

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI
COURSE PLAN June - November 2024

Department : MA HRM
Name/s of the Faculty : Ms.Indumathi MK
Course Title : Managing Interpersonal Effectiveness
Course Code : 23HR/PE/MI15
Shift : II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	Understand the importance of self-monitoring and personal growth.	K1
CO2	Identify the barriers of communication and to overcome them effectively.	K2
CO3	Explain various theories related to personality.	K3
CO4	Apply transactional analysis in organisation to enrich communication	K4
CO5	Formulate and implement conflict resolution strategies to enhance interpersonal relations	K5,K6

Week	Unit No.	Content	Cognitive Level	Teaching Hours	COs	Teaching Learning Methodology	Assessment Methods
Jun 19 – 26, 2024 (Day Order 1 - 6)	1	Personal Growth 1.1 Self-Definition and Perception 1.2 Self-Awareness: Discovering facets of interpersonal trust through Johari Window	K1-K2 K1-K6	2 3	CO1-5	Presentation, Case Analysis	CA and assignment
Jun 27 – July 4, 2024 (Day Order 1 - 6)	1	1.3 Self -Esteem, Self-Effectiveness 1.4 Self-Presentation- Motives and Strategies	K1-K4 K1-K4	3 2	CO1-5	Presentation, Storytelling	CA and exam
July 5 – 12, 2024 (Day Order 1 - 6)	1	1.5 Self-Monitoring: Meaning, Importance Types. 1.6 Impression Management – Definition and Techniques	K1-K3 K1-K6	1 2	CO1-5	Presentation, Role play	CA and exam
July 15 – 23, 2024 (Day Order 1 - 6)	2	Communication and Language 2.1 Business communication - Types of business Communication 2.2 Barriers - Ways of Overcoming	K1-K6 K3-K6	3 3	CO1-5	Presentations, Role play , case study	CA and assignment
July 24 – 31, 2024 (Day Order 1 - 6)	2	2.3 Qualities of a Good Speaker 2.4 Communication flows in an Organisation	K1-K3 K3-K6	2 2	CO1-5	Presentation, case study	CA and exam
Aug 1 – 5, 2024 (Day Order 1 - 3)	2 3	2.5 Non-Verbal Communication - Paralanguage, Eye Contact, Facial Expression, Kinesics, Body Language, Deception and Detecting Deception. Unit 3 Assertive training and understanding human personality 3.1 Assertion and Aggression, Preparing for Assertive Business Writing - Tools, Tips, Pitfalls.	K1-K6 K1-K6	3 3	CO1-5	Presentation, Learning by doing	CA and exam

Aug 6 – 10, 2024	C.A. Test - I						
Aug 12 – 14, 2024 (Day Order 4-6)	3	3.2 Attitude- components, nature, characteristics, theories.	K1-K6	4	CO1-5	case study, Learning by Doing	CA and assignment
Aug 16 – 23, 2024 (Day Order 1-6)	3	3.3 Empathy – Meaning, Teaching and Learning of empathy 3.4 Personality – Meaning and determinants.	K1-K4 K1-K6	3 3	CO1-5	Presentation, Role play	CA and exam
Aug 27 – Sep 3, 2024 (Day Order 1-6)	4	Transactional Analysis 4.1 Introduction - Ego States - Strokes - Life Positions 4.2 Types of Transactions	K1-K3 K1-K6	2 3	CO1-5	Group discussions ,Storytelling ,Learning by Doing	CA and assignment
Sep 4 – 11, 2024 (Day Order 1-6)	4	4.3 Time Structures - Withdrawal, Pastimes, Rituals, Activities, Games 4.4 Stamps - Rackets and Sweat Shirts - Scripts 4.5 Advantages and Disadvantages of Transaction Analysis	K1-K4 K1-K3 K1-K3	2 2 2	CO1-5	Presentations, case study	CA and assignment
Sep 12 - 20, 2024 (Day Order 1-6)	4 5	4.6 T-group sensitivity training, encounter groups and appreciative enquiry. Interpersonal Relations 5.1 Interpersonal needs for openness, inclusion and control.	K1-K6 K1-K3	2 2	CO1-5	Presentation, Storytelling , case study	CA and exam
Sep 23 - 26, 2024	5	5.2 Discovering interpersonal orientation	K1-K6	3	CO1-5	Storytelling ,case study	CA and exam

(Day Order 1-4)		through FIRO-B.					
Sep 27 – Oct 3, 2024	C.A. Test - II						
Oct 4 – 5, 2024 (Day 5 & 6)	5	5.3 Time management: Definition and Strategies	K1-K3	2	CO1-5	Presentation, Storytelling, case study	CA and exam
Oct 7 - 15, 2024 (Day Order 1 to 6)	5	5.4 An Introduction to Neuro Linguistic Programming (NLP)	K1-K4	3	CO1-5	Presentation, Group discussions	CA and assignment
Oct 16 - 22, 2024 (Day Order 1 to 6)	5	5.5 Emotional Intelligence: Concepts and Components	K1-K3	3	CO1-5	Presentations, Group discussions ,Role play	CA and exam
Oct 23 - 24, 2024 (Day Order 1 to 2)	REVISION						

Component Number	Topic	Assessment Method	Marks
1	Johari Window	Chart work- Students will explain their strengths, weakness, opportunities and threats and ways to overcome that threats	20
2	Non-Verbal Communication	Pictorial representation- Students will give pictorial representation based on different non verbal communication	20
3	Interpersonal relations	Role Play-Students will form teams to explain the importance of interpersonal relations	10