

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**  
**COURSE PLAN June - November 2024**

**Department** : Psychology  
**Name/s of the Faculty** : Pearlene Helen Mary. D  
**Course Title** : General Psychology I  
**Course Code** : 23PY/MC/GP14  
**Shift** : II

**COURSE OUTCOMES (COs)**

<b>COs</b>	<b>Description</b>	<b>CL</b>
CO1	Define the basic concepts in psychology	K1
CO2	Describe the processes underlying the human mind	K2
CO3	Apply the understanding of human behavior in everyday life	K3
CO4	Correlate the theoretical frameworks which form the basis of psychology	K4
CO5	Critique the various approaches and perspectives of psychology	K5

<b>Week</b>	<b>Unit No.</b>	<b>Content</b>	<b>Cognitive Level</b>	<b>Teaching Hours</b>	<b>COs</b>	<b>Teaching Learning Methodology</b>	<b>Assessment Methods</b>
Jun 24 – 26, 2024 (Day Order 4 - 6)	1	1.1 Definition of Psychology 1.2 Psychology as a science: Research methods of Psychology	K1- K2	2	CO 1-2	Lecture, Chalk and board, Debates, Brainstorming	Oral assessments
Jun 27 – July 4, 2024 (Day Order 1 - 6)	1	1.3 Different schools of Psychology and modern perspectives of Psychology	K1- K2	5	CO 1-2	Lecture and PPT	Oral assessments
July 5 – 12, 2024 (Day Order 1 - 6)	1	1.4 Scope and branches of Psychology 2.1 Sensation: Basic concepts and processes in sensation	K1- K5	5	CO 1-5	Lecture and PPT, Interactive videos	Oral assessments
July 15 – 23, 2024 (Day Order 1 - 6)	2	2.2 Types of senses- visual, auditory, olfactory, vestibular and kinesthetic.	K1- K3	5	CO 1-3	Lecture, videos	Oral assessments
July 24 – 31, 2024 (Day Order 1 - 6)	2	2.4 Perception- basic concepts, learning, set, motivation and emotion; figure ground separation. 2.3 Sensory adaptation, habituation and integration of senses	K1- K3	5	CO 1-3	Lecture	Oral assessments
Aug 1 – 5, 2024	2	2.5 Different processes of perception- laws of	K1- K5	2	CO 1-5	Lecture, PPT	Oral assessments

(Day Order 1 - 3)		organization, depth perception, constancy of perception, perception of movement					
Aug 6 – 10, 2024	<b>C.A. Test - I</b>						
Aug 12 – 14, 2024 (Day Order 4-6)	2	2.5 Different processes of perception- laws of organization, depth perception, constancy of perception, perception of movement	K1- K5	3	CO 1-5	Lecture, PPT	Oral assessments
Aug 16 – 23, 2024 (Day Order 1-6)	3	3.1 Fundamental Process, nature of consciousness 3.2 Variations in levels of consciousness and brain activity	K1- K3	5	CO 1-3	Lecture, Group discussions, brainstorming	Oral assessments
Aug 27 – Sep 3, 2024 (Day Order 1-6)	3	3.3 Sleep and dreams: Stages of sleep and sleep disorders 3.4 Dreams: theory of dreams	K1- K5	5	CO 1-5	Lecture	Oral assessments
Sep 4 – 11, 2024 (Day Order 1-6)	3	3.5 Meditation, Hypnosis, psi phenomena 3.6 Psychoactive drugs	K1- K2	5	CO 1-2	Lecture, review of literature	Oral assessments
Sep 12 - 20, 2024 (Day Order 1-6)	4	4.1 Definition of learning 4.2 Classical conditioning – Theories, extinction, spontaneous recovery, stimulus generalization and discrimination, significance of classical	K1- K4	5	CO 1-4	Lecture, PPT	Oral assessments

		conditioning					
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Sep 23 - 26, 2024 (Day Order 1-4)	4	4.3 Operant conditioning- Reinforcers and punishers, schedules of reinforcement, significance of punishment, shaping, stimulus generalization and discrimination, escape learning and avoidance learning, significance of operant conditioning 4.4 Cognitive Learning – Latent learning, insight learning, imitation	K2- K5	3	CO 2-5	Lecture and PPT	Oral assessments
Sep 27 – Oct 3, 2024	<b>C.A. Test - II</b>						
Oct 4 – 5, 2024 (Day 5 & 6)	4	4.5 Social Learning – Modelling, characteristics of the modeling situation, processes of observational learning	K2- K5	2	CO 2-5	Lecture and group discussions	Oral assessments
Oct 7 - 15, 2024 (Day Order 1 to 6)	5	5.1 Meaning and Stages of memory 5.2 Atkinson and Shiffrin Model: sensory, short- term, long term memory	K1- K2	5	CO 1-2	Lecture and group discussions	Reflective essay
Oct 16 - 22, 2024 (Day Order 1 to 6)	5	5.3 Levels of processing theories 5.4 Long term memory- organizations and process 5.4.1 Organization of long term memory	K1- K5	5	CO 1-5	Lecture and group discussions	Oral assessments

	<p>5.4.2 Encoding and storing long term memories</p> <p>5.4.3 Retrieval from long term memory</p> <p>5.5 Forgetting- Motivated forgetting, Interference, amnesia</p> <p>5.6 Techniques of improving memory</p>					
<p>Oct 23 - 24, 2024</p> <p>(Day Order 1 to 2)</p>	<b>REVISION</b>					

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**  
**COURSE PLAN June - November 2024**

**Department** : Department of Psychology  
**Name/s of the Faculty** : Ms Sanju T  
**Course Title** : **BIOLOGICAL PSYCHOLOGY I**  
**Course Code** : **23PY/MC/BP14**  
**Shift** : **II**

**COURSE OUTCOMES (COs)**

<b>COs</b>	<b>Description</b>	<b>CL</b>
<b>CO1</b>	recall the anatomy of the nervous system	K1
<b>CO2</b>	infer the neurobiological underpinnings of behavior	K2
<b>CO3</b>	relate the learning to career opportunities and research	K3
<b>CO4</b>	outline the operations of the brain	K4
<b>CO5</b>	assess appropriate neurological functions connected to human behaviours	K5

<b>Week</b>	<b>Unit No.</b>	<b>Content</b>	<b>Cognitive Level</b>	<b>Teaching Hours</b>	<b>COs</b>	<b>Teaching Learning Methodology</b>	<b>Assessment Methods</b>
Jun 24 – 26, 2024 (Day Order 4 - 6)	1	1.1 Definition of Biopsychology 1.2 Biological approach to behaviour	K1-K3	3	1- 3	Lecture, Chalk and board, Debates, Brainstorming	Classroom discussion
Jun 27 – July 4, 2024 (Day Order 1 - 6)	1	1.3 Genetics and Behavior	K1-K5	5	1- 5	Lecture and PPT	Short quiz (oral)
July 5 – 12, 2024 (Day Order 1 - 6)	1	1.4 The Use of Animals in Research	K1-K5	5	1- 5	Lecture and PPT, Interactive videos	Classroom discussion
July 15 – 23, 2024 (Day Order 1 - 6)	2	2.1 Structure of the Vertebrate Nervous System	K1-K5	5	1- 5	Simulation	Classroom discussion
July 24 – 31, 2024 (Day Order 1 - 6)	2	2.1 Structure of the Vertebrate Nervous System - 2.1.5 The Forebrain 2.2 The Ventricles	K1-K5	5	1- 5	Lecture	Short quiz (oral)
Aug 1 – 5, 2024 (Day Order 1 - 3)	3	3.1 The Cerebral Cortex	K1-K5	2	1- 5	Lecture and PPT, Interactive videos	Short quiz (oral)
Aug 6 – 10, 2024	<b>C.A. Test - I</b>						
Aug 12 – 14, 2024 (Day Order 4-6)	3	3.1 The Cerebral Cortex	K1-K5	3	1- 5	Lecture and PPT	Classroom discussion
Aug 16 – 23, 2024 (Day Order 1-6)	3	3.2 Brain Anatomy and Behaviour	K1-K5	5	1- 5	Group discussions	Classroom discussion



Aug 27 – Sep 3, 2024 (Day Order 1-6)	4	4.1 The Cells of the Nervous System	K1-K5	5	1- 5	Lecture, Chalk and board, Discussion	Classroom discussion
Sep 4 – 11, 2024 (Day Order 1-6)	4	4.2 The Nerve Impulse	K1-K5	5	1- 5	Lecture and PPT	Classroom discussion
Sep 12 - 20, 2024 (Day Order 1-6)	4	4.2 The Nerve Impulse	K1-K5	5	1- 5	Lecture and PPT	Classroom discussion
Sep 23 - 26, 2024 (Day Order 1-4)	5	5.1.1 The Properties of Synapses	K1-K5	3	1- 5	Lecture and PPT	Classroom discussion
Sep 27 – Oct 3, 2024	<b>C.A. Test - II</b>						
Oct 4 – 5, 2024 (Day 5 & 6)	5	5.1.2 Relationship among EPSP, IPSP, and Action Potentials	K1-K5	1	1- 5	Lecture, Chalk and board, Discussion	Classroom discussion
Oct 7 - 15, 2024 (Day Order 1 to 6)	5	5.1.3 Chemical Events at the Synapse 5.1.4 The Discovery of Chemical Transmission at Synapses 5.1.5 The Sequence of Chemical Events at a Synapse	K1-K5	5	1- 5	Lecture and PPT	Classroom discussion
Oct 16 - 22, 2024 (Day Order 1 to 6)	5	5.2 Role of Neurotransmitters	K1-K5	5	1- 5	Group discussions	Classroom discussion
Oct 23 - 24, 2024 (Day Order 1 to 2)	<b>REVISION</b>						

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI**  
**COURSE PLAN June - November 2024**

**Department** : Psychology  
**Name/s of the Faculty** : Ms Shantha Mary Joseph and Ms Sivakami S  
**Course Title** : Social Psychology  
**Course Code** : 23PY/AC/SP15  
**Shift** : II

**COURSE OUTCOMES (COs)**

<b>COs</b>	<b>Description</b>	<b>CL</b>
<b>CO1</b>	To identify the aspects of social psychology in real life	<b>K1</b>
<b>CO2</b>	To understand and associate the theories related to social behavior	<b>K2</b>
<b>CO3</b>	To apply knowledge of social dynamics to interpersonal relationships K3	<b>K3</b>
<b>CO4</b>	To distinguish between the diverse facets of social behavior K4	<b>K4</b>
<b>CO5</b>	To deconstruct attitudes, perspectives and behaviours towards others in everyday contexts K5	<b>K5</b>

<b>Week</b>	<b>Unit No.</b>	<b>Content</b>	<b>Cognitive Level</b>	<b>Teaching Hours</b>	<b>COs</b>	<b>Teaching Learning Methodology</b>	<b>Assessment Methods</b>
Jun 24 – 26, 2024 (Day Order 4 - 6)	1 and 4	Unit 1: Introduction to Social Psychology: 1.1 Meaning and Definition of Social Psychology  Unit 4: Conformity 4.1 Definition of Conformity	K1-K3	3	CO1-CO3	Lecture	Discussion
Jun 27 – July 4, 2024 (Day Order 1 - 6)	1 and 4	Unit 1 1.2 Nature of Social Psychology  Unit 4: Conformity 4.2 Factors influencing conformity	K1-K5	5	CO1-CO5	Lecture	Discussion
July 5 – 12, 2024 (Day Order 1 - 6)	1 and 4	Unit 1: Introduction to Social Psychology: 1.3 Scope of Social Psychology  Unit 4: Conformity 4.3 Classic studies- Sheriff, Asch, Milgram's obedience studies	K1-K5	5	CO1-CO5	Lecture	Discussion
July 15 – 23, 2024 (Day Order 1 - 6)	1 and	Unit 1: Introduction to Social Psychology: 1.4 Research methods in social psychology	K1-K5	5	CO1-CO5	Lecture	Discussion and Quiz  Component 1: Essay

	4	Unit 4: Conformity 4.4 Resisting Social Pressure					
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July 24 – 31, 2024 (Day Order 1 - 6)	2 And 3	Unit 2: Social Perception 2.1 Definition of Self- concept: self- image, self- esteem, self presentation.  Unit 3: Attitude 3.1 Nature and Formation of Attitudes 3.2 Theories of attitude change-Cognitive dissonance theory	K1-K5	5	CO1- CO5	Lecture	Discussion and Quiz
Aug 1 – 5, 2024 (Day Order 1 - 3)	2 and 3	Unit 2: Social Perception 2.3 Impression Formation and Impression Management  Unit 3: Attitude 3.2 Theories of attitude change- Reinforcement theory and Balance theory.	K1-K5	3	CO1- CO5	Lecture	Discussion and Quiz
Aug 6 – 10, 2024	<b>C.A. Test - I</b>						
Aug 12 – 14, 2024 (Day Order 4-6)	2 and 3	Unit 2 Social Perception 2.4 Attribution- Meaning and definition.  Unit 3: Attitude 3.3 Persuasion- meaning and definition	K1-K5	3	CO1- CO5	Lecture	Discussion

Aug 16 – 23, 2024 (Day Order 1-6)	2  and  3	Unit 2 Social Perception 2.5 Theories of attribution  Unit 3: Attitude 3.3.1 Paths leading to persuasion- the central route and the peripheral rout	K1-K5	5	CO1-CO5	Lecture	Discussion and case analysis  Component 2: Assignment
Aug 27 – Sep 3, 2024 (Day Order 1-6)	2  and  3	Unit 2 Social Perception 2.5 Attribution Error  Unit 3: Attitude 3.3.2.3.2 Persuasive elements- Communicator, Message, Audience	K1-K5	5	CO1-CO5	Lecture	Discussion and case analysis
Sep 4 – 11, 2024 (Day Order 1-6)	3	Unit 3: Attitudes 3.3.3 Cognitive processes underlying persuasion 3.4 Resistance to Persuasion	K1-K5	5	CO1-CO5	Lecture and Videos	Quiz
Sep 12 - 20, 2024 (Day Order 1-6)	5	Unit 5 Interpersonal Attraction and Altruism 5.1 The Beginning of Attraction: Proximity, physical attraction, similarity, the need to affiliate.	K1-K5	6	CO1-CO5	Lecture	Discussion

Sep 23 - 26, 2024 (Day Order 1-4)	5	Unit 5 Interpersonal Attraction and Altruism 5.2 Theories of interpersonal attraction- Sternberg's love triangle, learning and cognitive theory	K1-K5	3	CO1-CO5	Lecture	Discussion and Movie Review
Sep 27 – Oct 3, 2024	<b>C.A. Test - II</b>						
Oct 4 – 5, 2024 (Day 5 & 6)	5	Unit 5 Interpersonal Attraction and Altruism 5.3 Altruism, Prosocial Behaviour: meaning and definition	K1-K5	2	CO1-CO5	Lecture	Discussion
Oct 7 - 15, 2024 (Day Order 1 to 6)	5	Unit 5 Interpersonal Attraction and Altruism 5.4 Internal and external influences on decision to help	K1-K5	5	CO1-CO5	Lecture	Discussion
Oct 16 - 22, 2024 (Day Order 1 to 6)	5	Unit 5 Interpersonal Attraction and Altruism 5.4.1 Increasing helping Behaviour	K1-K5	5	CO1-CO5	Lecture	Discussion
Oct 23 - 24, 2024 (Day Order 1 to 2)	<b>REVISION</b>						