

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI
COURSE PLAN June - November 2024

Department : MATHEMATICS
Name/s of the Faculty : Dr. A.S Shanthi
Course Title : LIFE SKILLS: PERSONAL AND SOCIAL
Course Code : 23MT/SS/PS13
Shift : I

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	Relate knowledge of important laws to everyday challenges	K1
CO2	Demonstrate an understanding of personal finance	K2
CO3	Apply psychological concepts to self and enhance well-being	K3
CO4	Appraise social issues from a multicultural perspective	K4
CO5	Make decisions and plan their personal finances	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 24 – 26, 2024 (Day Order 4 - 6)	1	Legal Literacy 1.1 Structure of Government – Central and State, Urban and Rural	K1	2 hours	1	Discussion, Case Studies, Power Point Presentation	Group Discussion
Jun 27 – July 4, 2024 (Day Order 1 - 6)	1	Legal Literacy 1.2 Laws pertaining to Women (CEDAW) and Children (POCSO) 1.3 Right to Information Act 2005, drafting and filing an RTI	K1	3 hours	1	Discussion, Case Studies, Power Point Presentation	III COMP -1 Assignment (10 marks)
July 5 – 12, 2024 (Day Order 1 - 6)	1	Legal Literacy 1.4 Introduction to PIL, Landmark PIL cases -Vishaka Vs.State of Rajasthan,Hussainara Khatoon Vs. State of Bihar, MC Mehta Vs. Union of India 1.5 Importance of FIR and lodging an FIR	K1	3 hours	1	Discussion, Case Studies, Power Point Presentation	Group Discussion
July 15 – 23, 2024 (Day Order 1 - 6)	1	Legal Literacy 1.5 Importance of FIR and lodging an FIR	K1	3 hours	1	Discussion, Case Studies, Power Point Presentation	Case Studies
July 24 – 31, 2024 (Day Order 1 - 6)	2	2.1 Understanding Self 2.1.1 Psychological wellbeing - meaning, components and barriers	K3, K4	3 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion
Aug 1 – 5, 2024 (Day Order 1 - 3)	2	2.1 Understanding Self 2.1.2 Gratitude- meaning, nature and expression	K3, K4	1 hour	3,4	Discussion, Case Studies, Power Point Presentation	Case Studies
Aug 6 – 10, 2024	C.A. Test - I						

Aug 12 – 14, 2024 (Day Order 4-6)		2.1 Understanding Self 2.1.3 Resilience- meaning, nature, benefits and simple techniques for building resilience.	K3, K4	2 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion & III COMP -2 Poster Making (20 Marks)
Aug 16 – 23, 2024 (Day Order 1-6)		2.2 Understanding Society 2.2.1 Concepts of class, caste, gender, disability, race, culture, religion, ethnicity, context and language	K3, K4	3 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion & Case Studies
Aug 27 – Sep 3, 2024 (Day Order 1-6)		2.2 Understanding Society 2.2.2 Importance of societal analysis	K3, K4	3 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion
Sep 4 – 11, 2024 (Day Order 1-6)		2.2 Understanding Society 2.2.3 Social indicators of development – HDI, GDI, Poverty Index, Hunger Index	K3, K4	3 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion & Case Studies
Sep 12 - 20, 2024 (Day Order 1-6)		2.2 Understanding Society 2.2.4 Issues and challenges for social change in India	K3, K4	3 hours	3,4	Discussion, Case Studies, Power Point Presentation	Group Discussion & Case Studies
Sep 23 - 26, 2024 (Day Order 1-4)		Personal Financial Planning 3.1 Meaning, Need and Importance of Personal Financial Planning	K3, K4	2 hours	3,4	Discussion, Case Studies, Power Point Presentation	Case Studies
Sep 27 – Oct 3, 2024	C. A. Test - II						
Oct 4 – 5, 2024 (Day 5 & 6)		Personal Financial Planning 3.2 Core concepts in Financial Planning – Budget, Savings and Investment	K2.K5	1 hour	2,5	Discussion, Case Studies, Power Point Presentation	III COMP - 3 Role Play (20 marks)
Oct 7 - 15, 2024 (Day Order 1 to 6)		Personal Financial Planning 3.3 Converting non-essential expenditure into Savings and Investment 3.3.1 Forms of Savings – Deposits, Insurance	K2, K5	3 hours	2,5	Discussion, Case Studies, Power Point Presentation	Group Discussion

		3.3.2 Types of Investments – Securities, Real Estate and Gold					
Oct 16 - 22, 2024 (Day Order 1 to 6)		Personal Financial Planning 3.4 Digital transformation in Finance 3.4.1 De-Mat Account 3.4.2 Net Banking and Mobile Banking	K2,K5	3 hours	2,5	Discussion, Case Studies, Power Point Presentation	Group Discussion
Oct 23 - 24, 2024 (Day Order 1 to 2)	REVISION						