

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

M.S.W. DEGREE EXAMINATION, NOVEMBER 2021

SOCIAL WORK

COURSE: CORE

PAPER: MENTAL DISORDERS AND PSYCHIATRIC SOCIAL WORK

SUBJECT CODE: 19SW/PC/MD34

TIME – 3 HOURS

MAX MARKS - 100

SECTION – A

**ANSWER ALL THE QUESTIONS. ANSWER SHOULD NOT EXCEED 100 WORDS
(6X5=30 MARKS)**

1. Describe the characteristics of a mentally healthy adolescent in today's context.
2. Explain the common substances of abuse and reasons for addiction.
3. Identify two types of non-institutional mental health care and give reasons for its utility.
4. Analyse the causes of mental health issues of old age.
5. Justify the uses of psychoeducation in the field of mental health.
6. Differentiate the roles of mental hospitals and general hospital psychiatry.

SECTION – B

**ANSWER ANY THREE QUESTIONS. ANSWER SHOULD NOT EXCEED 750
WORDS (3X15=45 MARKS)**

7. Explain the salient aspects of family assessment and highlight the scope for family intervention with examples.
8. Discuss the mental health issues that have arisen due to the pandemic, highlight the psychiatric social work interventions to address it.
9. Read the following case history and answer the questions below.

A 26 year old man is very concerned about cleanliness and hygiene. He spends a significant amount of time each day washing his hands or showering, especially after touching a toilet seat, doorknob, or any other item he thinks may be dirty or contaminated. The patient explains that he is concerned about becoming infected or sick from touching these objects. He periodically acknowledges that the washing is excessive but explains that he becomes very anxious when he tries to avoid washing and eventually feels compelled to wash even more to make up for the omission. He also expects his family members to wash their hands every time he thinks they have touched something dirty.

1. Identify the symptoms that is depicted in the case history and substantiate it with the evidence from the case history.
2. Justify your diagnosis of the condition.
3. Indicate if it is a major or minor mental disorder.
4. Discuss the possible treatment for the condition.
10. Discuss the need for different types of group therapeutic approaches in the management of mental disorders with suitable examples.
11. Read the following case history and answer the questions below.

Jack graduated from high school and got a job working in a video store. After working for about 6 months Jack began to hear voices that told him he was no good. He also began to believe that his boss was planting small video cameras in the returned tapes to catch him making mistakes. Jack became increasingly agitated at work, particularly during busy times, and began "talking strangely" to customers. For example one customer asked for a tape to be reserved and Jack indicated that that tape may not be available because it had "surveillance photos of him that were being reviewed by the CID". Jack also had sleep disturbances and withdrew from interacting with his friends and family. After about a year Jack quit his job one night, yelling at his boss that he couldn't take the constant abuse of being watched by all the TV screens in the store and even in his own home.

1. Identify the symptoms that are depicted in the case history and substantiate it with the evidence from the case history.
2. Justify your diagnosis of the condition.
3. Indicate if it is a major or minor mental disorder.
4. Discuss the treatment options for the condition.

SECTION – C

ANSWER ANY ONE.ANSWER SHOULD NOT EXCEED 1200 WORDS.

(1X25=25 MARKS)

9. Illustrate with suitable examples the roles of a psychiatric social worker in today's context in society.
10. Discuss the psychosocial aspects of mental illness on the patient and the family. Highlight the role of Psychiatric Social Work practice with suitable illustrations.