

**STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI – 600 086**  
**(For candidates admitted from the academic year 2019–2020 and thereafter)**

**B. A. DEGREE EXAMINATION APRIL 2024**  
**BRANCH I A – HISTORY AND TOURISM**  
**FOURTH SEMESTER**

**COURSE : ELECTIVE**  
**PAPER : TOURISM AND CUISINES**  
**SUBJECT CODE : 19HS/ME/TC45**  
**TIME : 3 HOURS** **MAX. MARKS: 100**

**SECTION – A**

**ANSWER ALL QUESTIONS. EACH ANSWER NOT TO EXCEED 30 WORDS:**

**(10 X 3 = 30)**

1. Define cuisine.
2. Write a note on onion market.
3. Name any 3 kind of pasta.
4. What do you mean by virundhu saapadu?
5. Draw and identify any 2 types of spoons and knives.
6. Write a note on buffet.
7. Write a note on A la Carte menu.
8. Identify any 2 types of menu according to the festival of Tamil Nadu?.
9. Determine the importance of spiritual diets.
10. What are the health benefits in fasting?

**SECTION – B**

**ANSWER ANY FIVE QUESTIONS. EACH ANSWER NOT TO EXCEED 300 WORDS:**

**(5 X 8 = 40)**

11. Interpret the importance of cuisines in tourism industry.
12. Explain the meal structure of Mexican cuisine.
13. List the tools that are used for baking.
14. Examine the importance of food etiquette.
15. Give your opinion on the concept “food as medicine”.
16. Identify the different classes of preservatives.
17. Write a short note on Chinese cooking.
18. Write a brief note on your favourite dishes that you like the most, list out the ingredients and method of cooking.

**SECTION – C**

**ANSWER ALL QUESTIONS. EACH ANSWER NOT TO EXCEED 1000 WORDS:**

**(3 X 10 = 30)**

19. a). Enumerate any 3 food festivals of the world in detail.

**(OR)**

- b) Describe the popular presentation techniques.

20. a) Describe the Menu and its types.

**(OR)**

- b) List out the important oils, sauces and ingredients of American Cuisine.

21. a) Write a detail note on French Menu.

**(OR)**

- b) Write a note on festivals and special food items.