

**STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086**  
**(For candidates admitted during the academic year 2019 – 2020 and thereafter)**

**M.S.W. DEGREE EXAMINATION, NOVEMBER 2023**  
**SOCIAL WORK**  
**THIRD SEMESTER**

**COURSE : CORE**  
**PAPER : MENTAL DISORDERS AND PSYCHIATRIC SOCIAL WORK**  
**SUBJECT CODE : 19SW/PC/MD34**  
**TIME : 3 HOURS** **MAX. MARKS: 100**

**SECTION – A**

**ANSWER ALL QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 50 WORDS:**  
**(10X2=20)**

1. What is the significance of self-help groups as therapeutic approach in empowering individuals and communities?
2. Mention any two challenges in practicing Psychiatric Social Work.
3. Share any two salient features of Mental Health Care Act 2017.
4. What are the advantages of conducting multidimensional assessment?
5. Define mental health.
6. Give any two characteristics of autism.
7. Pen down two strategies to manage anxiety disorders.
8. What does ICD and DSM stand for?
9. What are two distinct categories of delusions?
10. Define Psychiatric Social Work.

**SECTION – B**

**ANSWER ANY FOUR QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 600 WORDS:**  
**(4X10=40)**

11. What is the role of a psychiatric social worker within a multidisciplinary team, in inpatient and outpatient settings in a general hospital psychiatry department?
12. How can you effectively integrate spirituality and religion into the care of patients, and what are the benefits and challenges associated with incorporating these aspects?
13. What are the key applications of using scales in the assessment and intervention processes and how these contribute to improving the overall mental well-being?
14. Give key characteristics, causes, and interventions associated with mental retardation,
15. What are the primary clinical signs and symptoms that mental health professionals look for When diagnosing and assessing various mental disorders?
16. What is the historical evolution of Psychiatric Social Work as a profession, and how has its role in mental healthcare and patient support evolved over time?

**SECTION – C**

**ANSWER ANY TWO QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 1200 WORDS: (2x20=40)**

17. Describe in detail any two Psychiatric Social Work approaches of working with individuals and groups in mental health settings.
18. Elaborate on Eating Disorders and share strategies to manage the same.
19. What is Indian view of mental illness and discuss on changing perspective from illness to wellbeing?
20. What are the common signs and symptoms of technology addiction? Suggest interventions that can be effective in addressing and preventing technology addiction in today's digital age?

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