

STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086
(For candidates admitted during the academic year 2019 – 2020 and thereafter)

B.S.W. DEGREE EXAMINATION, NOVEMBER 2023
SOCIAL WORK
FIFTH SEMESTER

COURSE : MAJOR CORE
PAPER : BASIC COUNSELLING IN SOCIAL WORK PRACTICE
SUBJECT CODE : 19SW/MC/CN53
TIME : 3 HOURS **MAX. MARKS: 100**

SECTION – A **(10 X 3 = 30)**

ANSWER ALL QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 50 WORDS:

1. Define Counselling.
2. List out any three characteristics of Counselling.
3. What is decision making in counselling?
4. Mention the skills required for recording in counselling.
5. Why active listening is important in Counselling?
6. Define Empathy.
7. Write a short note on Client Centred Approach.
8. What do you mean by crisis intervention?
9. State two points to bring out the need for Gerontological Counselling in India.
10. State three problem faced in School Counselling?

SECTION – B **(5 X 6 = 30)**

ANSWER ANY FIVE QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 300 WORDS:

11. Write short notes on the profile of the Counsellor and the Client in Counselling.
12. Briefly explain the goals of counselling.
13. Highlight the importance of dynamic self-understanding in counselling.
14. Briefly explain the different types of recording.
15. Explain in detail the Crisis Intervention Approach with an example.
16. Compare the advantages of Individual Counselling, Group Counselling and Community Counselling.
17. Explain in brief the reasons for the increase in Family and Marital Counselling.
18. Explain briefly about the Counselling ethics to be followed by a Social Worker.

SECTION – C **(2 X 20 = 40)**

ANSWER ANY TWO QUESTIONS. EACH ANSWER SHOULD NOT EXCEED 1200 WORDS:

19. Elaborate on the need and importance of Recording in Counselling.
20. Explain in detail the Egan Model with suitable examples.
21. Explain in detail the Transactional analysis.
22. Explain in detail about Industrial Counselling and De-addiction Counselling in Tamil Nadu.
