

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI  
COURSE PLAN June - November 2024

**Department** : MATHEMATICS  
**Name/s of the Faculty** : Dr. BENAZIR OBILIA. X. A  
**Course Title** : LIFE SKILLS: PERSONAL AND SOCIAL  
**Course Code** : 23MT/SS/PS13  
**Shift** : II

**COURSE OUTCOMES (COs)**

<b>COs</b>	<b>Description</b>	<b>CL</b>
<b>CO1</b>	Relate knowledge of important laws to everyday challenges	K1
<b>CO2</b>	Demonstrate an understanding of personal finance	K2
<b>CO3</b>	Apply psychological concepts to self and enhance well-being	K3
<b>CO4</b>	Appraise social issues from a multicultural perspective	K4
<b>CO5</b>	Make decisions and plan their personal finances	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 24 – 26, 2024 (Day Order 4 - 6)	1	<b>Legal Literacy</b> 1.1 Structure of Government – Central and State, Urban and Rural	K1	2 hours	1	Discussion, Case Studies, Power Point Presentation	Group Discussion
Jun 27 – July 4, 2024 (Day Order 1 - 6)	1	<b>Legal Literacy</b> 1.2 Laws pertaining to Women (CEDAW) and Children (POCSO) 1.3 Right to Information Act 2005, drafting and filing an RTI	K1	3 hours	1	Discussion, Case Studies, Power Point Presentation	<b>III COMP -1</b> Assignment (10 marks)
July 5 – 12, 2024 (Day Order 1 - 6)	1	<b>Legal Literacy</b> 1.4 Introduction to PIL, Landmark PIL cases -Vishaka Vs.State of Rajasthan,Hussainara Khatoon Vs. State of Bihar, MC Mehta Vs. Union of India 1.5 Importance of FIR and lodging an FIR	K1	3 hours	1	Discussion, Case Studies, Power Point Presentation	Group Discussion
July 15 – 23, 2024 (Day Order 1 - 6)	1	<b>Legal Literacy</b> 1.5 Importance of FIR and lodging an FIR	K1	3 hours	1	Discussion, Case Studies, Power Point Presentation	Case Studies
July 24 – 31, 2024 (Day Order 1 - 6)	2	<b>2.1 Understanding Self</b> 2.1.1 Psychological wellbeing - meaning, components and barriers	K3, K4	3 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion
Aug 1 – 5, 2024 (Day Order 1 - 3)	2	<b>2.1 Understanding Self</b> 2.1.2 Gratitude- meaning, nature and expression	K3, K4	1 hour	3,4	Discussion, Case Studies, Power Point Presentation	Case Studies
Aug 6 – 10, 2024	<b>C.A. Test - I</b>						

Aug 12 – 14, 2024 (Day Order 4-6)		<b>2.1 Understanding Self</b> 2.1.3 Resilience- meaning, nature, benefits and simple techniques for building resilience.	K3, K4	2 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion & <b>III COMP -2</b> Poster Making (20 Marks)
Aug 16 – 23, 2024 (Day Order 1-6)		<b>2.2 Understanding Society</b> 2.2.1 Concepts of class, caste, gender, disability, race, culture, religion, ethnicity, context and language	K3, K4	3 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion & Case Studies
Aug 27 – Sep 3, 2024 (Day Order 1-6)		<b>2.2 Understanding Society</b> 2.2.2 Importance of societal analysis	K3, K4	3 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion
Sep 4 – 11, 2024 (Day Order 1-6)		<b>2.2 Understanding Society</b> 2.2.3 Social indicators of development – HDI, GDI, Poverty Index, Hunger Index	K3, K4	3 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion & Case Studies
Sep 12 - 20, 2024 (Day Order 1-6)		<b>2.2 Understanding Society</b> 2.2.4 Issues and challenges for social change in India	K3, K4	3 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion & Case Studies
Sep 23 - 26, 2024 (Day Order 1-4)		<b>Personal Financial Planning</b> 3.1 Meaning, Need and Importance of Personal Financial Planning	K3, K4	2 hours	3,4	Discussion, Case Studies, Power Point Presentation	Case Studies
Sep 27 – Oct 3, 2024	<b>C. A. Test - II</b>						
Oct 4 – 5, 2024 (Day 5 & 6)		<b>Personal Financial Planning</b> 3.2 Core concepts in Financial Planning – Budget, Savings and Investment	K2.K5	1 hour	2,5	Discussion, Case Studies, Power Point Presentation	<b>III COMP - 3</b> Role Play (20 marks)
Oct 7 - 15, 2024 (Day Order 1 to 6)		<b>Personal Financial Planning</b> 3.3 Converting non-essential expenditure into Savings and Investment 3.3.1 Forms of Savings – Deposits, Insurance	K2, K5	3 hours	2,5	Discussion, Case Studies, Power Point Presentation	Group Discussion

		3.3.2 Types of Investments – Securities, Real Estate and Gold					
Oct 16 - 22, 2024 (Day Order 1 to 6)		<b>Personal Financial Planning</b> 3.4 Digital transformation in Finance 3.4.1 De-Mat Account 3.4.2 Net Banking and Mobile Banking	K2,K5	3 hours	2,5	Discussion, Case Studies, Power Point Presentation	Group Discussion
Oct 23 - 24, 2024 (Day Order 1 to 2)	<b>REVISION</b>						