

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**(For candidates admitted during the academic year 2019-2020)**

**SUB CODE: 19SW/PC/CN44**

**M.A. DEGREE EXAMINATION – APRIL 2022**

**MASTER OF SOCIAL WORK**

**FOURTH SEMESTER**

**COURSE : MAJOR CORE**

**PAPER : COUNSELLING THEORY AND PRACTICE**

**TIME : 3 HOURS**

**MAX. MARKS : 100**

**SECTION – A**

**(10x2=20)**

**ANSWER ALL QUESTIONS. EACH ANSWER NOT TO EXCEED 50 WORDS:**

1. What do you mean by counselling?
2. List any four ethics of counselling.
3. Mention about modification of behaviour
4. List out any two types of stress
5. Expand SOLER
6. List the three stage of Egan Model.
7. Expand T.A, CBT, ECT, and NLP.
8. What do you mean by Gereontological Counselling?
9. Write any two differences between Directive and Non-Directive Counselling
10. What is Family Counselling Centre?

**SECTION – B**

**ANSWER ANY FOUR QUESTIONS. EACH ANSWER NOT TO EXCEED 600**

**WORDS:**

**(4x10 =40)**

11. Define Counselling. Highlight the characteristics of Counselling
12. Differentiate between Counselling and Psychotherapy
13. Explain different types of recording in counselling
14. Write a short note on Non-Directive Counselling
15. Discuss the stage – 2 of Egan Model of Counselling
16. Write a short note on Grief and Bereavement Counselling

**SECTION – C**

**ANSWER ANY TWO QUESTIONS. EACH ANSWER NOT TO EXCEED 1200**

**WORDS:**

**(2x 20 = 40)**

17. Elucidate the Goals and Expectation of Counselling
18. Highlight the importance and relevance of psychological theories in Counselling
19. Alternate Approaches are the best and successful approach in counselling – Justify
20. School and Career Counselling is the need of the hour to build the younger generation – Discuss.

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