, AIDS, Agriculture and Elderly	K1-K3	2	CO1-CO3	Lecture, PPT, Class discussion	Case Analysis &Role play
Feb 10– 18, 2025 (Day Order 1 to 4)	2	Global Issues on the UN Agenda: Brief Overview 2.1 Women, Youth, Children, Refugees, Human Rights, Disaster relief, Disability, Food, Education, AIDS, Agriculture and Elderly	K1-K3	3	CO1-CO3	Lecture, PPT, Class discussion	Team Quiz, Group discussion
Feb 19- 26, 2025 (Day Order 1-6)	2	2.2 Millennium Development Goals, Sustainable Developmental Goals	K1-K3	1	CO1-CO3	Lecture, PPT, Class discussion	Case Analysis &Role play

Feb 27- Mar 6, 2025 (Day Order 1 to 6)	2	2.2 Millennium Development Goals, Sustainable Developmental Goals	K1-K3	1	CO1-CO3	Lecture, PPT, Class discussion	Case Analysis & Role play
Mar 7 – 11, 2025 (Day Order 1 to 3)	3	Programmes of the UN – Aims and Programmes 3.1 UN-Women, United Nations Development Programme (UNDP), United Nations Children’s Fund (UNICEF), Office of the United Nations High Commissioner for Refugees (UNHCR), Office of the United Nations High Commissioner for Human Rights (OHCHR), World Health Organization (WHO), Food and Agriculture Organization (FAO), World Food Programme (WFP), United Nations Educational Scientific and Cultural Organisations (UNESCO), Joint United Nations Programme on HIV/AIDS (UNAIDS)	K1-K3	5	CO1-CO3	Lecture, PPT, Class discussion	Case Analysis & Role play
Mar 12 –17, 2025	C.A. Test – II						

Mar 18 – 20, 2025 (Day 4 to 6)	3	3.1 UN-Women, United Nations Development Programme (UNDP), United Nations Children’s Fund (UNICEF), Office of the United Nations High Commissioner for Refugees (UNHCR), Office of the United Nations High Commissioner for Human Rights (OHCHR), World Health Organisation (WHO), Food and Agriculture Organisation (FAO), World Food Programme (WFP), United Nations Educational Scientific and Cultural Organisations (UNESCO), Joint United Nations Programme on HIV/AIDS (UNAIDS)	K1-K3	5	CO1-CO3	Lecture, PPT, Class discussion	Group discussion, Presentation
Mar 21 - 28, 2025 (Day Order 1 to 6)	3	3.2 Other related agencies: International Labour Organisation (ILO), United Nations Environment Programme (UNEP)	K1-K3	4	CO1-CO3	Lecture, PPT, Class discussion	Team quiz
Mar 29- April 2, 2025 (Day Order 1 to 3)	REVISION						

