

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
(For candidates admitted during the academic year 2019-2020 and thereafter)

M.S.W. DEGREE EXAMINATION – APRIL 2024
MASTER OF SOCIAL WORK
FOURTH SEMESTER

COURSE : CORE
PAPER : MENTAL HEALTH CARE APPROACHES AND PRACTICE
SUBJECT CODE : 19SW/PC/MH44
TIME : 3 HOURS **MAX. MARKS : 100**

SECTION – A

(10 x 2=20)

ANSWER ALL QUESTIONS. EACH ANSWER NOT TO EXCEED 50 WORDS:

1. Define the concept of stigma in the context of mental health.
2. Share two measures which are aimed at addressing homelessness among individuals with mental disorder.
3. List the objectives of the WHO Comprehensive Mental Health Action Plan 2013-2020.
4. Provide two examples of initiatives outlined in the National Mental Health Policy 2014 aimed at promoting mental well-being.
5. Define psychosocial rehabilitation and highlight one principle guiding the process of psychosocial rehabilitation.
6. What is meant by integrated care approach in mental health services?
7. Give the importance of school mental health programmes in supporting child and adolescent mental well-being.
8. What is the role of community-based care in addressing addictive behaviours and mental health issues?
9. Mention the role of non-governmental organizations (NGOs) in providing mental health care services.
10. What is the significance of training community health workers in the delivery of mental health services?

SECTION - B

ANSWER ANY FOUR QUESTIONS. EACH ANSWER NOT TO EXCEED 600 WORDS:
(4 x 10= 40)

11. Discuss specific interventions and strategies that are employed by social workers in promoting mental well-being and social integration among refugees and displaced persons.
12. Elaborate on the goals and methodologies of Assertive Community Treatment (ACT) and Preventive and Promotive approaches in mental health care.
13. Evaluate the effectiveness of the implementation of national mental health policies and programs, such as the District Mental Health Programme and the National Health Mission.
14. Discuss the strategies for effective networking and lobbying to promote the rights of individuals with mental health conditions.
15. Describe the challenges faced in implementing mental health care in non-institutional settings, such as community-based care and mental health at the workplace.
16. Discuss the advantages and limitations of using evidence-based practices in the treatment and management of mental health disorders.

SECTION - C**ANSWER ANY TWO QUESTIONS. EACH ANSWER NOT TO EXCEED 1200 WORDS.****(2 x 20 = 40)**

17. Explain how mental health stigma interacts with other forms of discrimination, like gender and marginalisation. Give examples of how this affects vulnerable groups.
18. Describe the process of psychosocial rehabilitation in mental health care, including its goals, principles and stages.
19. Provide examples of successful community mental health outreach programs and discuss their impact on the overall well-being of vulnerable populations.
20. Analyse how models of mental health care, such as those implemented by organizations like SCARF, BANYAN, and Bapu Trust, address the diverse needs of individuals with mental health conditions.
