

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
(For candidates admitted during the academic year 2020-2021 & thereafter)

SUBJECT CODE : 20HR/PC/MC44

M.A. DEGREE EXAMINATION, APRIL 2023
HUMAN RESOURCE MANAGEMENT
FOURTH SEMESTER

COURSE : MAJOR CORE

PAPER : MANAGERIAL COUNSELLING

TIME : 3 HOURS

MAX. MARKS : 100

SECTION A

ANSWER ALL QUESTIONS. ANSWER SHOULD NOT EXCEED 50 WORDS :

(10 X 2 = 20)

1. Define Counselling.
2. Explain Counselling Ethics.
3. How to improve personal effectiveness.
4. Define decision making.
5. Explain transactional analysis.
6. How to overcome stress?
7. Explain group counselling.
8. What is meant by problem exploration.
9. Explain grief counselling.
10. List down the different types of counselling.

SECTION B

ANSWER ANY FOUR QUESTIONS. ANSWER SHOULD NOT EXCEED 600

WORDS:

(4 X 10 = 40)

11. List down the characteristics of counselling.
12. Explain the importance of recording in counselling.
13. Brief on cognitive behavioural therapeutic approach.
14. Differentiate between directive and non-directive counselling.
15. Discuss on Gestalt and Client centered approach.
16. Explain the steps to be followed in De addiction counselling.

SECTION C

ANSWER ANY TWO QUESTIONS. ANSWER SHOULD NOT EXCEED 1200

WORDS :

(2 X 20 = 40)

17. Elaborate on the counselling goals with suitable examples.
18. Discuss on the types of recording in counselling.
19. Elaborate on Egan model of counselling.
20. How will you give counselling in disaster situations?
