

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
SUPPLEMENTARY EXAMINATION-2020

SUBJECT: FOOD AND NUTRITION

CODE: 15SW/AE/FN45

TIME: 1 ½ HOURS

MAXIMUM MARKS: 50

SECTION- A

ANSWER ALL QUESTIONS. EACH ANSWER NOT TO EXCEED 50 WORDS.

(4x3=12)

1. What is a Balanced Diet?
2. Define Health.
3. What is meant by Food Security?
4. What is meant by Food Hygiene?

SECTION- B

ANSWER ANY THREE QUESTIONS.EACH ANSWER NOT TO EXCEED 300 WORDS.

(3x6=18)

5. Explain briefly Protein Energy Malnutrition
6. Briefly explain the factors influencing Health and Wellbeing
7. Explain briefly Integrated Child Development Services (ICDS) Programme.
8. Briefly explain World Food problems
9. Explain briefly the importance of water

SECTION- C

ANSWER ANY ONE QUESTION NOT EXCEEDING 1200 WORDS.

(1x20=20)

10. Explain the Classification of Foods with examples?
11. Explain in detail food Adulteration or Contamination of foods with examples?

