

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

Course Schedule: June - November 2024

Department : Psychology
Name/s of the Faculty : Prathiksha M
Course Title : Abnormal Psychology I
Course Code : 9PY/MC/AB55
Shift : II

Week & No. of hours	Units & Topics	Teaching Methodology	Text & References	Method of Evaluation
Jun 19 – 26, 2024 (Day Order 1 - 6)	Unit 1 Introduction to Abnormal Psychology 1.1 Psychological Abnormality - Definition of abnormal behaviour 1.2 Historical views of abnormal behaviour and its treatment, Current Perspectives of abnormality	Lecture and Discussion	Durand, V. M., & Barlow, D. H. (2000). Abnormal Psychology: An Introduction. Thomson Brooks/Cole.	Oral quiz
Jun 27 – July 4, 2024 (Day Order 1 - 6)	1.3 Incidence of mental disorders. Classification of mental disorders – International Classification of Diseases – 10 (ICD-10) and Diagnostic and Statistical Manual of Mental Disorders (DSM) – An Overview 1.4 Humanitarian approach, Contemporary views of abnormal behaviour	Lecture, Discussion and Presentation	Durand, V. M., & Barlow, D. H. (2000). Abnormal Psychology: An Introduction. Thomson Brooks/Cole.	buzz group
July 5 – 12, 2024 (Day Order 1 - 6)	Unit 2 Childhood and adolescence Disorders 2.1 Defiant and conduct disorder 2.2 Attention-Deficit/Hyperactivity disorders	Lecture and Discussion	Durand, V. M., & Barlow, D. H. (2000). Abnormal Psychology: An Introduction. Thomson Brooks/Cole.	Peer group discussion
July 15 – 23, 2024 (Day Order 1 - 6)	2.3 Autism spectrum disorders 2.4 Childhood onset mental illness	Lecture and brainstorming	Durand, V. M., & Barlow, D. H. (2000). Abnormal Psychology: An Introduction. Thomson Brooks/Cole.	Research article discussion
July 24 – 31, 2024 (Day Order 1 - 6)	2.5 Learning disabilities 2.6 Treatment	Lecture and brainstorming	Durand, V. M., & Barlow, D. H. (2000). Abnormal Psychology: An Introduction. Thomson Brooks/Cole.	Component I - Written Assignment (Case Analysis)

<p>Aug 1 – 5, 2024 (Day Order 1 - 3)</p>	<p>Unit 3 Anxiety and obsessive-compulsive related disorders 3.1 Anxiety disorders – Generalized Anxiety Disorder, Panic Disorders 3.2 Phobias - Specific Phobias, Social Phobia</p>	<p>Lecture and Videos</p>	<p>Durand, V. M., & Barlow, D. H. (2000). <i>Abnormal Psychology: An Introduction</i>. Thomson Brooks/Cole.</p>	<p>Presentations</p>
<p>Aug 6 – 10, 2024</p>	<p>C.A. Test – I</p>			

Aug 12 – 14, 2024 (Day Order 4-6)	3.3 Biological, Psychosocial and Sociocultural causal factors of anxiety disorders 3.4 Treatment of anxiety disorders	Lecture and Videos	Durand, V. M., & Barlow, D. H. (2000). <i>Abnormal Psychology: An Introduction</i> . Thomson Brooks/Cole.	Presentation
Aug 16 – 23, 2024 (Day Order 1-6)	3.6 Overview of intermittent explosive disorder, pyromania, kleptomania, gambling, excoriation disorder, trichotillomania	Lecture and Videos	Durand, V. M., & Barlow, D. H. (2000). <i>Abnormal Psychology: An Introduction</i> . Thomson Brooks/Cole.	Buzz group
Aug 27 – Sep 3, 2024 (Day Order 1-6)	Unit 4 Somatoform and Dissociative Disorders 4.1 Somatoform Disorder- Conversion Disorder, Somatization Disorder, Pain Disorder, Hypochondriasis and Body Dysmorphic Disorder	Lecture and Demonstration through pictures and charts	Durand, V. M., & Barlow, D. H. (2000). <i>Abnormal Psychology: An Introduction</i> . Thomson Brooks/Cole.	Interactive flash card activity
Sep 4 – 11, 2024 (Day Order 1-6)	4.2 Dissociative Disorders- Dissociative Amnesia and Fugue, Depersonalization Disorder, Dissociative Identity Disorder	Lecture and Demonstration through pictures and charts	Durand, V. M., & Barlow, D. H. (2000). <i>Abnormal Psychology: An Introduction</i> . Thomson Brooks/Cole.	Presentation

Sep 12 - 20, 2024 (Day Order 1- 6)	Stressor and Trauma Related Disorders 4.3 Acute Stress Disorder and Post Traumatic Stress Disorder 4.4 Overview of Adjustment	Lecture and Demonstration through pictures and charts	Durand, V. M., & Barlow, D. H. (2000). Abnormal Psychology: An Introduction. Thomson Brooks/Cole.	Component II - Case History taking and case report submission
Sep 23 - 26, 2024 (Day Order 1-4)	4.5 Biological, Psychosocial and Sociocultural causal factors of Somatoform, Dissociative, Stress and Trauma Related Disorders 4.6 Treatment and Management	Lecture and Videos	Durand, V. M., & Barlow, D. H. (2000). Abnormal Psychology: An Introduction. Thomson Brooks/Cole.	Article Discussion and Oral quiz
Sep 27 – Oct 3, 2024	C.A. Test – II			
Oct 4 – 5, 2024 (Day 5 & 6)	Unit 5 Sexual Disorders and Gender Identity Disorder 5.1 Sexual dysfunctions 5.2 Causes and treatment of sexual dysfunctions	Lecture and Demonstration through pictures and charts	Durand, V. M., & Barlow, D. H. (2000). Abnormal Psychology: An Introduction. Thomson Brooks/Cole.	Crossword puzzle
Oct 7 - 15, 2024 (Day Order 1 to 6)	5.3 Paraphilias – causes and treatment 5.4 Sexual variants, Sexual and gender variants	Lecture and Discussion	Durand, V. M., & Barlow, D. H. (2000). Abnormal Psychology: An Introduction. Thomson Brooks/Cole.	Group Worksheet preparation

Oct 16 - 22, 2024 (Day Order 1 to 6)	5.5 Gender Identity Disorder 5.6 Treatment and Management	Lecture and Discussion	Durand, V. M., & Barlow, D. H. (2000). Abnormal Psychology: An Introduction. Thomson Brooks/Cole.	Buzz group
Oct 23 - 24, 2024 (Day Order 1 to 2)	REVISION			

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

Course Schedule: June - November 2024

Department : Department of Psychology
Name/s of the Faculty : Ms Sanju T
Course Title : APPLIED PSYCHOLOGY
Course Code : 23PY/MC/AP54
Shift : Shift II

Week & No. of hours	Units & Topics	Teaching Methodology	Text & References	Method of Evaluation
Jun 19 – 26, 2024 (Day Order 1 - 6)	Unit 1 1.1 Definition of Applied Psychology	Lecture & PPT	Sharma, Ramnath. <i>Advanced Applied Psychology</i> . New Delhi, Atlantic, 2004. Davey, Graham. <i>Applied Psychology</i> . 1st ed., Britain, BSP Blackwell and British Council Library, 2011.	Quiz
Jun 27 – July 4, 2024 (Day Order 1 - 6)	Unit 1 1.2 Overview of subfields of applied psychology 1.3 Need for Applied Psychology	Lecture & PPT	Sharma, Ramnath. <i>Advanced Applied Psychology</i> . New Delhi, Atlantic, 2004.	Classroom discussion
July 5 – 12, 2024 (Day Order 1 - 6)	Unit 1 1.4 Comparative Psychology		Maple, Terry L., and Valerie Segura. 'Comparative Psychopathology: Connecting Comparative and Clinical Psychology'. <i>International Journal of Comparative Psychology</i> , vol. 30, International Society of Comparative Psychology, 2017, https://doi.org/10.46867/ijcp.2017.30.02.04 .	Short quiz
July 15 – 23, 2024 (Day Order 1 - 6)	Unit 2 2.1 Meaning and Definition of Sports Psychology 2.2 Nature and Scope of Sports Psychology	Lecture & PPT	Jarvis, Matt. <i>Sport Psychology: A Student's Handbook</i> . 2nd ed., London, Routledge, 2006.	Classroom discussion
July 24 – 31, 2024 (Day Order 1 - 6)	Unit 2 2.4 Personality characteristics, Motivational types and styles, Pathological Motivation, Aggression, Social factors in sports, Arousal and Anxiety in Performance	Lecture & PPT	Jarvis, Matt. <i>Sport Psychology: A Student's Handbook</i> . 2nd ed., London, Routledge, 2006.	MCQ test

Aug 1 – 5, 2024 (Day Order 1 - 3)	Unit 2 2.3 Role of Sports Psychologists	Group discussion	Jarvis, Matt. <i>Sport Psychology: A Student's Handbook</i> . 2nd ed., London, Routledge, 2006.	Classroom discussion
Aug 6 – 10, 2024	C.A. Test – I			
Aug 12 – 14, 2024 (Day Order 4-6)	Unit 3 3.1 Meaning and Definition of Military Psychology 3.2 Nature and Scope of Military Psychology	Lecture & PPT	Kennedy, Carrie H., and Eric A Zilmer, editors. <i>Military Psychology: Clinical and Operational Applications</i> . New York, Guilford Press, 2006. Sharma, Mansi. "Military Psychology-Need, Scope and Challenges." <i>The International Journal of Indian Psychology</i> , vol. 9, no. 2, Jun 2021, https://doi.org/10.25215/0902.141 .	Quiz
Aug 16 – 23, 2024 (Day Order 1-6)	Unit 3 3.3 Role of Military Psychologists: Fitness for duty evaluations, Behavioural medicine and Neuropsychology, Substance use, Suicide prevention, Combat stress	Lecture & PPT	Kennedy, Carrie H., and Eric A Zilmer, editors. <i>Military Psychology: Clinical and Operational Applications</i> . New York, Guilford Press, 2006. Sharma, Mansi. "Military Psychology-Need, Scope and Challenges." <i>The International Journal of Indian Psychology</i> , vol. 9, no. 2, Jun 2021, https://doi.org/10.25215/0902.141 .	Classroom discussion
Aug 27 – Sep 3, 2024 (Day Order 1-6)	Unit 3 3.4 Brief Psychotherapy and Psychological interventions for Disaster and Trauma	Lecture & Role play	Kennedy, Carrie H., and Eric A Zilmer, editors. <i>Military Psychology: Clinical and Operational Applications</i> . New York, Guilford Press, 2006. Sharma, Mansi. "Military Psychology-Need, Scope and Challenges." <i>The International Journal of Indian Psychology</i> , vol. 9, no. 2, Jun 2021, https://doi.org/10.25215/0902.141 .	Short quiz

Sep 4 – 11, 2024 (Day Order 1-6)	Unit 4 4.1 Meaning and Definition of Forensic Psychology 4.2 Nature of Forensic Psychology, Role of Forensic Psychologists	Lecture & PPT	Bartol, Curt R., and Anne M Bartol. <i>Introduction to Forensic Psychology: Research and Application.</i> 6th ed., New Delhi, Sage Publications, 2021.	Classroom discussion
Sep 12 - 20, 2024 (Day Order 1- 6)	Unit 4 4.3 Police Psychology, Legal Psychology, Criminal Psychology, Victimology, Correctional Psychology	Case study	Bartol, Curt R., and Anne M Bartol. <i>Introduction to Forensic Psychology: Research and Application.</i> 6th ed., New Delhi, Sage Publications, 2021.	Mind mapping
Sep 23 - 26, 2024 (Day Order 1-4)	Unit 4 4.4 Profiling- Crime Scene profiling, Suspect-based profiling, Psychological Autopsy, Geographical and Psychological profiling	Presentation	Bartol, Curt R., and Anne M Bartol. <i>Introduction to Forensic Psychology: Research and Application.</i> 6th ed., New Delhi, Sage Publications, 2021.	Quiz
Sep 27 – Oct 3, 2024	C.A. Test – II			
Oct 4 – 5, 2024 (Day 5 & 6)	Unit 5 5.1 Meaning and Definition of Educational Psychology 5.2 Classroom Management and Learning Environment	Lecture & PPT	Seifert, Kelvin. <i>Educational Psychology.</i> 3rd ed., Createspace Independent Publishing Platform, 2015.	Classroom discussion

<p>Oct 7 - 15, 2024 (Day Order 1 to 6)</p>	<p>Unit 5 5.3 Student Diversity- Individual styles of learning and thinking, Multiple intelligences, Gifted and talented students, Gender differences, Accommodating cultural diversity</p>	<p>Group discussion</p>	<p>Seifert, Kelvin. <i>Educational Psychology</i>. 3rd ed., Createspace Independent Publishing Platform, 2015.</p>	<p>Classroom discussion</p>
<p>Oct 16 - 22, 2024 (Day Order 1 to 6)</p>	<p>Unit 5 5.4 Special Education- Overview of categories of disabilities, Responsibilities of teachers for students with disabilities</p>	<p>Lecture & Presentation</p>	<p>Seifert, Kelvin. <i>Educational Psychology</i>. 3rd ed., Createspace Independent Publishing Platform, 2015.</p>	<p>Short quiz</p>
<p>Oct 23 - 24, 2024 (Day Order 1 to 2)</p>	<p>REVISION</p>			

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

Course Schedule: June - November 2024

Department : English and Psychology
Name/s of the Faculty : Ms. Annie Swetha, Ms. S. Maria Bridget Jenitta, Ms. Smrithi. S, Ms. Prathiksha
Course Title : Literature and Psychology
Course Code : 19ID/IC/LP55
Shift : II

Week & No. of hours	Units & Topics	Teaching Methodology	Text & References	Method of Evaluation
Jun 19 – 26, 2024 (Day Order 1 - 6)	Introduction to major theorists Freud and Jung	Lectures and Discussion	Orientation of Critical theories	CA, Other component
	Personality- nature, brief overview of determinants of personality	Lectures	<i>Psychology- Baron</i>	Presentation
June 27 – July 04, 2024 (Day Order 1 to 6)	Introduction to major theorists Lacan and Kristeva	Lectures and Discussion	Orientation of Critical theories	CA, Other component
	Overview of social behaviour and positive psychology Overview of developmental psychology and abnormal psychology	Lectures, Videos	<i>Psychology- Baron</i>	Presentation

July 05– July 12, 2024 (Day Order 1 to 6)	Stephen Chbosky	Discussions and practical analysis tasks	<i>The Perks of Being a Wallflower</i>	CA
	Psychosocial issues in adolescence	Lectures, Discussions, and Reflective tasks	<i>Human Development- Papalia, Olds and Feldman</i>	Quiz
July 15 – July 23, 2024 (Day Order 1 to 6)	Stephen Chbosky	Discussions and practical analysis tasks	<i>The Perks of Being a Wallflower</i>	CA

	Identity development in adolescence	Lectures, Discussions, and Reflective tasks	<i>Human Development-Papalia, Olds and Feldman</i>	Quiz
July 24 – July 31, 2024 (Day Order 1 to 6)	Stephen Chbosky	Discussions and practical analysis tasks	<i>The Perks of Being a Wallflower</i>	CA
	Trauma, abuse and sexual identity	Lectures, Discussions, and Reflective tasks	<i>Human Development-Papalia, Olds and Feldman</i>	Quiz
Aug 1 – Aug 5, 2024 (Day Order 1 to 6)	Stephen Chbosky	Discussions and practical analysis tasks	<i>The Perks of Being a Wallflower</i>	CA
	Trauma, abuse and sexual identity	Lectures, Discussions, and Reflective tasks	<i>Human Development-Papalia, Olds and Feldman</i>	Quiz
Aug 6 – Aug 10, 2024	C.A. Test – I			
Aug 12 – Aug 14, 2024 (Day Order 4 to 6)	Henry James	Discussions and practical analysis tasks	<i>The Turn of the Screw</i>	CA
	Psychosis- losing touch with reality	Lectures and Discussions	<i>Abnormal Psychology-David H. Barlow & Mark V. Durand</i>	Case studies
	Henry James	Discussions and practical analysis tasks	<i>The Turn of the Screw</i>	CA

Aug 16– Aug 23, 2024 (Day Order 1 to 6)	Psychosis- visual hallucinations	Lectures and Discussions	<i>Abnormal Psychology-</i> David H. Barlow and Mark V. Durand	Case studies
Aug 27 – Sep 3, 2024 (Day Order 1 to 6)	Henry James	Discussions and practical analysis tasks	<i>The Turn of the Screw</i>	CA
	Psychosis- delusions and paranoia	Lectures and Discussions	<i>Abnormal Psychology-</i> David H. Barlow and Mark V. Durand	Case studies
Sept 04 – Sept 11, 2024 (Day Order 1 to 6)	Edgar Allan Poe	Lectures, Discussion and Class Tasks	<i>The Tell-Tale Heart</i>	CA
	Psychopathy- presentation and traits	Lectures and Discussions	<i>Abnormal Psychology-</i> David H. Barlow and Mark V. Durand	Case studies
Sept 12 – Sept 20, 2024 (Day Order 1 to 6)	Edgar Allan Poe	Lectures, Discussion and Class Tasks	<i>The Tell-Tale Heart</i>	CA
	Grief, stages of grieving	Lectures and Reflective tasks	<i>On Death and Dying-</i> Elizabeth Kubler- Ross	Case studies
Sept 23 - Sept 26, 2024 (Day Order 1 to 6)	Anne Sexton	Lectures, Discussion and Class Tasks	<i>Pain for Daughter</i>	CA
	Prejudice, discrimination and casteism	Lectures and Reflective tasks	<i>Social Psychology-</i> Baron	Case studies
	Meena Kandasamy	Lectures, Discussion and Class Tasks	ONE-eyed	CA

	Prejudice, discrimination and casteism	Lectures and Reflective tasks	<i>Social Psychology- Baron</i>	Case studies
Sept 27 – Oct 03, 2024	C.A. Test – II			
Oct 04 – Oct 05, 2024 (Day Order 5 & 6)	Gabriele Muccino	Lectures, Discussion and Class Tasks	<i>The Pursuit of Happyness</i>	Not to be tested
	Resilience	Lectures and Discussions	<i>Positive Psychology: The Scientific and Practical Explorations of Human Strengths- Snyder, Lopez & Pedrotti</i>	Reflective home works
Oct 07 – Oct 15, 2024 (Day Order 1 to 6)	Gabriele Muccino	Lectures, Discussion and Class Tasks	<i>The Pursuit of Happyness</i>	Not to be tested
	Optimism and hope, Coping and gratitude	Lectures and Discussions	<i>Positive Psychology: The Scientific and Practical Explorations of Human Strengths- Snyder, Lopez & Pedrotti</i>	Reflective home works
	Gabriele Muccino	Lectures, Discussion, and Class Tasks	<i>The Pursuit of Happyness</i>	Not to be tested

<p>Oct 16 – Oct 22, 2024 (Day Order 1 to 6)</p>	<p>Coping and gratitude</p>	<p>Lectures and Discussions</p>	<p><i>Positive Psychology: The Scientific and Practical Explorations of Human Strengths-</i> Snyder, Lopez & Pedrotti</p>	<p>Reflective home works</p>
<p>Oct 23- Oct 24, 2024 (Day Order 1 & 2)</p>	<p>REVISION</p>			