# STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086 (For candidates admitted during the academic year 2019 – 2020 and thereafter) SUBJECT CODE:19SW/MC/HC53

## B.S.W. DEGREE EXAMINATION, NOVEMBER 2023 SOCIAL WORK FIFTH SEMESTER

**COURSE: MAJOR CORE** 

PAPER : HEALTH CARE AND SERVICES

TIME : 3 HOURS MAXIMUM MARKS: 100

SECTION- A (10X3=30)

#### ANSWER ALL QUESTIONS. EACH ANSWER NOT TO EXCEED 50 WORDS.

1. List any two indicators of Health.

- 2. Define Sanitation.
- 3. What is meant by a Balanced Diet?
- 4. List the sources of Vitamin C.
- 5. What are the symptoms of Tuberculosis?
- 6. Expand OCD.
- 7. State three principles of the Siddha system of medicine.
- 8. What is Ayurvedha?
- 9. Expand ICCW and CSWB.
- 10. What do you know about Malaria?

SECTION- B (5x6=30)

### ANSWER ANY FIVEQUESTIONS EACH ANSWER NOT TO EXCEED 300 WORDS.

- 11. Write short notes on Positive Health.
- 12. Write short notes on the levels of prevention.
- 13. Briefly explain about Malnutrition and PEM.
- 14. What are the sources and functions of Minerals?
- 15. Explain in brief the characteristics of a Mentally Healthy Person.
- 16. Briefly explain about any one Non-Communicable disease that is prevalent in India.
- 17. Explain in brief the role of WHO concerning Health.
- 18. Write short notes on any two health programmes in India.

SECTION- C (2x20=40)

#### ANSWER ANY TWO QUESTIONS EACH NOT EXCEEDING 1200 WORDS.

- 19. Explain in detail about the determinants, dimensions, and indicators of Health.
- 20. Describe in detail about Classification of foods, functions and sources.
- 21. Describe in detail the types, causes, treatment and prevention of Psycho-Physiological Disorders such as respiratory disorders and digestive disorders.
- 22. Explain in detail about AYUSH.

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