

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI

COURSE PLAN June - November 2024

Department : English and Communication Skills

Name/s of the Faculty : Dr. Levina Surender Xavier

Course Title : Life Skills: Personal and Social

Course Code : 23CE/SS/PS13

Shift : II

COURSE OUTCOMES (COs)

COs	Description	CL
CO1	Demonstrate knowledge of the working of the government	K1
CO2	File RTIs, PILs and FIRs	K2
CO3	Improve quality of life	K3
CO4	Exhibit social consciousness	K4
CO5	Exhibit prudent behavior in managing personal finance	K5

Week	Unit No.	Content	Cognitive Level	Teaching Hours	Cos	Teaching Learning Methodology	Assessment Methods
Jun 19 – 26, 2024 (Day Order 1 - 6)	1	1.1. Structure of Government- Central and State, Urban and Rural	1-4	3	CO1	Lecture, Group Discussions and ICT	Other component, assignments and seminars
Jun 27 – July 4, 2024 (Day Order 1 - 6)	1	1.2. Laws pertaining to women (CEDAW) and Children (POCSO)	1-4	3	CO1	Lecture, Group discussions, and ICT	Other component, assignments and seminars
July 5 – 12, 2024 (Day Order 1 – 6)	1	1.3. Right to information act 2005, drafting and filing an RTI	1-4	3	CO1&2	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars
July 15 – 23, 2024 (Day Order 1 - 6)	1	1.4. Introduction to PIL, Landmark PIL Cases	1-4	2	CO1&2	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars
July 24 – 31, 2024 (Day Order 1 – 6)	1	1.5. Importance of FIR and Lodging an FIR	1-4	2	CO1&2	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars
Aug 1 – 5, 2024 (Day Order 1 - 3)	2	2.1.1. Psychological wellbeing	1-4	2	CO3	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars

Aug 6 – 10, 2024	C.A. Test – I						
Aug 12 – 14, 2024 (Day Order 4-6)	2	2.1.2. Gratitude-meaning, nature and expression	1-4	2	CO3	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars
Aug 16 – 23, 2024 (Day Order 1-6)	2	2.1.3. Resilience	1-4	2	CO3	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars
Aug 27 – Sep 3, 2024 (Day Order 1-6)	2	2.2.1. Concepts of class, caste, gender, disability, race, culture, religion, ethnicity, context and language	1-4	3	CO3&4	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars
Sep 4 – 11, 2024 (Day Order 1-6)	2	2.2.2. Importance of societal analysis	1-4	3	CO3&4	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars
Sep 12 – 20, 2024 (Day Order 1-6)	2	2.2.3. Social indicators of development 2.2.4. Issues and challenges for social change in India	1-4	3	CO3&4	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars
Sep 23 - 26, 2024 (Day Order 1-4)	3	3.1. Meaning, need for and importance of personal financial planning	1-4	3	CO5	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars

Sep 27 – Oct 3, 2024	C.A. Test – II						
Oct 4 – 5, 2024 (Day 5 & 6)	3	3.2. Core concepts in financial planning- Budget, savings and investment	1-4	3	CO5	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars
Oct 7 - 15, 2024 (Day Order 1 to 6)	3	3.3. Converting non-essential expenditure into savings and investment 3.3.1. Forms of savings 3.3.2. Types of investments	1-4	5	CO5	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars
Oct 16 - 22, 2024 (Day Order 1 to 6)	3	3.4. Digital transformation in finance 3.4.1. De-Mat Account 3.4.2. Net Banking and Mobile Banking	1-4	5	CO5	Lecture, Group Discussions, and Presentations	Other component, assignments and seminars
Oct 23 - 24, 2024 (Day Order 1 to 2)	REVISION						