

EDUCATION

News from the world of Education

MARCH 13, 2021 12:46 IST

UPDATED: MARCH 13, 2021 12:46 IST

SHARE ARTICLE



Campaign to eat healthy

Stella Maris College, Chennai, recently launched 'Unave Aatral', a campaign on eating disorders and healthy eating, on campus. Launched on March 8, the campaign will run for four weeks and includes an in-house walkathon and sessions on healthy diets, creative writing, digital art competitions, and online discussions with chefs and nutrition experts. Sruti Nakul, a Pastry chef and social media influencer, inaugurated the campaign with psychologist Mina Dilip and Ranchana Ilangumaran, a practising nutritionist and dietitian.

Extract from : The Hindu (e-paper)

Date: 13 Mach, 2021

Link: <https://www.thehindu.com/education/news-from-the-world-of-education/article34059121.ece>