

**STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086**

**M.S.W. DEGREE EXAMINATION, APRIL 2021**

**SOCIAL WORK**

**COURSE: CORE**

**PAPER: MENTAL HEALTH CARE APPROACHES AND PRACTICE**

**SUBJECT CODE: 19SW/PC/MH44**

**TIME –1 & ½ HOURS**

**MAX MARKS -50**

**SECTION – A**

**ANSWER ALL THE QUESTIONS. ANSWER SHOULD NOT EXCEED 50 WORDS  
(5X2=10 MARKS)**

1. List two measures to address stigma.
2. Give two examples of violation of rights of persons with mental disorders.
3. Give an example of secondary and tertiary levels of care.
4. Suggest two advocacy strategies for better mental health care.
5. Give the uses of manuals of mental health care

**SECTION – B**

**ANSWER ANY TWO QUESTIONS. ANSWER SHOULD NOT EXCEED 600 WORDS  
(2X10=20 MARKS)**

6. The current prevalence of mental disorders as per National Mental Health Survey is as given below. Plan the possible mental health care services for these populations.
  1. Mental and behavioural problem due to psychoactive substance abuse (22.4%)
    - a. Alcohol Use Disorder – 4.7%
    - b. Tobacco Use Disorder – 20.9%
    - c. Other substance Use Disorder – 0.6%
  2. Neurotic & Stress Related Disorder – 3.5%
  3. Mood Disorders – 2.8%
  4. Schizophrenia and other Psychotic Disorders – 0.4%
7. Critically evaluate the mental health care programmes in India.
8. Discuss the mental health issues related to women, analyse the psychosocial factors leading to mental health issues. As a social worker draw up preventive, promotive and curative plans of intervention.

## **SECTION – C**

**ANSWER ANY ONE. ANSWER SHOULD NOT EXCEED 1200 WORDS.**

**(1X20=20 MARKS)**

9. Highlight the vulnerabilities and various mental health issues faced by persons with mental health problems as seen in Indian society. Suggest measures to address it.

10. a) What are non –institutional settings of mental health care? Justify the need for any two settings of mental health care with suitable examples.

b) Draw up a detailed research proposal to assess the mental health care services available in a rural community.