

B.Sc. DEGREE EXAMINATION APRIL 2024
PSYCHOLOGY
SIXTH SEMESTER

COURSE : **MAJOR - CORE**
PAPER : **COUNSELLING PSYCHOLOGY**
SUBJECT CODE : **19PY/MC/CP64**
TIME : **3 HOURS** **MAX. MARKS: 100**

SECTION – A

ANSWER ALL QUESTIONS IN ABOUT 50 WORDS EACH: (10 X3 = 30)

1. Define counselling.
2. What is counselling process?
3. State the key elements of psychodynamic approach in counselling.
4. Explain existential approach in counselling.
5. Highlight on non-defensive listening.
6. List the micro skills used in counselling.
7. Define immediacy with an example.
8. Outline the need of counsellors in school settings.
9. Label the stages of grief.
10. Write a short note on the challenges of online counselling.

SECTION – B

ANSWER ANY FIVE QUESTIONS IN ABOUT 250 WORDS EACH: (5 X 8= 40)

11. Explain the goals of counselling.
12. Interpret the behavioristic approach to counselling.
13. Elaborate on Helper's skills in Egan's model of counselling.
14. Discuss the process of termination of counselling.
15. Highlight the techniques used in counselling suicidal clients.
16. How do programs and goals facilitate the counselling process?
17. Analyse client's self-exploration in counselling.
18. Sketch the ethics in counselling.

SECTION – C

ANSWER ANY TWO QUESTIONS IN ABOUT 1000 WORDS EACH: (2 X 15= 30)

19. Elaborate on the characteristics of an effective counsellor.
20. Elucidate about eclectic approach in counselling.
21. Discuss Egan's Model of Counselling.
22. Elucidate the scope of career counselling.
