STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI - 86 (For candidates admitted during the academic year 2016 – 2017 & thereafter)

B.Voc. DEGREE EXAMINATION, NOVEMBER 2023 FOOD PROCESSING AND QUALITY CONTROL FIFTH SEMESTER

COURSE : MAJOR CORE

PAPER : COMMUNITY NUTRITION AND FORTIFICATION OF FOODS

SUBJECT CODE : 16VF/VM/CN56

TIME : 3 HOURS

MAX.MARKS: 100

SECTION- A

ANSWER ALL QUESTIONS:

 $(20 \times 1 = 20)$

- 1. Define malnutrition.
- 2. Define BMI.
- 3. What is meant by a Ward?
- 4. What is allergy?
- 5. Differentiate undernutrition and overnutrition.
- 6. What is meant by keratomalacia?
- 7. What is stillbirth?
- 8. Define hypothyroidism.
- 9. What is scurvy?
- 10. Define vital statistics.
- 11. Expand UNICEF
- 12. Define ICDS.
- 13. Write the role of ICMR in alleviating malnutrition.
- 14. List the importance and functions of National Nutrition Policy.
- 15. Write the importance of CFTRI.
- 16. What is the difference between enrichment and fortification?
- 17. What is the standard of identity for a food? Who sets it?
- 18. Why is orange juice often fortified?
- 19. Why is folate added to white flour?
- 20. What is the source of iron added to enriched foods?

SECTION B

ANSWER ANY FOUR QUESTIONS:

 $(4 \times 10 = 40)$

- 21. How does population growth impact malnutrition?
- 22. Discuss the role of food in living a healthy life.
- 23. Explain indirect methods of assessing nutritional status.
- 24. Write a short note on diet survey.
- 25. Write the importance of Noon Meal Programme.
- 26. What is the difference between bioavailability and bio-accessibility?

SECTION C

ANSWER ANY TWO QUESTIONS:

 $(2 \times 20 = 40)$

- 27. Discuss protein deficiency disorders.
- 28. Give an account of food balance sheet, agricultural data, and ecological parameters.
- 29. Enumerate the role of WHO on health.
- 30. Explain fortification of breakfast cereals.
